

GOOD NEWS

ABOUT YOUR GOOD SCHOOLS

SERVING THE LAKE COUNTY AND

S.E. ST. LOUIS COUNTY AREAS



What's Community Ed? That's Community Ed!

Among community educators it is agreed that no two communities are exactly the same. Each one is a vibrant tapestry: a combination of individuals, groups, organizations, places and spaces woven together making each community unique and strong. Lifelong learning is the common thread for what we do in Community Education no matter what the location.

As the new Community Education Director for Lake Superior Schools, over the past six months I have asked community members, students and staff to describe what Community Ed means to them. I have learned that high value is put on the programs in which folks participate. I have also learned that we do many things of which people are not aware.

Community members spoke from the perspective of a class or program in which they were involved. Families with very young children spoke about preschool or Early Childhood Family Education classes, while elementary students told of after school enrichment opportunities or being in our school age care program, KIDS and Co. Youth shared about music classes, KIDS PLUS or taking part in one of our theatre arts programs. Adults have talked about the enrichment classes they have taken whether it be "How to Make Lefse", Yoga or a parenting class.

Community member quote: "Our community is so much richer because of the programs held. Being a rural area, we are able through CE to meet our neighbors and engage in interesting courses – many taught by residents! I have been involved since the start of my married life – taking exercise classes, learning to play bridge, and having my kids in activities. I cannot imagine life without community ed!"

Staff quote: "Community Education is a positive unifying factor for the district. Despite challenges in other areas (of the school district), CE continues to provide services and works to fulfill the needs of our communities. It steps up to the plate to see that gaps are met."

The Community Education Advisory Council advises and guides our programs. They want to continue to build upon the long tradition of strong unique, quality CE offerings. The past successes came from knowing the needs of the community. On behalf of the council and CE staff, I encourage your input to help brainstorm potential classes. Want to share your talents? Think about offering to teach a class. Do you have a comment or want to share a new idea? Don't hesitate to call either office (Silver Bay 226-4437, ext. 8137 or Two Harbors 834-8201, ext. 8230). Talk with any CE staff person, me or one of our advisory council members (listed on page 3).

If you are a member of an organization with which we might collaborate, all the better. Many of our strongest programs couldn't exist without help from community partners. Do you wish to know more about what we do? Our staff would be happy to speak to your group.

"Community Education is a positive unifying factor for the district. Despite challenges in other areas (of the school district), CE continues to provide service, works to fulfill the needs of our communities and steps up to the plate to see that gaps are met."

This issue of the "Good News About Your Good Schools" features highlights from the past year. Community Education works in so many areas. Perhaps some of them will surprise you.

In closing, I am pleased and excited to be part of the Community Education team and provide programs for the North Shore communities this school district serves. I have learned much already about the strong and unique attributes of the area and look forward to learning more. Staff and friends all know I love learning something new every day! I hope you do too.

Chris Olfson
COMMUNITY EDUCATION DIRECTOR

For more Community Ed highlights, see back page.

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Our Mission

Lake Superior School District
will provide an
educational environment
encouraging lifelong
learning, self-fulfillment and
responsible citizenship.



Educate your mind ...
Your future will follow!

ADULT BASIC EDUCATION

**AEOA Adult Basic Education
offers FREE, one-on-one help with:**

- Basic reading, writing & math
- GED, for those without a high school diploma
- College preparation
- Résumé & job search
- Career assessment

TWO HARBORS
2124 10th St
In the Industrial Park
Call 834-2280, ext. 104
for class schedule

Looking Closely at our Curriculum

By Phil Minkkinen

LAKE SUPERIOR DISTRICT SUPERINTENDENT



As you likely know, the Minnesota Legislature is back in session now. This is a bonding session, which means that items most likely to be discussed include major projects that require funding at a state level as opposed to projects that are funded at a local level, such as school building projects. It does not seem as though there is much action anticipated for schools in this session. While the legislature did increase funding for this school year by a higher rate than has been seen in quite some time, the funding for the 2008 – 09 school year does not include enough of an increase to keep pace with inflation, especially in light of recent fuel cost increases. I hope you take the time to contact your legislators and encourage them to increase funding for our schools.

In the past few years, there have been multiple references to reforming the nation's high schools. The buzzwords of the times are rigor, relevance and relationships. A good deal of the conversation is to assure that all students who graduate from our high schools are adequately prepared for life beyond high school. The mandates for high schools are calling for 8th grade students to be enrolled in Algebra I classes, all students are expected to enroll in Geometry and Algebra II, and also enroll in either Chemistry or Physics in order to graduate from high school. While these courses are valuable and worthwhile, students need to be prepared early on to be successful later, which requires huge changes to the elementary school educational program. We are working diligently to ensure our students are successful.

We have been busy this winter with our efforts to improve our math curriculum. In the assessment of our curriculum, we felt the math curriculum needed to be examined and adjusted as our first priority. To this end, we have been working on the

math curriculum from many angles. First, we have asked our teachers to work together to identify what we are asking our students to learn. We gathered all our teachers for a day of discussion to outline what our students were learning in each grade level and in each subject area.

Since this task was completed, we have begun the process to map our math curriculum in each grade. Mapping is a process that will help us identify where in the instructional program we are introducing, teaching for mastery, and assessing the standards for each grade level. This is a dynamic document, and as teachers work through the school years to come, they will be making adjustments in this map that will aid in improving the instructional program and curriculum.

We were successful in securing a grant that will assist us in making changes to our math curriculum. The grant will fund a process that will ask our math teachers in elementary and high schools to complete a survey to demonstrate when and how they cover topics in math that are within the academic standards. The results will provide each teacher with a document that will graphically show and describe how thoroughly they are meeting the standards. This report will also provide our administrators with a summary report that describes how well we are performing as a district. The grant will also fund training for a group of staff members on the use of data to make curricular and instructional decisions. We will be using our student data to drive change in our curriculum and instructional programs.

These are exciting activities, and I am confident that these efforts will make our schools an even better place for students and learning.

Students Advance in Spelling Bee

This year's District Spelling Bee was held in Silver Bay on January 14th. Two Harbors eighth grade student, Kaitlyn Mayer, was the district winner. Silver Bay eighth grade student, Adam Feiock, was the runner up.



Adam Feiock



Kaitlyn Mayer



KINDERGARTEN ORIENTATION/REGISTRATION

- **All students must have had the state-required early childhood screening before entering kindergarten.** If your child has not had this screening, contact Community Education: Two Harbors, 834-8201, ext. 8230 or Silver Bay, 226-4437, ext. 8137.
- Parents with children who will attend kindergarten in the 2008 – 09 school year should attend.
- Students entering kindergarten for next year must be five years old before September 1, 2008.
- Birth certificate, social security number and immunization records will be requested by the school at registration time.

Please note: Children who currently attend or have previously attended preschool programs such as ECFE, Headstart and Community Education Preschool are not automatically enrolled in kindergarten.

Silver Bay Kindergarten Registration will take place Thursday, March 27, 6:30 PM, at William Kelley Elementary School in the Kindergarten Room. Childcare will be provided. If you have questions, please call Marilyn Johnson at 226-4437, ext. 8137.

Two Harbors Kindergarten Registration will take place in the Minnehaha School on Thursday, March 27, 5:30 – 6:30 PM. If you have questions, please call Ronnie at 834-8221, ext. 8401.

IS YOUR CHILD 3 ½?

Early Childhood Screening Required

Minnesota law requires a developmental and health screening for all children before enrolling in kindergarten.

The required screening includes:

- Vision and hearing screening
- Height and weight measurement
- Review of immunizations
- Standardized developmental screening

This screening is offered FREE of charge through the Lake Superior School District Public Schools. If you live in the Lake Superior School District and have not been contacted by the time your child is 3 ½, call Community Education, 834-8201, ext. 8230 or 226-4437, ext. 8137.

If your child will attend kindergarten this fall, the Early Childhood Screening is required. You must schedule an appointment no later than May 1. Call 834-8201, ext. 8230 or 226-4437, ext. 8137.

PRESCHOOL 2008 – 09

Registration has begun for Community Education Preschool. Children 3 ½ to 5 years old can be enrolled in a two-day-per-week class. Children who will be attending kindergarten the following year may register for a three-day pre-kindergarten class. A non-refundable registration fee will be due at registration: \$30 for 2 days and \$45 for 3 days. The registration fee will be applied to the supply fee normally charged.

For more information, call:

- TH Community Education at 834-8201, ext 8230.
- SB Community Education at 226-4437, ext 8137.

IMMUNIZATIONS

NO SHOTS—NO SCHOOL

School Immunization Law (Minnesota Statutes, Section 121A.15) requires proof of certain immunizations (or legal/medical exemption) for students to enroll or remain in school. Your child will not be allowed to start school if we do not have proof that this requirement has been met.

PRESCHOOL

If your child will be attending preschool or ECFE, please provide the program with a copy of your child's immunizations by the first day of attendance:

MMR (Measles, Mumps and Rubella): One dose
DTP/Td (Diphtheria, Tetanus and Pertussis):

A series of 4 doses

Polio: A series of 3 doses

Hib (Influenzae type b): At least 1 dose

Varicella (chickenpox): Immunization after first birthday or documentation of disease history provided by a parent/guardian or health care provider.

KINDERGARTEN

If your child will be starting kindergarten this fall, please provide the school with a copy of your child's immunizations before the first day of school. The following immunizations are necessary for entry to kindergarten:

MMR (Measles, Mumps and Rubella): Two doses given after the first birthday

DTaP (Tetanus, Diphtheria and Pertussis):

A series of 5 doses

Polio: A series of 4 doses

Hepatitis B: A series 3 doses given over a 6-month period

Varicella (chickenpox): Immunization after first birthday or documentation of disease history provided by a parent/guardian or health care provider.

7TH GRADE

Before starting 7th grade, all students must provide documentation of the following immunizations:

MMR (Measles, Mumps and Rubella): A total of 2 doses given after the first birthday

Td or Tdap (Tetanus, Diphtheria and Pertussis): One dose given at age 11 or 12 years

Hepatitis B: A series of 3 shots given over a 6-month period

Varicella (chickenpox): Immunization after first birthday or documentation of disease history provided by a parent/guardian or health care provider.

If you have questions or do not have insurance that will pay for immunizations, contact the school nurse at **834-8201, ext. 8212**. This requirement can also be fulfilled with an exemption. Contact the school nurse for necessary forms.

Other immunizations recommended for school kids, but not required by the School Immunization Law:

- Influenza (flu) – each year for children age 6 months to 5 years and all children with chronic health conditions such as asthma and diabetes.
- Meningococcal for age 11 – 18.
- Human papillomavirus (HPV) for girls age 11 – 18.

HOME SCHOOL STUDENTS

Home-schooled students should be registered with their immunizations on file with the Lake Superior School District. To register your child, call the district office at 834-8201, ext. 8216.

KIDS & Co.

Summer 2008

The Two Harbors summer program will begin on Friday, June 6, in the Minnehaha cafeteria. Many activities are planned. Children entering kindergarten in the fall are eligible for summer KIDS & Co.

Children can be transported to their ball games, swim lessons, open swim, vacation Bible school, public library, etc. If you need in-town transportation this summer, KIDS & Co. will collect a one-time fee of \$10 per child. KIDS & Co. also has use of the school facilities, gym, etc.

There will also be field trips in and out of town (these fully chaperoned bus trips are at a minimal charge). Children must pre-register for field trips two days in advance, (for example: if the field trip is on Friday, children must register no later than Wednesday).

There is a \$15 non-refundable registration fee per child for the summer program. If you are planning to use the summer program you should register by Friday, May 23. If you have any questions, call 834-8221, ext. 8423.

CENSUS UPDATE

- * **Are you new to Lake Superior School District with an infant or preschooler?**
- * **Do you have an addition to your family?**
- * **Have you moved?**

Call 834-8201, ext. 8230 or 226-4437, ext. 8137 to verify that your family is included in the current school district census statistics. It is important that you don't miss out on special communications mailed to families with preschoolers.

COMMUNITY EDUCATION ADVISORY COUNCIL



The Community Education Advisory Board meets four times a year. This group represents our two communities and gives input and direction to our program. We welcome your ideas, suggestions, concerns and questions. All meetings are open to the public.

Karen Erickson
Tom Clifford
Shelby Wrege
Lori Negard
Karen Tucker
Arnold Overby
Maggie King
Jan Hockman

Mary Aijala
Dave Rosseter
Louise Thureen
Pam Carlson
Amy Church
Debbie Alm
Deade Johnson

We welcome new advisory council members, Debbie Alm and Deade Johnson!

We accept with regrets the resignations of Ed Maki, Jan Ringer and Tracey Gilsvik. Best wishes and sincere gratitude for their work and dedication to Lake Superior School District Community Education.

MEMBERS NEEDED

Are you interested in working to make our school/community a better place to live, work and play? We need your ideas, input and involvement. Please consider becoming a member of the Community Education Advisory Council. If you are interested or would like more information, call Chris Olafson, Community Education Director at 834-8201, ext. 8227.

SENIOR NEWS

FAFSA – FORMS FOR FINANCIAL AID

Students planning to attend any 2- or 4- year institution next fall should fill out a FAFSA form as soon as possible. This federal form is used by all institutions to determine and award financial aid, including grants, scholarships and loans. It is highly recommended that the FAFSA form be completed online at WWW.FAFSA.ORG. Be careful to go the .ORG site and not .COM. Filling out the FAFSA should be free, if you are asked to pay a fee, you are on the wrong Web site.

SCHOLARSHIPS

Students should continue to watch the daily announcements for scholarship information and deadlines. There will be many deadlines in the coming months and it is important that students follow instructions on filling out applications and returning forms. The daily announcements are available through homeroom teachers and are also posted outside the main office each day.

JUNIOR NEWS

The ACT test is coming up!!! The ACT is the test all students considering applying for admission to any 4-year college or university must take in order to meet application requirements of such institutions. The upcoming test dates for the ACT are April 12 (regular registration deadline, March 7) and June 14 (regular registration deadline, May 9). Students may pick up registration materials in the guidance office or go online at www.actstudent.org. Registering online may be the easiest/best option; however, students should still pick up the prep materials from the guidance office.

THHS STUDENTS

For more in-depth information regarding the ACT (who should take it, how it compares with the SAT test, etc.), please refer to the information sheet your student should have received recently. Students are also encouraged to access the practice materials available through the MNCIS Web site. Information on the site was also recently given to the students. **Additional copies of both the ACT and MNCIS information sheets are available in the Guidance Office.**

ACT TEST DATES:	Registration Deadline:
April 12, 2008	March 7, 2008
June 14, 2008	May 9, 2008

The test is given in Duluth on both dates listed. Registration packets are available in the counseling office or students can register online at www.act.org.

The ACT test will be administered in Silver Bay on April 12 if enough students are registered for the test. If a student misses the testing dates in Silver Bay, the test may be taken on one of the other dates in Duluth.

TESTING DATES

April 7 – 11:	Grade 6 Minnesota Writes
April 8:	BST Seniors Only Written Composition Retest
April 9:	Grades 11 – 12 BST Mathematics Retest
April 10:	Grades 11 – 12 BST Reading Retest
July 22:	Grades 10 – 12 GRAD & BST Tests of Written Composition Retests
July 23:	Grades 11 – 12 BST Mathematics Retest
July 24:	Grades 11 – 12 BST Reading Retest

That's

Learning, Leading, Linking

COMMUNITY

Ed

12TH ANNUAL SUMMERBLUE ARTS

Lon Church, Director

Two Harbors, MN

Sponsored by Community Education

Boys and girls ages 7 – 17 can join the fun at Summerblue's 40-acre site, which features an outdoor stage and a big top tent, across from Flood Bay State Wayside near Two Harbors!



Classes in dance, theatre, music and visual arts will lead to an original production performed on the last two days of the program. Students bring their own lunch.

DATES: 3 weeks – Monday, July 7 – Friday, July 25

HOURS: 9 AM – 3:30 PM, Monday – Friday

TUITION: \$360, siblings ½ off

Final Presentations:

Friday, July 25 at 2:00 PM and

Saturday, July 26 at 11:00 AM

PRE-REGISTRATION IS REQUIRED, THE DEADLINE IS FRIDAY, JUNE 13. Register in the Community Education office, 218-834-8201, ext. 8230, or online at www.isd381.k12.mn.us.

*Tuition is tax-deductible. For information about scholarships or to donate for scholarships, contact Community Education at 834-8201, ext. 8227



Dreaming of Summerblue Arts – especially in the winter – returning for its 12th year this July for youth ages 7 – 17

ECFE Activities

DROP-IN PLAY

A PLAYTIME FOR PARENTS AND CHILDREN PRE-KINDERGARTEN FIVE AND UNDER TO MEET OTHER FAMILIES, PLAY AND LEARN TOGETHER IN THE ECFE ROOM. PARENTS/CAREGIVERS ARE RESPONSIBLE FOR THE SUPERVISION OF THEIR CHILDREN. REGISTRATION IS NOT REQUIRED FOR THIS PLAYTIME. THE FEE IS \$1 PER FAMILY PER WEEK.



TWO HARBORS

THURSDAYS 9:30 – 11:30 AM THROUGH MAY 8, 2008
No Drop-In: APRIL 3, 2008

SILVER BAY

THURSDAYS 9:30 – 11:30 AM THROUGH MAY 8, 2008
No Drop-In: APRIL 3, 2008

GYM NIGHT

JOIN US TO RUN, JUMP, RIDE, THROW AND CATCH. EXPERIENCE ACTIVE/PHYSICAL PLAY TO HELP DEVELOP THOSE GROSS MOTOR MUSCLES! PARENTS ARE RESPONSIBLE FOR THE SUPERVISION OF THE CHILDREN IN THEIR CARE. EVERYONE WITH CHILDREN AGES ONE TO FIVE IS WELCOME. YOU DO NOT NEED TO BE REGISTERED FOR ECFE TO ATTEND GYM NIGHT. FEE: \$1 PER CHILD PER NIGHT

EVERY WEDNESDAY THROUGH MAY 7, 2008
6:15 – 7:15 PM – MINNEHAHA GYM
No GYM NIGHT: APRIL 2, 2008

CONTACT ECFE

TWO HARBORS ECFE

MINNEHAHA SCHOOL – ROOM 125
421 7TH AVE., TWO HARBORS
834-8221, EXT. 8413

SILVER BAY ECFE

WILLIAM KELLEY ELEMENTARY SCHOOL
– ROOM 104
135 BANKS BLVD., SILVER BAY
226-4437, EXT. 8158



RUMPELSTILTSKIN

Missoula Children's Theatre Comes to Two Harbors June 9 – 14

For students, grades 1 – 12, Preregistration Required

Missoula Children's Theatre presents "RUMPELSTILTSKIN," an original adaptation of the classic children's story. A strange little gnome appears from here, there and everywhere. He will spin your straw into gold ... for a price. If his price is too steep, you must guess his name ... RUMPELSTILTSKIN! Join in the fun of Festival Time and help Clara guess the mischievous little gnome's name. You will also encounter a Jester, Villagers, Wizards, a Queen, a King, Knights and a band of busy little Bees. This heart-warming tale of mischief and friendship answers more questions than just "What is that little man's name?"

During the week, the two professional theatre performers will hold auditions, train performers and conduct theatre workshops. The team begins the week with an open group audition casting many children for parts in "Rumpelstiltskin."

Missoula Children's Theatre trains these participants throughout the week, learning lines, songs and choreography to conclude with performances on Friday night and Saturday afternoon. Missoula Children's Theatre provides the colorful scenery, creative costumes, props, make-up and basic lighting needed to present the musical.



Missoula Children's Theatre's mission is the development of life skills through participation in the performing arts. Creativity, social skills, goal achievement, communications and self-esteem are all characteristics that are attained through participation in this unique and educational project. This opportunity has been made available for the past 2 years and costs have been covered mainly by grants.

Auditions will be held on Monday, June 9, 10:00 AM in the Two Harbors High School gym. Performances will be in the THHS auditorium on Friday, June 13, 7:00 PM and Saturday, June 14, 2:00 PM. Tickets will be sold at the door.

YOU CANNOT AUDITION IF YOU ARE NOT REGISTERED.
You must register in the Community Education office or online at www.isd381.k12.mn.us, no later than June 1. The registration fee is \$10 (nonrefundable).



CALENDAR

Lake Superior School District

MARCH

- 17 BASEBALL BEGINS
- 18 LARGE GROUP BAND CONTEST – MARSHALL
- 18 MINNEHAHA SPRING MUSIC CONCERT AT THHS
- 19 LARGE GROUP CHOIR CONTEST – MARSHALL
- 20 MONSTER BAND AT SB
- 20 HS REGISTRATION AT KHS
- NO SCHOOL AT KHS FOR GRADES 7 – 12
- 21 SCHOOLS CLOSED/TEACHER WORKSHOP
- 27 SILVER BAY KINDERGARTEN REGISTRATION, 6:30 PM
- 27 TWO HARBORS KINDERGARTEN REGISTRATION, 5:30 PM
- 28 QUARTER ENDS
- 3/30 – 4/3 THHS BAND TRIP
- 31 SCHOOLS CLOSED/SPRING BREAK

APRIL

- 1 – 4 SCHOOLS CLOSED/SPRING BREAK
- 10 – 12 THHS CHOIR VARIETY SHOW
- 11 – 13 "ANNIE" THEATRE PERFORMANCES – SB
- 21 – 25 THHS SPRING FLING WEEK
- 26 WKHS PROM
- 28 THHS SR. HIGH BAND CONCERT
- 29 THHS JR. HIGH BAND CONCERT

MAY

- 2 THHS ATHLETIC BANQUET
- 2 – 4 WKHS BAND/CHOIR TRIP
- 5 THHS FINE ARTS RECEPTION
- 12 WKHS JR. HIGH BAND/CHOIR CONCERT
- 15 THHS CHOIR CONCERT
- 15 WKHS SR. HIGH BAND/CHOIR CONCERT
- 19 THHS HONORS NIGHT
- 19 WK 6TH GRADE BAND CONCERT
- 17 THHS PROM
- 22 THHS 12TH ANNUAL JAZZ SOCIAL
- 22 WKES ELEMENTARY TALENT SHOW
- 26 SCHOOLS CLOSED/MEMORIAL DAY

JUNE

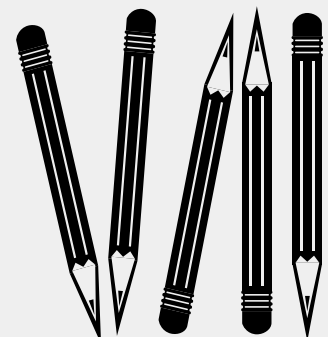
- 3 WKHS CHOIR/BAND COFFEE HOUSE
- 3 THHS SENIOR CLASS TRIP
- 4 LAST LATE DAY
- 5 LAST STUDENT DAY
- 6 TEACHER WORKSHOP
- 7 THHS GRADUATION
- 7 WKHS GRADUATION
- 9 – 14 MISSOULA CHILDREN'S THEATRE "RUMPELTILTSKIN," TH
- 24 – 26 H.O.T. (HEALTH OCCUPATIONS TODAY) CAMP

JULY

- 7 – 25 SUMMERBLUE ARTS, TH
- 12 HERITAGE DAYS PARADE

AUGUST

- 4 – 9 PRAIRIE FIRE CHILDREN'S THEATRE "TOM SAWYER," SB



KIDS PLUS: VOLUNTEER, MENTOR, COMMUNITY SERVICE



TWO HARBORS

Two Harbors KIDS PLUS students have been actively working in our community. Students at Two Harbors High School are regularly supporting other agencies in Two Harbors with a helping hand.

Once a month, students have volunteered to be readers and activity organizers at the Two Harbors Public Library with the Tiny Tots Story Time. This program lost its funding over a year ago so students wanted to help out to keep this fun activity going.

Students gave their Tobacco Prevention presentations to the sixth grade classes this past month with a mentoring message of support to encourage students to continue to say no to tobacco. Students shared stories about their experiences in saying no and interactive discussion continued throughout the entire presentation. Other topics were second-hand smoke and the chemicals in tobacco.

Regularly, students are asked to help provide other organizations in Two Harbors with support by setting up for an event, serving food or providing entertainment. The activities the students are involved in are endless.

KIDS PLUS is kids, plus the community working together to create positive solutions to the issues youth face today. KIDS PLUS is a cornerstone program of the Northland Foundation, which provides 23 communities in northern Minnesota with information and guidance for projects, leadership workshops and grant information. It is a program of the Lake Superior School District and is funded by the UNITED WAY of Northeastern Minnesota. This youth-driven program is designed to provide meaningful opportunities for youth to become active leaders in their school and community.

If you are interested in participating in KIDS PLUS or if your organization needs support with students at an activity, please contact Melanie Mojkowski at the Two Harbors Community Education office.

SILVER BAY

This winter has been a very busy time for Silver Bay KIDS PLUS. We have been striving to fit together our tried and true projects with new ideas and even bring back some of the old programs that William Kelley School has been missing.

We have been very fortunate in receiving a substantial grant from the Northland Foundation.

This grant has allowed us to continue with free family movie nights, which have been a great success.

We intend to run a movie night once every other month. Through this grant we have also been able to put together our first Destination ImagiNation team. This program is run nationwide for kids Kindergarten through college age. What a great opportunity it has been for our kids to tie academics to skills such as music, art and theater. We will also be able to open the doors of The Galley, our student-run restaurant, after school until student sporting events begin. We are excited for the kids to have a place to hang out and get a bite to eat before activities.

Thanks to the Northland Foundation, the United Way of Northeastern Minnesota and the Silver Bay Charitable Fund we are also starting to work on other projects. We are looking into getting some proper training to reinstate our Peer Tutoring Program. This has been a very beneficial program in Silver Bay in the past, to both students receiving the tutoring and the tutors themselves. Several students have also become active in our Community Job Service program. Those community service hours add up quickly!

Silver Bay sent three high school students to the Youth in Philanthropy grant writing training sponsored by the Northland Foundation at the end of February. The kids had some great ideas for new projects. KIDS PLUS also assisted the WKES library in sponsoring a Family Reading Night for February "I Love to Read" month.

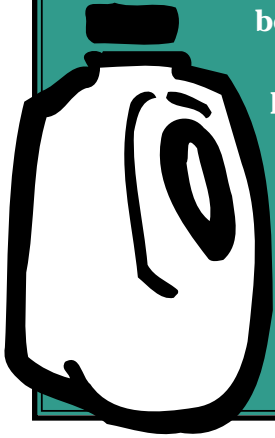
This spring, the KIDS PLUS Klowns will be participating in the St. Urho's Day Parade in Finland. This year's pirate theme will be a lot of fun. The Klowns are already brainstorming some very creative float ideas. They will also be helping to plan and execute the 2nd annual "Senior Prom" at the Minnesota Veteran's home in May.

We are very excited to have so many positive things happening in our community. We encourage parents and other community members to come and get involved. If there is a project that you would like to help with or a project that you need done that might be a good fit for the youth in our community, we would love to hear from you! Please contact Michelle Ketola at 226-4437, ext. 8138.



Save Your Box Tops and Milk Caps for Education

Elementary students are collecting box tops and milk caps for education to earn cash for our schools. In Silver Bay, bring box tops, soup labels and milk caps to the Community Education office. In Two Harbors, box tops and milk caps can be brought to teachers at Minnehaha. The box tops are on hundreds of products found in the grocery store, such as: General Mills, Betty Crocker, Pillsbury and Ziploc.



REGISTER ONLINE FOR COMMUNITY EDUCATION CLASSES!

Signing up for Community Education classes is as easy as a couple of keystrokes! Just go to our Web site at www.isd381.k12.mn.us and click on Community Education. Then click on the Classes & Registration button on the navigation bar. There, you can view the current class schedule, choose a class and pay for it using your debit or credit card. It's that easy and convenient.

Sign up today!

COMMUNITY EDUCATION

CLASS SCHEDULE 2008



registration

REGISTRATION IS NOW OPEN FOR CLASSES! Registration may be made by phone, mail, in person or online. Visa and MasterCard are accepted for payment of class fees. When you pay for the class, you reserve your place in that class. You must register for every class. Failure to do so could result in its cancellation. **REGISTER EARLY, AS CLASSES FILL QUICKLY!**

course fees

Fees listed are payable to Community Education, not to the instructor. Any materials or supplies needed will be listed with each class and are payable to the instructor at the first class meeting unless otherwise stated.

school closings

On days schools are closed or released early for any reason, Community Education classes will not be held. **THIS INCLUDES PRESCHOOL and ECFE CLASSES.**

course changes

Community Education reserves the right to drop any course offered because of insufficient registration. Courses may also be added or dropped after this publication. Check out updates online at www.isd381.k12.mn.us/communityed/html/index.html.

No refunds after the first day of class unless otherwise stated.

Please check with your physician before starting any exercise program.

YES, I would like to enroll in these classes:

CLASS TITLE	FEE
_____	_____
_____	_____
_____	_____
_____	_____

Starting Date _____ Time _____

Name _____

Address _____ City _____ State _____ Zip _____

Phone Number (Home) _____ (Work) _____

Email _____

AGE GROUP

Early Childhood Youth (5-18) Adult (19-54) Senior (55+)

List any special needs you have _____

Make checks payable to **COMMUNITY EDUCATION**. Mail or present in person.

In Two Harbors: Community Education, 1640 Hwy 2, Suite 2001, 55616

In Silver Bay: Community Education, 137 Banks Blvd., 55614

Check enclosed Charge my

Name as it appears on card: _____

Card Number _____

Expiration Date: _____ Signature: _____

For more information, call Community Education:
834-8201, ext. 8230 in Two Harbors
226-4437, ext. 8137 in Silver Bay



PARTICIPANT PUBLICITY ACKNOWLEDGMENT

Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names and/or photograph not to be used for publicity purposes must notify Community Education in writing at the time of registration.

SILVER BAY

ARTS, CRAFTS & HOBBIES

ROMAN SHADES

Instructor: Mabel Tarlton

Update a room for spring and include a roman shade. It will be a fresh new look for your window, it requires less fabric than drapes, it covers less glass so more light enters your room, and when closed lays snugly against your window, which prevents heat loss next winter. The first night will be spent determining your fabric requirements – bring your window measurements.

KHS HOME EC ROOM 115 \$34
TUESDAY APRIL 15 6 – 8 PM
TUESDAY APRIL 22 & 29 6 – 9 PM

BASIC WELDING

Instructor: Norbert LeBlanc

Ages 16 – adult. Learn basic arc welding and oxyacetylene cutting. All materials and equipment will be provided. 7 weeks. Maximum 5.

KHS METAL SHOP
TUESDAYS 5 – 7 PM
APRIL 15 – MAY 27 \$57

BABY/CHILD HOODED TOWEL WRAP

Instructor: Shelby Wrege

Your child will love this towel wrap made from 1-1/4 yards of terry cloth, a washcloth and bias tape. It is great for after a bath or swimming! It is big enough that your child will use it for many, many years! See sample in Community Education office. Complete list of supplies will be available when you register.

KHS HOME EC ROOM 115
THURSDAY 6 – 8 PM
APRIL 17 \$13

CANDLEWICKING

Instructor: Barb Crabtree

Candlewicking is a practical, colonial craft, which uses a series of knots to make a design on muslin fabric. See sample in Community Education office. Fabric, hoops,

pattern, needles and thread will be provided for a \$10 supply fee, which is payable to instructor.

KHS HOME EC ROOM 115
MONDAY 6 – 9 PM
APRIL 21 \$18

BABY-WEARING BASICS

Instructor: Shelley Wycoff

Do you have a young baby or small child? Learn some of the benefits of carrying your baby in a ring sling or Moby wrap. This will be an interactive class where you can try on a few different baby carriers and see which one is right for you. It is helpful to bring your little ones to see which carrier is most comfortable to them. Fathers are also encouraged to attend. Once you try it, you won't want to live without it.

KHS LIBRARY
MONDAY 6:30 – 7:30 PM
APRIL 21 \$7

EMBROIDERY

Instructor: Barb Crabtree

Learn different embroidery stitches—an art that makes great gifts! Bring a plain dishtowel or pillowcase, or bring any pre-printed item that you would like to embroider. Bring a hoop if you have one. Transfers and thread will be provided for a \$3 supply fee, payable to instructor. Sample on display in the Community Education office.

KHS HOME EC ROOM 115
MONDAY 6 – 9 PM
APRIL 28 \$18

COMPUTER TRAINING

BUYING AND SELLING ON EBAY

Instructor: Emily Graf

In these three sessions, you will become familiar with the eBay site and set up individual eBay and PayPal accounts. After going over some basic tips for selling on eBay, you will learn how to list an item for sale and complete the transaction. Participants

should have a personal email account and a basic understanding of computers.

KHS ROOM 101
WEDNESDAYS 7:00 – 8:30 PM
APRIL 16, 23 & 30 \$25

COOKING AND FOODS

TEX-MEX APPETIZERS

Instructor: Jim Tarlton

Watch and learn techniques for making some new appetizers for your next get-together. Included will be baked stuffed jalapeno peppers (shrimp), deep fried stuffed jalapeno peppers (chicken), taquitos and homemade chips and dip. Be ready to taste! Pay instructor \$4 for ingredients.

KHS HOME EC ROOM 115
MONDAY 6 – 8 PM
APRIL 14 \$13

CAKE DECORATING FOR ADULTS

Instructor: Mabel Tarlton

You will learn how easy it is to decorate a cake, and receive tips to make your cake look professional. Just in time for graduation, birthdays, etc. Bring a frosted cake to class, and learn the basics. Supply fee \$3, payable to instructor.

KHS HOME EC ROOM 115
WEDNESDAY 6 – 9 PM
MAY 7 \$18

GENERAL INTEREST

DEFENSIVE DRIVING REFRESHER

Instructor: Mark Baker, MN Highway Patrolman

This class is for persons 55 or older who have previously taken a Defensive Driving course. Those who complete this course will qualify for a 10% discount on their Minnesota auto insurance premium for 3 years.

KHS LIBRARY
WEDNESDAY 5:30 – 9:30 PM
APRIL 23 \$15

RENEWABLE ENERGY SYSTEM BASICS

Instructor: Jamie Juenemann

Learn the basics of clean, renewable energy systems for both rural and urban home and business owners. From passive and active solar to wind and geothermal installations, participants will become familiar with system components, how they work, general site requirements, maintenance and the economic, social and environmental considerations of each. After reviewing each system, participants will visit local renewable energy installations to gain a greater understanding and appreciation of how systems are integrated into existing and new construction projects and learn first hand from the owners how they have been working.

KHS ROOM 218
TUESDAYS 6 – 8 PM
APRIL 8 – MAY 20 \$40

HEALTH / SAFETY / WELLNESS

FRESH START (AMERICAN CANCER SOCIETY QUIT SMOKING COURSE)

Instructor: Mickey Judkins

Knowledge about why you smoke, concrete steps for staying off cigarettes and avoiding relapses. Materials free from the American Cancer Society. Please call the Community Education office (226-4437, ext. 8137) to set up your own schedule. No fee.

ARTHRITIS MANAGEMENT

Instructor: Mary Aijala & Chuckie Knudson

The Arthritis Foundation Self-Help Program teaches skills that are PROVEN to reduce pain and doctor visits and increase self-confidence, exercise and relaxation. The course provides training in self management, pain management, exercise, medication usage and working with health care providers. For questions, call Chuckie at Northshore Area Partners at 226-3635. You must register by March 28. Minimum 6 for the class to be held.

MARY MACDONALD SCHOOL
THURSDAYS 10 – 12 AM
APRIL 3 – MAY 8 \$5, payable to Community Education

CPR/FIRST AID

Instructor: Sharrie Houdek

For persons wishing to become certified in CPR and/or First Aid, or for persons whose certification is about to expire. Learn all new guidelines for adult, infant and child CPR, basic First Aid and AED (automated external defibrillator). Pay instructor \$1 per card.

KHS LIBRARY
THURSDAY 6 – 10 PM
APRIL 24 \$45

MUSIC & DANCE

STERLING DANCE

Instructor: Renee Moe-Salyards

Ballet teaches the base of all dance disciplines. It teaches form and technique, builds strength, and develops poise and grace. Therefore, children may only enroll in another discipline if they are also studying ballet. Proper attire improves technique and avoids injury. Jewelry and watches may not be worn in class. Hair must be tied up and away from the face. ABSOLUTELY NO STREET CLOTHES OR JEANS. All visitors are asked to honor the studio environment. Please wait outside of the dance space for dancers to finish class as they are easily distracted with an audience. ALL CLASSES WILL BE HELD ON THE KELLEY SCHOOL STAGE.



DANCE FOR AGES 3, 4 & 5

Ballet and Creative Movement. Attire: Girls – pink leotard, pink tights, pink ballet shoes. Boys – black leggings and white T-shirt.

THURSDAYS 2:30 – 3:05 PM
APRIL 17 & 24, MAY 1 \$30
Option to add Jazz on Fridays, APRIL 18 & 25, MAY 2
COST FOR BALLET & JAZZ (THURS & FRI) \$45

DANCE FOR GRADES 1 – 4

Ballet technique. Attire: Girls – pink or black leotard, pink tights, pink ballet shoes for ballet class. Boys – black leggings and white T-shirt; jazz shoes or bare feet for jazz class.

THURSDAYS 3:10 – 4 PM
APRIL 17 & 24, MAY 1 \$30
Option to add Jazz on Fridays, APRIL 18 & 25, MAY 2
COST FOR BALLET & JAZZ (THURS & FRI) \$45

DANCE FOR GRADES 5 – 7

Ballet technique. Attire: Girls – black leotard, pink tights, pink ballet shoes for ballet class. Boys – black leggings and white T-shirt; jazz shoes or bare feet for jazz class.

THURSDAYS 4-5 PM
APRIL 17 & 24, MAY 1 \$30
Option to add Jazz on Fridays, APRIL 18 & 25, MAY 2
COST FOR BALLET & JAZZ (THURS & FRI) \$45

JAZZ DANCE FOR ADULTS/SENIOR HIGH

Attire: stretchy, comfortable clothing, jazz shoes or bare feet.

FRIDAYS 5:15 – 6:15 PM
APRIL 18 & 25, MAY 2 \$30

BALLET FOR ADULTS/SENIOR HIGH

Attire: tights or leggings and leotard or top, ballet shoes or socks.

THURSDAYS 5:20 – 6:20 PM
APRIL 17 & 24, MAY 1 \$30

INTRODUCTION TO TAP FOR ADULTS/SENIOR HIGH

Attire: stretchy, comfortable clothing, tap shoes

FRIDAYS 6:20 – 7:20 PM
APRIL 18 & 25, MAY 2 \$30

STRENGTH & STRETCH FOR ADULTS/SENIOR HIGH

This class will focus on stretching and core strength using pilates and yoga. You will need a mat, 2 weights (2 or 3 lbs. each) and a water bottle. Instructor will provide pilates magic circles that you can use. Attire: stretchy, comfortable clothing.

THURSDAYS 6:25 – 7:25 PM
APRIL 17 & 24, MAY 1 \$30

FRIDAYS 7:25 – 8:25 PM
APRIL 18 & 25, MAY 2 \$30

BEGINNER/REFRESHER BALLROOM DANCE

Instructors: Rod & Mary Lou Halunen
Become more comfortable on the dance floor. Learn slow dance, fox trot, bop and possibly waltz. 3 sessions.

KELLEY ELEMENTARY GYM
TUESDAYS 6:30 – 8:30 PM
MAY 6, 13 & 20 \$90/couple

SPORTS & EXERCISE

HATHA YOGA

Instructor: Kim Josephson, R.Y.T. (Registered Yoga Teacher)
Awaken the energy in your body with simple, gentle movements of your arms and body, coordinated with healing breath and visualization. Then get balanced and centered as you develop internal awareness that quiets the mind and refreshes the body and soul. End with 15 minutes of meditation and restorative poses. Wear loose clothing, bring a non-slip mat, blanket and belt. 6 sessions. Location: TBA

WEDNESDAYS 4 – 5:15 PM
APRIL 16 – MAY 21 \$54
WEDNESDAYS 5:45 – 7 PM
APRIL 16 – MAY 21 \$54

PUMP & TONE

Instructor: Kim Josephson
Come to pump your heart and tone the whole body. You'll start with a 5-minute warm-up then on to 40 minutes of aerobic/toning set to music followed by 20 minutes of toning, ending with 10 minutes of stretch and relaxing exercises. Bring a mat and water bottle. Light weights are a plus. 6 sessions.

TBA
MONDAYS 4 – 5:15 PM
APRIL 14 – MAY 19 \$54

SPRING TENNIS REFRESHER

Instructor: Tom Clifford
For adults who have had previous exposure to tennis. Sessions will be once a week for 1-1/2 hours, starting around the 1st of May and continuing through the first week of June. Each session will consist of hitting drills, emphasis on footwork and conditioning, with some suggestions on strategy and technique. \$15

YOUTH ACTIVITIES

NATURE EXPLORATIONS

Instructor: Steve Robertsen
Grades 1 – 3 and their parents. This is a chance for you and your child(ren) to explore the school forest with hikes and activities. Child must be accompanied by a parent. Meet at the Superior Hiking Trail parking lot on Penn Avenue. Dress appropriately for the weather.

WEDNESDAYS 3 – 4:30 PM
MAY 14 & 21 \$13 per family

DRIVER EDUCATION

Behind-the-Wheel instruction will be offered May through mid-June. To take Behind-the-Wheel, students must have a permit to drive. Students who complete Classroom and Behind-the-Wheel in Lake Superior School District will receive 1/2-high school credit (pass/fail) to qualify for Minnesota tax deduction and tax credit. For more information, call Community Education, 226-4437, ext. 8137.

STERLING DANCE

See "MUSIC AND DANCE"

AFTER SCHOOL ACTIVITIES FOR GRADES K – 6

CLASSES LISTED BELOW will be offered after school for 4 weeks, from April 14 – May 8. Register in the Community Education office. You must pay at the time of registration. Scholarships are available for students who qualify for free or reduced lunch due to a grant from the Silver Bay Area Charitable Fund, which is part of the Duluth-Superior Area Foundation.

Prior to each class, students will sign in at 2:30 in the cafeteria and have a snack that is provided. They will then go to their respective classes from 2:45 – 4:15. Students may not leave their classes before 4:15 unless picked up by parent/guardian. Transportation is available due to a grant from the Silver Bay Area Charitable Fund. Bus students who need transportation home must sign up in the Community Education office by noon each day that they need transportation.

HOMEWORK HELP

Designed for students in grades 1 – 6 needing help with their homework. Will meet Monday through Thursday, from 2:45 – 4:15 in the Kelley Elementary library. Students may attend one, two, three or four days. They must stay until 4:15, unless picked up by a parent. No fee. No need to pre-register. Each day of attendance, students must register by noon in the Community Education office.

FUN TIMES

Instructor: Donna Blomberg, Location: Preschool Room 104
Grades 1 – 3. MONDAYS, APRIL 14 – MAY 5. Various activities such as crafts, art, books, games, play time. Maximum 12. 4 sessions. \$13

FOOD, FUN & FITNESS

Instructor: Bev Yoki, Location: Kelley High School Home Ec Room 115
Grades 4 – 6. MONDAYS, APRIL 21 – MAY 5. NOTE STARTING DATE! Learn a healthy lifestyle by preparing (and eating!) nutritious snacks, engaging in physical activities and games. 3 sessions. \$10

KIDS PLUS MONDAY GET-TOGETHER

Instructor: Michelle Ketola, Location: KIDS PLUS Room
Grades 5 and up. MONDAYS, APRIL 14 – MAY 5. Come and help with party planning and special events, such as movie nights and community service, be a Clown and more. No fee. No need to pre-register. Sign up by noon in the Community Education office each Monday that you can attend.

ARTS & CRAFTS

Instructor: Dee LeBlanc, Location: Room 113
Grades 1 – 3. TUESDAYS, APRIL 15 – MAY 6. Come and join the fun! Make lots of crafts and projects, such as a fleece pillow, a simple woodworking project, beading and much, much more. Maximum 12. 4 sessions. \$13

SCIENCE CLUB

Instructor: Mike Ketola, Location: Room 208
Grades 4 – 6. TUESDAYS, APRIL 15 – MAY 6. A hands-on science club. A sampling of subjects covered: light and sound, force and energy, structure, magnetism and electricity, crystals, mixtures and optical illusions. New experiments each week. 4 sessions. \$13

COMPUTER SKILLS

Instructor: Geri Sando, Location: Elementary Computer Room
Grades K – 6. WEDNESDAYS, APRIL 16 – MAY 7. Learn a different computer term and task every session – then there's plenty of free time to practice drawing pictures, sharpening up your typing and mouse skills, and using the Internet for research and fun and games. 4 sessions. \$13

KIDS PLUS DROP-IN

Instructor: Michelle Ketola, Location: KIDS PLUS Room
Grades 5 and up. WEDNESDAYS, APRIL 16 – MAY 7. Finish homework, play games, walk as a group or just hang out. No fee. No need to pre-register. Sign up by noon in the Community Education office each Wednesday that you can attend.

BOOK & BAKE

Instructors: Dee LeBlanc & Wendy LeBlanc, Location Room 113
Grades K – 2. WEDNESDAYS, APRIL 16 – MAY 7. What do books and baking have in common? They are both fun! Students will listen to a story read aloud each week, and then participate in preparing, baking and eating the featured food from the story. They will receive a weekly recipe to take home. 4 sessions. \$13

SCIENCE CLUB

Instructor: Michelle Ketola, Location: Room 208
Grades 1 – 3. THURSDAYS, APRIL 17 – MAY 8. A hands-on science club. A sampling of subjects covered: light and sound, force and energy, structure, magnetism and electricity, crystals, mixtures and optical illusions. New experiments each week. 4 sessions. \$13

COMPUTER SKILLS

Instructor: Geri Sando, Location: Elementary Computer Room
Grades K – 6. THURSDAYS, APRIL 17 – MAY 8. Same description as Wednesday Computer Skills. 4 sessions. \$13

HOME ALONE/BABYSITTER CLINIC

Instructor: Donna Blomberg, Location: Kelley Preschool Room 104
For boys and girls age 11 and up. THURSDAYS, APRIL 17 – MAY 8. Learn basic safety/babysitting skills that will prepare you to stay home alone and to be a dependable, capable babysitter when the time comes. You must attend all 4 sessions to receive certification. \$13

TWO HARBORS

ARTS, CRAFTS & HOBBIES

CARVING CANOE PADDLES

Instructor: Bill Majewski
Custom paddle designs, construction and detail to suit your preferences. Choose bent or straight-shafted paddles, with solid or laminated construction. Help with design and available materials make this an easy way to personalize your paddling experience. Materials available, but not included in the class fee. Students will be required to provide their own hand tools, which will not be needed the first night. YOU MUST REGISTER BY FRIDAY, APRIL 25.
THHS WOOD SHOP
WEDNESDAYS 6:30 – 9:00 PM
APRIL 30 & MAY 7 \$35

ELY BLUEBERRY TOTE BASKET

Instructor: Patty Ziburski
This is a great basket for all levels of weavers. The base measures 5" x 12" and is 12" high. It has straps that can be adjusted to any length and a 2" maple strip, which is hand painted by a local artist. Choose navy straps with blueberry motif or green straps with pine bough motif. Color MUST be specified at registration. Bring old scissors, old towel, tape measure, pencil, clips and a basin for water (at least 12" across) for soaking reed. Kit is \$45, payable to instructor at first class. If you finish this basket the first night, a second basket will be offered for an additional kit cost on the second night. YOU MUST REGISTER BY MONDAY, APRIL 28.
THHS FACS ROOM 2305
MONDAYS 6 – 9 PM
MAY 5 & 12 \$18

EMBROIDERY

Instructor: Barbara Crabtree
Learn a variety of embroidery stitches. Bring either pillowcase or cotton/muslin dish towel and an embroidery hoop, if you have one. \$3 supply fee, payable to instructor. YOU MUST REGISTER BY MONDAY, MAY 5. Indicate whether or not you have a hoop.
THHS FACS ROOM 2301
THURSDAY 6 – 9 PM
MAY 8 \$18

REUSABLE GROCERY BAG

Instructor: Karen Hermanson
Reduce plastic and paper grocery bag use and the inconvenience of bags that often tear. Make and take a reusable grocery bag. It's an earth-friendly, simple, fast and fun project that you can use over and over. Materials to bring to class: a sewing machine, thread, shears, pins, 1 yard of fabric (tightly woven drapery fabric, canvas or heavy nylon fabric), this will make two bags, and 2 1/3 yards webbing (for straps, etc), which is enough for one bag. A pattern and directions will be provided. YOU MUST REGISTER BY MONDAY, APRIL 21.
THHS FACS ROOM 2301
THURSDAY 6 – 8 PM
APRIL 24 \$14

COOKING & FOODS

CAKE DECORATING FOR ADULTS

Instructor: Mabel Tarlton
Learn how easy it is to decorate a cake, and receive tips to make your cake look professional. Just in time for graduation, birthdays, etc. Bring a frosted cake to class and learn the basics. \$3 supply fee, payable to instructor. YOU MUST REGISTER BY MONDAY, MAY 5.
THHS FACS ROOM 2305
THURSDAY 6 – 9 PM
MAY 8 \$18

GREEK COOKING 101

Instructor: Faith Olsen

Learn how to prepare some of the most delicious Greek dishes. We will start with Spanikopita (a spinach and feta pastry appetizer), Tomato Cucumber Salad with Tzatziki Dressing, Moussaka (a layered casserole with ground meat, cheese and vegetables) and for dessert, Classic Baklava with berries and cream. Bring 3 take-home containers for finished dishes. \$15 ingredients fee, payable to instructor. YOU MUST REGISTER BY FRIDAY, APRIL 18.

THHS FACS ROOM 2305

TUESDAY 6–9 PM
APRIL 22 \$18

INDIAN COOKING 101

Instructor: Faith Olsen

Indian food is not so much spicy, as flavorful and well seasoned. We will prepare several dishes that are well suited to the Minnesota palette. We will start with an appetizer of Lemongrass Prawn Satays, make a savory Tandoori Chicken with Jasmine Rice, and serve it with a side of colorful Vegetable Curry and Naan (traditional bread). Bring 3 take-home containers for finished meals. \$15 ingredients fee, payable to instructor. YOU MUST REGISTER BY FRIDAY, MAY 9.

THHS FACS ROOM 2305

TUESDAY 6–9 PM
MAY 13 \$18

GENERAL INTEREST

BEGINNING BRIDGE

Instructor: Jo Chalgren

There is no prerequisite for this class except that you like to play cards. You will learn how to bid and play bridge. YOU MUST REGISTER BY FRIDAY, APRIL 11.

MINNEHAHA LIBRARY

TUESDAYS 6:30–8:30 PM
APRIL 15–MAY 13 \$45

LEARNING ABOUT RAIN GARDENS

Instructor: Jill Jacoby, Minnesota Environmental Partnership/ North Shore Watershed Watch

Want to do something good for Lake Superior? Want to beautify your property, attract wildlife and manage storm water all at the same time? Come learn how to build a rain garden. This class will show you the basics for creating a rain garden on your property and will help you understand the problems associated with storm water runoff. Participants will also have an opportunity to help plant a demonstration storm water garden in Two Harbors. Handouts will be provided.

THHS COMMUNITY ROOM

WEDNESDAY 6:30–8:30 PM
APRIL 23 \$10

PUBLIC SPEAKING "101"

Instructor: Bill Hermanson

This class will help you to prepare and organize your thoughts for those times you need to speak before an audience. We will organize and present three different types of speeches: introductory, informative and persuasive. There will be time to work together in preparation and researching topics, using the Internet, and we will be an audience for each other when we present our speeches. The focus of the class will be to help you become more at ease in front of an audience and to effectively organize your ideas. YOU MUST REGISTER BY MONDAY, APRIL 14.

THHS COMPUTER LAB 2204

THURSDAYS 6:00–8:30 PM
APRIL 17 & 24, MAY 1 \$46

RENEWABLE ENERGY SYSTEM BASICS

Instructor: Jamie Juenemann

Learn the basics of clean, renewable energy systems for both rural and urban home and business owners. From passive and active solar to wind and geothermal installations, participants will become familiar with system components, how they work, general site requirements, maintenance and the economic, social and environmental benefits of each. After reviewing each system, participants will visit local renewable energy installations to gain a greater understanding and appreciation of how systems can be integrated into existing and new construction projects and learn first hand from the owners how they have been working.

THHS ROOM 1214

THURSDAYS 6–8 PM
APRIL 10–MAY 22 \$40

RETIREMENT MONEY MATTERS

Laura Zahn, Asset Management Specialist

A comfortable retirement requires good management skills. Are you up to the task? This one-evening seminar will cover the financial risks of retirement, how to allocate retirement assets, why time in the market is more important than trying to time the market, and how to increase current and future income. YOU MUST REGISTER BY MONDAY, APRIL 14.

THHS COMMUNITY ROOM

WEDNESDAY 6:30–8:00 PM
APRIL 16 \$5

TEEN TALK: HOW TO SURVIVE AND THRIVE AS PARENTS OF TEENS AND PRETEENS

Instructor: Louise Anderson, RN, School Nurse

An evening of practical information, idea sharing and FUN for parents of kids ages 10–15 years. Topics include: Being an "Askable Parent," How to talk so kids will listen and listen so kids will talk; Responding to "But Mom/Dad, everyone else gets to do it;" and Lowering the risk for risky teen behavior (tobacco, alcohol and drug use). All families are welcome. Registration fees will be waived for UCare participants (your UCare number is required when you register). No one will be denied participation due to inability to pay. YOU MUST REGISTER BY THURSDAY, APRIL 17.

THHS COMMUNITY ROOM

MONDAY 6:30–8:30 PM
APRIL 21 \$12/Family

HEALTH /SAFETY/WELLNESS

CPR/CPR REFRESHER/FIRST AID

Instructor: Sharrie Houdek

For persons wishing to become certified or recertified in CPR. Learn adult, infant and child CPR, along with AED (Automated External Defibrillator). The First Aid portion will cover bandaging, treating shock, burns, injury to bones, muscles, joints, etc.

THHS HEALTH ROOM 2034

TUESDAY 6–10 PM
APRIL 15 \$46

HYPNOSIS TO CONTROL WEIGHT/HEALTHY EATING AND STOP SMOKING/ CHEWING TOBACCO

Instructor: Dr. Mary Fischer, Certified Clinical Hypnotist

All behavioral changes must occur at an unconscious level to be lasting. With hypnosis, you can make that change! The experience is relaxing and you are fully aware, conscious and in control at all times. Bring a pillow and blanket. Weight Control/Healthy Eating: Stop your cravings for sweets, chocolates, breads, pastries and salty and greasy foods. Stop snacking and overeating. Get motivated to exercise!

Stop Smoking or Chewing Tobacco: Don't let tobacco control your life! If you have a desire to quit, hypnosis can help immediately without withdrawal, cravings or gaining weight.

Includes CD and a lifetime membership for free reinforcement.

Introduction for both sections begins at 6:30 PM, weight loss section follows while smokers take a break off school grounds for that last cigarette, then reconvene for smoking cessation section. For further questions, go to www.hypnosisclinic.net. YOU MUST REGISTER BY THURSDAY, MAY 15.

Indicate SMOKING or WEIGHT LOSS when registering.

MINNEHAHA LIBRARY

TUESDAY 6:30–9:00 PM
MAY 20 \$59 one section/\$99 both sections

LEARN SPRING FOREST QIGONG

Instructor: Glenn Tobey

Spring Forest Qigong is a powerful energy practice directed at your own health and healing. There are six simple, slow deliberate active movements and meditations to learn and practice that help you balance your energy. Initial results after practicing for a while are an increase in one's energy, deeper sleep, and a greater sense of calmness, and then it begins to improve your overall physical health.

Glenn Tobey has been involved in the Human Service field for almost forty years. He continues to study with Master Lin, creator of Spring Forest Qigong, and has achieved Level IV.

THHS COMMUNITY ROOM

TUESDAY 6:30–8:30 PM
APRIL 15 \$10

LANGUAGES

ADULT BASIC SPANISH I, CONTINUED

Instructor: Sarah Svatos

Learn the basics! Learn useful vocabulary and verb conjugations that you will be able to use immediately. For those who have never studied Spanish, or those who would like a refresher. Bring a notebook/binder and an English/Spanish dictionary to class.

THHS ROOM 2207

MONDAYS 7–8 PM
APRIL 14–MAY 19 \$45

ADULT BASIC SPANISH II, CONTINUED

Instructor: Sarah Svatos

For those who already have some Spanish skills. We will review vocabulary and verb tenses and practice conversation skills.

THHS ROOM 2207

MONDAYS 8–9 PM
APRIL 14–MAY 19 \$45

MUSIC & DANCE

BELLY DANCING FOR BEGINNERS

Instructor: Kathy Montgomery Johnson

This class teaches the ancient, sensuous art of belly dancing in a fun, non competitive atmosphere.

This is a great workout for women of all ages, sizes and shapes. If you took this class before, feel free to take it again—the basic steps are the building blocks! So, if your life's been a little dull lately and your exercise routine could use a little "shaking up," grab a friend (or just come yourself) and join us for a girls' night out!

MINNEHAHA CAFETERIA

TUESDAYS 6:00–7:00 PM
APRIL 22–JUNE 3 \$32



BELLY DANCING – THE NEXT STEP

Instructor: Kathy Montgomery Johnson

You must have taken 1 year of Beginner's Belly Dancing before you can attend this class. We will build on what we have already learned. We will go over the basics, but will move along faster, adding new and ever more challenging steps to the dance. So, grab your belly dancing buddy, shimmy over and continue the journey!

MINNEHAHA CAFETERIA

TUESDAYS 7:10–8:10 PM
APRIL 22–JUNE 3 \$32

GUITAR LESSONS

Instructor: James Cheek

Private 1/2-hour guitar lessons for ages 8 and up, beginning and intermediate. You must have your own guitar. Cost of book is \$6, payable to instructor. Lesson times scheduled when you register.

MINNEHAHA TITLE I ROOM IN LIBRARY

MONDAYS 4:00–9:30 PM
APRIL 7, 21 & 28, \$48
MAY 5 & 19, JUNE 2

LATIN DANCE SAMPLER

Instructor: Sarah Svatos

Come experience Latin flair and learn the Salsa, Tango and Chachacha with Senorita Svatos (Spanish teacher at THHS).

MINNEHAHA CAFETERIA

WEDNESDAYS 7–8 PM
APRIL 23 & 30, MAY 7 \$20

MUSIC LESSONS, VOCAL & INSTRUMENTAL

Instructor: Jenna Udenberg, licensed instrumental & vocal teacher
Come explore music through band instruments and your voice!! Private and group lessons available once a week, during and after school. Contact Jenna at 834-8201, ext. 8311 to set up the lesson and then register in the Community Education office before your first lesson.

THHS BAND ROOM

APRIL 7–MAY 30

- 5th grade private 20-min. lesson – \$70
- 5th grade group 30-min. lesson – \$25/student
- Private Lessons, grade 6 – adult 30 min. lesson – \$108

POOL ACTIVITIES

MORNING LAP SWIM, SUMMER SESSION

Lifeguard: Stephanie Seeber

Early morning lap swim for ages 12 – adult. No class 7/4.

THHS POOL

JUNE 16 – AUGUST 1

6 – 7 AM

• MONDAYS – \$26

• WEDNESDAYS – \$26

• FRIDAYS – \$23

SPORTS & EXERCISE

EARLY MORNING FITNESS, MEN & WOMEN (ADULTS ONLY)

Start your morning out right with a workout in the Two Harbors High School Fitness Center. Wear comfortable clothing and bring clean gym shoes. No locker/shower facilities available. Please be aware that you must leave the fitness center no later than 6:40 a.m. No class 5/26.

THHS FITNESS CENTER

M/TU/W/TH 5:40 – 6:40 AM

APRIL 7 – JUNE 5

\$44

GOLF LESSONS, ADULTS

Instructor: Jon Casey

Start out with the basics and golf etiquette. Bring your own clubs if you have them.

TH GOLF COURSE

THURSDAYS

5 – 6 PM

MAY 22 & 29, JUNE 5 & 12

\$25 (includes golf balls)

BEGINNERS GENTLE YOGA

Instructor: Gary Anderson, Registered Yoga Teacher

If you are new to yoga or seeking a gentle class, you are invited to attend a Gentle Beginners series. This class will focus on gentle postures, breath awareness and relaxation techniques.

THHS SR WING/LOWER HALL

THURSDAYS

6:45 – 8:00 PM

APRIL 10 – MAY 29

\$64

PRANA YOGA

Instructor: Gary Anderson, Registered Yoga Teacher

This open-level class is appropriate for those who are in good physical condition and/or who have previous Hatha Yoga experience.

THHS SR WING/LOWER HALL

THURSDAYS

5:15 – 6:30 PM

APRIL 10 – MAY 29

\$64

SUMMER SESSION HATHA YOGA

Instructor: Gary Anderson

This class is appropriate for beginners and those who have had previous experience. No class 7/3.

THHS CHOIR ROOM

THURSDAYS

5:30 – 6:45 PM

JUNE 12 – JULY 24

\$48

TENNIS REFRESHER

Instructor: Glen Johnson

This 6-week program is for adults who have had previous exposure to tennis. Each session will consist of hitting drills, emphasis on footwork and conditioning, with some suggestions on strategy and technique. No class 6/19, 7/3.

THHS TENNIS COURTS

THURSDAYS

6 – 7:30 PM

JUNE 12 – JULY 31

\$15

WOMEN'S FITNESS

Instructor: Darbie Fasteland

Work on 24 different machines to target all muscle groups, and round out your session with an aerobic workout on the steppers or spin bikes. Wear breathable, comfortable clothing and tennis shoes and bring a water bottle. No class 5/26.

THHS FITNESS CENTER

APRIL 7 – JUNE 4

5:15 – 6:15 PM

• MONDAYS \$28

• WEDNESDAYS \$32

WOMEN'S WEDNESDAY WORKOUT

Instructor: Brenda Swanson

Women of all ages and skill levels are welcome to join an incredibly fun fitness class. Whether you're a beginner or a professional, it's all about having fun and getting the blood flowing. Each week we'll learn and play a new sport: Badminton, Volleyball, Ultimate Frisbee, Kickball and Wiffle Ball.

THHS GYM

WEDNESDAYS

7 – 9 PM

APRIL 9 – MAY 7

\$10

SUMMER SESSION WOMEN'S FITNESS

Instructor: Darbie Fasteland

Work on 24 different machines to target all muscle groups, and round out your session with an aerobic workout on the steppers or spin bikes. Wear breathable comfortable clothing and tennis shoes and bring a water bottle. No class 6/18 & 6/30, 7/2.

THHS FITNESS CENTER

JUNE 9 – JULY 30

5 – 6 PM

• MONDAYS \$25

• WEDNESDAYS \$21

YOUTH ACTIVITIES

HOME ALONE/BABYSITTER CLINIC

Instructor: Tracey Sandretsky

For boys and girls, ages 11 & up. Learn basic safety/babysitting skills that will prepare you to be a dependable, capable babysitter. You must attend all sessions to receive certification. Please bring your own snack.

MINNEHAHA LIBRARY

TUES & THURS

2:45 – 4:45 PM

MAY 13, 15, 20 & 22

\$16

CHOIR FOR 6TH GRADE GIRLS AND BOYS

Director: Nancy MacGibbon

Improve your vocal skills, learn to sing in multiple parts and have fun singing! The students will perform at the THHS Spring Choir Concert on May 15th at 7:00 PM

THHS CHOIR ROOM

MONDAYS

3:00 – 3:45 PM

APRIL 14 – MAY 12

\$6

ELEMENTARY VOLLEYBALL, GRADES 3 – 6

Instructor: Kim Pierson

Learn the rules and skills of volleyball in a fun environment. Come to each session prepared to play with shorts, T-shirt, and gym shoes; kneepads are optional. Optional: T-shirts \$7 and sweatshirts \$21 can be ordered at registration. Will not meet 4/1, 4/3.

MINNEHAHA GYM

TUES & THURS

2:45 – 3:45 PM

Grades 3 & 4

3:45 – 4:45 PM

Grades 5 & 6

MARCH 18 – APRIL 17

\$25

SPANISH, GRADES 3 – 5

Instructor: Sarah Svatos

Beginning vocabulary, phrases, verbs, numbers and cultural art activities.

THHS ROOM 2207

MONDAYS

5:00 – 5:45 PM

APRIL 14 – MAY 19

\$38

SPANISH, GRADES 6 – 8

Instructor: Sarah Svatos

Beginning vocabulary, phrases, verbs, numbers and cultural art activities.

THHS ROOM 2207

MONDAYS

6:00 – 6:45 PM

APRIL 14 – MAY 19

\$38

TRACK, 7TH & 8TH GRADE GIRLS & BOYS

Coach: Ryan McIntyre

Wear loose fitting clothing and tennis shoes. Meet in THHS gym the first day.

THHS GYM

M/T/W/TH

3:15 – 4:45 PM

APRIL 7 – MAY 22

\$85

YOUTH SUMMER ACTIVITIES

AGATE YOUTH FOOTBALL CAMP

For boys and girls who will be entering 4th – 8th grade this fall. Learn the fundamentals of the game of football while having fun. You will receive instruction from the Agate Football Staff and Varsity Football players. Equipment needed: shorts/sweats, T-shirt/sweatshirt, football cleats/tennis shoes.

YOU MUST REGISTER BY FRIDAY, JUNE 13 to receive a camp T-shirt and to allow for proper planning.

THHS PRACTICE FIELD (Back of THHS) or THHS GYM in case of bad weather.

MON – THURS

9 – 11 AM

JULY 21 – 24

\$40 (includes camp T-shirt)

COMPETITIVE SWIMMING FOR GIRLS, GRADES 5 & 6

Instructors: Kathy Ronning and Tara Kasell

Learn and develop the basic skills needed to compete in swimming and diving. Bring a suit, swim cap, goggles and towel.

THHS POOL

MON & WED

7:30 – 9:00 PM

JUNE 16 – JULY 23

\$30

DRIVER EDUCATION—SUMMER CLASS

Instructor: Thomas Aalberts

30 hours of Classroom and 6 hours Behind-the-Wheel for students 15 and up. Students who complete the full course will receive 1/2-high

school credit (pass/fail) to qualify for Minnesota tax deduction and tax credit. One make up day is scheduled on Monday, June 23. \$192 due at registration and \$192 due by Monday, June 16. No refunds after two days prior to the beginning of class. You must take your certified birth certificate and your social security card with when you take your permit test.

THHS ROOM 2212

MON – FRI

9 AM – NOON

JUNE 9 – 20

\$384

MISSOULA CHILDREN'S THEATRE

"Rumpelstiltskin," June 9 – 14, See article on page 5.

For students, grades 1 – 12. Auditions will be held in the THHS Gym on Monday, June 9, 10:00 AM. **YOU MUST REGISTER IN THE COMMUNITY EDUCATION OFFICE BY JUNE 1.** Registration fee: \$10 (nonrefundable). You cannot audition if you are not registered.

PONY FOOTBALL, GIRLS & BOYS GRADES 4, 5 & 6

Coach: Tom Bott

We are now taking registration for the 2008 Pony Football Season. The season will begin on Tuesday, August 26th and conclude on Saturday, October 4th. Practices will be held on Tuesdays, Wednesdays and Thursdays, 3:30 – 5:00 PM. There will be 4 to 5 Saturday games played at Memorial Field, 11:00 AM – 1:00 PM (you will receive a game schedule later). It is strongly recommended that students have a sports-qualifying physical, which is valid for three years. The \$60 fee includes all equipment and a Pony Football Team T-shirt. You must supply football cleats.

ODEGARD PARK

TUES/WED/THURS

3:30 – 5:00 PM

AUG 26 – OCT 4

\$60

SUMMER BAND LESSONS

Call after May 15 for information, 834-8201, ext. 8230.

SUMMER PRIVATE BAND/VOICE LESSONS

Instructor: Jenna Udenberg, licensed instrumental & vocal teacher

A 30-minute lesson, once a week for 6 weeks, June – July. Lessons can be scheduled M-TH, days and evenings. To schedule your lessons, call Jenna at 834-8201, ext. 8311.

THHS BAND ROOM

JUNE – JULY

\$82

SUMMERBLUE ARTS

Director: Lon Church

For ages 7 – 17. Classes in dance, theatre, music and visual arts. (See story on page 4). **YOU MUST REGISTER BY FRIDAY, JUNE 13.**

MON – FRI

9 AM – 3:30 PM

July 7 – 25

\$360 (siblings 1/2 off)

H.O.T. CAMP

The third-annual North Shore Health Occupations Today (H.O.T. Camp) Program will be held this summer June 24 – 26, from 9:00 AM

– 4:00 PM. The program is designed for students in 8th – 11th grade who are considering a career in the health care field. The 3-day event

includes tours, presentations, academic planning and numerous opportunities for real-life learning. Accident rescue, emergency medicine, nursing, pharmacy, physical therapy and cardiology are just some of the exciting occupations that will be covered. Students will have the opportunity to meet and talk with professionals, participate in hands-on activities, and tour many behind-the-scenes areas.

The cost of the program is \$45 and includes meals, snacks, T-shirt, souvenirs and transportation between the various sites each day.

Tuesday, June 24th, we will start in Two Harbors at the fire hall and ambulance center. Participants will don fire and safety equipment, shoot fire hoses, use the jaws-of-life during a simulated accident scene, and explore the inner workings of a rescue vehicle. Later in the morning, a hands-on tour of Lake View Memorial Hospital and Home will highlight the unique aspects of rural health care. The afternoon session will move to St. Luke's Hospital for a chance to compare how similar programs operate in a larger regional trauma center. On Wednesday and Thursday, H.O.T. Camp will tour UMD's Pharmacy and Rural Health Programs, the Department of Public Health, St. Mary's-Duluth Clinic and Lake Superior College. H.O.T. Camp is underwritten through the financial contributions of the Northeast Minnesota Area Health Education Center and Iron Range Resources. Regional support is provided by Lake View Memorial Hospital and Home, and the North Shore Trade and Tech Project. For more information on H.O.T. Camp or to register for the program contact:

Brittany Morgan – Health Career Specialist

Northeast Minnesota Area Health Education Center

218-362-6460 or bmorgan2@range.fairview.org

POSTAL CUSTOMER.

Community Education Highlights: *Did you know?*

Early Childhood Screening is **highly encouraged** to happen before age 4. (Not just prior to kindergarten.) Last year, we screened 111 children. Let friends and family know they can call our TH and SB offices at 834-8201, ext. 8230 or 226-4437, ext. 8137 to schedule screening anytime after the child is 3 ½. Early screening enables the district to provide certain services for children prior to the entrance of kindergarten.

Last school year CE offered over 320 classes, which were attended by 4,427 children and adults. This equaled 87,896 program contact hours.

Our youth development program features KIDS PLUS in both Silver Bay and Two Harbors. These programs bring youth and community together through community service and other projects in which youth have leadership roles in event planning and production A – Z.

We partner with AEOA to provide Adult Basic Education.

We have an area of emphasis on our youngest residents ages 0 – 5. The Early Childhood Coalitions in Two Harbors and Silver Bay have met over the last year and continue to seek to meet the needs of those children and their families.

Recent grants will help provide services to children and families who have not been able to participate in our traditional early childhood offerings.

You can be an advocate for us! If you are interested in supporting Community Education legislative efforts, we would like to hear from you and be able to provide information about the Minnesota Education Association’s legislative platform.

332 children ages 0 – 5 participated in 32 different offerings including screening, ECFE, Preschool and open gyms.

Discounts for most Community Education classes are offered through UCare and FirstPlan Blue.

There are also tax breaks for families for certain CE offerings for youth activities.

Kids & Co. had 237 children enrolled in before school, after school and summer care last year.

Facility Use: 107,166 hours of community use of schools used by over 16,000 persons. (Please note: this number does not include any time used by athletic teams or other groups under the Minnesota State High School League).

When not in use by school activities, school space can be used. Facility use rates depend upon the organization, time, custodial needs/ requirements.

We have strong school board and administrative support for our programs.

Community education is responsible for the publication of *Good News About Your Good Schools*.

This school year, we have received more than \$50,000 of outside grant funding for programs such as Early Childhood Coalitions, KIDS PLUS and after school programming.

Drivers Education classes provided the bookwork and behind the wheel to 236 youth aged 15 and up.

Lifelong Learning is a right of all Lake Superior District Citizens so that they may enjoy the laughter of childhood, the acceptance of youth, the fulfillment of adult life and the companionship of old age.