

**Parent Volunteers for 2009  
Be a "Track Pack" Backer!!**

Dear Two Harbors Track and Field Parent:

An organized parent group can be an asset to any Track and Field program. In addition to being spectators, active involvement with the team can increase a feeling of unity and support among parents, coaches, and athletes. In the past we have had a great response when we asked the Two Harbors Track parents for help in hosting our home meets. We hope you can help us again this season. We can use whatever help your time and talents will allow. Please look over the list of events / duties and indicate where you will be able to help us. Please return this form to Coach Altieri as soon as possible so a final schedule of volunteers can be prepared.

**If at all possible, it will be very helpful to have parents volunteer for multiple events so we can train in people to work in a certain areas and prepare for the all important Polar League Conference Championship Meet which we will be hosting this year.**

We thank you in advance for your generosity!

Sincerely,

Anthony Altieri  
Head Boys and Girls Track & Field Coach  
Two Harbors High School  
218-834-8201 ext 8305  
aaltiere@isd381.k12.mn.us

Parent Name (please print): \_\_\_\_\_

Athlete(s) Name: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_ Best Time To Contact You-\_\_\_\_\_

**SEE BACK!**

## Home Meet Help

**No previous experience required. We will train all helpers!**

\_\_\_\_\_ **Tuesday, 4/21 Two Harbors Quad (3:30 p.m. to 7:00 p.m.)**

\_\_\_\_\_ Finish Line Timer

\_\_\_\_\_ Track Inspector- watch so athletes do not cut, corner judges for exchange zones,  
gate attendants to monitor traffic onto the track.

\_\_\_\_\_ Concession Stand Worker (Run by Jill Lekatz)

\_\_\_\_\_ Hurdle Crew

\_\_\_\_\_ Field Event Worker

\_\_\_\_\_ High Jump

\_\_\_\_\_ Long/Triple Jump

\_\_\_\_\_ Shot Put

\_\_\_\_\_ Discus

\_\_\_\_\_ **Tuesday, 4/28 Two Harbors Quad (3:30 p.m. to 7:00 p.m.)**

\_\_\_\_\_ Finish Line Timer

\_\_\_\_\_ Track Inspector- watch so athletes do not cut, corner judges for exchange zones,  
gate attendants to monitor traffic onto the track.

\_\_\_\_\_ Concession Stand Worker (Run by Jill Lekatz)

\_\_\_\_\_ Hurdle Crew

\_\_\_\_\_ Field Event Worker

\_\_\_\_\_ High Jump

\_\_\_\_\_ Long/Triple Jump

\_\_\_\_\_ Shot Put

\_\_\_\_\_ Discus

\_\_\_\_\_ **Wednesday, 5/13 POLAR LEAGUE CONFERENCE (1:15 p.m. to 6:30 p.m.)**

\_\_\_\_\_ Finish Line Timer

\_\_\_\_\_ Track Inspector- watch so athletes do not cut, corner judges for exchange zones,  
gate attendants to monitor traffic onto the track.

\_\_\_\_\_ Concession Stand Worker (Run by Jill Lekatz)

\_\_\_\_\_ Hurdle Crew

\_\_\_\_\_ Field Event Worker

\_\_\_\_\_ High Jump

\_\_\_\_\_ Long/Triple Jump

\_\_\_\_\_ Shot Put

\_\_\_\_\_ Discus

\_\_\_\_\_ **Thursday, 5/21 THHS Jr. High Invite (3:30 p.m. to 7:00 p.m.)**

\_\_\_\_\_ Finish Line Timer

\_\_\_\_\_ Track Inspector- watch so athletes do not cut, corner judges for exchange zones,  
gate attendants to monitor traffic onto the track.

\_\_\_\_\_ Concession Stand Worker (Run by Jill Lekatz)

\_\_\_\_\_ Hurdle Crew

\_\_\_\_\_ Field Event Worker

\_\_\_\_\_ High Jump

\_\_\_\_\_ Long/Triple Jump

\_\_\_\_\_ Shot Put

\_\_\_\_\_ Discus