

# 2008 THHS Track and Field Honors and Awards

## THHS Athletes who made the 2008 Minnesota State "Class A" Track and Field Honor Roll

<u>Boys</u>	4x100m Relay	46.46	
	Beau Cardinal, Chad Brellie, Nick Lambert, Matt Wicklund		
	Ryan Guentzel	100m dash	10.9
		200m dash	23.04
		400m dash	51.50
	Matt Wicklund	Shot Put	47' 10"
<u>Girls</u>	4x100m Relay	52.08	
	Britty Wicklund, Lacey Myrdal, Marie McMahon, Emily Gilsvik		
	4x400m Relay	4:19.81	
	Lacey Myrdal, Maire McMahon, Kira Peterson, Nina Bukowski		
	Sonja Peterson	3200m run	12:18.93
	Kira Peterson	800m run	2:27.90
	Maire McMahon	200m dash	27.28

## All-Polar League Conference Honors- 2008

<u>Boys</u>	Ryan Guentzel	100m dash	11.75	2 <sup>nd</sup> place
		200m dash	23.51	2 <sup>nd</sup> place
		400m dash	51.68	1 <sup>st</sup> place
	Ben Schield	Long Jump	18' 10.5"	2 <sup>nd</sup> place
		Triple Jump	37' 9.5"	2 <sup>nd</sup> place
	Matt Wicklund	Shot Put	46' 1"	2 <sup>nd</sup> place
<u>Girls</u>	Abbie Nordean	300m Hurdles	54.37	2 <sup>nd</sup> place
	Sonja Peterson	3200m Run	12:26.77	2 <sup>nd</sup> place

## Section Track Meet Honors- State Track Meet Qualifiers- 2008

<u>Boys</u>	Ryan Guentzel	200m Dash-	3 <sup>rd</sup> place (time standard)
		400m Dash-	2 <sup>nd</sup> place

## **All State Academic 2008**

### **Boys**

**Ryan Guentzel- All-Academic State**

## **THHS Track and Field Team Awards for 2008**

### **Boys**

**MVP- Ryan Guentzel**

**Most Improved- Alec Fuentes**

**Most Dedicated- Ben Schield**

**Most Inspiring- Darren Thewis**

**Tough As Agates- Beau Cardinal**

**Rookie of the Year- Alex Horoshak**

**Elected Captain for 2009- Matt Wicklund, Jamie Merrill  
Logan Gow, Chad Brelie**

### **Girls**

**MVP- Emily Gilsvik**

**Most Improved- Nicole Johnson**

**Most Dedicated- Britty Wicklund**

**Most Inspiring- Lacey Myrdal**

**Tough As Agates- Cory Conrow**

**Rookie of the Year- Abbie Nordean**

**Elected Captain for 2009- Britty Wicklund, Liz Zeimet  
Christy Cuppy, Sonja Peterson**