

GOOD NEWS

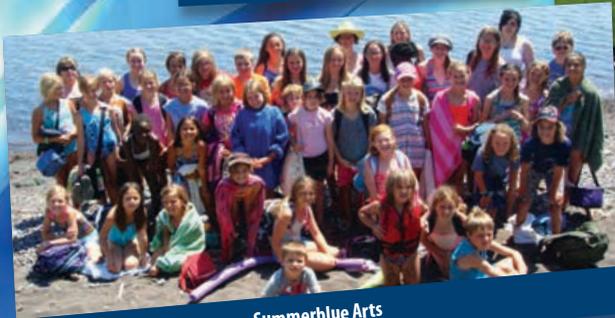
ABOUT A GREAT LAKE SUPERIOR EDUCATION



Chalk.a.Lot



Youth Triathlon



Summerblue Arts

MARCH 2016

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*Next Issue –
August 2016!*

We're on 

Lake Superior School District Community Education



Aging Mastery Program®

National Council on Aging

Lake County has joined the first Minnesota cohort of communities to offer this exemplary course for community members age 50 and above. This nation-wide program has been made available by grant funding from the National Council on Aging and the Northland Foundation and allows for our initial students to take the course free of charge. The \$99 course fee will be waived for seniors who want to participate and are willing to act as our AMP ambassadors in the future! Facilitated sessions also feature a speaker on the curriculum topic. Fun activities and food will round out each 90 minute session. Sessions will be held in Two Harbors and Silver Bay. Times and dates are just now being set. Check with Community Education for more information.

WHAT IS AMP?

The Aging Mastery Program® (AMP) is a comprehensive and fun approach to aging well that encourages people to take actions to enhance their health, financial well-being, social connectedness, and overall quality of life. Central to the AMP philosophy is the belief that modest lifestyle changes can produce big results and that people can be empowered and supported to cultivate health and longevity. Equally important, the program encourages mastery—developing sustainable behaviors over time. Participants in AMP go through a 10-session core program followed by optional elective classes and activities.

WHY IS AMP IMPORTANT?

Life expectancy has increased dramatically over the past 50 years, yet people are generally unprepared for this increased longevity. AMP offers an innovative approach to guide individuals through this phase of life. The program incorporates evidence-informed materials, expert speakers, group discussion, peer support, and small rewards to give participants the skills and tools they need to achieve measurable improvements in managing their health, remaining economically secure, and contributing actively in society. All program materials and resources align with the goal of helping people enjoy self-sufficient lives.

AMP is the best program we've ever done. Participants love it. At the end of the program, they say, "What's next!" They want to learn more, stay engaged, and stay connected with friends they have made. I highly recommend AMP. It's a game changer.

Joanne Moore, Director, Duxbury Senior Center, MA

WHERE IS AMP CURRENTLY OFFERED?

AMP is a nationwide program with a presence in more than 124 sites from Massachusetts to Florida and California to Alaska reaching thousands of baby boomers and older adults. In addition, NCOA works with foundations to pilot exciting new aspects of the program, such as intergenerational learning, aging in place, and technology usage.

AGING MASTERY PROGRAM®: CORE CURRICULUM

• Navigating Longer Lives: The Basics of Aging Mastery

Introduction to the program and its philosophy with a special emphasis on the new realities of aging, making the most of the gift of longevity, and taking small steps to improve health, financial well-being, social connectedness, and overall quality of life.

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LAKE SUPERIOR SCHOOL DISTRICT

MESSAGE FROM THE SUPERINTENDENT FOR LAKE SUPERIOR SCHOOL DISTRICT



William Crandall

Winter arrived and we are now awaiting spring. Our students are well into the second half of the school year. The Robotics teams will compete in the First Robotics competition March 25 in Duluth at the DECC. Our high school seniors are looking at and finalizing plans for the future. The elementary and middle level students will be assessed in late spring to measure how much they grew this school year.

Many events are taking place in all of our schools in the spring. The spring music concerts can be found on 2016 Spring Calendar on page 10. The school gardens will be cultivated. Please come out and see all the great activities our students take part in throughout the district. Continue to view our website and online calendars to keep updated.

In January, the students at our Two Harbors High School and Middle School participated in an event through Youth Frontiers. The 7th grade event was called the Courage Retreat. The day ended with our students sharing their courage commitment. The 9th graders did a Respect Retreat promoting the importance of respect, ending with the sharing of their respect commitment. Thanks go out to the generosity of some caring community members for their financial support.

Our Silver Bay William M. Kelley Elementary School was in the news regarding the Celebration School recognition from the Minnesota Department of Education! Great learning is going on in our schools and we are getting recognized for what our teachers are doing for our students in the district. Through the work in all of our schools by our staff, we are reaching our children as individuals and teaching our children what they need to be successful.

NEWS: The district is going Google. The district is migrating to a Google platform for email starting in the Fall of 2016. Staff are being trained and beginning to work with many of the Google applications. Our district office staff and the Minnehaha have switched over to Google already. The change in email is a change in the email format. Our new email address will end with **@isd381.org** instead of the current ending of **@isd381.k12.mn.us**.

Summer is just around the corner and the district will once again offer summer programs. We will have a STEM camp, PASS and Title One offerings. Some of the programs will be early summer and some will be in August. Please connect with the schools to find out more about the different programs that your children can participate in this summer.

Community Education has announced that it is the 20th season for Summerblue Arts. This three week art, theatre and dance camp takes place in July and is directed by former THHS graduate, Lon Church.

The 2016-17 school year budget process has begun. We will continue to strive to keep any reductions away from the classroom as much as possible. As part of our long range planning, we are working with community members, staff and administration looking at facility maintenance projects for the summer for all of our facilities.

If you have any questions, suggestions or concerns regarding the schools or the district please contact the Lake Superior School District office at 218-834-8201 or by email at bcrandall@isd381.org.

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facebook

We would Love for you to "LIKE" us.
For the latest happenings for Community Education, check out our facebook page!
We encourage you to post, comment, like and share our site.
Make us your resource for information!

It is the policy of the Lake Superior School District No. 381 not to discriminate on the basis of disability, sex, race, color or national origin in its educational programs, activities, or employment policies.

Bulletin Board

MOCK CRASH

On Wednesday, May 3, 2016 at approximately 1 PM there will be a mock crash involving several Two Harbors High School students taking place in the THHS student parking lot. A mock crash uses real crashed vehicles set up on school grounds and student participants to dramatically act out roles as crash victims. This crash is part of the education efforts of the Toward Zero Death Coalition of Lake County. This event will involve Lake County Ambulance, Two Harbors Fire Department, Lake County Sheriff's Department, Two Harbors City Police Department, Lake County Rescue, THHS (administration and students), ISD 381, MN State Patrol, and Lifelink III.

The mock crash will be treated as a real life situation. Students will be arrested, taken by ambulance, LifeFlighted and one will not survive the crash. The purpose of this exercise is to show students the importance of making good choices through a "real life" situation.

This activity is being held for all 9th-12th grade students, but **the public is welcome to attend**. The goal to run this event every 2 years as a training opportunity for local emergency services and to impact each student as they reach an age where they will be subject to these decisions. The next mock crash will take place at William M. Kelley High School in Silver Bay in 2018.



Following the mock crash, students will be directed to the auditorium where Matt Logan will be the featured speaker. After his talk, students will participate in discussions about what they have seen and heard. There will be counselors and staff available to students for further discussion if needed.

This presents a great opportunity for parents to speak with their children at home about the possible consequences of not only texting/cell phone use and driving, but also the importance of seat belt use, passenger limitations and nighttime driving. Parents and community members are welcome and encouraged to attend.

If you have any questions please contact Darbie Eschenbacher at 218-834-8380 ext. 225.

KINDERGARTEN ORIENTATION/ REGISTRATION IS REQUIRED

- **All students must have had the state required early childhood screening before entering kindergarten.** If your child has not had this screening, contact Community Education: Two Harbors, 834-8201, ext. 8230 or Silver Bay, 226-4437, ext. 8158.
- Parents of children who will attend kindergarten this fall should attend.
- Students entering kindergarten next fall must be five years old before September 1, 2016.
- Birth certificate and immunization records will be requested by the school at registration time.

Please note: Children who have attended preschool programs such as Early Childhood Special Education, Head Start and Community Education Preschool **are not** automatically enrolled in kindergarten.

Silver Bay Kindergarten Registration will take place Tuesday, April 5, 6:00 p.m. at William Kelley School in the Kindergarten room (105). This is for parents only, as students will be able to visit the classroom at a later date. Child care will not be provided.

Two Harbors Kindergarten Registration will take place in the Minnehaha School on April 21, 6:00 – 7:00 p.m. Students and parents will be able to visit the classrooms. If you have questions, please call Jenny at 834-8221, ext. 8401.

KINDERGARTEN HERE WE COME! – SILVER BAY

Join us for an evening of fun activities, time to explore the kindergarten room and meet the kindergarten teachers. A parent only time will include time to discuss kindergarten expectations, activities you can do at home to help your child get ready for kindergarten, and time for questions & answers.

March 22

6:00 PM

Kindergarten Room

Child care will be available, but you must pre-register for child care by calling 226-4437 ext. 8158 no later than March 17.

HELP RAISE MONEY FOR THE MINNEHAHA PLAYGROUND

The Minnehaha PTA will be hosting a **Spring Carnival Fundraiser**, Saturday April 23, 4-7 p.m. The carnival will include a silent auction, raffle baskets, a student art auction, a pie walk and carnival games. Dinner & dessert will also be available. Please join us for a fun evening and help us raise money for the new playground!!

HOME-SCHOOL STUDENTS

Home-school students must register with the Lake Superior School District and have their immunizations on file. To receive the paperwork necessary to register your children, please call the District Office at 834-8201, ext. 8216.

SCHOOL BOARD MEETINGS

School board meetings are regularly scheduled for the second Tuesday of each month at 6:00 PM. Any individual or group wishing to address the School Board, must contact the District Office at (218) 834-8201, ext. 8216 no later than 3:00 PM, four business days prior to the meeting you wish to attend.

NOTES FROM THE NURSES' OFFICE

"You can't educate a child who isn't healthy. And you can't keep a child healthy who isn't educated."

– M. Jocelyn Elders,
MD Former Secretary of Health and Fellow, AAP

Health and technology:

While technology is a great tool for getting things done and staying connected, in the nurses offices we are very aware of the impact of technology on our students physical and emotional health. From increased headaches and daytime fatigue to receiving upsetting texts while at school and the anxiety that can cause, we often see how too much technology can be harmful. While it's difficult to say 'no' and to set limits, especially as your children get older, we encourage you to do that if you notice that your children are paying too much attention to their devices.

Be an early bird and schedule those **Well Child Check-ups, Prekindergarten physicals, immunization updates and/or Sports Physicals now**. Avoid the crowds in August and early September.

GET OUTSIDE AND STAY HEALTHY!

As the weather warms up and you spend more time outdoors we want everyone to stay safe and healthy! The following tidbits are friendly reminders that we hope you find helpful.

- Remember to keep your skin protected this summer. Skin cancer rates are on the rise. You can minimize your chances of developing skin cancer by using sunscreen and covering up while out in the sun. Slip on a shirt, slap on a hat and slop on sunscreen!
- Ticks continue to be a growing problem in our area. Visit the following site for great information about how to prevent tick bites and tick borne illness. <http://www.health.state.mn.us/divs/idepc/dtopics/tickborne/prevention.html>

Here's to a safe and happy summer for all!

UPCOMING EVENTS:

SENIOR NEWS

FAFSA – Forms for Financial Aid

Students planning to attend any two or four year institution next fall should fill out a FAFSA form as soon as possible. This federal form is used by all institutions to determine and award financial aid, including grants, scholarships and loans. It is highly recommended that the FAFSA form be completed online at www.fafsa.ed.gov. Be careful to go to this site and **not** .com. Filling out the FAFSA is free; if you are asked to pay a fee, you are on the wrong website. Worksheets to assist in filling out the FAFSA are also online.

SCHOLARSHIPS

Students should continue to watch the daily announcements for scholarship information and deadlines. There will be many deadlines in the coming months and it is important that students follow instructions on filling out applications and returning forms. The daily announcements are available through homeroom teachers and are also posted outside the main office each day.

JUNIOR NEWS

The ACT test is coming up in April!!! This year all juniors have the opportunity to take the ACT test during the school day on Tuesday, April 19th. This opportunity is free of charge to students. Prep materials are available in the Guidance Office and online at www.actstudent.org. In addition, there is test prep through MCIS, a career website that students use in Career Readiness. If students/parents have questions about accessing this site, they should inquire with Mrs. Phifer or Ms. Persons. The ACT is used by four year colleges and universities as part of the admissions process. It is also used by two year schools for placement purposes.

TEST DATES

The testing calendars are posted online. Calendars are under each school's website page:

Here are the direct links:

<http://www.isd381.org/wp-content/uploads/2015/09/THHS-Testing-Schedule-2015-2016.pdf>

<http://www.isd381.org/wp-content/uploads/2015/11/William-Kelley-Testing-Schedule-2015-2016.pdf>

You can also find it under District Information on our webpage in the drop down menu.

FREE PROGRAMS AT TWO HARBORS PUBLIC LIBRARY

***Minnesota Firsts**—interactive history program with Arn Kind: Charles Lindberg's first trans-Atlantic flight, Minnesotans fired the first shots of WWII in the Pacific, and more--Tuesday, March 8 at 6:00 p.m

Northland Wildflowers—photos by Phil Hartley and a chance to learn about area wildflowers--Tuesday, March 15 at 6:30 p.m.

***Imaginarium Mythology Adventure**—a Duluth Playhouse Theatre for Young Audiences interactive play about using imagination—Thursday, March 31 at 6:00 p.m.

***Titanic**—Minnesota Connections, with Christopher Welte from Iron Range Research Center, stories of several people

from Northern Minnesota who were on the Titanic—Tuesday, April 5 at 6:30 p.m.

How to Use Your Library—tour, online resources, search tips and more—Thursday, April 14 at 6:30 p.m.

One Book Northland discussion of *The Boys in the Boat: Nine Americans and Their Epic Quest for Gold at the 1936 Berlin Olympics*, led by Bob and Barb Liukkonen—Tuesday, April 19 at 6:30 p.m.

Elements of Poetry Workshop—explore what makes good poetry and create your own poems, led by Shelley Getten—Wednesday April 27 at 6:00 p.m.

***Graphic Memoir**—create a meaningful illustrated memory page, with Pat Owen of COMPAS—Thursday, May 12 at 6:30 p.m.

***Everything You Wanted to Know About Indians But Were Afraid to Ask**, with Anton Treuer, Red Lake Ojibwe—Tuesday, May 24 at 6:30 p.m.

Plus: Book discussions - Writers' group - Children's story times and crafts - Lego Club - Friday movies - Read-to-a-Dog times - Teen Anime Club - Scrabble nights - more special programs to be added. See more details at www.twoharborspubliclibrary.com, on Facebook, or call 218-834-3148.

** Programs are made possible by the Minnesota Arts and Cultural Heritage Fund.*

Aging Mastery Program

continued from page 2

• Exercise and You

Discussion of the importance of exercising both the mind and the body with a focus on strategies for incorporating meditation, aerobics, strengthening, flexibility, and balance into daily routines.

• Sleep

Overview of how sleep patterns change as we age, the importance of monitoring the sleep cycle, and simple strategies to improve sleep.

• Healthy Eating and Hydration

Review of nutrition as it relates to aging with a focus on strategies for incorporating healthy eating and hydration into daily routines.

• Financial Fitness

Introduction to strategies for remaining economically secure in an era of longevity with an emphasis on setting financial goals and setting financial boundaries with friends and families.

• Advance Planning

Guidance around key steps needed to manage health care, financial, and housing/care decisions

with a focus on considering the role of personal values and beliefs in these decisions.

• Healthy Relationships

Exploration of the benefits of being socially active, as well as the risks of isolation with a focus on practical strategies for continuing to build and strengthen friendships and family connections as we age.

• Medication Management

Best practices on how to take medications as directed, how to store medications safely, and how to keep track of multiple medications.

• Community Engagement

Introduction to the value of continuing contribution and small acts of kindness with a focus on identifying personal aptitudes for meaningful volunteer and civic opportunities

• Intergeneration Connections

Tips and options for engaging in cross generational activities

SCHOOL GARDENS

Wow! **Tom Frericks** has been selected to receive Minnesota Agriculture in the Classroom's Outstanding Teacher Award! This award is given to a Minnesota licensed teacher that is currently engaged in integrating agricultural concepts into a non-agricultural course or program. The purpose of this award is to recognize his/her creative efforts to teach students about the importance of agriculture. Tom will receive a cash prize and funds to attend the National Agriculture in the Classroom Conference in Phoenix, AZ in June. This is great recognition for all the work Tom has done with the school garden over the years. Congratulations, Tom!

Erin Seymore is new as garden coordinator at THHS this year. She is working with the State Health improvement specialist **Tracey Gilsvik**, master gardeners, and Age to age and other community groups to have an overall plan for care of the garden at THHS over the summer months. If you are interested in a "plot" and or can spare some time to help out, please get in touch with Erin at eseymore@isd381.org.

Tom, Tracey and Erin will all be attending the state school garden conference at the Minnesota Arboreteum in Chaska this month.

That's Learning, Leading, Linking COMMUNITY Ed

LSSD Community Education Mission:
Lifelong learning is a right of all Lake Superior School District Citizens so that they may enjoy the laughter of childhood, the acceptance of youth, and the companionship of old age.



NEED CHILDCARE THIS SUMMER?

The Two Harbors KIDS & Co. summer program will begin on Friday, June 10th in the Minnehaha Cafeteria. Children entering kindergarten or preschool (age 4 & up) in the fall are eligible for the summer program. KIDS & Co. has the use of the school facilities: gym, etc. The fee is \$3.00 per hour/per child. There is a \$15 non-refundable registration fee per child for the summer program. A calendar of events will be given to those who register.

Children can be transported to their ball games, swim lessons, vacation bible school, etc. If you need in-town transportation this summer, KIDS & Co. will collect a one-time fee of \$25 per child.

You can register for the summer program and the transportation fee using the online capability through the Community Education tab on the School District website.

There will also be field trips in and out of town (these fully chaperoned bus trips are at a minimal charge). Children must pre-register for field trips.

If you are planning to use the summer program you should register by Friday, May 27th. If you have any questions call 834-8221, ext. 8423.

IS YOUR CHILD 3 ½?

Early Childhood Screening Required

The free screening includes:

- Vision and hearing screening
- Height and weight measurement
- Review of immunizations
- Standardized developmental screening



Please note: Minnesota law requires a developmental and health screening for all children before enrolling in kindergarten; however, earlier screening allows children to access district programs prior to kindergarten if needed.

CENSUS UPDATE

- Are you new to Lake Superior School District with an infant or preschooler?
- Do you have an addition to your family?
- Have you moved?

To update your family account and to verify that your family is included in the current school district census statistics, call 834-8201, ext. 8230 or 226-4437, ext. 8158. It is important that you don't miss out on special communications mailed to families with preschoolers.

WALKING FOR YOUR HEALTH

If slippery conditions have forced you to eliminate walking as an exercise, the Minnehaha School and THHS in Two Harbors and WKHS in Silver Bay could provide an option. Walkers are welcome to use school halls for exercise Monday through Thursday, 4:00 – 7:00 p.m. The buildings will not be open on school holidays.

Clean walking shoes are required. Please note: Strollers are now allowed, but for safety reasons, running or jogging behind strollers is not allowed. Your \$3 annual fee (payable in the Community Education office) covers the cost of a walker ID badge and lanyard. If you purchased a badge in the past, please bring it in to get your new **free** pass card.

YOU CAN REGISTER ONLINE FOR COMMUNITY EDUCATION CLASSES!

Signing up for Community Education classes is EASY! Scan the QR code below with your smartphone, or go to our Web site at www.isd381.org and click on Community Education. Then click on the Classes & Registration button on the navigation bar. There you can view the current class schedule, choose a class and pay for it using your debit or credit card. It's that easy and convenient. Sign up today!

Reminder!

Facility Scheduling is now paperless! Requests should be made online.

To become a requester: <http://fsisd381.rschooldtoday.com/authentication/credential/requesterlogin>

Questions? Please call the Community Education office, 218-834-8201, ext. 8230, or 218-226-4437, ext. 8137.



2016-17 PRESCHOOL REGISTRATION IS OPEN

Registration for the 2016-2017 Preschool program is now open. Children must be at least 3 years old by Sept. 1st (and toilet trained) to enroll. Stop in the Community Education office or go online to get your enrollment forms. **Limited transportation and scholarships are available.**

Community Education Preschool is a program for 3 to 5 year olds. Preschool provides age appropriate activities including large and small group times, music, fine and gross motor activities, stories and creative art. We provide opportunities to learn new concepts, cooperate, problem solve and interact with peers. Preschool provides a foundation for learning both socially and academically that will help your child succeed in the future.

Your registration fee reserves your child's slot and will be applied in the fall as his/her supply fee.

For more information call:

TH Community Education at 834-8201, ext 8230

SB Community Education at 226-4437, ext 8137

PARENT AWARE RATINGS

Lake Superior School District Community Education Preschools in Two Harbors and Silver Bay, as well as the KIDS & Co. School Age Child Care Program, are **Parent Aware Four Star Rated.**

Through Parent Aware, childcare providers/early educators are rated on a one-to four-star scale. It's like a Consumer Reports type service, except focused on school readiness. Parent Aware rates daycare care and early education providers as high quality early learning and kindergarten readiness. The one-to four-star ratings system – measures best practices identified by research that help children succeed in kindergarten and beyond.

COMMUNITY EDUCATION PRESCHOOL SCHOLARSHIPS

Scholarships are available to assist with Community Education Preschool tuition. Community Education Preschool is a Parent Aware 4 star rated program and eligible for Pathway I funds and School Readiness funds.

Pathway I - State Early Learning Scholarship Program for Quality Child Care and Early Education

The State Early Learning Scholarship is a statewide program overseen by the Minnesota Department of Education. This program provides financial support up to \$7,500 per year to families to help pay for quality child care and early education programs in order to help their children get ready for school. Scholarships are paid directly to the early childhood providers chosen by the parent. Families may use their Pathway I—Early Learning Scholarship at any eligible child care or early education program in Minnesota participating in Parent Aware.

To apply for Pathway 1 scholarships from Think Small, return the **original** application and documentation to Think Small 10 Yorkton Court, Saint Paul, MN 55117.

To apply for School Readiness scholarships, return a **copy** of the Think Small application plus documentation to a Community Education office or mail to School Readiness 137 Banks Blvd. Silver Bay, MN 55614. We no longer ask for a separate application for School Readiness funding. A copy of the Think Small application will suffice.

Application

The 2016-17 application is not available at this time. Families interested in receiving the 2016-17 scholarship application are welcome to contact Think Small at 651-641-6604 to be added to their mailing list. Think Small will contact you once applications become available. When the 2016-17 application is available, you can download and print the application online by visiting the Think Small website:

http://www.thinksmall.org. Request a paper application by contacting the Scholarship Information Line at **651-641-6604.** To avoid delay or denial, make sure you are using the current application. See the Think Small website for further instructions.

Eligibility Requirements

CHILD: The child must be 3 or 4 years old by September 1, 2015 and not eligible for Kindergarten.

INCOME: Families must have an annual income at or below 185% of the Federal Poverty Guideline in the current calendar year. The chart below is based on FY2015 poverty guidelines published in the Federal Register March 2015.

Family Size	Gross Income	Family Size	Gross Income
2	\$29,471	5	\$52,559
3	\$37,167	6	\$60,525
4	\$44,863		

COMMUNITY EDUCATION ADVISORY COUNCIL

The Community Education Advisory Board meets four times a year. We welcome your ideas, suggestions, concerns and questions. Our meetings are open to the public. Please call Sandi at 834-8201, ext. 8230 or Jaime at 226-4437, ext. 8137 if you would like to attend a meeting.

Current Council Members:

Debbie Alm	Karen Tucker
Mary Aijala	Michelle Backes-Fogelberg
Paul Borg	Tom Burns
Tom Clifford	Greg Hanson
Barbara Houle-Schwanke	Deade Johnson
Maggie King	Dick Sigel
Jan Ringer	Shelby Wrege

The Advisory Council provides input and advice to the Community Education Department. Community Education offerings include: after school programs, adult education, driver's education, youth activities, community use of school facilities, early childhood family education, preschool and more. If you would like more information, please contact Chris Olafson Langenbrunner, Community Education Director, 218-834-8201, ext. 8227, clangenbrunner@isd381.org

2016 SPRING CALENDAR

MARCH

- 3 WKHS Music in Our Schools Concert, 2:30 PM
- 8-10 Minnehaha PTA Book Fair, Public is Welcome
- 14 THHS Athletic Banquet
- 15 THHS Choir Concert, Grades 7-12
- 17 THHS Grammy Band Concert
- 22 WKS Kindergarten Here We Come, 6:00 PM
- 28-31 Schools Closed, Spring Break

APRIL

- 4 School Resumes
- 5 WKS Kindergarten Registration, 6:00 PM
- 7 Quarter ends
- 7-10 LSCT Performances, West Side Story @ WKS
- 8 Schools Closed, Teacher Workshop
- 9 KHS M Club Banquet
- 13 Community Education Advisory Council Meeting @ Noon, THHS and WKS
- 14-17 LSCT Performances, West Side Story @ THHS
- 18 KHS NHS Induction
- 19 ACT Test at KHS and THHS
- 21 Minnehaha Kindergarten Registration, 6:00 PM
- 21 KES Elementary Talent Show
- 23 Minnehaha Spring Carnival Fundraiser, 4-7 PM

Complete calendar available online at
www.lakesuperiorsd.org

MAY

- 2 THHS High School Band/Choir Concert
- 4 Minnehaha Safe Routes to School Day
- 6 KHS Prom
- 9 THHS Jazz Social
- 10 William Kelley School Safe Routes to School Day
- 14 THHS Prom
- 16 KHS Jr. and Sr. High Band/Choir Concert and Art Show
- 16 THHS Middle School Band/Choir Concert, Grades 6-8
- 24 KHS Coffee House, 6:30 PM
- 25 THHS Honors Night
- 30 Schools Closed/Memorial Day

JUNE

- 3 School is in session on this Friday
- 3 WKHS Graduation, 5:00 PM
- 3 THHS Graduation, 7:30 PM
- 6 THHS Coffee House
- 9 Last Student Day
- 10 Teacher Work Day
- 11 2nd Annual Youth Triathlon
- 13-18 TH Prairie Fire Children's Theatre
- 13 TH Summer Driver Education Class Begins

JULY

- 11-30 Summerblue Arts
- 15-17 Chalk.a.Lot
- 16-17 SB Salmon Classic

WEST SIDE STORY

**Join us for Dinner/Raffle,
and then catch the show!**

Saturday, April 16, 2016 • 4:30 p.m. to 6:15 p.m.

Two Harbors High School Cafeteria

**Main Dish, Dessert
and Beverage**

Sponsored by Rustic Inn Cafe



**COMMUNITY
PARTNERS**

*Dinner & Raffle proceeds support
Community Partners, helping older adults
live independently in the community.*

DINNER TICKET

Age 7 and Up

\$15

(does not include ticket for the play)

Play tickets sold separately

Under age 7

\$7

Play Performance begins at 7:00 PM

SILVER BAY COMMUNITY EDUCATION

AFTER SCHOOL ACTIVITIES

Classes listed below will be offered afterschool. Please note individual class dates. Students will sign in after school in the cafeteria and have a snack that is provided. They will then go to their respective class from 3:40-5:00, and may not leave until 5:00 unless picked up by a parent/guardian. **Transportation, snacks, and supplies are provided by a grant from the Silver Bay Area Charitable Fund (Duluth Superior Community Foundation).** Students who need transportation home must sign up by noon each day if they need transportation. Sign up will be outside the Community education Office. **Classes are listed at the reduced price due a donation from the Silver Bay PTSO.**

HOMEWORK HELP, GRADES 1-6

Designed for students in grades 1-6 needing help with their homework. Will meet Monday and Tuesday, from 3:30 - 5:00 in the Elem. Computer Lab Room 101 during the After School Program. Students may attend one or both days. They must stay until 5:00, unless picked up by a parent. No fee. No need to pre-register. Each day of attendance, students must register by noon outside the Community Education office.

4/04/2016—5/24/2016

Mondays, Tuesdays, 3:30 PM—5:00 PM

WKHS - Computer Room 101

No Fee



AFTERSCHOOL SWIM MONDAYS, GRADES K-6

Splash and have fun with your friends. Bring your suit and towel. Must wear a swim cap. After class starts if there are still open spots you may register for both Monday and Wednesday classes. 8 class dates.

Instructor: Jamie Gnerer

4/04/2016—5/23/2016

Mondays, 3:30 PM—5:00 PM

WKHS Pool

\$15.00

AFTERSCHOOL SWIM WEDNESDAYS, GRADES K-6

Splash and have fun with your friends. Bring your suit and towel. Must wear a swim cap. Please sign up for only the Monday or Wednesday class. After class starts

if there are still open spots you may register for both Monday and Wednesday classes. 8 Class dates.

Instructor: Jamie Gnerer

4/06/2016—5/25/2016

Wednesdays, 3:30 PM—5:00 PM

WKHS Pool

\$15.00

BUILD AND FLY YOUR OWN AIRPLANE, GRADES 4-6

Students will build a balsam stick and tissue airplane called the Cadet. The airplane is powered with a rubber band motor, and has a 14 inch wingspan. First and second afternoon students will start the building process, with the third afternoon finishing the building and flying the Cadet airplane. All material are included in the fee. **Must register by April 4th.**

Instructor: Dean Zeitz

4/18/2016—5/02/2016

Mondays, 3:30 PM—5:00 PM

WKHS Library

\$12.00

ELEMENTARY GLEE CLUB, GRADES 4-6

Do you love to sing? Then this is the class for you! Join us to sing fun songs (pop, folk, and others). Learn how to sing harmony and enjoy performing the songs we learn for an audience.

Instructor: Mary Carroll

4/05/2016—5/24/2016

Tuesdays, 3:30 PM—5:00 PM

WKHS - Choir Room

\$7.00

GO FLY A KITE, GRADES 1-4

Let's build a kite! We will look at different types of kites and discuss construction. We will build a kite and fly it on the last session. All supplies will be provided.

5/04/2016—5/25/2016

Wednesdays, 3:30 PM—5:00 PM

WKHS Library

\$9.00

RUBIK'S CUBE, GRADES 2-6

Have you ever wanted to learn how to solve the Rubik's cube puzzle? Let's join forces to unlock the Rubik's Cube secrets. Rubik's cubes will be provided for use but you are welcome to bring your own cube if you have one.

4/06/2016—4/27/2016

Wednesdays, 3:30 PM—5:00 PM

WKE - Computer Room - Elementary

\$9.00

BEGINNING CRIBBAGE, GRADES 4-6

Learn cribbage terms, how to shuffle and count your cards, peg and strategize to win!

Instructor: Cara Curry

4/07/2016—5/26/2016

Thursdays, 3:30 PM—5:00 PM

WKHS Library

\$5.00

FISH AND FORESTS, GRADES K-6

Join your local Fish Biologists and Area Forester in learning about fish and forest management through a series of activities and games. **Fee waived by MN DNR.**

Instructor: Kelly McQuiston

4/07/2016—5/05/2016

Thursdays, 3:30 PM—5:00 PM

No Fee

YOUTH ACTIVITIES

COLOR GUARD CLINIC

COLOR GUARD... BACK WITH A TWIST!!! Due to increased interest, TWO color guard clinics, Level I (0-1 yr. experience) and Level II (2+ yrs. experience) will be offered this summer for girls 9 years old and above. Both clinics will work on marching drills and other color guard basics, with variances according to assigned level. Prior to Bay Days, class times will overlap so that both groups will get to work together each day we meet. BOTH classes will perform together during the Bay Days festivities on Saturday (7/9/16), as well as the parade on Sunday (7/10/16). A combined class project will take place in the sessions FOLLOWING the Bay Days events. Class specifics available upon registration. Attendance to all (or most) sessions is HIGHLY suggested!!!

Classes meet every Monday & Wednesday: LEVEL I: 9-11:00 a.m. LEVEL II: 10:30 a.m.-12:30 p.m. ***Both classes combine for 7/11-7/20 and meet from 9-11 for group project*** Dates run 6/1 -7/20 in the William Kelley Elementary Gym.

NOTE EXCEPTIONS: 6/1, 6/6 & 6/8- Classes meet AFTER SCHOOL (3:45-5:45) in order to get enough time in for practice prior to Bay Days in July.

NO CLASS ON JUNE 22nd and JULY 4th!!!! Wear comfortable clothes and gym shoes. Pre-registration and fee IS required, and CLASS SIZE IS LIMITED!!!! Pre-registration deadline: Friday, May 13th Cost (includes your own flag to keep): \$25.00 Late fee (after 5/13): \$30.00

Instructor: Heather Sullivan Call or text with any questions at 220-0490 or email at svecky23@gmail.com.

ARTS, CRAFTS AND HOBBIES

BASIC WIRE-WRAPPING

Learn the basics of wire-wrapping pendants and cabochons using a variety of wire and tools. Students are invited to bring any pendant or cabochon for wire-wrapping. This is a three-hour workshop with all supplies furnished.

Instructor: Bonnie Warner

4/08/2016

Friday, 10:00 AM—1:00 PM

WKHS -Library

\$12.00

KILN-FUSED AND DICHROIC GLASS

Learn how fun and easy it is to build custom glass pendants. Students will make two pendants of different colors. All supplies furnished. Finished product will be picked up the following week.

Instructor: Bonnie Warner
4/15/2016
Friday, 10:00 AM—1:00 PM
WKHS -Library
\$12.00

KNITTING

Have you always wanted to learn how to knit but just don't know where to start, or do you know how to knit but need more guidance. Then this is the class for you. For adult and teens. Bring your own needles and yarn to practice.

Instructor: Shelby Wrege
4/18/2016
Monday, 5:00 PM—7:00 PM
WKHS -Library
\$11.00



INTRODUCTION TO PAPER CRAFTING I

This series of workshops will introduce all levels of papercrafter to the world of card making. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently.

Instructor: Bonnie Warner
4/22/2016
Friday, 10:00 AM—12:00 PM
WKHS -Library
\$12.00

SOAP MAKING

Learn how easy it is to make your own custom soaps. Add color and fragrance, and choose your shape for calming and soothing gifts, or just for you.

Instructor: Bonnie Warner
5/06/2016
Friday, 10:00 AM—12:00 PM
WKHS -Library
\$12.00

INTRODUCTION TO PAPER CRAFTING II

This series of workshops will introduce all levels of papercrafter to the world of card making. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color

technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently.

Instructor: Bonnie Warner
5/27/2016
Friday, 10:00 AM—12:00 PM
WKHS -Library
\$12.00

COMPUTER TRAINING

BUYING AND SELLING ON CRAIG'S LIST

Learn how to buy and sell on Craigslist. You will also learn how a typical Craigslist transaction takes place from beginning to end. Feel free to bring ideas for your own items to sell as we will be using real examples!

Instructor: Pure Devin
5/09/2016
Monday, 5:00 PM—6:30 PM
William Kelley - Computer Room 101
\$29.00

SENIOR SURF DAY

Seniors (60 and up) are invited to a two-hour class on using your iPad, smart phone, and laptop. North Shore Area Partners has two iPads for use during these sessions. The focus is to individualize and personalize your experience to help you use your device to access information such as your health portal from St. Luke's, My Health at Essentia, and how to search for information on-line. There is no fee for this class but you must pre-register. Class is held at North Shore Area Partners in Room 21.

4/04/2016
4/18/2016
5/02/2016
5/16/2016
Mondays, 10:00 AM—12:00 PM
Mary MacDonald Building
No fee

GENERAL INTEREST

AGING MASTERY PROGRAM® (AMP)

Lake County has joined the first Minnesota cohort of communities to offer this exemplary course for community members age 55 and above. This nationwide program has been made available by grant funding from the National Council on Aging and the Northland Foundation, and allows for our initial students to take the course free of charge. The \$99 course fee will be waived for seniors who want to participate and are willing to act as our AMP ambassadors in the future! Each of the ten facilitated sessions also features a speaker on the curriculum topic. Fun activities and food will round out each 90 minute session. Sessions will be held in Two Harbors, Silver Bay and Finland. Times and dates are just now being set. Check with Community Education for more information.

DRIVER IMPROVEMENT - 8 HOUR

This driver improvement course is the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows

for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky
5/18/2016—5/19/2016
Wednesday, Thursday, 5:00 PM—9:00 PM
WKHS -Library
\$26.00

DRIVER IMPROVEMENT 4-HOUR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky
5/11/2016
Wednesday, 5:00 PM—9:00 PM
WKHS -Library
\$22.00

LEARN TO FLY RADIO CONTROLLED AIRPLANES

Student pilots will learn to fly a radio controlled airplane. Students will learn to fly on a buddy box system with a trained pilot. Students will learn straight and level flight, left turns, right turns, take offs, and landings. For Ages 10 and up. 4 classes. First class is held in the HS Library on May 5th from 6:00-7:00, last three classes are located off site at the Silver Bay Municipal Airport field, on May 9th, 12th and 16th from 5:30-7:00.

Instructor: Dean Zeitz
WKHS - Library, Silver Bay Municipal Airport
\$5.00

RETIREMENT STRATEGIES - ACCUMULATION

Are you growing and positioning your money for retirement the best way possible? Will you have enough? This presentation is designed to help you confidently prepare for retirement by building a financial strategy. We will discuss important concepts such as understanding key ages, lifetime guaranteed income, asset allocation, diversifying your assets, protecting your strategy, and continuing to live generously.

Instructor: Gregory Hanson
4/19/2016
Tuesday, 6:30 PM—7:30 PM
WKHS -Library
\$5.00

SPRING - NATIVE SEED GERMINATION

Participants will learn about the benefits that native plants can offer to outdoor spaces, native pollinators, and the community. A demonstration will be provided of the process to plant and germinate native plant seeds using indoor grow lights or greenhouse spaces. Tips and techniques for exposing seeds and seedlings to proper light amounts,

"hardening off" of plants, and transitioning plants from indoor to outdoor settings will all be presented. A hands-on demonstration will be provided on how to plant seeds in trays, as well as how to transplant seedlings from trays into larger containers. **Cost is \$7.00 for participants wishing only to observe, and \$25 for participants wanting to leave the workshop with four standard 10 x 20 plastic trays with humidity domes, planted and ready for germination under a grow light or in a warm, sunny, protected space. Cost includes all trays, soil, and planting materials.**

Instructor: Dan Schutte
4/26/2016
Tuesday, 5:30 PM—7:00 PM
WKHS - FACS Room 115

HEALTH/SAFETY/WELLNESS

COPD EDUCATION COURSE

Laura Palombi is a COPD and certified asthma educator and works as an assistant professor at the College of Pharmacy in Duluth. In this course, we will define Chronic Obstructive Pulmonary Disease (COPD), examine the risk factors for this disease, and explore the individual and community burden of this disease. We will learn more about the changes in the lungs that occur as a result of COPD and will discuss the way that medications used for COPD work. We will briefly explore the role of proper COPD management in avoiding hospital re-admissions and participants will have the opportunity to learn and demonstrate proper inhaler use.

Instructor: Laura Palombi
5/13/2016
Friday, 10:00 AM—11:00 AM
WKHS -Library
\$5.00

CPR/CPR REFRESHER/FIRST AID

For persons wishing to become certified in CPR, or for those whose certification has expired or is about to expire. Learn adult, infant and child CPR, along with AED (Automated External Defibrillator). The First Aid portion will cover bandaging, treating shock, burns, injury to bones, muscles, joints, etc. You are now required to purchase a book; the cost (\$15) is included in the class fee. **Register by 5/3.**

Instructor: Sharrie Houdek
5/17/2016
Tuesday, 6:00 PM—10:00 PM
WKHS -Library
\$65.00

ESSENTIAL OILS MAKE AND TAKE

Whether you already use essential oils or have never heard of them, this class is something you can't miss! Participants will be making and taking two items made from essential oils. It's a great way to learn more about essential oils and put a few of them to use!

Instructors: Cassie Ernest, Tina Goutermont, Jenn VanHouse
5/19/2016
Thursday, 6:00 PM—7:00 PM
WKHS - FACS Room 115
\$10.00

POOL ACTIVITIES

EARLY MORNING LAP SWIM M, W

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. Class is 45 minutes long, consisting of 16 class dates.

Instructor: Marty Duchscher
4/04/2016—5/25/2016
Mondays, Wednesdays, 6:45 AM—7:30 AM
WKHS Pool
\$81.00

EARLY MORNING LAP SWIM THURSDAYS

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. Class is 45 minutes long, consisting of 8 class dates.

Instructor: Marty Duchscher
4/07/2016—5/26/2016
Thursdays, 6:45 AM—7:30 AM
WKHS Pool
\$41.00

PM LAP SWIM/WATER AEROBICS

Lap Swim for ages 12-adult will be held on one side of the pool. Or are you looking for a low impact workout? Water Aerobics will be held on the other side of the pool, in the shallow end. In this class you will do water exercises to an instructional video. Must bring a swim cap, suit and towel. Class is an hour long, consisting of 16 class dates.

Instructor: Jamie Gnerer
4/04/2016—5/25/2016
Mondays, Wednesdays, 5:00 PM—6:00 PM
WKHS Pool
\$98.00

SPORTS AND EXERCISE

ADULT CO-ED VOLLEYBALL

Spend your Wednesday evenings playing this fabulous lifetime sport! Whether you know how to play or not, you will be sure to have fun! Sign up today! **Must Pre-Register. A certain number of registrations are required for the class to be held, otherwise class will be cancelled.**

Instructor: Keri Johansen
4/06/2016—5/25/2016
Wednesdays, 6:30 PM—8:00 PM
William Kelley - Gym - WKHS
\$15.00

ADVANCED PICKLE BALL

If you are tired of losing at pickle ball to some old guy who exudes arrogance this may be the course for you. Class will consist of 3 one hour sessions. Dates and times will be decided to accommodate participants schedules.

Instructor: Thomas Clifford
William Kelley - SB Community Ed. Office
\$25.00

BEGINNER STRENGTH TRAINING

Beginner strength training focuses on the basics of movements, using dumbbells and body weight. This class is intended to help those who would like to increase their muscle mass, decrease body fat, and raise metabolism through a 45 minute session. It also shows the student how to properly execute a

movement properly and efficiently. Please bring an exercise mat, a set of dumbbells (weight is dependent on person), a water bottle, and proper exercise attire. If you do not have dumbbells, we do have extra.

Instructor: Beth Curtis, MS, Exercise Physiologist
4/05/2016—5/31/2016
Tuesdays, 6:30 PM—7:15 PM
William Kelley - Gym - WK Elementary
\$54.00

GROUP CIRCUIT TRAINING

Circuit Training is one of the most effective ways one can stay in shape and lose weight. It tackles every major muscle group by challenging endurance and strength. A single session of CT of one hour can burn anywhere from 400-600 kcals, depending on body type and effort put into the class. This class will be challenging at first, but as you continuously attend, you'll notice you'll be able to perform the exercises properly and more efficiently. I will also help modify movements if they are too challenging, and please don't hesitate to take short breaks when needed. We will be getting on the floor, so bringing a mat of some sort may be a good idea, but is not required. Just know that putting something under your knees or lying on something will aid in comfortably executing the movement. There will be jumping around, so if you have any knee problems, back, neck, etc. please let me know so we can work on modifying the exercise. Weights are recommended, but not required. We will be doing lots of weighted activity, multiple reps, so please bring a weight that you can handle. Water bottles and clean athletic shoes (or comparable) are required.

Instructor: Beth Curtis, MS, Exercise Physiologist
4/05/2016—5/31/2016
Tuesdays, 7:20 PM—8:10 PM
William Kelley - Gym - WK Elementary
\$54.00

TENNIS SKILLS

A 4 week class for teens/adults who have had previous exposure to tennis. Each session will consist of drills designed to improve hitting technique, net/overhead volleying, serving, and playing strategy (doubles vs. singles). Dates are set with weather permitting. Please bring a can of tennis balls to class. Racquet stringing is available - \$15 paid to instructor.

Instructor: Jim Hinson
4/25/2016—5/16/2016
Mondays, 6:00 PM—8:00 PM
Silver Bay Tennis Courts
\$20.00

WALKING FOR YOUR HEALTH

Walkers are welcome to use the William Kelley School halls for exercise Monday through Thursday 4:00 - 6:00 PM. The buildings will not be open on school holidays. For safety purposes, running/jogging and strollers are not allowed. Use the front, main entrance doors when entering the buildings. Clean walking shoes and an ID badge are required. Your \$3 annual fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office). If you purchased a badge in the past, please bring it in to get a new free pass card.

TWO HARBORS COMMUNITY EDUCATION

ARTS, CRAFTS & HOBBIES



BRAIDED BEADED BRACELET

Stackable bracelets are the fashion this year and in this class you will learn how easy you can make one and continue to make many more. Using hemp, seed beads and a button for the clasp you will make a single or double wrap bracelet. All supplies will be provided. Register by 4/14.

Instructor: Suzy Whitney

4/21/2016

Thursday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$16.00

CHALK.A.LOT SIDEWALK CHALK FESTIVAL

Chalk.a.Lot is a Sidewalk Chalk Festival. Artists of all ages and abilities will draw on sidewalks in downtown Two Harbors on July 16 and 17. There will be free entertainment, art activities and food vendors at Thomas Owens Park. Waterfront Drive will be closed between 2nd and 4th Avenues. Featured artists will be on site to demonstrate and delight. Fee includes a reserved 5x6 foot sidewalk space, one box of 48 high quality pastel chalks, latex gloves, 2 sponges for blending. Chalking clinics to teach tips and techniques on Friday, July 15 at either 2:00 or 5:00 pm. Wear a hat and sun block to prevent sunburn; knee pads are strongly recommended. Contact Michelle at 590-4532 with questions. On-site registration is available, but to ensure you get a spot register on line by Thursday, July 14. No cancellations or refunds. Friday, July 15: Free chalking clinics at 2 p.m. and 5 p.m. Saturday, July 16: Registration starts at 8 a.m.; Chalk art drawings from 8 a.m. - 5 p.m.; Open chalk area all day; Chalk art demonstration and featured artists, art activities and entertainment throughout the day in the park. Sunday, July 17: Registration starts 8 a.m. Chalk art drawings until 1:00 p.m. Awards at 2:00 p.m.

Instructor: Michelle Ronning

July 15, 16, 17

Friday, Saturday, Sunday

Thomas Owens Park

\$15.00

EASY TEE-SY TEE SHIRT

Fun, easy and quick class where you will decorate a plain white tee shirt with sharpies to create a fashion statement. Ages 10-adult. Bring your own cotton tee shirt (or two). All other supplies provided. Register by 4/26.

Instructor: Suzy Whitney

5/03/2016

Tuesday, 6:30 PM—8:00 PM

THHS - FACS Cooking Room 2305

\$13.00



INTRODUCTION TO PAPER CRAFTING I

This series of workshops will introduce all levels of paper crafter to the world of cardmaking. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently. Register by 3/17.

Instructor: Bonnie Warner

3/23/2016

Wednesday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$12.00

INTRODUCTION TO PAPER CRAFTING II

Please see description above. Register by 4/21.

Instructor: Bonnie Warner

4/27/2016

Wednesday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$12.00

INTRODUCTION TO PAPER CRAFTING III

Please see description above. Register by 5/12.

Instructor: Bonnie Warner

5/18/2016

Wednesday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$12.00

KILN-FUSED AND DICHOIC GLASS

It's really fun and easy to build custom glass pendants. Students will make two pendants of different colors. All

supplies furnished. Finished product will be picked up the following week. Register by 4/7.

Instructor: Bonnie Warner

4/13/2016

Wednesday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$12.00

MAKE YOUR OWN PJ BOTTOMS, AGES 8 & UP

Make a pair of cute, easy pajama bottoms. For youth sizes bring 2 yards of cotton fabric; for adult sizes bring 3 yards. Also bring matching thread, scissors, tape measure. Bring your own sewing machine (if you have one), or use one of the school's machines. Each youth must be accompanied by an adult. Class fee is \$14 per person (adults attending with children must register and pay also, but they can each make a pair of pajamas). Register by 4/20.

Instructor: Jan Ringer

April 26 & May 3

Tuesdays, 5:30 PM—7:30 PM

THHS - FACS Sewing Room 2301

\$14.00



NEEDLE FELTED WOOL LANDSCAPE PAINTING

You will use a felting needle, batting and roving wool to create a "feltscape". You will make a 5 x 7 piece of artwork suitable for framing and a great gift for holidays, birthdays, housewarmings, or to keep for yourself. You must register by 4/5.

Instructor: Suzy Whitney

4/19/2016

Tuesday, 6:00 PM—8:00 PM

THHS - FACS Sewing Room 2301

\$24.00

SOAP MAKING

It is so easy to make your own custom soaps! Add color and fragrance, and choose your shape for calming and soothing gifts, or just for you. Register by 4/28.

Instructor: Bonnie Warner

5/04/2016

Wednesday, 6:00 PM—8:00 PM

THHS - FACS Cooking Room 2305

\$12.00

COMPUTER TRAINING

BUYING AND SELLING ON CRAIG'S LIST

Would you like to buy and sell on Craigslist?? Learn how a typical Craigslist transaction takes place from beginning to end. Feel free to bring ideas for your own items to sell as we will be using real examples! Register by 5/4.

Instructor: Pure Driven

5/11/2016

Wednesday, 5:00 PM—6:30 PM

THHS - Computer Lab 1109- Media Center

\$29.00

IPADS/IPHONES FOR BEGINNERS

Your World in Your Pocket! Settings, personalizing, syncing, software upgrades & applications, bunches of options and apps are available. Bring your Smart phone, tablet, the manual, and your Apple® ID for hands-on instruction! Apple products will be addressed; concepts taught apply to other similar devices as well.

Instructor: Kris Lee

5/04/2016

Wednesday, 4:30 PM—6:00 PM

THHS - Computer Lab 1109- Media Center

\$29.00

STUDENTS TO SENIORS: MULTI-AGE TECH TRAINING

Seniors will have the opportunity to learn about technology in a customized 1:1 setting. Fun, food, and your very own student helper. Seniors can choose from a variety of topics. Bring your own device (phone, tablet or digital camera) or use a school iPad or computer. Choose your topic: digital photography, Facebook, e-mail, Internet searching and online safety, Skype, iPhones, iPads, or other portable devices. This will be a self-paced workshop where students and seniors work together to learn new technology skills in a fun and stress free environment. Snacks and refreshments will be provided. When registering, please let us know what you would like help with.

Instructor: Kris Lee

4/13/2016

Wednesday, 4:00 PM—5:30 PM

THHS - Library & Computer Lab

\$5.00

COOKING & FOODS

EASTER BREADS FROM AROUND THE WORLD

Join us as we travel the world through Easter Breads. Investigate classic "old world breads" from places like Italy, Britain to Russia and more. Bring containers to bring your creations home. You must register by 3/9.

Instructors: Liz Busa, Amy Johnson

3/14/2016

Monday, 6:00 PM—8:00 PM

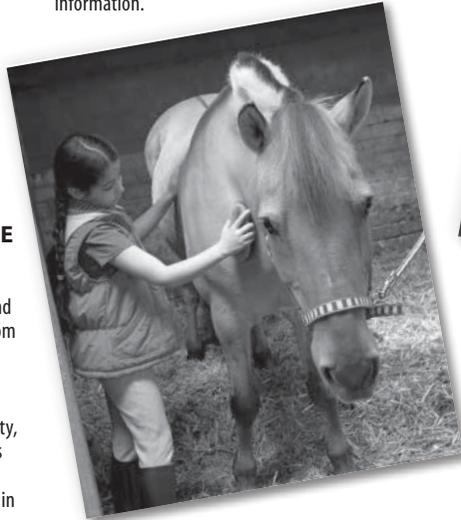
THHS - FACS Cooking Room 2305

\$12.00

GENERAL INTEREST

AGING MASTERY PROGRAM® (AMP)

Lake County has joined the first Minnesota cohort of communities to offer this exemplary course for community members age 55 and above. This nationwide program has been made available by grant funding from the National Council on Aging and the Northland Foundation, and allows for our initial students to take the course free of charge. The \$99 course fee will be waived for seniors who want to participate and are willing to act as our AMP ambassadors in the future! Each of the ten facilitated sessions also features a speaker on the curriculum topic. Fun activities and food will round out each 90 minute session. Sessions will be held in Two Harbors, Silver Bay and Finland. Times and dates are just now being set. Check with Community Education for more information.



CONTINUING HORSE CARE AND BEYOND

Suitable for ages 10 and up. Topics will include: diseases, vaccinations, etc. Bring your questions for open discussion. Register by 4/6.

Instructor: Pauline Fineout

April 13, 20, 27

Wednesday, 6:30 PM—7:30 PM

THHS - Room 2205

\$14.00

KNOW THE HORSE SHOW RULE BOOKS

For ages 10 & up. Prepare for your next show and have fun doing it. Bring your questions for open discussion. Register by 4/27.

Instructor: Pauline Fineout

May 4, 11, 18

Wednesday, 6:30 PM—7:30 PM

THHS - Room 2205

\$14.00

DRIVER IMPROVEMENT COURSE - 4 HOUR REFRESHER

The driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class. You must register by 5/3.

Instructor: Dean Skalicky

5/09/2016

Monday, 5:30 PM—9:30 PM

THHS - Community Room

\$22.00



GARDENING WITH KIDS

Are you interested in gardening with your kids? Learn how to get your kids involved in different types of gardening, why this is important, and how to make it fun for the family without feeling like a chore. We will explore fun ways to get all ages involved, understanding where our fruit and vegetables come from, and start growing something of your own through a hands-on activity. For adults and children; children must be accompanied by an adult. Register by 5/4.

Instructor: Jadel Cavallin, Master Gardener

5/11/2016

Wednesday, 5:30 PM—7:00 PM

THHS - Cafeteria

\$14 for 1 adult & 1 child plus \$7 for each additional child

GEARING UP FOR GROWING SEASON

Do you have an interest in gardening and are looking for ideas and tips to get your growing season off to a good start? Learn why gardening is important, the different types of gardens, and how to have success in our short growing season. For beginners through experienced gardeners. Register by 5/11.

Instructor: Jadel Cavallin, Master Gardener

5/18/2016

Wednesday, 5:30 PM—7:00 PM

THHS - Cafeteria

\$9.00

GEOTHERMAL MADE SIMPLE: DEMYSTIFYING THE COSTS & BENEFITS OF GHP SYSTEMS

How does geothermal heating and cooling actually work? Does it really cut energy as much as people claim? Why do some GHP systems seem to work so well and others do not? Does geothermal even pay off in our extreme northern climate? What are the real benefits (and limitations) of this unique technology? Answers to these and many other questions about geothermal heat pump (GHP) systems will be covered in this 3-hour short course presented by a professional trainer, who is also an AEE Certified GeoExchange Designer, GEO Inspector, and long-time veteran of cold climate geothermal design and installation. This course is meant to be objective, honest, and informative beyond the usual hype. Accompanying slides will provide simple graphic details and useful examples of various types of GHP applications. You must register by 4/14. Instructor: Mark Sakry
4/22/2016
Friday, 9:00 AM—12:00 PM
THHS - Community Room
\$18.00

IT'S WAY MORE THAN JUST A DINOSAUR! DISTANCE LEARNING PROGRAM

Take a tour of the Royal Tyrrell Museum of Paleontology in Drumheller, Alberta, Canada without leaving your classroom! Paleontology is a rich field, imbued with a long and interesting past and an even more intriguing and hopeful future. Many people think paleontology is the study of fossils. In fact, paleontology is much more. During this interactive virtual visit, we'll guide you through our world-renowned galleries and exhibits. Marvel at creatures from ancient seas, explore Dinosaur Hall, and discover how life carried on after the asteroid impact that marked the end of the Age of Dinosaurs. The participants will: gain a stronger, broader understanding of the history of life on Earth understand that time is divided into bigger and smaller chunks, to help palaeontologists understand the different periods in Earth's history learn more about different types of animals and plants that lived on our planet This event is free and open to all ages, made possible by a grant from the Blandin Foundation, but all participants must pre-register. Instructor: Kris Lee
5/10/2016
Tuesday, 3:45 PM—4:45 PM
THHS - Community Room
No Charge

SOCIAL SECURITY - STRATEGIZE TO MAXIMIZE

As you approach retirement, one of the biggest financial decisions you'll need to make is when to begin receiving your Social Security benefits. Should you begin receiving a smaller Social Security benefit early, or should you opt to wait until full retirement age or even longer in order to receive a larger benefit? There's no "one-size-fits-all"

answer; when to begin receiving Social Security benefits depends on your personal circumstances, and there are many variables. Register by 4/7. Instructors: Stephen Green, Gregory Hanson
4/14/2016
Thursday, 6:30 PM—7:30 PM
THHS - Library
\$5.00

STAY IN CONTROL OF DECISION-MAKING: ESSENTIAL LEGAL DOCUMENTS FOR ALL ADULTS IN THE EVENT OF INCAPACITY

Ruthanne Hedstrom Vos, an attorney with Mathison & Vos in Grand Marais, will discuss the importance for all adults to have a few key legal documents in place in the event they become temporarily or permanently unable to make their own decisions. Financial powers of attorney, health care directives, and other legal documents will be covered, along with some estate planning basics. Register by 4/21.
4/27/2016
Wednesday, 6:30 PM—8:00 PM
THHS - Library
\$7/person or \$10/couple

PRAIRIE FIRE CHILDREN'S THEATRE PRESENTS "PINOCCHIO"

For ages 7 - adult. Auditions will be held in the THHS Auditorium on Monday, June 13, 9:00 AM. Auditions will last approx. two hours, followed by a short rehearsal that will require only a portion of the cast. Rehearsals for the remainder of the week will be at 8:00 AM to 12:15 PM (this includes a 15 minute break), with slight variations on show days. You must register online at www.isd381.org or in the Community Education Office, no later than Tuesday, June 7. Further information on page 23.
6/13/2016—6/18/2016
Monday - Saturday
THHS - Auditorium
\$20 - Non-refundable



HEALTH/SAFETY/WELLNESS

CPR/CPR REFRESHER/FIRST AID

For persons wishing to become certified in CPR, or for those whose certification has expired or is about to expire. Learn adult, infant and child CPR, along with AED (Automated External Defibrillator). The First Aid portion will cover bandaging, treating shock, burns, injury to bones, muscles, joints, etc. You are now required to purchase a book; the cost (\$15) is included in the class fee. Register by 4/13.

Instructor: Sharrie Houdek
4/19/2016
Tuesday, 6:00 PM—10:00 PM
THHS - Health Room 2034
\$65.00

ESSENTIAL OILS MAKE & TAKE

This class is for those who already use essential oils, and also for those who have never used oils. You will learn ways that essential oils can help you in your everyday life and wellness. Also each participant will make and take items home. Register by 4/27. Instructor: Stacy Nightwine
5/11/2016
Wednesday, 6:00 PM—8:00 PM
THHS - FACS Cooking Room 2305
\$12.00

MUSIC & DANCE

BELLY DANCE, BEGINNING

No other exercise taps into the essence of female power like belly dance. Surrounded by terrific women of all shapes and sizes, you will be amazed how quickly you come to learn the proper form and technique of belly dance moves. The natural antidepressant and confidence boosting qualities of this low impact cardio workout will stretch and engage your body from head to toe! Please join us in comfortable clothing, and bring a hip scarf if you have one. No class 3/29. Instructor: Judie Sarff
3/15/2016—5/31/2016
Tuesday, 6:00 PM—7:00 PM
Minnehaha - Cafeteria
\$46.00

BELLY DANCE, BEYOND

For those who have completed one year of beginning belly dance. We will work to layer moves, increasing our flexibility and stamina. Advanced moves, choreography, and props will be introduced and practiced to further enhance belly dance skills. Let's keep the belly dance fire rolling! No class 3/29. Instructor: Judie Sarff
3/15/2016—5/31/2016
Tuesday, 7:15 PM—8:15 PM
Minnehaha - Cafeteria
\$46.00

GUITAR LESSONS

We have openings for guitar lessons. Private half-hour guitar lessons for ages eight and up, beginning and intermediate. You must have your own guitar. Cost of book is \$6, payable to instructor. Call 834-8201, ext. 8230 to register and schedule a lesson time. No lessons 3/28. Instructor: James Cheek
3/14/2016—5/23/2016
Monday
THHS - Band Practice Room 2421
\$82/10 Lessons

POOL ACTIVITIES

EARLY MORNING LAP SWIM

Early morning lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. No class 3/28, 3/30, 3/31, 5/30. There will be no early morning swim if school has a late start or is canceled. **Class time will change to 5:30 - 6:30 AM, beginning April 25.**

Lifeguard: Kathy Ronning

THHS - Pool, 6:00 AM—7:00 AM

Mondays

3/14/2016—6/06/2016

\$50.00

Wednesdays

3/16/2016—6/08/2016

\$54.00

Thursdays

3/17/2016—6/09/2016

\$54.00

AQUA AEROBICS - MONDAYS

Aqua aerobics is an increasingly popular, energizing workout that builds cardiovascular fitness and strength. The water's buoyancy provides cushioning and support, reducing gravity and the risk of muscle or joint injury. Don't miss this fun and effective way to get or stay in shape for people of all ages and fitness levels. You need not be a swimmer to participate. Most equipment provided; participants bring their own pool noodle. Park in the parking lot off Cedar Road and enter through door #14. No class 5/30.

Instructor: Patty Carter

4/04/2016—6/06/2016

Monday, 5:30 PM—6:30 PM

THHS - Pool

\$58.00

AQUA AEROBICS - WEDNESDAYS

See description above. No class 4/20.

Instructor: Patty Carter

4/06/2016—6/08/2016

Wednesday, 5:30 PM—6:30 PM

THHS - Pool

\$58.00

LAP SWIM, EVENING, MONDAY

Evening lap swim for ages 12-adult. This class will be canceled due to insufficient registration, so register early. Park in the parking lot off Cedar Road and enter through door #14. No class 3/28 & 5/30. Register by 3/9.

Instructor: Lisa Hebl

3/14/2016—6/06/2016

Monday, 6:30 PM—7:30 PM

THHS - Pool

\$51.00

LAP SWIM, EVENING, WEDNESDAY

See description above. No class 3/30 & 4/20. Register by 3/14.

Instructor: Deanne Thomasen

3/16/2016—6/08/2016

Wednesday, 6:30 PM—7:30 PM

THHS - Pool

\$51.00

SUMMER SESSION - AM LAP SWIM

Early morning lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. No class 7/4, 7/6, 7/7.

Lifeguard: Kathy Ronning

THHS - Pool, 5:30 AM—6:30 AM

Mondays

6/13/2016—7/25/2016

\$28.00

Wednesdays

6/15/2016—7/27/2016

\$28.00

Thursdays

6/16/2016—7/28/2016

\$28.00

SPORTS & EXERCISE

FITNESS FOR LIVING - BOOT CAMP

A two week boot camp style class designed for maximum calorie burn in the shortest amount of time, with a full-body workout. The goal is to get you fit, healthy, challenge your body & mind, and most importantly to make fitness fun. This class will be a combination of strength, cardio, muscle endurance, flexibility and core training using dumbbells, a medicine ball and your own body weight. You can expect to improve your cardiovascular stamina, core strength, overall strength and flexibility with circuit style rotations of muscle-building exercises. Also incorporated into the class will be group fitness activities and light yoga to stretch, recover and work on finding balance in all areas of our lives. Each exercise will have modifications to either reduce or increase the difficulty so whether you have been working out regularly or are just starting your fitness journey this class offers something for everyone. Helpful nutrition tips will be discussed and a daily recipe will be provided. Bring: tennis shoes, comfortable clothes, water bottle and a positive attitude! Register by 6/6.

Instructor: Jillian McCorison

6/13/2016—6/24/2016

Monday - Friday, 6:30 AM—7:30 AM

Minnehaha - Gym

\$50.00

GROUP CIRCUIT TRAINING WITH RENA

Looking to increase your energy level and lose weight? Want to increase your cardiovascular endurance? Circuit Training is an excellent way to accomplish these tasks!

Circuit Training is a form of body conditioning. It targets strength building and muscular endurance by hitting all your major muscle groups. Our workouts will consist of a series of exercises performed in rotation with minimal rest, often using different pieces of equipment or your own body weight. We will start every workout with a warm up and end with a cool down to prepare and recover from these awesome

workouts. Classes are fun and engaging! In the beginning you may feel a little sore and challenged, it won't be long before you will start to feel stronger and more fit! Instructor is able to help modify exercises if you have had injuries or have limitations. It is always a good idea to talk with your doctor before starting a new exercise program. Please wear clean and proper athletic shoes. A water bottle is required. No class 3/31, 5/19. Register by 3/10.

Instructor: Rena Kramer

3/17/2016—6/02/2016

Thursday, 6:00 PM—7:00 PM

Minnehaha - Gym

\$80.00

PILATES MAT CLASS

Pilates is a wonderful form of exercise for everybody, regardless of fitness level, that engages the mind and body. This will be an introductory mat class that increases strength without bulk; flexibility; balance and circulation; creates long, lean muscles; improves posture; reduces stress and helps in preventing and rehabilitating from injuries. Pilates promotes a feeling of physical and mental well-being. Please bring your own mat (a few will be available for use), wear comfortable clothes and bring a water bottle. No class 3/29, 4/5, 5/24.

Instructor: Jillian McCorison

3/15/2016—5/31/2016

Tuesday, 5:15 PM—6:15 PM

Minnehaha - Gym

\$54.00

TRAPSHOOTING BASICS, 7TH GRADE - ADULT

Come learn how to do the sport 10,000 Minnesota high school students are participating in this year. This is a sport everyone can enjoy! Class will be taught by the coaches of the Two Harbors High School Trap Team. You will learn the basics of trapshooting and shoot two rounds of trap. You will need a shotgun, 2 boxes of #7 1/2 or 8 shot shells (50 rounds), and eye and ear protection. Class is open to 7th grade to adult. Anyone under 18 must have a firearm safety certificate. Register by 5/16.

Instructors: Gary Hastings, Ann Hastings

5/19/2016

Thursday, 6:00 PM—8:00 PM

Agate Bay Gun Club

\$12.00

VOLLEYBALL, ADULT CO-ED

Everyone is welcome to play co-ed volleyball. All levels accepted; no jumble rules.

Instructor: Amy Bergerson

4/04/2016—5/09/2016

Monday, 7:00 PM—9:30 PM

THHS - Gym

\$15.00

WALKING FOR YOUR HEALTH - WALKING PASS REGISTRATION

Is it too cold or icy to walk outside? Walkers are welcome to use the THHS and Minnehaha halls for exercise Monday through Thursday, 4:00 - 7:00 PM. The buildings will not be open on school holidays. Please note: Strollers are now allowed, but for safety reasons, running or jogging behind strollers is not allowed. Use the front, main entrance doors when entering the buildings. Clean walking shoes and an ID badge are required. Your \$3 annual fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office). If you purchased a badge in the past, please bring it in to get a new free pass card.

WHOLE YOGA

For all levels. We will explore various yoga postures and movements, building strength and flexibility, while also releasing stress and tension. Learn healthy breath patterns, a little yoga philosophy, and practical off the mat tools for modern living. Class will end with a deep relaxation practice and a 5 minute meditation. All levels. Please bring a small pillow or blanket, a water bottle, and a yoga mat. There will be a few extra mats available for student use.

Instructor: Hilary Buckwalter

4/07/2016—6/02/2016

Thursday, 6:00 PM—7:15 PM

THHS - Room 2204

\$82.00

YOGA SCULPT

Yoga sculpt takes the best of yoga and weight training and puts them together for a fantastic workout! This class will work every major muscle group in your body, boost your metabolism and increase your strength and flexibility. Free weights are added to a yoga sequence to create resistance and intensity. This class will include squats, lunges, bicep and triceps curls, abdominal work and cardio. Class will end in traditional yoga style with deep stretching and relaxation. No prior yoga or weight training experience required. Bring an exercise mat (a few will be available for use), free weights - 2 to 5 pounds recommended (a few will be available for use), a water bottle and a towel (optional). Class taught by certified yoga instructor. No class 3/28.

Instructor: Jillian McCorison

3/14/2016—5/23/2016

Monday, 5:15 PM—6:15 PM

Minnehaha - Gym

\$60.00

YOUTH ACTIVITIES

YOUTH TRIATHLON, AGES 7-15

Join us for the 2nd Annual SR2 (Swim Ride Run) Two Harbors Youth Triathlon!

Saturday, June 11, 2016

Distance determined by age.

Two Harbors High School, 1640 Hwy 2, Two Harbors, MN

Swimming takes place in the THHS pool.

All participants receive a t-shirt and refreshments.

Medals to be awarded to the top three in each division



Age Division	Swim	Bike	Run
Ages 7-9	25 yards (1 pool length)	1.5 miles	1/2 mile
Ages 10-12	50 yards (2 pool lengths)	2.25 miles	1 mile
Ages 13-15	100 yards (4 pool lengths)	2.25 miles	1.5 miles
Ages 10-15 Elite	150 yards (6 pool lengths)	3 miles	1.7 miles

Schedule for the day:

7:30 a.m. - Same Day Registration & Athlete

Check-in begins at the THHS cafeteria

8:15 a.m. - Race Announcements

8:30 a.m. - Race Begins

10:45 a.m. - Awards and Recognition

The Youth Triathlon will be held rain or shine. Bike helmets and swim caps are mandatory. Athletes will be timed via chip timing for the Bike/Run portion (timed

together), and will be timed manually for the swim portion of the event.

\$20 advance, online registration closes at 8:00 am on Friday, June 10. Same day registration is available the morning of the event for \$30 per child. There are no refunds for this event.

Registered Participants come to THHS Door #14 for free swim practice before the event at the THHS Pool, the second and fourth Tuesday of each month, 6:30 - 7:30 p.m.

AGATE YOUTH FOOTBALL CAMP

For boys and girls entering grades K-6 this fall. Learn the fundamentals of football while having fun and improving yourself as a football player. You will receive instruction from the Agate Football Staff and Varsity Football Players. Equipment needed: shorts/sweats, T-shirt/sweatshirt, football cleats, water bottle and tennis shoes. In case of bad weather, meet in the THHS gym. Register by 6/9 to receive a camp T-shirt and to allow for proper planning. Fee includes T-shirt. ALL CAMPERS WILL NEED MEDICAL INSURANCE COVERAGE--NO EXCEPTIONS (forms available when you register online or in the Community Ed. office).

Instructor: Tom Nelson

July 25 - 28

Monday - Thursday, 4:00 PM—5:30 PM

THHS - Practice Field

\$40.00

BABYSITTER CLINIC

This class will provide participants with basic safety/ babysitting skills that will prepare them to stay home alone and to be a dependable, capable babysitter when the time comes. Participants will receive a certificate upon completion of class. Recommended for youth in grades 4-6. Bring a snack. You must register before you attend this class; class numbers are limited.

Instructor: Michelle Libby

May 9 & 10

Monday & Tuesday, 3:40 PM—6:30 PM

Minnehaha - Library

\$18.00

DRIVER EDUCATION - SUMMER CLASS

Thirty hours of classroom and six hours behind-the-wheel instruction for students 15 and up. Students who complete the full course will receive 1/2 high school credit (pass/fail) to qualify for Minnesota tax deduction and tax credit. No childish/immature behavior will be tolerated. Students must attend 30 hours of classroom. If one class is missed, a makeup session is scheduled. However, if more than one class is missed, the course will need to be retaken and no refund will be given. You must have your certified birth certificate and your

social security card with when you take your permit test. Please include the student's full legal name (first, middle and last) and birth date when registering. Call Community Education with questions, 834-8201, ext. 8230. At least \$200 is due at registration and the \$200 balance is due before the first day of class, or you can pay the full \$400 when you register. A payment of less than \$200 does not reserve a spot in the class. No refunds after two business days prior to the beginning of class. Parents are encouraged to register for the parent meeting on Wednesday, June 15, 6:00 - 7:30 PM. While it is not required that teens attend the parent meeting with their parent/s, it is strongly recommended; it does not count towards their required 30 hours of class time. Due to new legislation, if a parent does not attend this meeting, the student will be required to log more hours of supervised driving. Parents will receive a certificate which they will have to produce when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. A makeup day is scheduled for June 27.

Instructor: LeRoy Yoki

6/13/2016—6/27/2016

Monday - Friday, 8:00 AM—11:00 AM

THHS - Room 2205

\$400.00

DRIVER EDUCATION PARENT MEETING

The parent night for driver education is meant to educate parents on the laws regarding teen drivers, the risks involved related to driving and teens, and to equip parents with tools and strategies for a successful driving experience for them and their teens. While it is not required that teens attend the parent meeting with their parent, it is strongly recommended; it does not count towards their required 30 hours of class time. The Minnesota State legislature passed a new law – the Graduated Driver License (GDL) that changes the requirement for students and families in regards to Driver's Education. With the new law, there is a more stringent parent class time commitment (90 minutes) and the curriculum is specified. Certificates are awarded for completion of the Parent Session.

Attendance for a parent is optional, but if a parent does not attend, the newly required "log of supervised driving time" that you and your teen have to document will vary in time requirements. All teens will need to submit a log when they take their driver's test, however, fewer hours of verified driving are required for teens who have had a parent who has attended the parent session. There is no additional cost for the parent meeting, but registration is required.

Instructor: LeRoy Yoki

6/15/2016

Wednesday, 6:00 PM—7:30 PM

THHS - Cafeteria

No Charge

FLAG FOOTBALL, GRADES K-4

For all boys and girls entering grades K-4 this fall. Participants will meet at Odegard Field warming shack. ALL PLAYERS WILL NEED MEDICAL INSURANCE COVERAGE--NO EXCEPTIONS (forms available when you register online or in the Community Ed. office). Students can be dropped off at an "uptown" bus drop off if not riding with a parent. If you allow your child to walk, please talk to them about crossing at lights. We plan to have a game "under the lights" and also have the Flag Football players play at halftime of a varsity game(s)...date and time TBA. Please contact Coach Nelson, 834-8221 ext. 8407(w) or 830-8083 (c) with any questions. Fee includes T-shirt. Register by 6/9 to ensure time to order proper equipment and T-shirts. 9/06/2016—10/12/2016
Tuesday & Wednesday, 4:00 PM—5:30 PM
Odegard Park
\$50.00



GARDENING WITH KIDS

Are you interested in gardening with your kids? Learn how to get your kids involved in different types of gardening, why this is important, and how to make it fun for the family without feeling like a chore. We will explore fun ways to get all ages involved, understanding where our fruit and vegetables come from, and start growing something of your own through a hands-on activity. For adults and children; children must be accompanied by an adult. Register by 5/4.

Instructor: Jadell Cavallin

5/11/2016

Wednesday, 5:30 PM—7:00 PM

THHS - Cafeteria

\$14 for 1 adult & 1 child plus \$7 for each additional child

MAKE YOUR OWN PJ BOTTOMS, AGES 8 & UP

Make a pair of cute, easy pajama bottoms. For youth sizes bring 2 yards of cotton fabric; for adult sizes bring 3 yards. Also bring matching thread, scissors, tape measure. Bring your own sewing machine (if you have

one), or use one of the school's machines. Each youth must be accompanied by an adult. Class fee is \$14 per person (adults attending with children must register and pay also, but they can each make a pair of pajamas). Register by 4/20.

Instructor: Jan Ringer

April 26 & May 3

Tuesdays, 5:30 PM—7:30 PM

THHS - FACS Sewing Room 2301

\$14.00

MINECRAFT

Open to all ages, grade 2 and above. Minecraft is a sand-box style building game where players can interact with the environment to explore and build great structures. This class will focus on player interaction, teamwork and sharing. We will put special emphasis on how to interact with each other online in a safe and constructive manner. The students will be able to play and work together. Bring your own after-school snack. No class 3/30.

Instructor: Jake Clafin

3/23/2016—5/18/2016

Wednesday, 3:30 PM—5:30 PM

Minnehaha - Computer Lab 113

\$28.00

PONY FOOTBALL

For students entering grades 5 and 6 in the fall; 3rd & 4th grade students can play Pony instead of Flag Football if the student and parent(s) request it. Make arrangements for your child to be given a ride to practices or to take a bus from the Minnehaha or THHS to an uptown drop-off, unless you give your child permission to walk; please cross at the stoplights/crosswalks. Practice will begin Monday, Aug. 22, with a parent meeting and equipment handout. Games will be on Saturday mornings; a schedule will be available at a later date. Parents are responsible for transportation to and from games. The \$70 fee includes ALL equipment with the exception of football cleats, which you must supply. Your registration fee, insurance form, and physical form should be turned in to the Community Ed. Office by 6/9 to allow for planning and equipment purchases. Forms available when you register online or in Community Ed. office. Call Coach Nelson @ 834-8221, ext. 8407/cell # 830-8083 with any questions. Please contact Coach Nelson (218) 830-8083 with any questions.

8/22/2016—10/12/2016

Monday - Thursday, 4:00 PM—5:45 PM

Odegard Park

\$70.00



PRAIRIE FIRE CHILDREN'S THEATRE PRESENTS "PINOCCHIO"

For ages 7 - adult. From the Enchanted Forest of the Blue Fairy to the Isle of Fun, follow Pinocchio's adventures as he learns what it means to be a real boy. Up to 75 local people (youth and adults) are needed to play the roles of PINOCCHIO, the BLUE FAIRY, CRICKET, CAT, the SPIRITS OF THE FOREST, the

TOWNS FOLK, the VERMIN, the HOOLIGANS, and the PUPPETS Auditions will be held in the THHS Auditorium on Monday, June 13, 9:00 AM. Auditions will last approx. two hours, followed by a short rehearsal that will require only a portion of the cast. Rehearsals for the remainder of the week will be at 8:00 AM to 12:15 PM (this includes a 15 minute break), with slight variations on show days. Bring your own snack. YOU CANNOT AUDITION IF YOU ARE NOT REGISTERED. You must register no later than Tuesday, June 7. See page 23 for more information.

6/13/2016—6/18/2016
Monday - Saturday
THHS - Auditorium
\$20.00 (nonrefundable)

SUMMERBLUE ARTS

20th Annual Summerblue Arts, directed by Lon Church. A three week immersion in the arts! Boys and girls ages 7-17 can join the fun at Summerblue's 40 acre site, which features an outdoor stage and a big top tent, across from Flood Bay State Wayside near Two Harbors! Classes in dance, theatre, music, and visual arts will lead to an original production performed on the last two days of the program. Students bring their own lunch. Pre-registration is required, the deadline is Wednesday, 6/8. Registration is limited to 40 students this year; students must commit to the entire three weeks. See page 23 for more information.

Instructor: Lon Church
7/11/2016—7/30/2016
Monday - Friday, 9:00 AM—3:30 PM
Lon Church's Site at Flood Bay
TUITION: \$360, Siblings \$180



2016 YOUTH TRIATHLON

Saturday, June 11
THHS

All area youth are welcome to participate - grades 2 -8.

See registration information page 18.

I'MPOWER

OPENING DOORS TO BETTER PAYING JOBS, NEW CAREERS, COLLEGE CLASSES, AND BRIGHTER FUTURES!

ADULT EDUCATION CLASSES AND TUTORIALS

MON. — THURS., 9:30 A.M. — 4:30 P.M.
218-834-2280 ext. 3
AEOA Arrowhead Transit Building
2124 Tenth Street

GED PREPARATION
COLLEGE AND CAREER PREP
BASIC SKILLS BRUSH-UP
ENGLISH AS A SECOND LANGUAGE
CAREER ASSESSMENT
BASIC COMPUTER SKILLS



All classes offered at no cost to the student.
Visit us at: www.aeo.org

HELP YOUR SCHOOL RAISE MONEY!

Elementary students are collecting Coke caps, soup labels, and box tops for education to earn cash for our schools. The box tops are on hundreds of products found in the grocery store such as: General Mills, Betty Crocker, Pillsbury and Ziploc.

In Two Harbors, items can be brought to teachers at the Minnehaha.

Silver Bay PTO is also collecting:

- Our Family Brand barcodes
- Loaves for Learning labels for County Hearth and Village Hearth Breads
- Recycled ink cartridges
- Empty plastic cereal bags and liners, drink pouches, also personal and beauty care product packaging for the Terracycle program

In Silver Bay bring the items to the drop off location in the hallway near the Community Education office in the William Kelley School or Zups Grocery Store.

FINLAND COMMUNITY EDUCATION

FINLAND COMMUNITY EDUCATION



Welcome Finland Community Education! This new Community Education site was approved as a partnership between Lake Superior School District and the Clair Nelson Community Center at the November 2014 school board meeting.

Finland classes will be advertised in the Good News, on the CE website and on the Community Education and Clair Nelson Center FaceBook Pages. Check out their Saturday offerings!

BASIC WIRE-WRAPPING

Learn the basics of wire-wrapping pendants and cabochons using a variety of wire and tools. Students are invited to bring any pendant or cabochon for wire-wrapping. Students who take the Kiln-fused and Dichroic Glass class are encouraged to take this class as a follow-up. This is a three-hour workshop with all supplies furnished.

Instructor: Bonnie Warner

4/04/2016

Monday, 6:00 PM—9:00 PM

\$12.00

COMPUTER AND DEVICE CONFIDENCE

Over the course of 4 weekly sessions, students will get comfortable with their own laptop, smartphone, iPad, etc by having questions answered, guided exercises with internet, email, Facebook, and more. Customized to your skill level and interests. Students will work at their own pace to gain technological knowledge and confidence. Bring your own device.

Instructor: Cole Bauer

3/18/2016—4/08/2016

Fridays, 11:00 AM—1:00 PM

\$40.00

COMPUTER AND DEVICE CONFIDENCE II

Over the course of 4 weekly sessions, students will get comfortable with their own laptop, smartphone, iPad, etc by having questions answered, guided exercises with internet, email, Facebook, and more. Customized to your skill level and interests. Students will work at their own pace to gain technological knowledge and confidence. Bring your own device.

Instructor: Cole Bauer

4/22/2016—5/13/2016

Fridays, 11:00 AM—1:00 PM

\$40.00



INTRODUCTION TO PAPER CRAFTING I

This series of workshops will introduce all levels of paper crafter to the world of cardmaking. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently.

Instructor: Bonnie Warner

3/28/2016

Monday, 6:00 PM—8:00 PM

\$12.00

INTRODUCTION TO PAPER CRAFTING II

This series of workshops will introduce all levels of paper crafter to the world of cardmaking. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently.

Instructor: Bonnie Warner

4/25/2016

Monday, 6:00 PM—8:00 PM

\$12.00

INTRODUCTION TO PAPER CRAFTING III

This series of workshops will introduce all levels of paper crafter to the world of cardmaking. All students will have the opportunity to make 4 to 6 cards using different techniques introduced every month, including rubber stamping, watercolor, zentangle, color

technique, copic markers and more! All supplies furnished. Even though this class is within a series of classes each one can be taken independently.

Instructor: Bonnie Warner

5/23/2016

Monday, 6:00 PM—8:00 PM

\$12.00

KILN-FUSED AND DICHOIC GLASS

Learn how fun and easy it is to build custom glass pendants. Students will make two pendants of different colors. All supplies furnished. Finished product will be picked up the following week.

Instructor: Bonnie Warner

3/21/2016

Monday, 6:00 PM—8:00 PM

\$12.00

ORGANIC GARDENING BASICS

Explore the mystery of gardening along the North Shore of Lake Superior with practical information, skills and ideas. What soils do you have? Where do you get your seeds? How do you manage your weeds and pests? What crops should I grow and how do I harvest and use all that food? Learn intensive production techniques and plan out your next garden at this workshop. Seed catalogs if you have them. Garden maps if you have one.

Instructor: David Abazs

4/02/2016

Saturday, 9:00 AM—12:00 PM

\$20.00

SOAPMAKING

Learn how easy it is to make your own custom soaps. Add color and fragrance, and choose your shape for calming and soothing gifts, or just for you.

Instructor: Bonnie Warner

5/09/2016

Monday, 6:00 PM—8:00 PM

\$12.00

WILD EDIBLE MUSHROOMS WORKSHOP

Learn about the many different varieties of edible mushrooms in the Northland and how to identify which ones are considered safe and which are not. A colorful slide presentation, which will include photos from some of the instructor's published work, will accompany an in-depth discussion on the effective use of the Audubon field guide. Participants will be required to pre-purchase this book in ADVANCE of the workshop (approx. \$15 online from either Barnes & Noble or Amazon): The Audubon Society Field Guide to North American Mushrooms: Knopf; A Chanticleer Press edition (1981). Couples may share a single book.

Instructor: Mark Sakry

4/30/2016

Saturday, 9:00 AM—12:00 PM

\$24.00



Silver Bay PTO,
Silver Bay Marina and the City of Silver Bay

16TH ANNUAL

Lake Superior Salmon Classic Fishing Tournament

JULY 16TH & 17TH, 2016

FISHING TOURNAMENT - \$20.00 PER PERSON

Three Contest Divisions with 5 places in each Division: Coho Salmon - King Salmon - Lake Trout

RAFFLE TICKETS - \$5.00 EACH

\$1,500.00 in CASH PRIZES ~ Top Prize \$500.00 CASH

Plus numerous other cash & merchandise prizes! Need not be present to win

Visit www.silverbay.com/marina for more information

COMMUNITY EDUCATION CLASS REGISTRATION 2016

Enroll Online!
www.isd381.org

Registration may be made by phone, mail, in person or online. Visa and MasterCard are accepted for payment of class fees. When you pay for the class, you reserve your place in that class. You must register for every class. Failure to do so could result in its cancellation. **REGISTER EARLY, AS CLASSES FILL UP QUICKLY!**



course fees

Fees listed are payable to Community Education, not to the instructor. Don't forget you can register online for classes! Go to www.isd381.org, click on Community Education and then Classes & Registration.

school closings

On days schools are closed or released early for any reason, Community Education classes will not be held. THIS INCLUDES PRESCHOOL AND ECFE CLASSES.

course changes

Community Education reserves the right to drop any course offered because of insufficient registration. Courses may also be added or dropped after this publication. Check our updates online at www.isd381.org/communityed/html/index.html. Class cancellations/refunds must be made no later than the class registration deadline; or if no deadline is listed, a minimum of three business days prior to the first day of class.

locations and hours of CE offices

Two Harbors High School Door 17, 7:30AM-4PM (closed for lunch 12-12:30PM)

William Kelley School in Silver Bay, Noon - 4PM

Claire Nelson Center, Finland, MN, 10AM-4PM Tuesdays and Fridays

To register by phone, call Community Education:

834-8201, ext. 8230 in Two Harbors

226-4437, ext. 8137 in Silver Bay

353-0300 in Finland

To register online: www.isd381.org

 *Please check with your physician before starting any exercise program.*

PARTICIPANT PUBLICITY ACKNOWLEDGEMENT

Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names/photograph not to be used for publicity must notify Community Education in writing at the time of registration.

20TH ANNUAL

SUMMERBLUE ARTS

Lon Church, Director, Two Harbors, MN • Sponsored by Community Education

A three week immersion in the arts! Boys and girls ages 7-17 can join the fun at Summerblue's 40 acre site, which features an outdoor stage and a big top tent, across from Flood Bay State Wayside near Two Harbors! Classes in dance, theatre, music and visual arts will lead to an original production performed on the last two days of the program. Students bring their own lunch.

DATES: 3 weeks, July 11 - 30

HOURS: 9 AM - 3:30 PM, Monday - Friday

Final Presentations: Friday, July 29, 2:00 PM and Saturday, July 30, 11:00 AM

TUITION: \$360, Siblings \$180

Pre-registration is required, the deadline is Wednesday, 6/8.

Register online at www.isd381.org, or in the Community Education Office, 218-834-8201, ext. 8230.

**Tuition is tax deductible. For information about scholarships or to donate for scholarships, contact Community Education at 834-8201, ext. 8227.*

Registration is limited to 40 students this year; students must commit to the entire three weeks.



PRAIRIE FIRE CHILDREN'S THEATRE PRESENTS

Pinocchio

Now,
not just
for kids!

For ages 7-adult



Prairie Fire Children's Theatre comes to Two Harbors June 13-18

From the Enchanted Forest of the Blue Fairy to the Isle of Fun, follow Pinocchio's adventures as he learns what it means to be a real boy. Up to 75 local people (youth and adults) are needed to play the roles of PINOCCHIO, the BLUE FAIRY, CRICKET, CAT, the SPIRITS OF THE FOREST, the TOWNS FOLK, the VERMIN, the HOOLIGANS, and the PUPPETS

Auditions will be held in the THHS Auditorium on Monday, June 13, 9:00 AM. Auditions will last approx. two hours, followed by a short rehearsal that will require only a portion of the cast.

Rehearsals for the remainder of the week will be at 8:00 AM to 12:15 PM (this includes a 15 minute break), with slight variations on show days. Bring your own snack.

Prairie Fire Children's Theatre (or PFCT) is a profession touring theatre company based in Barrett, Minnesota and has been bringing a theatrical experience to communities across the upper Midwest since 1987. Prairie Fire tours a variety of original musical adaptations of classic tales.

The costs associated with bringing this program to Two Harbors have been covered mainly by grants.

Performances will be in the THHS Auditorium on Friday, June 17, 7:00 p.m. and Saturday, June 18, 11:00 a.m. Tickets will be sold at the door.

YOU CANNOT AUDITION IF YOU ARE NOT REGISTERED. You must register online at www.isd381.org or in the Community Education Office, no later than Tuesday, June 7. The registration fee is \$20 (nonrefundable).



I. S. D. #381 COMMUNITY EDUCATION

1640 HWY 2, SUITE 2001
TWO HARBORS, MN 55616

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ECRWSS
POSTAL CUSTOMER

Our Mission

Lake Superior School District will provide an educational environment encouraging lifelong learning, self-fulfillment and responsible citizenship.



Lake Superior School District Office
1640 Hwy 2 • Two Harbors, MN 55616 • (218) 834-8201 #8216 • www.isd381.org

- Home
- Calendar
- City of Silver Bay
- City of Two Harbors
- Food Service
- E-Mail Directory
- Employment
- Good News
- Library Resources
- Food Service
- NS Collaborative
- Nurse's Office

Two Harbors High School
Grades 6 – 12 • 1640 Hwy 2 • Two Harbors, MN 55616 • (218) 834-8201

Two Harbors Community Education (218) 834-8201 #8230

Minnehaha Elementary School
Grades PreK – 5 • 421 7th Street • Two Harbors, MN 55616 • (218) 834-8221

William Kelley School
Grades PreK – 12 • 137 Banks Blvd. • Silver Bay, MN 55614 • (218) 226-4437

Silver Bay Community Education (218) 226-4437 #8137
Finland Community Education – Clair Nelson Community Center
PO Box 582, 6866 Cramer Rd. • Finland, MN 55603 • (218) 353-0300