

GOOD NEWS

ABOUT A GREAT LAKE SUPERIOR EDUCATION



Photo by Emily Sunday

Burlington Beach



Fun & Games at KIDS & Co.



A2a comes to Silver Bay!

JANUARY 2017

IN THIS ISSUE:

THE HAS CLASS.....	2
NOTES FROM THE NURSE'S OFFICE.....	8
COMMUNITY CLASSES.....	11-22
AGE TO AGE: BRINGING THE GENERATIONS TOGETHER.....	23

*Next Issue –
March 2017!*

We're on 

Lake Superior School District Community Education

The HAS Class

For the past year and a half, Alister Olson has taught Human and Animal Systems at Two Harbors High School. Human and Animal Systems is a class that is funded through the generous support of Lake View Hospital, and is designed to introduce students to physiology, anatomy, and careers in the medical field. Throughout the semester long course, 9th and 10th grade students explore how human and animal bodies function, which includes investigations of the integumentary, musculoskeletal, digestive, circulatory, and respiratory systems.



In each unit, learning in the classroom is enriched by guest speakers and multiple field trips. Field trips include tours of the Lake County Ambulance Service, Two Harbors Veterinary Clinic, Lake View Medical Clinic, and Lake View Hospital. Lake View Hospital generally includes three separate visits—one to visit the Rehabilitation and Fitness Center, another to learn about CT scans, and a third to see the laboratory to learn about blood. These opportunities to interact with enthusiastic, knowledgeable professionals in the medical field have been critical for helping students learn. Additionally, feedback from students regarding the experiences has been extremely positive, and numerous students have stated increased interest in pursuing medical careers as a result.

So far this semester, students have already learned about the integumentary, musculoskeletal, and digestive systems. They are now on the circulatory unit, which began with us studying vials of dog blood donated by Two Harbors Veterinary Clinic. Last



month, Jim Lind, the laboratory coordinator at Lake View Hospital, presented to the class at the high school. This January, students will be traveling to the hospital to see Jim's laboratory, dissecting deer hearts donated by hunters at Two Harbors High School, learning about blood pressure and how to measure it from our school nurse, Sara Preston, visiting Two Harbors Veterinary Clinic, and completing research projects about various congenital heart defects. Needless to say, the HAS students will be busy between now and the end of the semester! When the second semester does start in late January, a group of different students will file in, and the class, with its many experiences, field trips, and topics, will begin anew.

“Lake View Hospital & Clinic, at the direction of its Board of Directors, are pleased to continue our financial support of the Human & Animal Systems class at Two Harbors High School. This collaboration provides high school students with a diverse education in the life sciences and introduces them to various professions in the health care field. We are happy to support this exciting partnership and we hope to employ some of these students as our future physicians, nurses, physical therapists, radiological technologists, or laboratory technologists.”

– GREG RUBERG, LAKE VIEW PRESIDENT/CEO



LAKE SUPERIOR SCHOOL DISTRICT

MESSAGE FROM THE SUPERINTENDENT FOR LAKE SUPERIOR SCHOOL DISTRICT



William Crandall

Lake Superior School District will have a new leadership team starting in January. We retained three of our current school board members with four new members elected in the fall. We welcome back to the school board Mark LeBlanc as one of the new school board members, who will be representing a new area of the school district. Al Ringer from the Brimson area will be new to the school board along with Jamie Harthan from the City of Two Harbors. Representing the city of Silver Bay will be Crystal LeBlanc who was appointed back in September to the board and was then elected in the fall. Welcome new School Board members to the Lake Superior School District.

With this turn over on the school board, we are also saying goodbye to members with many years of experience. For 12 years, Cyndi Ryder served in many positions during her time on the board, including chairperson. Dwight Moe served eight years as a board member. Dwight also held the chair position during his tenure on the school board. Shannon (Fabini) Klinker served for four years and held the treasurer role during her time on the board. We want to thank this group of dedicated School Board members for their voluntarism and giving back to the school district.

We are heading into the second half of the school year. It is time for the juniors to start preparing for college entrance exams. All the 11th graders will be taking the ACT college entrance assessment this spring. All secondary students will be registering for their courses for next year at the high schools. This is a great time to discuss the future with your child in determining what classes will best meet their individual needs for graduation and their future post high school plans. Our school counselors are available to assist you and have a wealth of information to provide assistance in planning for the future of your children.



Thank you for your service! Outgoing School Board members: Shannon (Fabini) Klinker, Cyndi Ryder & Dwight Moe.

Robotics starts the first week of 2017 and goes into February. This is a great activity that is offered to our students in our high schools. Our Robotics programs have seen great success over the past few years. If you have the opportunity to see our district's robotic teams in action, please do so. These are excellent events to watch.

Both high schools will have One Act Plays this winter. Connect with the high schools to attend one of the performances. Our band and choir students perform throughout the school year providing concert opportunities for community enjoyment. Plan to visit the schools for these great performances.

Our teachers continue to focus on the students that attend our schools. They are working on analysis of student data to base instructional decisions. The student data coming from the classrooms throughout the school year provides teachers great information in determining what is taught in the classroom. The teachers want to know what students already know and what they need to learn. The teachers can then plan lessons to meet the needs of both the class and the students specifically.

If you have any questions, suggestions or concerns regarding the schools of the district please contact Lake Superior School District office at 218-834-8201 or by email at bcrandall@isd381.org.

INDEX

- The HAS Class 2
- Superintendent Message... 3
- Bulletin Board 4
- AEOA Adult Education..... 5
- Help Your School
- Raise Money..... 5
- Late Starts Due to Weather.. 5
- Counselor's Corner..... 6
- Upcoming Events..... 7
- Just Kids Dental..... 7
- Notes from the Nurse's Office..... 8
- Seeking Community Education Instructors..... 8
- That's Community Ed..... 9
- ECFE..... 10
- Silver Bay
- Community Classes... 11-13
- Community Ed.
- Class Registration 14
- Two Harbors
- Community Classes... 15-20
- Wildlife Rehabilitation... 20
- Finland
- Community Classes... 21-22
- Two Harbors Winter Frolic... 22
- Age to age: Bringing the Generations Together 23

facebook

We would Love for you to "LIKE" us.
For the latest happenings for Community Education, check out our facebook page!
We encourage you to post, comment, like and share our site.
<https://www.facebook.com/#!/LSSDCE>
Make us your resource for information!

It is the policy of the Lake Superior School District No. 381 not to discriminate on the basis of disability, sex, race, color or national origin in its educational programs, activities, or employment policies.



Bulletin Board



E-STORE

Parents can pay for K-12 lunch and high school activity fees online at www.isd381.k12.mn.us – click on e-Store.

DISTRICT SPELLING BEE – *Mark your calendar!*

Lake Superior students in 5th – 8th grade will participate in the Minnesota State Spelling Bee. Winners from each school will participate in the District Spelling Bee, which will be held at the William Kelley Schools on January 10th at 9:30 a.m. in the auditorium. The top 4 winners will advance to the Regional Spelling Bee in February. The District Spelling Bee is open to the public; please join us for this fun event.

HOME-SCHOOL STUDENTS

Home-school students must register with the Lake Superior School District and have their immunizations on file. To receive the paperwork necessary to register your children, please call the District Office at 834-8201, ext. 8216.

SCHOOL BOARD MEETINGS

School board meetings are regularly scheduled for the second Tuesday of each month at 6:00 PM. Any individual or group wishing to address the School Board, must contact the District Office at (218) 834-8201, ext. 8216 no later than 3:00 PM, four business days prior to the meeting you wish to attend.

ANNUAL REPORT ON CURRICULUM WORLD'S BEST WORK FORCE

The World's Best Work Force report can be found on the district website: <http://www.isd381.k12.mn.us/> Click on District Office, click on Reports, and look for World's Best Work Force.

ANN WOOD COMMUNITY EDUCATION FINE ARTS SCHOLARSHIP

This scholarship (up to \$2,000) is awarded yearly to help students pursuing careers in fine arts (**applicants not pursuing a career in fine arts are ineligible**). For more information call Community Education in Two Harbors at 834-8201, ext. 8230 or in Silver Bay 226-4437, ext. 8137. You may pick up an application form at either the Community Education Office, the Guidance Offices at Kelley High School or Two Harbors High School, or on the web at <http://www.isd381.k12.mn.us/CommunityEd/AWoodsApp.pdf>. **Applications must be received by either Community Education office no later than March 30.**

AEOA Adult Education



Class sites conveniently located throughout the region.

Call for a class time and location near you:
800-662-5711 ext. 2112

All classes are offered at no cost to students.

- GED preparation
- College preparation
- English as a Second Language
- Basic skills brush-up
- Career assessment
- Basic computer skills

We now offer a Distance Learning option for GED students!



HELP YOUR SCHOOL RAISE MONEY!



Elementary students are collecting Coke caps and Box Tops for Education to earn cash for our schools. The box tops are on hundreds of products found in the grocery store such as: General Mills, Betty Crocker, Pillsbury and Ziploc.

In Two Harbors, items can be brought to teachers at the Minnehaha.

Silver Bay PTSO is also collecting:

- Our Family Brand barcodes
- Zups Grocery Store receipts for the Tools for Schools Program

In Silver Bay bring the items to the drop off location outside the Community Education office in the William Kelley School or Zups Grocery Store.

IMPORTANT!

Late Starts Due to Weather

Parents: Please be aware that we will be utilizing a calling system to notify you of school closings and other important information.

If the early morning weather is questionable we may announce a two (2) hour late start.

Please plan accordingly with your day care providers and family caretakers.

Notification will take place between 5:00 and 5:45 AM. We also report to local media.

In addition, it is important to know that as a parent, if at any time you feel the weather situation would put your child at risk, you can keep them home without an absence deduct.

If you have any questions, feel free to call to discuss them with your child's building principal.

UPCOMING EVENTS:

TWO HARBORS HIGH SCHOOL REGISTRATION FOR 2017-2018

Believe it or not, the registration process for the 2017-2018 school year will soon be here!! Students entering grades 9-12 will be receiving information about high school registration in later January and registration conferences are scheduled for Monday, February 13th, from 5:00 – 8:00 p.m. As decisions regarding courses are very important both to students' progress towards graduation and their futures after high school, the district highly encourages parent involvement in the registration process. Also, it is important that students carefully consider their registration choices as changes to class schedules are very limited after spring registration. Please mark the date for registration conferences and plan on attending.

WILLIAM KELLEY REGISTRATION FOR 2017-2018

The date has yet to be determined. All 7-11 grade students will meet with their counselor to create a schedule for the next school year. Students will be given a registration packet along with a scheduling form. The student, along with the counselor, will create a schedule. Once a schedule is created, the student will take the registration form home for parents/guardians to review and sign. The student will return to school with the form and enter his or her schedule for the next school year. More information will be made available closer to the registration date.

GENERAL REMINDERS:

ALL PARENTS:

We are approaching the end of Semester I and it is very important that students complete all their classroom assignments/projects and study for their exams, so that they earn passing grades in all of their classes. If your student is in jeopardy of failing a class, or you have any

concerns about their academic progress, you should contact their teacher(s) or the Guidance Office immediately. All of the teacher contact information is available on the school website at www.isd381.k12.mn.us. You may also call the main high school office at THHS, 834-8201 ext. 8201; or KHS, 226-4437, ext. 8102 if you need assistance contacting a teacher.

PARENT PORTAL

Many of you already access the Parent Portal, which is a GREAT way for you and your student to stay current on academic progress. We encourage any of you who have not yet accessed the Parent Portal to email either Shawn Goette at KHS (sgoette@isd381.k12.mn.us), or Kris Lee at THHS (klee@isd381.k12.mn.us) to receive your initial password and instructions for accessing the Parent Portal.

ATTENTION SENIOR PARENTS AND STUDENTS!

It is particularly important that senior students pass all of their classes this year. If a student does fail a Semester I class, they should see Ms. Persons in the THHS Guidance Office, 834-8201 ext. 8206, or Michelle Gagnon at KHS, 226-4437, ext. 8134 IMMEDIATELY to discuss ways to make up the credit.

There will be many deadlines coming up for seniors in the next several months. It is important that students check the daily announcements for various scholarship and graduation information. Daily announcements are read in homeroom, posted on the parent portal and posted outside of the main office each day.

Finally, students and parents are reminded that in order for students to participate in the graduation ceremony on June 2nd, **ALL** required coursework for graduation must be successfully completed by the last day of classes for seniors.

TEST DATES

View the full testing schedule for 2016-2017 on the district website: www.isd381.org

CALENDAR LAKE SUPERIOR SCHOOL DISTRICT

JANUARY

- 2 No School
- 3 School Resumes
- 10 Lake Superior Schools Spelling Bee at WKS Auditorium, 9:30 AM
- 19 Semester Ends
- 20 Teacher Workshop
- 28 One Act Play at THHS

FEBRUARY

- 4 One Act Play at THHS
- 8 Community Education Advisory Council Meeting, THHS & WKS, 12:00 PM
- 13 THHS Registration Conferences, 5:00 – 8:00 PM
- 20-24 Schools Closed, Winter Break

MARCH

- 1 WKHS Music in Our Schools Concert
- 6-9 Minnehaha PTA Book Fair, Public is Welcome
- 14 THHS Choir Concert, Grades 7-12
- 16 THHS Grammy Band Concert

For complete calendar (including sports) visit www.isd381.k12.mn.us.
Click on your school – online calendar near top of page.

2016-2017 SCHOOL-BASED DENTAL PROGRAM



DEAR PARENT/GUARDIAN:

Did you know an oral health program is available at your child's school? Just Kids Dental has partnered up with your school district at no charge to provide oral health education and preventive services to underserved children at your child's school. This program focuses on economically disadvantaged children enrolled in Medicaid and low-income children without any insurance coverage per available limited grant funding. Just Kids Dental services are available to all children who wish to participate regardless of insurance status or ability to pay and does not single out specific children. Families covered under private insurance are encouraged to continue all care at your established family dentist. **A parental consent MUST be completed in INK and returned to school immediately before your child may receive services.** Complete a SEPARATE form for EACH eligible child.

"By coming in to the school, Just Kids Dental helps students remain healthy, stay in school so they can learn and develop lifelong healthy habits. Just Kids Dental's staff is kind, patient and gentle. They make the experience fun and students walk away feeling better and successful! We are extremely fortunate to have Just Kids Dental provide this valuable and health giving service to our students." Bill Crandall, Superintendent, Lake Superior School District

Visit your school secretary or nurse to pick up a Just Kids Dental consent form to enroll in the program.

P.O. Box 146
Two Harbors, MN 55616

Phone 218.206.4327



justkidsdentalinc.org

Services provided by a Registered Dental Hygienist include:

- Oral Hygiene Instruction
- Screening
- Dental Cleaning
- Fluoride Application (helps keep teeth strong & prevent cavities)
- Sealants (if needed) A sealant is a thin, plastic, coating that is painted on the chewing surfaces of the back teeth to form a shield over the tooth to prevent cavities
- Oral Health Kit which includes: age appropriate toothbrush, toothpaste, floss and sticker or pencil



Services available to children at Minnehaha Elementary (PK-5) and William Kelley Schools (PK-12)

NOTES FROM THE NURSE'S OFFICE:



OR



, YOU CHOOSE

Winter is here and we want everyone to be safe and stay healthy! Personal care is so important to prevent illness: frequent hand washing, covering your sneeze/cough, staying home when you're ill and keeping your distance from those who are ill will help. So are all of those healthy habits that strengthen the immune system so your body can fight off the many germs you encounter every day.

- Eat **healthy meals** most days of the week and **drink plenty of water** every day.
- Get 7-10 hours of sleep **every** night.
- **Stay active!** Sign up for a Community Ed class to keep you moving.

Don't forget to call the school when your child will be absent due to illness. If you are leaving a message, we ask that you include your child's symptoms. This helps us track illnesses so we can notify families if there is an outbreak of a particular disease. Thank you!

Interested in helping to create a healthier community?

The Lake Superior School District Wellness Committee is looking for a few new members. We need members to review school health assessments and prioritize healthy goals to amend the district Wellness Policy. If you are interested in learning more please contact Sara Preston at 218-834-8201 ext 8212 or by email at spreston@isd381.org or Tracy Gilsvik at 218-834-8520 or by email at tracy.gilsvik@co.lake.mn.us.

Be Ready! Winter Weather

https://www.cdc.gov/phpr/documents/beready_winter.pdf

Seeking Community Education Instructors



Do you have a talent you would enjoy sharing with others? Community Education classes are taught by members of our community who are willing to share what they are passionate about. You may volunteer or be paid to teach the class, plus you will introduce new hobbies to your friends and neighbors.

Please call Sandi in Two Harbors at 218-834-8201, ext. 8230; or Jaime in Silver Bay at 218-226-4437, ext. 8137 or or honor at Finland Community Center at 218-353-0300 to schedule a class for this spring.

All spring classes must be submitted by January 18th.



COMMUNITY EDUCATION ADVISORY COUNCIL

The Community Education Advisory Board meets four times a year. We welcome your ideas, suggestions, concerns and questions. Our meetings are open to the public. Please call Sandi at 834-8201, ext. 8230 or Jaime at 226-4437, ext. 8137 if you would like to attend a meeting.

Current Council Members:

Debbie Alm	Karen Tucker	Tom Clifford
Shelby Wrege	Maggie King	Mary Aijala
Deade Johnson	Jan Ringer	Barbara Houle Schwanke
Greg Hansen	Tom Burns	Michelle Backes-Fogelberg
Paul Borg	Dick Sigel	

The Advisory Council provides input and advice to the Community Education Department. Community Education offerings include: after school programs, adult education, youth activities, community use of school facilities, early childhood family education, preschool and more. If you are interested in becoming a council member or would like more information, please contact Chris Langenbrunner, Community Education Director at 218-834-8201, ext. 8227.

IS YOUR CHILD 3 ½?

Early Childhood Screening Required

The free screening includes:

- Vision and hearing screening
- Height and weight measurement
- Review of immunizations
- Standardized developmental screening

Please note: Minnesota law requires a developmental and health screening for all children before enrolling in kindergarten; however, earlier screening allows children to access district programs prior to kindergarten if needed.

This 5 minute video offers parents a helpful overview of what Early Childhood Screening entails.

<http://education.state.mn.us/MDE/Video/?group=Communications&id=MDE059187>

Note: it does not work in Safari, but works in all other browsers.



KIDS & CO. CHILD CARE IN TWO HARBORS

All children in preschool through fifth grade, who need supervision before or after school, are invited to become part of KIDS & Co., the district's child care program at the Minnehaha School.



Hours are 6:00 AM - 6:00 PM, Monday through Friday, except national holidays. An hourly fee is charged. For more information, **contact Coordinator, Jody Zastera at 834-8221, ext. 8423, OR by e-mail: jzastera@isd381.org**

NEED TO USE A SCHOOL FACILITY FOR A MEETING OR EVENT?

Facility Scheduling is now paperless! Requests should be made online.

To become a requester: <http://fsisd381.rschoolday.com/authentication/credential/requesterlogin>

Questions? Please call the Community Education office, 218-834-8201, ext. 8230, or 218-226-4437, ext. 8137.

CENSUS UPDATE

- Are you new to Lake Superior School District with an infant or preschooler?
- Do you have an addition to your family?
- Have you moved?

To update your family account and to verify that your family is included in the current school district census statistics, call 834-8201, ext. 8230 or 226-4437, ext. 8158. It is important that you don't miss out on special communications mailed to families with preschoolers.

WALKING FOR YOUR HEALTH: SCHOOL HALLS SERVE AS WALKING ROUTES

If slippery winter conditions have forced you to eliminate walking as an exercise, the Minnehaha School and THHS in Two Harbors and WKHS in Silver Bay could provide an option. Walkers are welcome to use school halls for exercise Monday through Thursday, 4:00-7:00 p.m. The buildings will not be open on school holidays. **Clean walking shoes are required. Please note: Strollers are now allowed, but for safety reasons running or jogging behind strollers is not allowed.** Your \$3 annual fee (payable in the Community Education office), covers the cost of a walker ID badge and lanyard. *If you purchased a badge in the past, please bring it in to get your new **free** pass card.*

YOU CAN REGISTER ONLINE FOR COMMUNITY EDUCATION CLASSES!

Signing up for Community Education classes is EASY! Scan the QR code below with your smartphone, or go to our Web site at www.isd381.k12.mn.us and click on Community Education.

Then click on the Classes & Registration button on the navigation bar. There you can view the current class schedule, choose a class and pay for it using you debit or credit card. It's that easy and convenient. Sign up today!



ECFE GYM NIGHT

Join us to play in the gym! Run, jump, throw, pedal and exercise. Everyone with children ages one to pre-kindergarten five is welcome. You do not need to be registered for ECFE to attend Gym Night. The fee is \$1 per child.



Two Harbors

Minnehaha Gym
Wednesdays 6:30-7:30 PM
January 18, 25
February 1, 8, 15
March 1, 8, 15, 22, 29

Silver Bay

William Kelley Elementary Gym
Wednesdays 6:30-7:30 PM
January 4*, 11, 18, 25
February 1, 8, 15
March 1, 8, 15, 22, 29

*The first night of Gym Night, January 4, in Silver Bay will feature Play as You Grow with Mr. Pelkey. Play and learn how important movement is for brain development.

ECFE PLAY AND LEARN IN TWO HARBORS

Join us to play, learn and make new friends in the ECFE room. Please see the ECFE Newsletter for more information.

THHS room 2210
Tuesdays, 9:30-11:30 AM
January 3 - May 2
No Play and Learn: February 21

ECFE MIXED AGE SESSIONS

Please join us for ECFE, all families are welcome! Please see the ECFE Newsletter for more information. Registration is required for Mixed Age Sessions.

Session Dates:

Sessions resume the week of January 16 through May 1, 2017. Full year registration was available in the fall; however we are offering mid-year registration for the last 15 weeks. We have a limited number of spots available in each session.

Silver Bay Sessions - WKS room 104

Mondays 6:00-7:30 PM
Tuesdays 9:00-10:30 AM
Tuesdays 11:00 AM -12:30 PM

Two Harbors Sessions - THHS room 2210

Tuesdays 6:00-7:30 PM
Wednesdays 8:30-10:00 AM
Wednesdays 10:30 AM-Noon

Registration is open. You may register online for fastest service or stop in to register. Payment or fee waiver is due when you register. Payment may be made with cash, check, MasterCard or Visa debit or credit card.

Register online at www.isd381.org Look under the Community Education tab for classes and registration. In Silver Bay register online or in the ECFE room 104 or call 218-226-4437 extension 8158. Please have payment info ready when you call. In Two Harbors register online or stop in the Community Education office in THHS.

Fee scale Winter 2017

Income	Fee
Up to \$20,000	\$25
\$20,001-\$35,000	\$35
\$35,001 - \$50,000	\$45
\$50,001 - \$75,000	\$55
\$75,001 & up	\$70

NEW BUDS – ECFE INFANT SESSION ECFE PHONE NUMBERS:

Babies do not come with instructions! A wealth of information is shared at the hospital, but it can be hard to know what questions to ask until you & your baby are at home. We are here to help. Join ECFE for a 4 week session focusing on parents & infants ages birth to nine months of age. Expecting parents are also welcome.

Classes will be held in the ECFE parent room #201 in William Kelley School with sibling care in the ECFE children's room #104.

Class time: 10:00-11:00 AM

Ages: parents and infants ages birth to 9 months

Session dates: Thursdays, March 16, 23, 30 & April 6

Register at: www.isd381.org

Sibling care is available. Please register for sibling care when you register for New Buds.

The fee for New Buds is \$20. This fee includes all four classes and sibling care. The fee can be waived upon request.

ECFE Contact information:

ECFE in Silver Bay

William Kelley School #104
137 Banks Blvd.
Silver Bay, MN 55614
218-226-4437 ext. 8158

ECFE in Two Harbors

Two Harbors High School #2210
1640 Hwy 2
Two Harbors, MN 55616
218-834-8201 ext. 8362

SILVER BAY COMMUNITY EDUCATION

AFTER SCHOOL ACTIVITIES

Classes listed below will be offered after school. Please note individual class dates. Students will sign in after school in the cafeteria and have a snack that is provided. They will then go to their respective class from 3:30-5:00, and may not leave until 5:00 unless picked up by a parent/guardian. **Transportation, snacks, and supplies are provided by a grant from the Silver Bay Area Charitable Fund (Duluth Superior Community Foundation).** Students who need transportation home must sign up by noon each day if they need transportation. Sign up will be outside the Community education Office. **Classes are listed at the reduced price due a donation from the Silver Bay PTSO.**

HOMEWORK HELP, GRADES 1-6

Designed for students in grades 1-6 needing help with their homework. Will meet Mondays, from 3:30 - 5:00 in the Elem. Computer Lab Room 101 during the After School Program. They must stay until 5:00, unless picked up by a parent. No fee. No need to pre-register. Each day of attendance, students must sign-up by noon outside the Community Education office. 01/23/2017-03/13/2017
Mondays, 3:30 PM—5:00 PM
No Fee

CERAMIC COMEDY CHARACTERS, GRADES K-6

Come and paint a cartoon character! On the first day of class they will have the opportunity to choose from a variety of pottery cartoon characters to paint. They will have 2 classes to complete their project. By the end of the second class they will be able to bring their completed pottery piece home. All materials are included in the class fee. Class is offered by Studio 29:11.
Instructors: Barbie Hyde, Beth Pelto
01/24/2017-01/31/2017
Tuesdays, 3:30 PM—5:00 PM
Multi-Purpose Room 04
\$10.00



PAINTING PET PALS, GRADES K-6

Paint your favorite pet! On the first day of class they will have the opportunity to choose from a variety of pottery pets to paint. They will have 2 classes to complete their project. By the end of the second class they will be able to bring their completed pottery piece home. All materials are included in the class fee. Class is offered by Studio 29:11.
Instructors: Barbie Hyde, Beth Pelto
02/07/2017-02/14/2017
Tuesdays, 3:30 PM—5:00 PM
Multi-Purpose Room 04
\$10.00



AFTERSCHOOL SWIM WEDNESDAYS, GRADES K-6

Splash and have fun with your friends. Bring your suit and towel. Must wear a swim cap. PLEASE NOTE THERE ARE 3 NO CLASS DATES ON: Feb 1 and 22, March 1
Instructor: Jamie Gnerer
01/25/2017-03/15/2017
Wednesdays, 3:30 PM—5:00 PM
WKHS Pool
\$10.00

SEWING, GRADES 2-6

What if you wanted to fix a parachute, make a backpack or sew clothes? Somewhere along the line you will have to learn the basics of sewing, how the machine works, basic stitches and how to read or create a pattern. These are a few things we will focus on in this class as we work on a basic project of a bag/tote with pockets, which can be used for tools or toys. This class is geared for both girls and boys.
01/25/2017-02/15/2017
Wednesdays, 3:30 PM—5:00 PM
Multi-Purpose Room 04
\$14.00

UKRAINIAN EGGS, GRADES K-6

Learn the basics of Ukrainian egg making. Have fun making your very own Ukrainian egg, using traditional tool and materials.
03/01/2017-03/15/2017
Wednesdays, 3:30 PM—5:00 PM
Multi-Purpose Room 04
\$10.00



BEGINNING CRIBBAGE, GRADES 4-6

Learn cribbage terms, how to shuffle and count your cards, peg and strategize to win! NO CLASS ON Feb. 23
Instructor: Cara Curry
01/26/2017-03/16/2017
Thursdays, 3:30 PM—5:00 PM
Library WKHS
\$5.00

ARTS, CRAFTS AND HOBBIES

CARD-MANIA ESCAPE

Do you ever just want to close your eyes and blink yourself into a fun day away from it all? Well this is your day! Come on in to the William Kelley School Library on the 3rd Friday of each month to just sit and make cards...all sorts of cards. Fun cards, sympathy cards, artistic cards, abstract cards will all be there in baskets just waiting for you to add your creativity and handmade touch! Students can work at their own pace, pick the cards they want to make and just let the "zen" of card making take you away. Each month there will be different baskets to choose from and all supplies are provided - just come sit down with a smile and let the art take you away. Please register for each date attending.
Instructor: Bonnie Warner

Card Mania Escape 1
1/20/2017
Friday, 10:00 AM—2:00 PM
Library WKHS
\$25.00

Card Mania Escape 2
2/17/2017
Friday, 10:00 AM—2:00 PM
Library WKHS
\$25.00

Card Mania Escape 3
3/17/2017
Friday, 10:00 AM—2:00 PM
Library WKHS
\$25.00

FABRIC FLOWERS

Wash away the winter blues with a beautiful silk flower on your winter coat lapel or pinned on your snow-suit! Come learn how fun and easy it is to create wonderful silk and fabric flowers using die cuts, various fabrics and flower patterns to pin on your clothes, wear in your hair or add to embellish

gift bags and boxes. We will create 3-5 different NO-SEW flower types that will keep you busy until real flowers bloom in your garden!

Register by 1/23

Instructor: Bonnie Warner

1/27/2017

Friday, 10:00 AM—2:00 PM

Library WKHS

\$25.00

PAINT YOUR OWN "BARN" QUILT

You don't have to own a barn, or know how to paint or quilt!

You will learn how to paint a

24" X 24" outdoor quality Barn Quilt to hang on your barn, garage, shed, fence, outhouse, garden gate or just prop it on your porch!! You choose the pattern! In just a few short hours, you will have a prized conversation piece! \$25 materials fee payable to instructor at the beginning of class. It includes a 2' X 2' exterior board that has been primed both sides and edges 2-3 times with Kilz primer, over 60 fabulous colors of high end exterior Behr paint, frog tape, foam rollers and brushes, dozens of quilt block patterns to choose from, pencil, ruler, apron; everything you will need to create your masterpiece. Bring a hair dryer to class. Register by 1/24.

Instructor: Cyndi Buchholz

1/31/2017

Tuesday, 5:30 PM—9:30 PM

WKHS - Art Room 205

\$48.00

CARDS FROM THE NORTHSHORE

The North Shore is considered "God's Country" to the many tourists that visit and McRice Papers from Lutsen have captured this beauty in their collage papers. This workshop takes this paper and creates a stack of cards with a variety of shapes and folds that can be used for any occasion. We will incorporate various card templates as well as just embellishment tricks that make your cards one-of-a-kind Lake Superior originals!

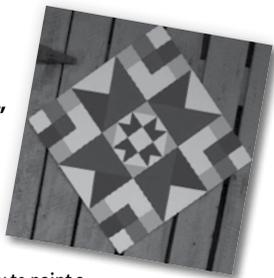
Instructor: Bonnie Warner

2/3/2017

Friday, 10:00 AM—1:00 PM

Library WKHS

\$25.00



HIGH SCHOOL SENIOR SCRAPBOOKING

SENIORS!! Graduation is just around the corner and you will be wishing you had your scrapbook done for your senior banquets and graduation parties! You never know what naked baby pictures will show up if you make your mom do it at the last minute so this is your chance to get it done in plenty of time! All supplies including a scrapbook will be provided, various school logo and borders to embellish and instruction on how to create a keepsake album that is unique to YOU!

Instructor: Bonnie Warner

3/3/2017

Friday, 10:00 AM—1:00 PM

Library WKHS

\$25.00

GENERAL INTEREST

DRIVER IMPROVEMENT 4-HOUR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky

1/17/2017

Tuesday, 5:00 PM—9:00 PM

Library WKHS

\$22.00

DRIVER IMPROVEMENT 4-HOUR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky

2/1/2017

Wednesday, 5:00 PM—9:00 PM

Library WKHS

\$22.00

DRIVER IMPROVEMENT 4-HOUR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky

2/15/2017

Wednesday, 5:00 PM—9:00 PM

Library WKHS

\$22.00

DRIVER IMPROVEMENT - 8 HOUR

This driver improvement course is the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky

03/22/2017-03/23/2017

Wednesday and Thursday, 5:00 PM—9:00 PM

Library WKHS

\$26.00

HEALTH/SAFETY/WELLNESS

ESSENTIAL OIL ROLLER BAR

Let the good times roll!! Join us to learn more about essential oils and how to use them to improve your health and wellness. We will be making three different roll-ons during the class that you can take home with you. Materials included in the price of the class.

Instructors: Tina Goutermont, Jenny Goutermont, Jenn VanHouse

2/1/2017

Wednesday, 6:00 PM—7:00 PM

FACS Room 115

\$18.00

UNDERSTANDING EPILEPSY AND ITS IMPACT

Whether you work with people, know someone with epilepsy, or have epilepsy, this training is for you. Learn what epilepsy is, what seizures are, the most common types of seizures, the appropriate response to each type of seizure, when a seizure is a medical emergency, causes, triggers, treatment options, and the impact that epilepsy has on individuals. 1 out of 10

people will have a seizure at some point in their lifetime, and 1 out of 26 people will develop epilepsy. Although epilepsy is common, there is still a lot of stigma associated with epilepsy. We will explore the correlation between epilepsy and mental health. Tracy, Desiree, and Lisa will each share some of the challenges and celebrations they have faced while learning to find hope in midst of dealing with seizures. Light refreshments will be provided. Instructors: Desiree Gregorich, Tracy Jacobsen, Lisa Peterson
2/16/2017
Thursday, 6:00 PM—8:00 PM
Library WKHS
\$5.00

MEDICARE A THROUGH D

Participants will learn about the multiple parts of Medicare, discuss the costs, coverage, as well as how and when to enroll in Medicare. Other subjects covered in the class include: Medicare Savings Programs, Medigap policies, Part D prescription drug plans, other insurances such as employer and COBRA as well as some general information on Veterans benefits. Additional information will be provided about prescription cost assistance programs, preventive coverage, resources such as www.Medicare.gov, www.MinnesotaHelp.info and the Senior LinkAge Line®.
Instructor: Kathryn Kuhlmeier
3/15/2017
Wednesday, 5:00 PM—7:00 PM
Library WKHS
\$5.00

POOL ACTIVITIES

EARLY MORNING LAP SWIM M, W

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG. 14 CLASS DATES. NO CLASS ON Feb. 20 and 22.
Instructor: Lares McKinney
01/23/2017-03/15/2017
Mondays and Wednesdays, 6:45 AM—7:30 AM
WKHS Pool
\$70.00

EARLY MORNING LAP SWIM THURSDAYS

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG. 7 CLASS DATES. NO CLASS ON Feb. 23rd.
Instructor: Lares McKinney
01/26/2017-03/16/2017
Thursday, 6:45 AM—7:30 AM
WKHS Pool
\$35.00

EVENING LAP SWIM

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG. 14 CLASS DATES. NO CLASS ON Feb. 20 and 22.
Instructor: Marty Duchscher
01/23/2017-03/15/2017
Mondays and Wednesdays, 5:00 PM—5:45 PM
WKHS Pool
\$70.00

SPORTS AND EXERCISE

WALKING FOR YOUR HEALTH

Walkers are welcome to use the William Kelley School halls for exercise Monday through Thursday 4:00 - 6:00 PM. The buildings will not be open on school holidays. For safety purposes, running/jogging and strollers are not allowed. Use the front, main entrance doors when entering the buildings. Clean walking shoes and an ID badge are required. There is a \$3 fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office). If you purchased a badge in the past, please bring it in to get a new free pass card.
01/23/2017-03/16/2017
\$3.00

PICKLE BALL

Pickle Ball is primarily a racket game that combines ping pong, badminton, and tennis; this is an easy racket game for older adults. NO CLASS ON Feb. 20.
Instructor: Dean Zeitz
01/23/2017-03/13/2017
Mondays, 6:30 PM—8:00 PM
Gym - WK Elementary
\$15.00

CO-ED VOLLEYBALL

Whether you are a student or an adult, whether you know how to play the or not, come spend your Wednesday evenings playing this fabulous lifetime sport! Must Pre-Register. A certain number of registrations are required for the class to be held, otherwise class will be cancelled.
Instructor: Keri Johansen
01/25/2017-03/15/2017
Wednesdays, 7:00 PM—8:30 PM
Gym - WKHS
\$15.00

GROUP CIRCUIT TRAINING

Circuit Training is one of the most effective ways one can stay in shape and lose weight. It tackles every major muscle group by challenging endurance and strength. A single session of CT of one hour can burn anywhere from 400-600 kcals,

depending on body type and effort put into the class. This class will be challenging at first, but as you continuously attend, you'll notice you'll be able to perform the exercises properly and more efficiently. I will also help modify movements if they are too challenging, and please don't hesitate to take short breaks when needed. We will be getting on the floor, so bringing a mat of some sort may be a good idea, but is not required. Just know that putting something under your knees or lying on something will aid in comfortably executing the movement. There will be jumping around, so if you have any knee problems, back, neck, etc. please let me know so we can work on modifying the exercise. Weights are recommended, but not required. We will be doing lots of weighted activity, multiple reps, so please bring a weight that you can handle. Water bottles and clean athletic shoes (or comparable) are required. PLEASE NOTE: NO CLASS ON Feb. 22.
Instructor: Beth Curtis
01/25/2017-03/15/2017
Wednesdays, 7:00 PM—8:00 PM
WKHS - Cafeteria
\$42.00

YOUTH ACTIVITIES

MUSICAL FAMILIES BY MACPHAIL MUSIC

AGE to age - Musical Families (for ages 6 weeks - 5 yrs, with parents, grandparents, caregivers) This multi-age experience promotes music awareness and appreciation through the various integrated arts activities. The lively class will be fun-filled for all. Through the power of music children develop social skills, body control, increased attention spans, and an appreciation of music. Engaging sessions based on musical play and discovery, with a renowned MacPhail Early Childhood Music Specialist. Musical Instruments and hands on activities. No cost due to grants from McPhail Music and the Northland Foundation AGE to age program. Dates: Jan. 19th, Feb. 2 & 16, March 2 & 16. Please register the children and list the adults who will attend and the children's ages when prompted.
Instructor: Nancie Deming
01/19/2017-03/16/2017
Thursdays, 6:00 PM—7:00 PM
ITV Room 103-A/Telepresence
No Fee

Enroll Online!
www.isd381.k12.mn.us

COMMUNITY EDUCATION CLASS REGISTRATION 2017

Registration may be made by phone, mail, in person or online. Visa and MasterCard are accepted or payment of class fees. When you pay for the class, you reserve your place in that class. You must register for every class. Failure to do so could result in its cancellation. **REGISTER EARLY, AS CLASSES FILL UP QUICKLY!**



course fees

Fees listed are payable to Community Education, not to the instructor. Don't forget you can register online for classes! Go to www.isd381.k12.mn.us, click on Community Education and then Classes & Registration.

school closings

On days schools are closed or released early for any reason, Community Education classes will not be held. **THIS INCLUDES PRESCHOOL AND ECFE CLASSES.**

course changes

Community Education reserves the right to drop any course offered because of insufficient registration. Courses may also be added or dropped after this publication. Check our updates online at www.isd381.k12.mn.us/communityed/html/index.html. Class cancellations/refunds must be made no later than the class registration deadline; or if no deadline is listed, a minimum of three business days prior to the first day of class.

locations and hours of CE offices

Two Harbors High School Door 17, 7:30AM-4PM (closed for lunch 12-12:30PM)

William Kelley School in Silver Bay, Noon – 4PM

Claire Nelson Center, Finland, MN, 10AM-4PM Tuesdays and Fridays

To register by phone, call Community Education:

834-8201, ext. 8230 in Two Harbors

226-4437, ext. 8137 in Silver Bay

353-0300 in Finland

 *Please check with your physician before starting any exercise program.*

PARTICIPANT PUBLICITY ACKNOWLEDGEMENT

Community Education reserves the right to utilize photos and the names of participants for publicity purposes. Participants desiring their names/photograph not to be used for publicity must notify Community Education in writing at the time of registration.

TWO HARBORS COMMUNITY EDUCATION

ARTS, CRAFTS & HOBBIES

ENCAUSTIC WAX ART

Learn just how artistic you really are with encaustic wax art. This art form, originally developed in Scotland, uses beeswax and a hot iron to create abstract to contemporary art pieces that can be used in home decor, scrapbooking, and cardmaking. We will experiment with different papers, different color mediums and learn basic landscape, floral and modern art techniques. Register by 1/12.

Instructor: Bonnie Warner

THHS - FACS Sewing Room 2301

1/18/2017

Wednesday, 6:00 PM—8:00 PM

\$25.00

FABRIC FLOWERS

Wash away the winter blues with a beautiful silk flower on your winter coat lapel or pinned on your snow-suit! Come learn how fun and easy it is to create wonderful silk and fabric flowers using die cuts, various fabrics and flower patterns, to pin on your clothes, wear in your hair, or to embellish gift bags and boxes. We will create 3-5 different NO-SEW flower types that will keep you busy until real flowers bloom in your garden!

Register by 1/19.

Instructor: Bonnie Warner

THHS - FACS Sewing Room 2301

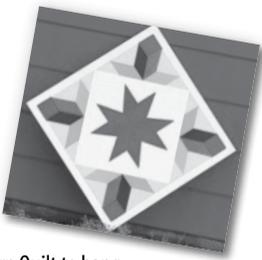
1/25/2017

Wednesday, 6:00 PM—8:00 PM

\$25.00

PAINT YOUR OWN "BARN" QUILT

You don't have to own a barn, or know how to paint or quilt! You will learn how to paint a 24" X 24" outdoor quality Barn Quilt to hang on your barn, garage, shed, fence, outhouse, garden gate or just prop it on your porch!! You choose the pattern! In just a few short hours, you will have a prized conversation piece! \$25 materials fee payable to instructor at the beginning of class. It includes a 2' X 2' exterior board that has been primed 2-3 times on



both sides and edges with Kilz primer, over 50 fabulous colors of high end exterior Behr paint, frog tape, foam rollers and brushes, dozens of quilt block patterns to choose from, pencil, ruler, apron; everything you will need to create your masterpiece. Bring a hair dryer to class. Option: We can offer three 36" x 36" barn quilts in this class. If you choose the larger quilt, your materials fee will be \$40 instead of \$25. You must choose the size when you register. Register by 1/24.

Instructor: Cyndi Buchholz

THHS - Art Room 1305

2/1/2017

Wednesday, 6:00 PM—10:00 PM

\$48.00

POLYMER CLAY BASICS

Have you seen all the beautiful artwork that is done with polymer clay, but just didn't think you were artistic enough to be so creative? Well, polymer clay is the ultimate art medium -- it takes a little bit of something from all the other crafts and brings it to one central art-stop. Fabrics, fibers, yarns, papers, acrylic paints, molds, gold leaf, beads, buttons...you name it, you can use it OR make it with polymer clay. We will start this workshop with the basics of making skinner blends, learning to condition clay, create a cane and finish with a tin, glass candle or candy dish. This workshop is the gateway to a whole new creative outlet! All supplies provided in this workshops...but students are invited to bring additional PRIMO clay favorite colors to add to supplies provided. Register by 2/9.

Instructor: Bonnie Warner

THHS - FACS Sewing Room 2301

2/15/2017

Wednesday, 6:00 PM—8:00 PM

\$25.00

THE ART OF GLITTER

250 colors of ultra fine glitter, various papers, and three adhesives that stick to everything but Tupperware...sounds like the ingredients for a buffet of color and a splash of glitz! The Art Institute is the leading glitter company in the US. Barb Trombley's artist grade product lines have remained a leader for more than 30 years in the crafting and fine arts industry ranging from papercraft, scrapbooking, indoor & outdoor decor,

glass, wood, costume design, food, and make-up. This workshop will introduce you to the glitter product line and teach you various color skills including rainbow, euro-glitter, deliberate contamination techniques as well as the versatility of the adhesive mediums. Students should plan to leave the workshop with a variety of handmade cards, and glitter on their face! All supplies provided in this workshop. Register by 2/2.

Instructor: Bonnie Warner

THHS - FACS Sewing Room 2301

2/8/2017

Wednesday, 6:00 PM—8:00 PM

\$25.00

THREE YARD QUILT

Just three yards of contrasting fabrics (1 dark, 1 light and 1 contrast) make this generous 48 x 54 lap quilt. Bring your sewing machine, fabric, and sewing/quilting supplies. Register by 3/1.

Instructor: Karen Tucker

THHS - FACS Sewing Room 2301

3/8/2017

Wednesday, 5:00 PM—8:00 PM

\$19.00



COMPUTER TRAINING

IPADS/IPHONES FOR BEGINNERS

This is an introduction class covering the basics of Apple devices. Key topics will include security features, best practices, personalizing your device, adding apps, and some tips and tricks. Bring your iPad or iPhone and be sure to have your Apple iTunes username and password with you. Cellular coverage is limited in the school's library media center, but public WiFi is available. Register by 1/18.

Instructor: Kris Lee

THHS - Computer Lab 1109- Media Center

1/24/2017

Tuesday, 4:30 PM—6:00 PM

\$29.00



STUDENT TO SENIOR TECH NIGHT, MARCH 7

Community Partners in conjunction with Age to Age welcomes seniors to an opportunity to learn about technology in a customized 1:1 setting. Fun, food, and your very own student helper. Seniors can choose from a variety of topics. Bring your own device (phone, tablet or digital camera) or use a school iPad or computer. Choose your topic: digital photography, Facebook, e-mail, Internet searching and online safety, Skype, iPhones, iPads, or other portable devices. This will be a self-paced workshop where students and seniors work together to learn new technology skills in a fun and stress free environment. You'll need to let us know what you hope to learn and what type of device you are bringing in advance. To register, call Community Education at 218-834-8201, ext 8230 or you can also register online. Snacks and refreshments will be provided. Seniors needing a ride to and from this event can contact Sarah at Community Partners 218-834-8024. Register by 3/1.

Instructor: Sarah Nelson
THHS - Community Room
3/7/2017
Tuesday, 6:30 PM—8:00 PM
\$5.00

STUDENT TO SENIOR TECH NIGHT, MARCH 21

See description above. Register by 3/15.

Instructor: Sarah Nelson
THHS - Community Room
3/21/2017
Tuesday, 6:30 PM—8:00 PM
\$5.00

COOKING & FOODS

THE ART OF PASTIES

Learn how to make the traditional Cornish pasties. Make a dozen pasties to bring home, freeze, and pop out of your freezer for a quick one-handed meal. Ingredients fee: \$24.00, payable to instructor. You must register by Wednesday, Jan. 25.

Instructor: Sarah Haavisto
THHS - FACS Cooking Room 2305
2/2/2017
Thursday, 5:30 PM—8:30 PM
\$15.00

GENERAL INTEREST

DRIVER IMPROVEMENT COURSE - 4 HOUR REFRESHER

The driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class. You must register by 2/2.

Instructor: Dean Skalicky
THHS - Community Room
2/9/2017
Thursday, 5:00 PM—9:00 PM
\$22.00

PET FIRST AID & CPR

For ages 16 and up. This class is perfect for pet companions and pet care professionals. Learning dog and cat First Aid & CPR techniques can help a pet in an emergency survive prior to getting emergency veterinary care. The training is taught with a combination of lecture with a power point presentation, demonstration and hands-on skill practice with animal models. Each participant will receive a \$10 handbook and completion certificate. Register by 2/2.

Instructor: Robin Whaley, Certified Pet Tech CPR & First Aid Instructor
THHS - Community Room
2/8/2017
Wednesday, 5:00 PM—9:00 PM
\$40.00

RETIRE WISELY

Learn how to manage six risks all retirees face: outliving income, inflation, unpredictable events, market volatility, income taxes and rising health care costs—to help you maximize your retirement savings. Register by 2/2.

Instructor: Gregory Hanson
THHS - Media Center/Library
2/9/2017
Thursday, 6:30 PM—7:30 PM
\$5.00

RETIREMENT STRATEGIES - ACCUMULATION

Prepare for retirement by building a financial strategy. Understand important concepts such as key ages, lifetime guaranteed income, asset

allocation, as well as diversifying and protecting your assets which help you to live generously. Register by 1/26.
Instructor: Gregory Hanson
THHS - Media Center/Library
2/2/2017
Thursday, 6:30 PM—7:30 PM
\$5.00

WILDLIFE REHABILITATION: SAVING INJURED AND ORPHANED WILDLIFE, A VIRTUAL FIELD TRIP FOR EVERYONE

Through images, video, and live specimens, students will be introduced to a variety of animals that are treated at the Sanders Wildlife Rehabilitation Center. Students will play an active role in the video conference and will be asked for their ideas and questions. Participants will understand:

1. How to approach wild animals
2. How to care for injured/orphaned wildlife when encountered
3. How the Sanders Center cares for injured/orphaned wild animals
4. The impact of wildlife rehabilitation.
5. How to locate a center in your area.

This event is free and open to all ages, and made possible by a grant from the Blandin Foundation. All participants must pre-register, including children.

Instructor: Kris Lee
THHS - Community Room
3/7/2017
Tuesday, 3:45 PM—4:45 PM
FREE

HEALTH/SAFETY/WELLNESS

ESSENTIAL OILS MAKE & TAKE

Want to learn more about those crazy little oil bottles you keep hearing about? Do you just want to make some stuff to take home and try? Everyone will take home a body soak, body scrub, and a body butter to enjoy. Stacy will show you how she uses oils in her home and when she's out and about. "There literally is an oil for everything, and I want to share all the information I have learned with you." Register by 1/19.

Instructor: Stacy Nightwine
THHS - FACS Cooking Room 2305
1/25/2017
Wednesday, 6:00 PM—8:00 PM
\$30.00



THE RESILIENT MIND: LIVING WITH LOSS

Have you lost someone close to you? Is your grief holding you back from doing the things you used to do? What if you could get yourself back on track? In this class, you will uncover, expose and start the process of working through the hidden grief that might be hurting your new experiences. Instructor Josh Gretz is a Resilience Coach and writes about strengthening relationships, grief process and social dynamics. Certificate of attendance will be available. Take the online study course if you miss the class. Register by 1/24.

Instructor: Josh Gretz
THHS - Community Room

1/31/2017
Tuesday, 6:30 PM—8:30 PM
\$29.00

MEDICARE A THROUGH D

Participants will learn about the multiple parts of Medicare, discuss the costs, coverage, as well as how and when to enroll in Medicare. Other subjects covered in the class include: Medicare Savings Programs, Medigap policies, Part D prescription drug plans, other insurances such as employer and COBRA as well as some general information on Veterans benefits. Additional information will be provided about prescription cost assistance programs, preventive coverage, resources such as www.Medicare.gov, www.MinnesotaHelp.info and the Senior LinkAge Line®. Register by 1/24.

Instructor: Kathryn Kuhlmeier
THHS - Computer Lab 2 - Room 2205
1/30/2017
Monday, 5:00 PM—7:00 PM
\$5.00

MUSIC & DANCE

BELLY DANCE, BEGINNING

No other exercise taps into the essence of female power like belly dance. Surrounded by terrific women of all shapes and sizes, you will be amazed how quickly you come to learn the proper form and technique of belly dance moves. The natural antidepressant and confidence boosting qualities of this low impact cardio workout will stretch and engage your body from head to toe! Please join us in comfortable clothing, and bring a hip scarf if you have one. No class 2/21.

Instructor: Judie Sarff
Minnehaha - Cafeteria
1/10/2017-3/07/2017
Tuesday, 6:00 PM—7:00 PM
\$35.00

BELLY DANCE, BEYOND

For those who have completed one year of beginning belly dance. We will work to layer moves, increasing our flexibility and stamina. Advanced moves, choreography, and props will be introduced and practiced to further enhance belly dance skills. Let's keep the belly dance fire rolling! No class 2/21.

Instructor: Judie Sarff
Minnehaha - Cafeteria
1/10/2017-3/07/2017
Tuesday, 7:15 PM—8:15 PM
\$35.00

GUITAR LESSONS

We have openings for guitar lessons. Private half-hour guitar lessons for ages eight and up, beginning and intermediate. You must have your own guitar. Cost of book is \$6, payable to instructor. Call 834-8201, ext. 8230 to register and schedule a lesson time. \$59/7 Lessons. No class 2/20.

Instructor: James Cheek
THHS - Band Practice Room 2421
1/16/2017-3/06/2017
Mondays
\$59.00/7 Lessons

MUSICAL FAMILIES BY MACPHAIL MUSIC

AGE to age - Musical Families (ages 6 weeks - 4 yrs, 5 months with parents, grandparents, caregivers). This multi-age experience promotes music awareness and appreciation through the various integrated arts activities. The lively class will be fun-filled for all. Through the power of music children develop social skills, body control, increased attention spans, and an appreciation of music. Engaging sessions based on musical play and discovery, with a renowned MacPhail Early Childhood Music Specialist. Musical Instruments and hands on activities. No cost due to grants from McPhail Music and the Northland Foundation AGE to age program. Please register the children and list the adults who will attend and the children's ages.

Instructor: Nancie Deming
THHS - Community Room
Dates: Jan. 9, 23, 30, Feb. 6, 13, 27
Monday, 6:00 PM—7:00 PM
FREE

POOL ACTIVITIES

EARLY MORNING LAP SWIM

For ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. **There will be no early morning swim if school has a late start or is canceled.** Pool is closed 2/20, 2/22, 2/23.

Lifeguard: Kathy Ronning
THHS - Pool/Locker Rooms
6:00 AM—7:00 AM

AM LAP SWIM, MONDAY

1/09/2017-3/06/2017
\$37.00

AM LAP SWIM, WEDNESDAY

1/11/2017-3/08/2017
\$37.00

AM LAP SWIM, THURSDAY

1/12/2017-3/09/2017
\$37.00

AQUA AEROBICS - MONDAY

Aqua aerobics is an increasingly popular, energizing workout that builds cardiovascular fitness and strength. The water's buoyancy provides cushioning and support, reducing gravity and the risk of muscle or joint injury. Don't miss this fun and effective way to get or stay in shape for people of all ages and fitness levels. You need not be a swimmer to participate. Most equipment provided; participants bring their own pool noodle. Park in the parking lot off Cedar Road and enter through door #14. No class 2/20.

Instructor: Jillian McCorison
THHS - Pool/Locker Rooms
1/09/2017-3/06/2017
Monday, 5:30 PM—6:30 PM
\$48.00

AQUA AEROBICS - WEDNESDAY

See description above. No class 2/22.

Instructor: Patty Carter
THHS - Pool/Locker Rooms
1/11/2017-3/08/2017
Wednesday, 5:30 PM—6:30 PM
\$48.00

LAP SWIM EVENING - MONDAY

Evening lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. No class 2/20. Lifeguards: Mary Negus, Marina Schreiner

THHS - Pool/Locker Rooms
1/09/2017-3/06/2017
Monday, 6:30 PM—7:30 PM
\$38.00

LAP SWIM, EVENING - WEDNESDAY

See description on previous page. No class 2/22.

Register by 1/9.

Lifeguards: Lisa Hebl, Deanne Thomasen

THHS - Pool/Locker Rooms

1/11/2017-3/08/2017

Wednesday, 6:30 PM—7:30 PM

\$38.00

LIFEGUARD RE-CERTIFICATION

Completion of this class will renew your lifeguard certificate. The class will cover written Lifeguard & First Aid, CPR, and Open Water tests. Open water is optional but without it, you can only work in pools. There will be First Aid and CPR hands-on checks, then we'll use the pool to do some quick spinal review and then the 3 required skills: 1-Shallow water spinal injury, 2-Deep water active victim, 3-Passive victim which includes removal from the water with assistance and complete 3 minutes of CPR. Review your books for the tests. If you are able to arrive at 5:00 PM, it would speed up the testing, otherwise you can begin at 6:00 PM. Bring your book and current certification card to class. Register by 3/2.

Instructor: Dave Blazevic

THHS - Pool/Locker Rooms

3/10/2017

Friday, 6:00 PM—8:30 PM

\$27.00

SPORTS & EXERCISE

ARCHERY FOR FUN I, AGES 8 - ADULT

For ages 8 & up. Students under 8 must be accompanied by a parent.

Learn the basics of archery, shooting safety, and accuracy.

No class 2/13 & 2/20.

Register

by 1/17.

Instructor: Kyle Olson

Minnehaha - Gym

1/23/2017-3/27/2017

Monday, 6:30 PM—7:30 PM

\$25.00

ARCHERY FOR FUN II, AGES 8 - ADULT

See description above. No class 2/13 & 2/20.

Register by 1/17.

Instructor: Kyle Olson

Minnehaha - Gym

1/23/2017-3/27/2017

Monday, 7:30 PM—8:30 PM

\$25.00

HEALTHY TWO HARBORS WINTER WALKING CLUB

Need a safe, warm place to walk this winter? Join the 3rd Annual Winter Walking Club! Partners: Lake Superior School District, Lake County SHIP. For people of all ages; little ones in strollers welcome! Kick-off Open House is Monday, Jan. 9, 4:00 - 5:30 p.m. in the THHS Community Room. Feeling really inspired? We'll gather baseline health data and help you track this throughout the 8 weeks of the walking club (optional). Sign up and commit to regular walking, with no minimum number of steps or miles required. Logs of steps/miles can be brought to THHS, Community Ed. or School District offices. Regular walking is easy, fun, free and improves health. Stop by Monday, January 9th, 4:00 - 5:30 p.m. in the THHS Community Room to gather information, sign up, have a snack, and take a walk around THHS! Register online or at the Open House. If you have a walking pass from previous sessions, please bring this with you.

THHS and Minnehaha Halls

1/09/2016-3/06/2016

Monday-Thursdays, 4:00 PM—7:00 PM

FREE

INTRO TO BACKPACKING

Ever wanted to try a backpacking trip? Learn how to plan your trip, whether it's a one-night trip or a long-distance hike. You'll learn where to go, when to go, and what to bring. Jo Swanson has over 6,500 miles of backpacking experience and will bring sample gear and itineraries for a wide variety of adventures. Class fee is \$7 per person or \$10 for a family or couple. Register by 1/18.

Instructor: Jo Swanson

THHS - Community Room

1/25/2017

Wednesday, 6:00 PM—8:00 PM

\$7/person or \$10/family

PILATES MAT CLASS, TUESDAYS

Pilates is a wonderful form of exercise for everybody, regardless of fitness level, that engages the mind and body. This will be an introductory mat class that increases strength without bulk; flexibility; balance and circulation;



creates long, lean muscles; improves posture; reduces stress and helps in preventing and rehabilitating from injuries. Pilates promotes a feeling of physical and mental well-being. Please bring your own mat, wear comfortable clothes and bring a water bottle. No class 2/14, 2/21.

Register by 1/9.

Instructor: Jillian McCorison

Minnehaha - Gym

1/10/2017-3/14/2017

Tuesday, 4:45 PM—5:45 PM

\$48.00

PILATES MAT CLASS, THURSDAYS

See description above. No class 2/9, 2/23.

Register by 1/10.

Instructor: Jillian McCorison

Minnehaha - Gym

1/12/2017-3/16/2017

Thursday, 4:45 PM—5:45 PM

\$48.00

VOLLEYBALL, ADULT CO-ED

Everyone is welcome to play co-ed volleyball. All levels accepted; no jungle rules. Will not meet 2/22.

Instructor: Wendy Ruberg

THHS - Gym

1/11/2017-3/08/2017

Wednesday, 6:30 PM—8:30 PM

\$15.00

WALKING FOR YOUR HEALTH - WALKING PASS REGISTRATION

Is it too cold or icy to walk outside? Walkers are welcome to use the THHS and Minnehaha halls for exercise Monday through Thursday, 4:00 - 7:00 PM. The buildings will not be open on school holidays. Please note: Strollers are now allowed, but for safety reasons, running or jogging behind strollers is not allowed. Use the front, main entrance doors when entering the buildings. Clean walking shoes and an ID badge are required. Your \$3 fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office). If you purchased a badge in the past, please bring it in to get a new free pass card. You can pick up your pass any day, Monday through Thursday, 7:30 a.m. - 4:00 p.m. (except school holidays).

\$3.00

WHOLE YOGA

Class now in the Minnehaha Gym. For all levels.

We will explore various yoga postures and movements, building strength and flexibility, while also releasing stress and tension. Learn healthy breath patterns, a little yoga philosophy, and practical off the

mat tools for modern living. Class will end with a deep relaxation practice and a 5 minute meditation. Please bring a small pillow or blanket, a water bottle, and a yoga mat. There will be a few extra mats available for student use. No class 2/23.

Instructor: Hilary Buckwalter
Minnehaha - Gym
1/12/2017-3/09/2017
Thursday, 6:00 PM—7:15 PM
\$72.00

YOUTH ACTIVITIES

AGATE CHEER CLINIC, GRADES 2 & UP

Join us in a fun camp with the Agate Cheer Squad. Learn cheerleading techniques, chants, cheers, and stunts; you'll be ready to perform cheers during our cheer performance. Optional: T-shirts are an additional \$12. Wear comfortable clothes, gym shoes and bring a water bottle. Bring your own snack.

Instructors: Tanya Peterson, Melanie Ross
Dates to be announced.
\$28.00

ARCHERY FOR FUN I, AGES 8 - ADULT

For ages 8 & up. Students under 8 must be accompanied by a parent. Learn the basics of archery, shooting safety, and accuracy. No class 2/13 & 2/20. Register by 1/17. See page 18.
Instructor: Kyle Olson
Minnehaha - Gym
1/23/2017-3/27/2017
Monday, 6:30 PM—7:30 PM
\$25.00

ARCHERY FOR FUN II, AGES 8 - ADULT

See description above. No class 2/13 & 2/20. Register by 1/17. See page 18.
Instructor: Kyle Olson
Minnehaha - Gym
1/23/2017-3/27/2017
Monday, 7:30 PM—8:30 PM
\$25.00

BASKETBALL - BOYS & GIRLS, GRADES K-3 --- FREE THIS YEAR!

This introduction to basketball will include basic skills and fun drills. Varsity team members will be on hand to assist with the program. If you have questions, please contact April Smitke at 218-340-8153. There is no fee for Grades K-3 basketball this year; all costs will be funded by Two Harbors Hoops Club, but registration is required.
THHS - Gym
12/03/2016-2/25/2017
Saturday, 9:00 AM—10:00 AM
FREE

LAST CHANCE FIGURE SKATING LESSONS

Consists of a 30 minute lesson & 30 minutes of practice. Register by 1/15. * Must have own skates
* Arrive a half hour before class
* Dress warm & HAVE FUN!!!
Instructor: Michelle Pyzyna
Two Harbors Ice Arena
Feb. 5, 12, 19, & Mar. 5
Sunday, 6:00 PM—7:00 PM
\$40.00



MINECRAFT

Open to all ages, grade 2 and above. Minecraft is a sand-box style building game where players can interact with the environment to explore and build great structures. This class will focus on player interaction, teamwork and sharing. We will put special emphasis on how to interact with each other online in a safe and constructive manner. The students will be able to play and work together. Bring your own after-school snack. No class 2/22.
Instructor: Jake Clafin
Minnehaha - Comp. Lab 113
1/11/2017-3/08/2017
Wednesday, 3:30 PM—5:00 PM
\$28.00

MUSICAL FAMILIES BY MACPHAIL MUSIC

AGE to age - Musical Families
(ages 6 weeks - 4 yrs, 5 months with parents, grandparents, caregivers. This multi-age experience promotes music awareness and appreciation through the various integrated arts activities. The lively class will be fun-filled for all. Through the power of music children develop social skills, body control, increased attention spans, and an appreciation of music. Engaging sessions based on musical play and discovery, with a renowned MacPhail Early Childhood Music Specialist. Musical Instruments and hands on activities. No cost due to grants from McPhail Music and the Northland Foundation AGE to age program. Please register the children and list the adults who will attend and the children's ages.
Instructor: Nancie Deming
THHS - Community Room
Dates: Jan. 9, 23, 30, Feb. 6, 13, 27
Monday, 6:00 PM—7:00 PM
FREE



WILDLIFE REHABILITATION: SAVING INJURED AND ORPHANED WILDLIFE, A VIRTUAL FIELD TRIP FOR EVERYONE

Through images, video, and live specimens, students will be introduced to a variety of animals that are treated at the Sanders Wildlife Rehabilitation Center. Students will play an active role in the video conference and will be asked for their ideas and questions. Participants will understand:

1. How to approach wild animals
2. How to care for injured/orphaned wildlife when encountered
3. How the Sanders Center cares for injured/orphaned wild animals
4. The impact of wildlife rehabilitation.
5. How to locate a center in your area.

This event is free and open to all ages, and made possible by a grant from the Blandin Foundation. All participants must pre-register, including children.

Instructor: Kris Lee
FREE
3/7/2017
Tuesday, 3:45 PM—4:45 PM

WRITE FOR RADIO

For students currently in 7th grade. Similar to "Radio Performance", "Write for Radio" is a workshop crafted for students with a flair for writing short stories, fiction, or other works of prose. This class focuses on the writing process, which teaches students crucial writing methods; revision, critique, editing, and story-telling. Students will learn on-air radio skills, how to use equipment, recording studio, and the basics of using a sound-board as well. The result will be students recording their stories for a special feature broadcast on KTWH, Two Harbors Community Radio. You must register before you attend this class. You may bring a light snack.
Harbor Landing Atrium
Instructor: Jackie Rennwald
\$10.00
Jan. 20, 27; Feb. 3, 10, 17; Mar. 3, 10
Friday, 1:00 PM—3:00 PM



TWO HARBORS COMMUNITY OFFERINGS

ADULT WORKOUT NIGHT

Wednesday and Thursday, March 1 – 30 (Pool not available March 1 & 8)

Tuesday and Thursday, April 4 – May 30
THHS, 7:00 – 9:00 PM

This is a great chance to vary your workout and have fun!! You can choose the gyms for basketball, volleyball, pickle ball and badminton; or use the pool or fitness center. All three spaces are available for your workout and are included in your registration fee.

\$30 - REGISTER AND PAY AT CITY HALL

LEADERS PARTNERING TO END POVERTY TO CONTINUE IN TWO HARBORS!

After kicking off in the fall of 2016, the Blandin Foundation's Leaders Partnering to End Poverty (LPEP) program resumes on January 11th with two community events!

Your first opportunity will be to attend the third LPEP training at the Two Harbors Community Building from 9am-1pm.

Registration and program information can be found at leadership.blandinfoundation.org under the event, "LPEP Two Harbors".

LPEP is designed for community members of all income levels who want to develop an

understanding of poverty as a community issue by identifying its causes, and approaches to deal with these issues.

The January 11th training will be the third session, and the next five months will see five training sessions and several community events designed to continue the ongoing effort to address poverty through the participant driven group, "Beacons of Hope".

The first of these events will be that evening from 5:30pm-8:30pm at the Two Harbors Moose Lodge!

Community members are invited to enjoy a presentation, expert panel and conversation about how they can collaborate and take an active role in improving the Minnesota Family Investment Program (MFIP). This event will be facilitated by "Beacons of Hope" and for more information contact Taylor Holm at 218-834-8024.

The Foundation thanks the Two Harbors community for your commitment to developing relationships, addressing the issue of poverty and helping "Beacons of Hope" continue building leadership capacity in Two Harbors."

To learn more, visit <http://leadership.blandinfoundation.org/programs/lpep> or call Tom Sippola at 218-327-8737 (877-882-2257 toll free). You can also learn more about "Beacons of Hope" by searching for them on facebook.

BYSTANDER TRAINING FOR TEEN DATING VIOLENCE PREVENTION

STAND UP NORTH SHORE
green dot for healthy relationships

Two Sessions: Wednesday January 18th AND Wednesday January 25th (both sessions required for full training). Cost: FREE! 6:00 pm – 8:30 pm @ Two Harbors High School Cafeteria. Snacks provided.

These sessions will provide valuable **interpersonal violence prevention training** for adults who work/coach/are involved with youth and teens in our community. It is designed to enhance the influence of participants and equip them to take a prominent role in addressing power-based personal violence. Learning objectives include:

What if instead of statements like "why was she walking alone?" we started saying things like "We all have a responsibility to keep our communities safe from interpersonal violence."

For more information or to register contact Amy at nsgreendot@gmail.com. Questions: Please call 218.834.5924.

DRIVER'S EDUCATION CLASS

Spring class to be provided by an outside vendor. Info will come in daily announcements at THHS.

W I L D L I F E R E H A B I L I T A T I O N :

Saving Injured and Orphaned Wildlife: Virtual Field Trip for Everyone

**Tuesday, March 7, 3:45 – 4:45 pm
@ THHS Community Room**

Through images, video, and live specimens, students will be introduced to a variety of animals that are treated at the Sanders Wildlife Rehabilitation Center. Students will play an active role in the video conference and will be asked for their ideas and questions.

Registration through Community Education online – this event is open to all ages and FREE, thanks to Blandin Foundation Funding, and AGE to age. **All participants must pre-register, including children.**



Blandin Foundation™
STRENGTHENING RURAL MINNESOTA

FINLAND COMMUNITY EDUCATION

SCRAPBOOK ESCAPE

Get away for the day and leave your worries behind as you scrap the day away at the Clair Nelson all-day crop! We start off the day with a mini-album and then a 2-page layout design after lunch. The rest of the day is all yours to catch up on your scrapbook pages, create borders and embellishments with the Cricut and tools. There is plenty of fun, a paper pile to pick through as well as lots of tricks, ideas and samples to stimulate your creative juices. In addition to an entire day of cropping, you will receive a mini-album kit and a 2-page layout kit included in the fee. Register to join us on the first Tuesday of each month for a well deserved escape!

Instructor: Bonnie Warner

1/3/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

ENCAUSTIC WAX ART

Learn just how artistic you really are with encaustic wax art. This art form, originally developed in Scotland, uses beeswax and a hot iron to create abstract to contemporary art pieces that can be used in home decor, scrapbooking, and cardmaking. We will experiment with different papers, different color mediums and learn basic landscape, floral and modern art techniques.

Instructor: Bonnie Warner

1/9/2017

Monday, 6:00 PM—8:00 PM

\$25.00

SERVSAFE - FOOD SAFETY

This course is designed to fulfill requirements for Minnesota state and local health departments. The seminars train, test and certify you in the National Restaurant Association's ServSafe program for safe food service. The full certification course runs from 8 a.m. to roughly 5:30 p.m. and costs \$175, including the textbook and exam. The renewal course runs from 8 a.m. to noon the same day and costs \$75. Jay Arrowsmith DeCoux is the instructor for both courses.

Instructor: Jay Arrowsmith DeCoux

1/9/2017

Monday, 8:30 AM—5:00 PM

Certification - \$170.00 each and Recertification

- \$70.00 each

COMPUTER AND DEVICE CONFIDENCE

Over the course of 4 weekly sessions, students will get comfortable with their own laptop, smartphone, iPad, etc by having questions answered, guided exercises with internet, email,

Facebook, and more. Customized to your skill level and interests. Students will work at their own pace to gain technological knowledge and confidence. Bring your own device.

Instructor: Cole Bauer

1/13/2017-2/03/2017

Friday, 11:00 AM—12:30 PM

\$40.00

CARD-MANIA ESCAPE

Do you ever just want to close your eyes and blink yourself into a fun day away from it all? Well this is your day! Come on in to the Clair Nelson Center on the 3rd Tuesday of each month to just sit and make cards...all sorts of cards. Fun cards, sympathy cards, artistic cards, abstract cards will all be there in baskets just waiting for you to add your creativity and handmade touch! Students can work at their own pace, pick the cards they want to make and just let the "zen" of cardmaking take you away. Each month there will be different baskets to choose from and all supplies are provided - just come sit down with a smile and let the art take you away.

Instructor: Bonnie Warner

1/17/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

LEARN TO MAKE LEFSE

Learn to make Norwegian Lefse with Pam Jonson of Finland, MN. We will use russet potatoes that have been cooked the old fashioned way with butter & cream added, then riced and mashed. In class, we will add flour and will practice rolling the lefse thin, cooking it atop the griddle, and will end by folding the lefse into quarters. . .and eating it!!

Instructor: Pam Jonson

1/23/2017

Monday, 6:00 PM—8:00 PM

\$20.00

SCRAPBOOK ESCAPE II

Get away for the day and leave your worries behind as you scrap the day away at the Clair Nelson all-day crop! We start off the day with a mini-album and then a 2-page layout design after lunch. The rest of the day is all yours to catch up on your scrapbook pages, create borders and embellishments with the Cricut and tools. There is plenty of fun, a paper pile to pick through as well as lots of tricks, ideas and samples to stimulate your creative juices. In addition to an entire day of cropping, you will receive a mini-album kit and a

2-page layout kit included in the fee. Register to join us on the first Tuesday of each month for a well deserved escape!

Instructor: Bonnie Warner

2/7/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

POLYMER CLAY BASICS

Have you seen all the beautiful artwork that is done with polymer clay, but just didn't think you were artistic enough to be so creative? Well, polymer clay is the ultimate art medium -- it takes a little bit of something from all the other crafts and brings it to one central art-stop. Fabrics, fibers, yarns, papers, acrylic paints, molds, gold leaf, beads, buttons...you name it, you can use it OR make it with polymer clay. We will start this workshop with the basics of making skinner blends, learning to condition clay, create a cane and finish with a tin, glass candle or candy dish. This workshop is the gateway to a whole new creative outlet! All supplies provided in this workshops...but students are invited to bring additional PRIMO clay favorite colors to add to supplies provided.

Instructor: Bonnie Warner

2/13/2017

Monday, 6:00 PM—8:00 PM

\$25.00

DOG TRAINING - BASIC OBEDIENCE

All ages of dogs welcome, whether you have a puppy who needs to learn it all or an older dog who needs more practice. Humans ages 17 and older - (younger must have parental permission and supervision). Problem solving for: jumping, pulling, taking food off the counter, digging and barking. Dogs must be vaccinated and have proper equipment (standard 6 foot leash and properly fitting collar.) Special considerations for shy dogs can be made. Treats provided.

Instructor: Erika Curry

2/14/2017-4/07/2017

Tuesdays and Fridays, 6:00 PM—8:00 PM

\$240.00

COMPUTER AND DEVICE CONFIDENCE II

Over the course of 4 weekly sessions, students will get comfortable with their own laptop, smartphone, iPad, etc by having questions answered, guided exercises with internet, email, Facebook, and more. Customized to your skill level and interests. Students will work at their own

pace to gain technological knowledge and confidence. Bring your own device.

Instructor: Cole Bauer

2/17/2017-3/10/2017

Friday, 11:00 AM—12:30 PM

\$40.00

CARD-MANIA ESCAPE II

Do you ever just want to close your eyes and blink yourself into a fun day away from it all? Well this is your day! Come on in to the Clair Nelson Center on the 3rd Tuesday of each month to just sit and make cards...all sorts of cards. Fun cards, sympathy cards, artistic cards, abstract cards will all be there in baskets just waiting for you to add your creativity and handmade touch! Students can work at their own pace, pick the cards they want to make and just let the "zen" of cardmaking take you away. Each month there will be different baskets to choose from and all supplies are provided - just come sit down with a smile and let the art take you away.

Instructor: Bonnie Warner

2/21/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

SCRAPBOOK ESCAPE III

Get away for the day and leave your worries behind as you scrap the day away at the Clair Nelson all-day crop! We start off the day with a mini-album and then a 2-page layout design after lunch. The rest of

the day is all yours to catch up on your scrapbook pages, create borders and embellishments with the Cricut and tools. There is plenty of fun, a paper pile to pick through as well as lots of tricks, ideas and samples to stimulate your creative juices. In addition to an entire day of cropping, you will receive a mini-album kit and a 2-page layout kit included in the fee. Register to join us on the first Tuesday of each month for a well deserved escape!

Instructor: Bonnie Warner

3/7/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

CANVAS CREATIONS

Let your creative juices emerge into this abstract canvas art class. Don't worry that you don't have artistic creativity...this workshop is fool-proof! The majority of the creativity is laying the paint down on the canvas...then the fun begins by adding gesso, dimensional paints, stencils and more for a one-of-a-kind canvas that expresses your individuality! All supplies provided for this workshop.

Instructor: Bonnie Warner

3/13/2017

Monday, 6:00 PM—8:00 PM

\$25.00

CARD-MANIA ESCAPE III

Do you ever just want to close your eyes and blink yourself into a fun day away from it all? Well this is

your day! Come on in to the Clair Nelson Center on the 3rd Tuesday of each month to just sit and make cards...all sorts of cards. Fun cards, sympathy cards, artistic cards, abstract cards will all be there in baskets just waiting for you to add your creativity and handmade touch! Students can work at their own pace, pick the cards they want to make and just let the "zen" of cardmaking take you away. Each month there will be different baskets to choose from and all supplies are provided - just come sit down with a smile and let the art take you away.

Instructor: Bonnie Warner

3/21/2017

Tuesday, 10:00 AM—4:00 PM

\$25.00

POLYMER BEADS

Beads, beads, beads....the best part of polymer clay is bead making. We will create a variety of beads to string, to hang and to wire wrap. We will learn a variety of recipe blends for turquoise, agate, moonstone as well as various bale making techniques, layering and cane work. All supplies furnished, but students are invited to bring PRIMO favorite colors to add to furnished supplies.

Instructor: Bonnie Warner

3/27/2017

Monday, 6:00 PM—8:00 PM

\$25.00

The Two Harbors Winter Frolic

is hosted by the City of

Two Harbors with

local business and

community partners.

It's meant to embrace

the cold winter months we

have up here on the North Shore.

There's plenty to do for small kids and big kids alike!

Most events will center around the Two Harbors Curling Club.

Check out www.twoharborswinterfrolic.com to see schedule of events.



AGE to age: bringing the generations together

a program of the Northland Foundation



Silver Bay is one of three new expansion communities for the Northland Foundation's

*AGE to age program. This past fall informational and introductory planning sessions were held in Silver Bay. An action plan was developed and defined projects will begin soon. For more information about meetings and activities call North Shore Area Partners at **218-226-3635**. Adults of all ages, but especially the seniors 50+ as well as youth grades 5 through 12 are encouraged to volunteer to help.*

AGE to age: bringing the generations together is the newest member of the NLF's KIDS PLUS family. Launched in fall 2008, this exciting initiative enables elders, adults, and youth to explore how their generations are both alike and different. The program is designed to strengthen relationships among all ages and offer older adults and young people with opportunities and resources to work together to benefit their communities. Its success has exceeded every expectation, including spurring over 7,500 hours of volunteer service each year among adults ages 55 and older!

Through a guided planning process, older and younger community members identify local needs and devising their own grassroots solutions. Representatives from all AGE to age sites meet regularly to share ideas. Each site forms and implements its own strategic action plan that joins the generations in local projects to improve the health and wellbeing across the generations, with support from the Northland Foundation and its funding partners.



AGE to age joins youth, older adults, and all ages in between for community good.

AGE to age sites are now established and are making positive change in 16 rural communities and Reservations: Bois Forte Reservation, Chisholm, Cloquet, Floodwood, Fond du Lac Reservation, Grand Portage Reservation, Itasca Area, McGregor, Moose Lake, Proctor, Aitkin, International Falls, Two Harbors, Silver Bay, Ely and Hibbing.



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Lake Superior School District will provide an educational environment encouraging lifelong learning, self-fulfillment and responsible citizenship.



Lake Superior School District Office

1640 Hwy 2 • Two Harbors, MN 55616 • (218) 834-8201 #8216 • www.isd381.k12.mn.us

- Home
- Calendar
- City of Silver Bay
- City of Two Harbors
- Food Service
- E-Mail Directory
- Employment
- Good News
- Library Resources
- Food Service
- NS Collaborative
- Nurse's Office

Two Harbors High School

Grades 6 – 12 • 1640 Hwy 2 • Two Harbors, MN 55616 • (218) 834-8201

Two Harbors Community Education

(218) 834-8201 #8230

Minnehaha Elementary School

Grades PreK – 5 • 421 7th Street • Two Harbors, MN 55616 • (218) 834-8221

William Kelley School

Grades PreK – 12 • 137 Banks Blvd. • Silver Bay, MN 55614 • (218) 226-4437

Silver Bay Community Education

(218) 226-4437 #8137

Finland Community Education

– Clair Nelson Community Center
PO Box 582, 6866 Cramer Rd. • Finland, MN 55603 • (218) 353-0300