

GOOD NEWS

ABOUT A GREAT LAKE SUPERIOR EDUCATION

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Community Ed!**
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"IN MEMORY OF ED POCRNICH"
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GEARHEAD CLUB
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MARCH 2019
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AUGUST 2019!*

We're on 

Lake Superior School District Community Education



THE NEW ADDICTION THAT'S HIDDEN IN PLAIN SIGHT

Vaping , Juuling, Suoring:

According to the CDC, more than 1 in 4 high school students are using electronic cigarettes, including 50% of twelfth graders. Electronic cigarettes are not only harmful, but have become an epidemic among teens. Join us to learn more about electronic cigarettes and the alarming rise in teen tobacco use.

Thursday, March 14th, 2019

Auditorium, 1640 Highway 2 | Two Harbors

6:00 - 7:30 pm

Thursday, March 28th, 2019

Auditorium, 137 Banks Blvd. | Silver Bay

6:00 - 7:30 pm

PANELISTS:

Amanda Casady, American Lung Association

Sarah Kemp APRN, CNP, Family Medicine, Lake View Medical Clinic

For more information, contact Tylour Blakeman at (218) 216-1306 or tylour.blakeman@lung.org

Sponsored by:





William Crandall

Each year, February is I Love to Read Month. Even though it is now March, ANYTIME is a great time to read with your child!

- Share your enthusiasm and interest in reading with your children.
- Provide children with a reading area at home.
- Encourage children to set aside time every day for reading.
- Read to children and encourage them to read to you.
- Have children try crossword puzzles and other word puzzles.
- Encourage children to read daily news stories and general interest magazine articles.
- Discuss current events and stories you read.

High School Parents

It is scholarship season. Have your high school senior reach out to the guidance office to apply for the many scholarships available in

our region including state and national scholarship opportunities.

Registration time is starting in our high schools. Sit down and review the different options for courses with your middle and high schooler. Look at a pathway to get your child best prepared for what they may desire to do following high school. Our counselors are a great resource for parents and students to assist in guiding students through the registration process.

On the Roads



Urgent! The district is in immediate need for bus drivers. We need drivers for our extra-curricular events and substitutes for our daily bus routes. If you have an interest or would like to know more about the opportunity of becoming a school bus driver please contact the district office, 218-834-8201 x8216.

Substitute teachers and paraprofessionals are also needed in our schools. Please consider becoming a substitute teacher or paraprofessional. Please contact your school and they will provide you with information regarding what is needed to become a substitute.

Our Lake Superior School District staff is excited and looking forward to an outstanding spring. We are in the middle of our winter and making adjustments every day to meet our students' educational needs. We thank you for allowing us to work with a precious resource in our communities, the children. We encourage all residents to come to the schools for concerts, athletic events, volunteering in classrooms and see what great things are taking place in the Lake Superior School District schools.

If you have any questions, suggestions or concerns regarding the schools or the district please contact the Lake Superior School District office at 218-834-8201 or by email at bcrandall@isd381.org.

Due to the harsh winter, the School Board approved adding two snow make-up days to the school calendar – if needed.

**Friday, April 12th
 Friday, May 10th**

Please remember these are tentative additional days that school could be in session - especially if snow keeps up!

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facebook

We would Love for you to "LIKE" us.
For the latest happenings for Community Education, check out our facebook page!
We encourage you to post, comment, like and share our site.
<https://www.facebook.com/#!/LSSDCE>
Make us your resource for information!

It is the policy of the Lake Superior School District No. 381 not to discriminate on the basis of disability, sex, race, color or national origin in its educational programs, activities, or employment policies.

NOTES FROM THE

MINNESOTA STUDENT SURVEY

A huge thanks to students, staff and parents for participating and helping our 5th, 8th, 9th and 11th grade students complete the Minnesota Student Survey. The results of the survey, which are completely anonymous, assist federal and state agencies to target funding, programs and education that address student identified issues regarding overall health and wellbeing.

VACCINATION NEWS

By now most of you are aware of the measles outbreak in Washington. According to MPR, the state of Washington has some of the lowest vaccination rates in the U.S. Potentially life altering childhood illnesses are easily preventable with vaccination. If you have questions about vaccination please use these sources for evidence based, reliable information: <https://www.cdc.gov/vaccines/index.html>, <http://www.immunize.org/>

DON'T BECOME A STATISTIC

Do yourself and your community a favor and



As I write this (early February) so far this influenza season is not nearly as severe as last year. However, we're not always seeing the classic presentation of symptoms (fever over 100', sore throat and or cough). Some students have low-grade fevers and/or are experiencing stomach illness along with the respiratory symptoms.

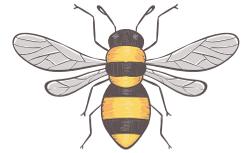
Currently, we are seeing an increase in cases locally and statewide. We are nearly through the worst of the cold and flu season AND it's not over yet!

Seasonal flu disease usually peaks between December and March most years, but disease can occur as late as May. If you haven't gotten a flu shot yet, it's not too late. Influenza causes significant illness, lost school and work time and can lead to pneumonia and worse.

Anyone with symptoms of influenza should stay home until fever-free without fever reducing medication and until able to participate in usual daily activities.

What's all the BUZZ about?

Spring really is almost here! For those of you with children who have life threatening insect allergies, please check your medicine cabinet and with your school nurse to assure that you have a current Epipen for your child. We will keep expired epipens until a refill is brought in.



A REMINDER ABOUT MEDICATION:

Any medication given at school, including over-the-counter pain or cold relief, must be brought in from home and we must have WRITTEN parental permission to administer the medication. The medication form can be accessed via the district web site under the "Resources" tab > Nurses' Office>Forms and Resources for Parents. Print the "Medication Administration Form", complete this and return it to the School Nurse with the medication needed. Call us with questions!

NURSE'S OFFICE:

NEWS FROM THE WELLNESS COMMITTEE

The past couple years the Wellness Committee focused on assuring that all schools meet the federal nutrition guidelines. This spring and the following year, the efforts of the Wellness Committee will be geared toward physical activity. We want to provide motivation, ideas, opportunity and support for more active school days for all grade levels and staff as well. At the Minnehaha and William Kelley Elementary great things are already happening to support daily physical activity and promote healthy living. Our goal is to work this into every student and staff persons day. Daily physical activity has been shown to improve test scores, grades and overall mental and physical health in students. If you have ideas or would like to participate in the Wellness Committee please contact Sara Preston.

VAPING/ E-CIGARETTES/TOBACCO-WORRIED AND WANT TO KNOW MORE?

On March 14th at THHS and March 28th at WKS, Amanda Cassady, American Lung Association and Sarah Kemp, Nurse Practitioner, will present information regarding the use of tobacco products, including E-cigarettes, to parents and community members. These presentations will take place in the auditoriums from 6-7:30 at each school. Come join us for more information.

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Late Starts Due to Weather Parents:

Please be aware that we utilize a calling system to notify you of school closings and other important information.

If the early morning weather is questionable we may announce a two (2) hour late start. Please plan accordingly with your day care providers and family caretakers. Notification will take place between 5:00 and 5:45 AM. We also report to local media.

In addition, it is important to know that as a parent, if at any time you feel the weather situation would put your child at risk, you can keep them home without an absence deduct.

If you have any questions, feel free to call to discuss them with your child's building principal.



SCHOLARSHIPS

Students should continue to check their school email as well as listen to daily announcements for scholarship information and deadlines. There will be many deadlines in the coming months and it is important that students follow instructions on filling out applications and returning forms. In addition, there are links on both the Two Harbors and William Kelley "Counselors Corner- Resources for Students in Grades 10-12" tab with scholarship information and deadlines. As we receive new information, we add it to these links, as well.

JUNIOR TESTING DAY

On Tuesday, April 2nd, Juniors will have the opportunity to take one of the following tests: ACT, Accuplacer or ASVAB. Earlier this year, junior families received a letter regarding Junior Testing Day and the different test options. During February, students will again be reminded of the test details and asked to select which test they would like to take on April 2nd. The Accuplacer and ASVAB are free of charge; however, the ACT does have a fee, which is no longer being paid by the state. Students interested in taking the ACT, but who may have financial difficulty with the fee, should see the Guidance Counselor or an Administrator for possible options. Students and parents can find test information in the Guidance Office and on the Two Harbors and William Kelley "Counselors Corner-Resources for Students in Grades 10-12" test preparation and resources tab. Juniors, please use the resources/links of the website listed above to help prepare you for these important tests! Please do not hesitate to contact the Guidance Office with further questions.

Link to Counselor's Corner website, where you can find test preparation resources, links, and more information:

Two Harbors: <https://sites.google.com/isd381.org/counselingandcareercorner/home>

William Kelley: <https://sites.google.com/isd381.org/tamiwebsite/home>

Minnesota Comprehensive Assessments (MCA): Please check the district testing calendar for specifics on upcoming testing in April and May. MCA's will be administered to students in grades 3, 4, 5, and 6 for reading and math. Sophomores will take science and reading and Juniors will take the math.

Callie Eliason • Two Harbors High School • 218-834-8201 ext. 8205
Tami Duke • William Kelley High School • 218-226-4437, ext. 8134

CALENDAR LAKE SUPERIOR SCHOOL DISTRICT

MARCH

- 4-8 Schools Closed for Spring Break
- 13 Community Education Advisory Council Meeting, 11:00 AM @ THHS & WKHS
- 14 Vaping/E-cigarettes/Tobacco Presentation at THHS, 6:00 PM
- 19 THHS Grammy Band Concert, Grades 6-12
- 19 WKS Kindergarten Here We Come/Kindergarten Registration, 6:00 PM
- 21 THHS Choir Concert, Grades 7-12
- 25 WKS Music in Our Schools Jr. and Sr. High Concert
- 27 WKHS Music in Our Schools Elementary Concert, 2:00 PM
- 28 Vaping/E-cigarettes/Tobacco Presentation at WKS, 6:00 PM

APRIL

- 4 Quarter ends
- 5 Teacher Workshop
- 6 KHS M Club Banquet
- 8-11 Minnehaha PTA Book Fair, Public is Welcome
- 11 Minnehaha Kindergarten Roundup/Registration, 6:00 PM
- 15 WKS Coffee House, 6:30 PM
- 25 THHS Jazz Social
- 29 THHS Athletic Banquet

MAY

- 3 KHS Prom
- 6 THHS High School Band/Choir Concert
- 8 Minnehaha Walk and Wheel to School Day
- 13 WKS 6th Grade Band Concert & Jr and Sr. High Band /Choir Concert and Art Show
- 14 THHS Honors Night
- 18 THHS Prom
- 20 THHS Middle School Band/Choir Concert, Grades 6-8
- 27 Schools Closed/Memorial Day
- 31 School is in session on this Friday
- 31 WKHS Graduation, 5:00 PM
- 31 THHS Graduation, 7:30 PM

JUNE

- 3 Minnehaha Kindergarten Graduation Program, 5:30 PM @ THHS Auditorium
- 4 THHS Coffee House, 7:00 PM
- 6 Last Student Day
- 7 Teacher Work Day
- 10 TH Summer Driver Education Class Begins

JULY

- 8-26 Summerblue Arts
- 20-21 SB Salmon Classic

Complete calendar available online at www.isd381.org

IN MEMORY OF ED POCRNICH

This rocking chair was purchased in memory of Ed Pocrnich. This chair is currently located in the William M. Kelley Library. The chair was purchased with staff donations and the plate was made by our Industrial Tech Dept staff. Ed was a long-time employee of Lake Superior school district, ISD 381. He served as a teacher and principal for many years. He was an active principal and teacher sub up to the time of his death.





Bulletin Board

2019-2020 KINDERGARTEN ORIENTATION/REGISTRATION IS REQUIRED

Silver Bay Kindergarten Here We Come/Registration

Will take place March 19, 6:00 p.m. at William Kelley School in the Kindergarten room (105). Students and parents will be able to visit the classroom. If you have questions, please call Michelle at 226-4437, ext. 8100.

Two Harbors Kindergarten Registration/Round-Up

Will take place in the Minnehaha School on Thursday, April 11, 6:00 PM – 7:00 PM. Students and parents will be able to visit the classrooms. If you have questions, please call Jenny at 834-8221, ext. 8401.

- **All students must have had the state required early childhood screening before entering kindergarten.**
- If your child has not had this screening, contact Community Education: Two Harbors, 834-8201, ext. 8230 or Silver Bay, 226-4437, ext. 8158 immediately.
- Parents of children who will attend kindergarten this fall should attend.
- Students entering kindergarten next fall must be five years old before September 1, 2019.
- Birth certificate and immunization records will be requested by the school at registration time.

PLEASE NOTE: Children who have attended preschool programs such as Early Childhood Special Education, Head Start and Community Education Preschool are not automatically enrolled in kindergarten.

ANN WOOD COMMUNITY EDUCATION FINE ARTS SCHOLARSHIP

This scholarship (up to \$2,000) is awarded yearly to help students pursuing careers in fine arts (applicants not pursuing a career in fine arts are ineligible). For more information call Community Education in Two Harbors at 834-8201, ext. 8230 or in Silver Bay 226-4437, ext. 8137. You may pick up an application form at either the Community Education Office, the Guidance Offices at Kelley High School or Two Harbors High School, or on the web at <http://www.isd381.org/community-education/scholarship-information/>. Applications must be received by either Community Education office no later than March 31, 2019.

HOME-SCHOOL STUDENTS

Home-school students must register with the Lake Superior School District and have their immunizations on file. To receive the paperwork necessary to register your children, please call the District Office at 834-8201, ext. 8216.

SCHOOL BOARD MEETINGS

School board meetings are regularly scheduled for the second Tuesday of each month at 6:00 PM. Any individual or group wishing to address the School Board, must contact the District Office at (218) 834-8201, ext. 8216 no later than 3:00 PM, four business days prior to the meeting you wish to attend.



That's Community Ed!

LSSD Community Education Mission: Lifelong learning is a right of all Lake Superior School District Citizens so that they may enjoy the laughter of childhood, the acceptance of youth, and the companionship of old age.

COMMUNITY EDUCATION ADVISORY COUNCIL

The Community Education Advisory Board meets four times a year. We welcome your ideas, suggestions, concerns and questions. Our meetings are open to the public. Please call Sandi at 834-8201, ext. 8230 or Jaime at 226-4437, ext. 8137 if you would like to attend a meeting.

Current Council Members:

Deade Johnson, Chair	Mary Aijala	Tom Clifford
Maggie King	Cyndi Ryder	Dick Sigel
Karen Tucker	Karen Updegraff	Steve VanHouse
Maria VanSanten	Marlys Wisch	Shelby Wrege

The Advisory Council provides input and advice to the Community Education Department. Community Education offerings include: after school programs, adult education, youth activities, community use of school facilities, early childhood family education, preschool and more. If you are interested in becoming a council member or would like more information, please contact Chris Langenbrunner, Community Education Director at 218-834-8201, ext. 8227.

SEEKING COMMUNITY EDUCATION INSTRUCTORS

Do you have a talent you would enjoy sharing with others? Community Education classes are taught by members of our community who are willing to share their skills and passion. You may volunteer or be paid to teach the class, plus you will introduce new hobbies to your friends and neighbors. Please call Sandi in Two Harbors at 218-834-8201, ext. 8230; or Jaime in Silver Bay at 218-226-4437, ext. 8137 or Honor at Finland Community Center at 218-353-0300 to schedule a class for this spring. All spring classes must be submitted by January 18th.



IS YOUR CHILD 3?

Early Childhood Screening

Early Childhood Screening is a brief, free service for all children in

Minnesota. Screening includes a simple check of your child's vision and hearing, weight and height, immunization review, large and small muscles, thinking, language and communication skills as well as social and emotional development. Children are recommended to be screened between the ages of 3 and 4 to help identify children who may benefit from district and community resources available to help their development. This can also be a great time to ask questions and receive ideas on how to help your child continue to grow and learn. Children are required to receive this screening before kindergarten entrance.

Schedule an appointment: 218-834-8201, ext. 8230 or 218-226-4437, ext. 8158.

LOOKING FOR ALL
3 YEAR OLDS™



NEED CHILDCARE THIS SUMMER?

The Two Harbors KIDS & Co. summer program will begin on Monday, June 10th at Minnehaha Elementary.

Children entering kindergarten or preschool (age 3 & up) in the fall are eligible for the summer program. KIDS & Co. has the use of the school facilities: gym, playground, etc. The hourly rate is \$3.50 per child.

There is a \$20 non-refundable registration fee per child for the summer program. A KIDS & Co. t-shirt and calendar of events will be given to those who register.

Children can be transported to their ball games, swim lessons,

vacation bible school, etc. If you need in-town transportation this summer, KIDS & Co. will collect a one-time fee of \$40 per child.

You can register for the summer program and the transportation fee using the online capability through the Community Education tab on the School District website.

Field trips will be held in and out of town (these fully chaperoned bus trips are at a minimal charge). Children must pre-register for field trips.

If you are planning to use the summer program you should register by Friday, May 17th. If you have any questions call 834-8221, ext. 8423.

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That's Community Ed!

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CENSUS UPDATE

- Are you new to Lake Superior School District with an infant or preschooler?
- Do you have an addition to your family?
- Have you moved?

To update your family account and to verify that your family is included in the current school district census statistics, call 834-8201, ext. 8230 or 226-4437, ext. 8158. It is important that you don't miss out on special communications mailed to families with preschoolers.

WALK SCHOOL HALLS AND AVOID THE SNOW!

If slippery winter conditions have forced you to eliminate walking as an exercise, the school buildings could provide you an option! Walkers are welcome to use school halls for walking Mondays through Thursdays.

William Kelley School: 4:00 PM - 6:00 PM

*Two Harbors High School: 6:30 AM - 7:30 AM and
4:00 PM - 7:00 PM*

Minnehaha Elementary School: 4:00 PM - 7:00 PM

*The buildings will not be open Fridays or school holidays. Please be aware that school sidewalks and steps may be snow covered in the morning after a snowfall. **Strollers are allowed, but for safety purposes, running/jogging behind strollers is not allowed. Use the front, main entrance doors when entering the buildings. Clean walking shoes and an ID badge are required.** Your \$3 fee (payable in the Community Education office), covers the cost of a walker ID badge and lanyard. If you purchased a badge in the past, please bring it in to get your new free pass card.*

YOU CAN REGISTER ONLINE FOR COMMUNITY EDUCATION CLASSES!

Signing up for Community Education classes is EASY! Go to our Web site at www.isd381.org and click on Community Education. Then click on the Classes & Registration button on the navigation bar. There you can view the current class schedule, choose a class and pay for it using your debit or credit card. It's that easy and convenient. Sign up today!

NEED TO USE A SCHOOL FACILITY FOR A MEETING OR EVENT?

Facility Scheduling is now paperless! Requests should be made online. To become a requester: <http://fsisd381.rschoolday.com/authentication/credential/requesterlogin>

School activities take precedence over other events. For example: THHS gyms and auditorium are reserved for school use, 3:30 PM - 6:00 PM, for sports practices, rehearsals, etc. If you need to reserve during that time, contact Sandi Olson to discuss, 218-834-8201, ext. 8230.

NEW CHANGE IN FACILITY POLICY

For clients that are not exempted there is a minimal reservation charge. Call for the Community Education office for details: 218-834-8201, ext. 8230 or 218-226-4437, ext. 8137.



23rd Annual SUMMERBLUE ARTS

Lon Church, Director, Two Harbors, MN –
Sponsored by Community Education

A three week immersion in the arts! Boys and girls ages 7-17 can join the fun at Summerblue's 40 acre site, which features an outdoor stage and a big top tent, across from Flood Bay State Wayside near Two Harbors! Classes in dance, theatre, music and visual arts will lead to an original production performed on the last two days of the program. Students bring their own lunch.

DATES: 3 weeks, July 8-26

HOURS: 9:00 AM - 3:30 PM, Monday - Friday

Final Presentations: Friday, July 26 and Saturday, July 27

TUITION: \$360, Siblings \$180

Pre-registration is required; the deadline is Thursday, June 6.

Register online at www.isd381.org or in the Community Education Office, 218-834-8201, ext. 8230. *Tuition is tax deductible. For information about scholarships or to donate for scholarships, contact Community Education at 834-8201, ext. 8227. **Registration is limited to 40 students; students must commit to the entire three weeks.**

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PRESCHOOL REGISTRATION NOW OPEN

Registration for the 2019-2020 Preschool program will open Monday, March 11th. Children must be at least 3 years old by Sept. 1st (and toilet trained) to enroll. Stop in the Community Education office or go online to get your enrollment forms. Scholarships and limited transportation are available.

Community Education Preschool is a program for 3 to 5 year olds. Program options vary. Preschool provides age appropriate activities including large and small group times, music, fine and gross motor activities, stories and creative art. We provide opportunities to learn new concepts, cooperate, problem solve and interact with peers. Preschool provides a foundation for learning both socially and academically that will help your child succeed in the future.

Your registration fee reserves your child’s slot and will be applied in the fall as his/her supply fee.

For more information call:

Two Harbors Community Education at 834-8201, ext. 8230
 Silver Bay Community Education at 226-4437, ext. 8137

SCHOLARSHIPS AVAILABLE

Scholarships are available to assist with Community Education Preschool tuition.

To apply for District scholarships, request an application from Community Ed, your preschool teacher, call 218-226-4437 ext. 8158, or find the application at www.isd381.org under Preschool. Return the application + required documentation to the Community Education office or mail to School Readiness, 137 Banks Blvd. Silver Bay, MN 55614. School Readiness scholarships are based on income, family and/or child needs and special circumstances to determine eligibility.

To apply for Pathway 1 scholarships through Northland Foundation download an application at www.northlandfdn.org/els or call Northland Foundation to request a copy by mail (218) 260-2736 or 1-800-433- 4045. Return the completed application and documentation to Northland Foundation 202 W. Superior Street, Duluth, MN 55802. Please identify the preschool program your child will attend as Silver Bay Community Education Preschool, Two Harbors Community Education Preschool or Two Harbors Head Start Minnehaha

Elementary. In order to be eligible for a Pathway 1 Early Learning Scholarship a child must be 3 or 4 years old by September 1, 2019 and not eligible for kindergarten. Families must have an annual income at or below 185% of the Federal Poverty Guideline in the current calendar year.

The State Pathway Early Learning Scholarship provides financial support up to \$7,500 per year to families to help pay for high quality child care and early education programs in order to help their children get ready for school. Scholarships are paid directly to the early childhood providers chosen by the parent. *Families may use their Pathway I - Early Learning Scholarship at any eligible child care or early education program in Minnesota participating in Parent Aware.*

Income estimates for Pathway scholarships:

Family Size	Gross Income
2	\$30,451
3	\$38,443
4	\$46,435
5	\$54,094
6	\$62,419

PARENT AWARE RATINGS ★ ★ ★ ★

Lake Superior School District Community Education Preschools (Two Harbors and Silver Bay) and the Blended Head Start classroom are Parent Aware Four Star Rated.

Through Parent Aware, childcare providers/early educators are rated on a one-to four-star scale. It’s like a Consumer Reports type service, except focused on school readiness. Parent Aware rates daycare care and early education providers as high quality early learning and kindergarten readiness. The one-to four-star ratings system – measures best practices identified by research that help children succeed in kindergarten and beyond.

SILVER BAY COMMUNITY EDUCATION

AFTER SCHOOL ACTIVITIES

Classes listed below will be offered after school. Please note individual class dates. Students will sign in after school in the cafeteria and have a snack that is provided. They will then go to their respective class from 3:30-5:00, and my not leave until 5:00 unless picked up by a parent/guardian. Transportation, snacks, and supplies are provided by a grant from the Silver Bay Area Charitable Fund (Duluth Superior Community Foundation). Students must sign up by 2:00 PM each day if they need transportation home or they may be asked to call their parents for a ride. Sign up will be outside the Community Education Office. Classes are listed at the reduced price due to a donation from the Silver Bay PTSO.

HOMEWORK HELP, GRADES 1-6

Designed for students in grades 1-6 needing help with their homework. Homework help is offered with the after school program and meets from 3:30 PM - 5:00 PM. They must stay until 5:00, unless picked up by a parent. There is no fee for this class but students must sign up in the Community Ed office on the day they would like to attend.

CLASS DATES: 4/1/19 - 5/22/19

Mondays and Wednesdays, 3:30 PM - 5:00 PM
Multi-Purpose Room 04

SEASONAL CERAMICS, GRADES K-6

Join us as we paint pieces related to Spring, Bunnies, eggs and other things to show off in time for the seasonal holiday. Join us for two classes to paint and enjoy some treats. All materials are included in the class fee. Class is offered by Studio 29:11.

2 Class dates: 4/1/19 and 4/8/19

Instructor: Barbara Hyde
Mondays, 3:30 PM - 5:00 PM
Multi-Purpose Room 04
\$10.00

INTRO TO CHEER SQUAD, GRADES 2-7

Students interested in Cheer Squad 2019/2020 In this class you will get a taste for what Cheer Squad is all about. We will be doing Cheer Drills/ Working on our Jumps/Our breath Control/and Rhythm Sequence

Required: stunting shoes if you have them, or gym type shoes, gym clothing, water bottle and hair ties

Instructor: Stacy Breden
Classes: 4/1/19 - 4/29/19
Mondays, 3:30 PM - 5:00 PM
Cafeteria
\$15.00

STEM INVESTIGATIONS, GRADES 4-6

Hands on discoveries with makerspace resources. We'll be creating, designing, building and experimenting. Our goal is to collaborate with discovery curiosity, questions and self guidance.

Instructor: Tina Davis
Class Dates: 4/1/19 - 5/20/19
Mondays, 3:30 PM - 5:00 PM
WKS Library
\$20.00

KIDS IN THE KITCHEN, GRADES K-6

This class will focus on the process and importance of ingredients and following directions in making the following: Week 1-Lefse, ricing potatoes, mixing all the right ingredients, chilling, lefse griddles and sticks and rolling out and frying it. Week 2-Cream pies-mixing and rolling out the crust, pre baking and mixing the ingredients for the filling and whip cream. Week 3-Fresh bread and butter-learning to mix and knead , raising time and baking, also to make fresh butter from cream. Week 4-Pancakes, mixing ingredients, cooking on the griddle. Each week I will send the recipes home.

Instructor: Gigi Maxwell
Class Dates: 4/15/19 - 5/6/19
Mondays, 3:30 PM - 5:00 PM
FACS Room 115
\$10.00

CERAMIC PAINTING MELTDOWN GRADES K-6

Choose from a variety of fun winter pieces as we say goodbye to the snow. Two classes to finish a piece larger than an avalanche. Join us for painting, music and fun. All materials are included in the class fee. Class is offered by Studio 29:11.

Instructor: Barbara Hyde
2 Class dates: 5/13/19 and 5/20/19
Mondays, 3:30 PM - 5:00 PM
Multi-Purpose Room 04
\$10.00

AFTERNOON WITH THE VETS, GRADES K-6

Share a game, a healthy snack and laughs after school with our local veterans. Transportation to and from the Silver Bay veterans home will be provided.

Instructor: Angie Goutermont
Class Dates: 4/2/19 - 5/21/19
Tuesdays, 3:30 PM - 5:00 PM
Minnesota Veterans Home Silver Bay
\$20.00

GYM GAMES, GRADES K-3

Come play some of your favorite gym games after school with your friends. Class will be located at the Silver Bay Arena, instructor will walk students to and from the school. Pick up location will be at the elementary doors on Banks Blvd.

NO CLASS: 4/23/19
Instructor: Alicia Nopola
Class Dates: 4/2/19 - 5/14/19
Tuesdays, 3:30 PM - 5:00 PM
Silver Bay Arena
\$15.00

AFTERSCHOOL SWIM WEDNESDAYS, GRADES K-6

Splash and have fun with your friends. Bring your suit and towel. (5 class dates) PLEASE NOTE NO CLASS ON: April 24 and May 1

Instructor: Jamie Gnerer
Class Dates: 4/3/19 - 5/15/19
Wednesdays, 3:30 PM - 5:00 PM
WKHS Pool
\$12.00

CHEER BASICS, GRADES K-1

Students will learn beginner Cheer Motions/Chants and Learn the Mariner Song Required: Gym type shoes and gym clothes.

Instructor: Stacy Breden
Class Dates: 4/3/19 - 4/24/19
Wednesdays, 3:30 PM - 5:00 PM
Cafeteria
\$10.00

STRUMMIN' AND HUMMIN' PART 2, GRADES 1-6

Students will continue to learn parts of the guitar, and names of strings. Students will learn more simple chords, and will choose their own song to learn to play. No experience necessary. Please note that class dates alternate between Wednesdays and Thursdays.

Instructor: Martha Chateleine
Class Dates: 4/4/19 - 5/22/19
Wednesdays and Thursdays, 3:30 PM - 5:00 PM
ECFE Parent Room 103-A
\$20.00

PAINTED POTTERY

- OWL ALWAYS LOVE YOU, GRADES K-6

Owl always love you created with your painted hand & some extra touches. We will create this one of a kind memory keepsake step by step. Each child can add their own flare too. Keep a moment in time forever with this custom painted plate. The Pottery Burn Studio will supply everything needed to create this one of a kind masterpiece created by YOU! Cost of class includes all materials. You will be notified when the pottery pieces are available for pick up in the Community Ed. office.

Instructor: Amanda Korhonen, The Pottery Burn Studio
Class Date: 5/1/19
Wednesday, 3:30 PM - 5:00 PM
Art Room 205
\$15.00

GYM GAMES, GRADES 4-6

Come play some of your favorite gym games after school with your friends. Class will be located at the Silver Bay Arena, instructor will walk students to and from the school. Pick up location will be at the elementary doors on Banks Blvd.

NO CLASS: April 25
Instructor: Alicia Nopola
Class Dates: 4/4/19 - 5/16/19
Thursdays, 3:30 PM - 5:00 PM
Silver Bay Arena
\$15.00



AFTER SCHOOL ACTIVITIES

THURSDAY ART CLASSES

Let the creative juices flow every Thursday after school with a variety of arts and crafts workshops that will excite your elementary school student. Register for each week individually. These projects are structured for Kindergarten through 6th Grade and are a lot of fun!!

PAINT A SNAKE

These snakes and lizards are fun to paint and embellish with neon and glow in the dark paints.

Instructor: Stamping To See You

Class Date: 4/4/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

SPRING WREATH

Kids will create a wreath full of spring flowers and ribbon to hang on a door or hook.

Instructor: Stamping To See You

Class Date: 4/11/19

Thursday, 3:30 PM - 8:00 PM

Multi-Purpose Room 04

\$5.00

ARTS, CRAFTS AND HOBBIES

THE INS & OUTS OF CHALK ART

Students will be introduced to the vast products included under the art chalk umbrella. Learn how to use pencils, cakes, powders and creams; and how to blend, shade, layer and create wonderful washes. These techniques lend themselves well in paper crafting, canvas, and sketchbooks.

Instructor: Stamping To See You

Class Date: 3/27/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

FAST & FUN JEWELRY MAKING

Want to make some handmade jewelry, but don't want to invest in all the tools and beads? This workshop was designed just for you. We will create several pieces that are fast and fun for the person who has limited time. We will create a drop-a-bead necklace, an infinity scarf charm and an interchangeable pin. If you have beads or bead project left-overs bring them along and you can see how easy it is to incorporate these jewelry designs into your wardrobe or gift giving.

Instructor: Stamping To See You

Class Date: 4/3/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

EGG DECORATING

We will have all the fixin's to color and decorate eggs for the kids' spring baskets.

Instructor: Stamping To See You

Class Date: 4/18/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

CREATE-A-COLORBOOK

Each student will build and bind their very own custom color book for travel or just coloring fun.

Instructor: Stamping To See You

Class Date: 4/25/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

FAIRY VILLAGE

We will create a small fairy village terrarium complete with plants and embellishments.

Instructor: Stamping To See You

Class Date: 5/2/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

MIXED MEDIA FIBER SCARVES

Bright, vibrant and light weight for summer, these no-sew mixed media scarves are just perfect to add to your summer wardrobe. Yarns, fibers, beads all mix together to create a distinctive accessory.

Instructor: Stamping To See You

Class Date: 4/10/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

CHALK COUTURE

Build it your way, framed chalk boards to design your own work of art for your home. Many transfer designs and colors to choose from. Make a mistake, wash it off and start over, the possibilities are endless. All supplies provided.

Instructor: Lois Lundgren

Class Date: 4/11/19

Thursday, 6:00 PM - 9:00 PM

Art Room 205

\$45.00

THE INS & OUTS OF BRUSH MARKERS

This techniques workshops will introduce students to the many possibilities of the water based brush marker; blending, shading, coloring and all sorts of techniques that are unique to this medium. We will create a variety of paper projects using what we have learned from creating patterns to water-color techniques. This workshop will create a new-found love for this medium just in time for summer art projects.

Instructor: Stamping To See You

Class Date: 4/17/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

MOTHER'S DAY TREAT

Each student will build a set of toaster tongs and embellish a 3-piece set of glass containers for Mother's Day.

Instructor: Stamping To See You

Class Date: 5/9/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

PLANES, TRAINS & AUTOMOBILES

Come and paint and build a wood car, boat, plane or train.

Instructor: Stamping To See You

Class Date: 5/16/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

SUMMER SKETCHBOOK

Let's create a sketchbook to journal and draw all the wonderful summer adventures that are ahead.

Instructor: Stamping To See You

Date of Class: 5/23/19

Thursday, 3:30 PM - 5:00 PM

Multi-Purpose Room 04

\$5.00

CARVE YOUR OWN WOOD SPOON

With a little instruction and some simple carving tools you can make your own wooden spoons from lumber, firewood, or freshly harvested green wood. Spoon carving is a great introduction to wood carving in general. Wood carving takes some hand strength.

Instructor: Kurt Mead

Class Date: 5/6/19

Monday, 6:30 PM - 9:00 PM

Shop - Wood

\$5.00

UP-CYCLED GARDEN ART

Spring is here and it's time to start working in the garden. Let's create some one-of-a-kind glass art that will shimmer and shine in your favorite flower bed. We will make a glass flower blossom and a bird bath using vintage glass dishes, cups, vases and bowls.

Instructor: Stamping To See You

Class Date: 5/8/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00





INTRO TO ALCOHOL INK

Alcohol Ink is an amazing art medium that is just now beginning to become noticed. In this course you will learn what Alcohol Inks are and how to use them. You will learn and understand the techniques used to create stunning Alcohol Ink pieces. You will learn about the best materials and substrates to use when working and gain confidence in your abilities. You will be working on Yupo paper and make several different sizes and styles of Alcohol Ink Art. It's exciting and it's addicting!!

Supply fee: \$30.00 due to instructor at time of class.

Instructor: Cyndi Buchholz

Class Date: 5/14/19

Tuesday, 6:00 PM - 8:00 PM

Art Room 205

\$15.00

T-SHIRT TRANSFERS

Lettered t-shirts are all the rage in this summers fashion window. Learn how fun and easy it is to use the Cricut cutter and the new Cricut letter press to create glittery, holographic and shimmery personalized t-shirts. Students should bring a variety of t-shirts to experiment with, including various colors and sizes to test and try.

Instructor: Stamping To See You

Class Date: 5/15/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

THE INKS & OUTS OF WATER COLOR

This techniques workshop will introduce students to various watercolor techniques as well as the variety of watercolor products that are out in the marketplace. We will experiment with cakes, creams, powders and pencils to create washes, shading, blending, and masking our art work.

Instructor: Stamping To See You

Class Date: 5/22/19

Wednesday, 6:00 PM - 8:00 PM

Multi-Purpose Room 04

\$25.00

COMPUTER TRAINING

CHILD CARE LICENSING 101: IN HOME FAMILY CHILD CARE

Targeted Audience: Anyone interested in exploring the basics of starting a child care business in their home. Parents who use child care entrust their children to a care provider for many hours each day. Licensing child care providers helps protect the health and safety of children by requiring that certain minimum standards of care are met. This session will provide a basic overview of licensing rules and regulations, qualifications of the provider and the provider's home and how to begin the licensing process. There is no charge for this class but you must register.

Instructor: Theresa Reineccius, Licensor (Lake County Health & Human Services)

Class Date: 3/26/19

Tuesday, 5:30 PM - 7:00 PM

Library WKS

No Fee

BASIC VEHICLE MAINTENANCE

This course will help you better understand how your vehicle works. The Instructor will guide the participants in a group setting to perform maintenance checks on their vehicles. This will include how to check or change all fluids in the vehicle, check air filter, check or change a tire, testing a battery, and other basic vehicle questions. The course will provide the needed tools and products to complete the tasks.

Class Date: 4/10/19

Wednesday, 5:00 PM - 7:00 PM

J&H Auto Shop

\$24.00

EDIBLE GARDENING

Are you interested in growing your own food but you are limited by space, know how, or time? This course will help you to decide what, where and how to grow some of our favorite fruits and vegetables. Despite our limited growing season, there are many edibles that do well in our climate, and many are able to be grown in containers. We'll discuss the best varieties for some of these limiting situations, proper growing requirements and long term care for several vegetables, herbs and fruits.

Instructor: Jadell Cavallin

Class Date: 5/1/19

Wednesday, 5:30 PM - 7:00 PM

FACS Room 115

\$8.00



SENIOR SURF DAY

Seniors are invited to learn computer basics, Internet searching, and accessing web-sites of interest to seniors. This two hour class is designed for those with little or no computer experience.

Must pre-register to attend the class.

Instructor: Lee Swenson

Class Date: 5/2/19

Thursday, 6:00 PM - 8:00 PM

Computer Room 101

\$5.00



DRIVER IMPROVEMENT 4-HOUR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Feel free to bring a drink and snack to enjoy during the class.

Instructor: Dean Skalicky

Class Date: 5/7/19

Tuesday, 5:00 PM - 9:00 PM

Library WKS

\$22.00

BASIC VEHICLE MAINTENANCE

This course will help you better understand how your vehicle works. The Instructor will guide the participants in a group setting to perform maintenance checks on their vehicles. This will include how to check or change all fluids in the vehicle, check air filter, check or change a tire, testing a battery, and other basic vehicle questions. The course will provide the needed tools and products to complete the tasks.

Class Date: 5/8/19

Wednesday, 5:00 PM - 7:00 PM

J&H Auto Shop

\$24.00

GARDENING WITH KIDS

Are you interested in gardening with your kids? Learn how to get your kids involved in different types of gardening, why it's important, and how to make it fun for the whole family without it becoming a chore. We will explore fun ways to get all ages involved, understanding where our fruit and vegetables come from, and start growing something of your own through a hands-on activity. For adults and children; children must be accompanied by an adult.

Instructor: Jadell Cavallin

Class Date: 5/15/19

Wednesday, 5:30 PM - 7:00 PM

FACS Room 115

\$15 for 1 adult & 1 child and \$8 for each additional child

SENIOR MEDICARE PATROL (SMP)/FRAUD AWARENESS

This class assists Medicare beneficiaries, their families and caregivers to protect detect and report health care fraud, errors and abuse through outreach, counseling and education. Learn how to prevent Medicare and health care fraud, and protect against identity theft and scams and how to report suspicious activity.

Instructor: Lee Swenson

Class Date: 5/16/19

Thursday, 6:00 PM - 7:00 PM

Library WKS

\$5.00

HEALTH/SAFETY/WELLNESS

COMMUNITY EMERGENCY RESPONSE TRAINING (CERT)

Emergencies happen every day – fires, floods, accidents, heart attacks, power failures, etc. 95% of initial disaster response is done by people just like you. Join Lake County's Emergency Manager to prepare for emergencies and disasters in your home, business and community. Practice in a casual, hands-on atmosphere the use of fire extinguishers, basic triage and first aid, hazardous materials safety, light search and rescue, and building your evacuation kit. Course is 20 hours in one weekend with breaks for meals. Afterward, interested students can apply to join the Lake County CERT team. No experience needed. Ages 14 and up.

Instructor: BJ Kohlstedt

Class Dates: 4/5/19 - 4/7/19

Friday 1:00 PM - 8:00 PM, Saturday 9:00 AM - 5:00 PM,

Sunday 9:00 AM - 4:00 PM

Mary MacDonald Building Room 22

\$5.00

MUSIC AND DANCE

STRING STRUMMIN' - PRIVATE GUITAR OR UKULELE LESSONS

Students will learn the parts of the guitar or ukulele, names of the strings, and simple chords. At the end of the first session, students will have learned how to play one simple song, and two simple chords. Students must bring a guitar or ukulele to class. Lessons are a half hour long, running from 3:30 PM to 5:30 PM, every other Monday and Tuesday. Call the Silver Bay Community Ed office to register and sign up for a half hour time slot. Max. of 4 students. Total of 8 class sessions.

Instructor: Martha Chateleine

Class Dates: 4/1/19 - 5/21/19

Mondays and Tuesdays, 3:30 PM - 5:30 PM

ECE Parent Room 103-A

\$96.00

POOL ACTIVITIES

EARLY MORNING LAP SWIM MONDAYS

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG.

9 Class Dates: 3/25/19 - 5/20/19

Mondays, 6:45 AM - 7:30 AM

WKHS Pool

\$45.00

EARLY MORNING LAP SWIM WEDNESDAYS

Lap swim for ages 12-adult. Must bring a swim cap and towel. CLASS IS 45 MINUTES LONG.

9 Class Dates: 3/27/19 - 5/22/19

Wednesday, 6:45 AM - 7:30 AM

WKHS Pool

\$45.00

EARLY MORNING LAP SWIM THURSDAYS

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG.

9 Class Dates: 3/28/19 - 5/23/19

Thursdays, 6:45 AM - 7:30 AM

WKHS Pool

\$45.00

EARLY MORNING LAP SWIM FRIDAYS

Lap swim for ages 12-adult. Must bring a swim cap, suit and towel. CLASS IS 45 MINUTES LONG.

9 CLASS DATES: 3/29/19 - 5/24/19

Fridays, 6:45 AM - 7:30 AM

WKHS Pool

\$45.00

EVENING LAP SWIM, MONDAYS AND WEDNESDAYS

Lap swim for ages 12-adult. Must bring a swim cap and towel. CLASS IS 45 MINUTES LONG.

18 Class Dates: 3/25/19 - 5/22/19

Mondays and Wednesdays, 5:00 PM - 5:45 PM

WKHS Pool

\$90.00

WATER AEROBICS

Water Aerobics is an excellent cardio workout but also low impact and easy on the joints. This class will consist of both cardio and toning exercises that will work the whole body. There will be a combination of shallow and deep water exercises. 45 MINUTE CLASS.

Instructor: Patricia Ollila

14 Class Dates: 4/8/19 - 5/22/19

Mondays and Wednesdays, 6:00 PM - 6:45 PM

WKHS Pool

\$80.00

SPORTS AND EXERCISE

CO-ED VOLLEYBALL

Whether you are a student or an adult, if you know how to play or not, come spend your Wednesday evenings playing this fabulous lifetime sport! Must Pre-Register. A certain number of registrations are required for the class to be held, otherwise class will be cancelled.

Instructor: Keri Johansen

Class Dates: 4/3/19 - 5/22/19

Wednesdays, 7:00 PM - 8:30 PM

Gym - WKHS

\$15.00

TUESDAY MORNING SOMAYOGA FLOW YOGA

A blend of a blend of hatha yoga: (mind awareness, body alignment, breath practices and meditation) and somatics (which works with voluntary muscles and brain reeducation.) Class concentrates on breath awareness and breath practices, uses Mudras and Mantras, asana, relaxation, and meditation to dive into all layers of mind, body and soul. Students flow from one posture into the next, focusing on their energy flow through the body and their breath letting this be their teacher. Water bottle recommended. FOCUS: Increase flexibility, strength & stability This class incorporates breath work and postures to increase the body's alignment, strength and flexibility. Emphasis on the inner core, building awareness, and finding ease in the body. 9 sessions.

Instructor: Kim Josephson

Class Dates: 3/26/19 - 5/21/19

Tuesdays, 6:30 AM - 7:30 AM

Gym - WK Elementary

\$108.00

WALKING FOR YOUR HEALTH

See description page 10

YOUTH ACTIVITIES

LITTLE MARINER SPIKERS CAMP, GRADES 1ST-3RD

Come and have some fun playing volleyball games and activities with the high school volleyball players! No previous experience required. A snack will be provided. Bring a water bottle, gym shoes, knee pads are optional. Registration fees collected will go towards the High School

Volleyball program.

Thank you for supporting

Mariner Volleyball!

Instructor: Alicia Nopola

Class Date: 3/22/19

Friday, 9:00 AM - 12:00 PM

Gym - WK Elementary

\$15.00

LITTLE MARINER SPIKERS CAMP, GRADES 4TH-6TH

Come and have some fun playing volleyball games and activities with the high school

volleyball players! No previous experience required. A snack will be provided. Bring a water bottle, gym shoes, knee pads are optional. Registration fees collected will go towards the High School Volleyball program. Thank you for supporting Mariner Volleyball!

Instructor: Alicia Nopola

Class Date: 3/29/19

Friday, 9:00 AM - 12:00 PM

Gym - WK Elementary

\$15.00



SILVER BAY COMMUNITY EDUCATION *CONTINUED*

COLOR GUARD CLINIC

Celebrating 6 years, the clinic will again be offered to both girls AND boys who are 9 years old and above. The clinic is divided into two levels according to experience. Both sessions will work on marching drills and other color guard basics, with variances according to respective levels. Class times will overlap so that both groups will get to work together each day we meet. BOTH classes will perform together during the Bay Days festivities the weekend of July 12th. Attendance to all sessions is HIGHLY suggested!!!

Level I: (For 1st & 2nd Year Students- includes new students and those with 1 year previous experience). This clinic teaches basic color guard skills, marching techniques and one performance routine. Returning students will have a chance for learning more complex moves and requirements.

Level II: (For 3rd Year + Students- those with 2+ years previous experience). This clinic focuses on more complex color guard techniques and requirements, marching skills and leadership roles.

Wear comfortable clothes and shoes. Pre-registration and fee IS required!!!

Classes meet every Monday & Wednesday:
LEVEL I: 9-11:00 a.m. LEVEL II: 10:30 a.m.-12:30 p.m.

Dates: 5/29/19 -7/17/19 in the William Kelley Elementary Gym.

NOTE EXCEPTION: We will start clinic BEFORE school year ends in order to get enough time to practice prior to Bay Days in July. Therefore, 5/29, 6/3 & 6/5 classes will meet after school from 3:45-4:45 p.m.

NO CLASS ON JUNE 12th!!! PRACTICE SWITCH: JULY 9TH (TUES.) INSTEAD OF THE 8TH REQUIRED EXTRA practice (ALL 9:00-11:00) on July 11th!!!

Pre-registration deadline: Friday, May 17th
Cost (includes your own flag to keep): \$30.00
Late cost (after 5/17): \$35.00



TWO HARBORS COMMUNITY EDUCATION

ARTS, CRAFTS & HOBBIES

BIRCH SHRINK BOX

A traditional Swedish craft, birch shrink boxes were used to store household items and kitchen ingredients. A chunk of green birch sapling or branch is hollowed out and a dry bottom is fitted in. When the green wood shrinks, the bottom tightens up and if they fit well, the vessel is water tight. Bring work gloves and a carving or Swedish work knife if you have one (instructor will have some available to use, if needed). This project requires a degree of hand strength for the carving. You must register by 4/23.

Instructor: Kurt Mead
Class Date: 4/30/19
Tuesday, 6:00 PM - 8:30 PM
THHS - Wood Shop
\$7.00

FAST & FUN JEWELRY MAKING

Want to make some handmade jewelry, but don't want to invest in all the tools and beads? This workshop was designed just for you. We will create several pieces that are fast and fun for the person who has limited time. We will create a drop-a-bead necklace, an infinity scarf charm and an interchangeable pin. If you have beads or bead project left-overs bring them along and you can see how easy it is to incorporate these jewelry designs into your wardrobe or gift giving.

Instructor: Stamping To See You
Class Date: 3/26/19
Tuesday, 6:00 PM - 8:00 PM
THHS - FACS Room 2305
\$25.00

FUSED & DICHROIC GLASS PENDANTS

Learn how to get started making glass pendants with COE and dichroic glass. Choosing glass, layering, adhering and kiln bonding are all parts of this workshop. Each student will create 4 pieces of finished glass. If you have taken this workshop in the past, come back to create 4 additional pieces to add to your collection.

Instructor: Stamping To See You
Class Date: 4/23/19
Tuesday, 6:00 PM - 8:00 PM
THHS - FACS Room 2305
\$25.00

MIXED MEDIA FIBER SCARVES

Bright, vibrant and light weight for summer, these no-sew mixed media scarves are just perfect to add to your summer wardrobe. Yarns, fibers, beads all mix together to create a distinctive accessory.

Instructor: Stamping To See You
Class Date: 4/9/19
Tuesday, 6:00 PM - 8:00 PM
THHS - FACS Room 2305
\$25.00

ORGANIC WIRE WRAPPING

Experiment with the "unstructured" steps in creating an organic wire wrapped piece. This workshop experiments with 3-D and asymmetrical stones and pendants. We will use various sizes, colors and types of wire in a non-structured process that allows creativity and dimension on our pieces. Learn tips on how to wrap, coil, twirl and bend wire as well as creating wire bales that enhance your art.

Instructor: Stamping To See You
Class Date: 4/30/19
Tuesday, 6:00 PM - 8:00 PM
THHS - FACS Room 2305
\$25.00

POURING OF PAINT

Join the newest craze in the art world while taking this exceptionally exciting class. No abundant artist abilities that you're aware of? No worries! While learning The Pouring of Paint you will be using specific techniques to achieve a stunning, one of a kind masterpiece. You will paint two 12"x12" canvases and you will also paint a 2"x2" mini. \$30 supply fee due to instructor at beginning of class (cash preferred); all supplies included. Bring a flare piece of cardboard or a couple of pizza boxes if possible to help carry your paintings home. Register by 5/6.

Instructor: Cyndi Buchholz
Class Date: 5/16/19
Thursday, 6:00 PM - 8:15 PM
THHS - FACS Cooking room 2305
\$21.00

RESIN ART

This artsy workshop will introduce you to the world of 2-part resin and heat-sensitive resins. We will pour, blend, stir, color and mold these mediums into various molds. We will experiment with the Australian molds and resin line to create various findings.

Instructor: Stamping To See You
Class Date: 4/2/19
Tuesday, 6:00 PM - 8:00 PM
THHS - FACS Room 2305
\$25.00

THE INS & OUTS OF BRUSH MARKERS

This techniques workshops will introduce students to the many possibilities of the water based brush marker; blending, shading, coloring and all sorts of techniques that are unique to this medium. We will create a variety of paper projects using what we have learned from creating patterns to watercolor techniques. This workshop will create a new-found love for this medium just in time for summer art projects.

Instructor: Stamping To See You

Class Date: 4/16/19

Tuesday, 6:00 PM - 8:00 PM

THHS - FACS Room 2305

\$25.00

THE INS & OUTS OF CHALK ART

Students will be introduced to the vast products included under the art chalk umbrella. Learn how to use pencils, cakes, powders and creams; and how to blend, shade, layer and create wonderful washes. These techniques lend themselves well in paper crafting, canvas, and sketchbooks.

Instructor: Stamping To See You

Class Date: 3/19/19

Tuesday, 6:00 PM - 8:00 PM

THHS - FACS Room 2305

\$25.00

THE INS & OUTS OF WATER COLOR

This techniques workshop will introduce students to various watercolor techniques as well as the variety of watercolor products that are out in the marketplace. We will experiment with cakes, creams, powders and pencils to create washes, shading, blending, and masking our art work.

Instructor: Stamping To See You

Class Date: 5/21/19

Tuesday, 6:00 PM - 8:00 PM

THHS - FACS Room 2305

\$25.00

TWO HARBORS QUILTERS

If you are not already a member you can still join this group. Current members do NOT have to register again. Do you love quilting? Two Harbors Quilters is a new quilt group that will meet once a month to share ideas and techniques while having FUN! This group is not a quilt guild. There are no dues, no rules and no quilt police. We will be under the umbrella of the Two Harbors Community Education Program. A typical meeting will consist of a brief welcome and introduction, a game and prize drawing, demonstration, show and tell, question and answer session, idea sharing, and special activities and projects. Ideas for group activities and meetings content will be up to all members. New ideas welcome! Activities could include swap events, challenges, guest speakers, quilt alongs, charity work, trash to cash events, block lotto, trunk shows, quilt shows and more! This groups is open to everyone interested in quilting; all skill levels welcome. Registration is required.

Coordinator: Luanne Ellingsen

Class Dates: 3/14, 4/11, 5/9

Thursday, 6:30 PM - 8:30 PM

THHS - Community Room

\$10.00

UP-CYCLED GARDEN ART

Spring is here and it's time to start working in the garden. Let's create some one-of-a-kind glass art that will shimmer and shine in your favorite flower bed. We will make a glass flower blossom and a bird bath using vintage glass dishes, cups, votives and bowls.

Instructor: Stamping To See You

Clas Date: 5/7/19

Tuesday, 6:00 PM - 8:00 PM

THHS - FACS Room 2305

\$25.00

COMPUTER TRAINING

BEGINNING GOOGLE DOCS

Come with your questions and needs as we will learn Google Docs together, from very beginners to mid-level users! All you need is your Gmail account and password and we are off on our adventure together! We will create, share, comment, and find answers to all your Google Docs needs! Bring your own laptop or use one of our computers. Register by 5/14.

Instructor: Jenna Udenberg

Class Date: 5/21/19

Tuesday, 5:30 PM - 7:00 PM

THHS - Computer Lab 1109 - Media Center

\$29.00

GENERAL INTEREST

BASIC GARDENING

If you've thought about starting a garden, but aren't sure where to begin, this is the class for you. We will discuss the basic needs for having a successful garden, and how to keep things low maintenance. This class will help you decide what kind of garden space will work for you, and a variety of methods to help achieve healthy happy plants. Register by 3/27.

Instructor: Jadel Cavallin

Class Date: 4/3/19

Wednesday, 5:30 PM - 7:00 PM

THHS - Community Room

\$8.00

BUILD YOUR OWN FISHING ROD

Learn the tips and techniques of building, customizing and repairing fishing rods. You will go home with the rod you build, which will have your name on it. All materials included. Register by 4/29.

Instructor: Jesse Willemarck

Class Dates: 5/7/19 & 5/8/19

Tuesday & Wednesday, 5:30 PM - 9:00 PM

THHS - Community Room

\$120.00

CHILD CARE LICENSING 101: IN HOME FAMILY CHILD CARE

Targeted Audience: Anyone interested in exploring the basics of starting a child care business in their home. Parents who use child care entrust their children to a care provider for many hours each day. Licensing child care providers helps protect the health and safety of children by requiring that certain minimum standards of care are met. This session will provide a basic overview of licensing rules and regulations, qualifications of the provider and the provider's home and how to begin the licensing process. Please register by 4/16. There is no charge for this class but you must register.

Instructor: Theresa Reineccius, Licensor (Lake County Health & Human Services)

Class Date: 4/23/19

Tuesday, 5:30 PM - 7:30 PM

THHS - Community Room

No Fee

DEMYSTIFYING TRUSTS, WILLS, AND OTHER ESTATE PLANNING DOCUMENTS

If I have a Will, do I have to go through Probate? What is Probate? What is a Revocable Living Trust? How do I decide what estate planning documents I need to protect my legal interests during my lifetime and at my death? Ruthanne Hedstrom Vos, an estate planning attorney with Mathison & Vos in Grand Marais, will cover these, and other topics in this informative and interactive session.

Class Date: 4/22/19

Monday, 6:30 PM - 8:00 PM

THHS - Library

\$7/person or \$10/couple.

DOG OBEDIENCE

The purpose of this course is to prepare you and to teach your dog good citizenship--heel, sit, stay, down, come, and stand. This is not an entry level puppy class. At the first class you must provide veterinary records as proof that DHLPP and Rabies vaccinations are up to date - No Exceptions! Your signature is required on the liability waiver at registration. Bring a leash and pinch collar. Retractable leashes are discouraged; standard leashes 6 feet or shorter are recommended. Owners will be responsible to clean up after their dog. Do NOT bring your dog to the first class. Register by 4/24.

Instructor: Chad Hamman

Class Dates: 5/1/19 - 6/5/19

Wednesday, 6:00 PM - 7:00 PM

THHS - Jr. High Wing Lower Hall

\$75.00



DRIVER IMPROVEMENT COURSE - 4 HOUR REFRESHER

The driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class. If you provide your email address you will receive a notice when your certification is about to expire. Bring a pen to class. You must register by 4/30.

Instructor: Dean Skalicky

Class Date: 5/6/19

Monday, 5:00 PM - 9:00 PM

THHS - Community Room

\$22.00

DRIVER IMPROVEMENT COURSE - 8-HOUR

This driver improvement course is the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in laws, the latest vehicle technology, traffic safety and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this course allows for a 10% reduction on automobile insurance premiums for those age 55 and over. Feel free to bring a drink and snack to enjoy during the class. If you provide your email address you will receive a notice when your certification is about to expire. Bring a pen to class. You must register by 5/14.

Instructor: Dean Skalicky

Class Dates: 5/20/19 & 5/21/19

Monday & Tuesday, 5:00 PM - 9:00 PM

THHS - Community Room

\$26.00

EDIBLE GARDENING

Are you interested in growing your own food but you are limited by space, know how, or time? This course will help you to decide what, where and how to grow some of our favorite fruits and vegetables.

Despite our limited growing season, there are many edibles that do well in our climate, and many are able to be grown in containers. We'll discuss the best varieties for some of these limiting situations, proper growing requirements and long term care for several vegetables, herbs and fruits. Register by 4/10.

Instructor: Jadell Cavallin

Class Date: 4/16/19

Tuesday, 5:30 PM - 7:00 PM

THHS - Community Room

\$8.00

GARDENING WITH KIDS

Are you interested in gardening with your kids?

Learn how to get your kids involved in different types of gardening, why it's important, and how to make it fun for the whole family without it becoming a chore. We will explore fun ways to get all ages involved, understanding where our fruit and vegetables come from, and start growing something of your own through a hands-on activity. For adults and children; children must be accompanied by an adult.

Register by 4/2.

Instructor: Jadell Cavallin

Class Date: 4/9/19

Tuesday, 5:30 - 7:00 PM

THHS - Cafeteria

\$15 for 1 adult & 1 child and \$8 for each additional child

WHAT'S IT LIKE TO BE A RADIO SHOW HOST?

Have you ever thought of being a radio host? Two Harbors Community Radio volunteers will share the "how to's", including their content, their learning curve, their time commitment and general program development process. Follow-up opportunities to use equipment and develop your program idea are included. Under age 12 please bring an adult with you. Bring a program idea to class.

Instructor: Katya Gordon

Class Date: 4/9/19

Tuesday, 6:30 PM - 8:00 PM

THHS - Community Room

No Fee

WHO'S WHO IN THE ZOO (A VIRTUAL FIELD TRIP)

Enjoy a virtual field trip to the Greenville Zoo using the school's Telepresence system. How do we give a venomous snake medicine? How do we get a giraffe to move from one place to another? Learn cool facts and behind the science

information concerning the care for our animals. The programs are targeted for people of all ages to enjoy, especially younger students with an interest in science, history and the arts. These events are free and open to the public courtesy of a grant from the Blandin Foundation and AGE to age funding, but all participants (including children) must register ahead of time to ensure proper seating arrangements.

Instructor: Kris Lee

Class Date: 4/3/19

Wednesday,

3:45 - 4:45 PM

THHS - Room 2203

No Fee



HEALTH/SAFETY/WELLNESS

MEDICARE A THROUGH D

Class participants will learn about the different parts of Medicare and the costs, coverage, as well as how and when to enroll. Other topics in the class include: Medicare Savings Programs, Medigap policies, and Part D prescription plans. We will highlight additional health insurance subjects such as employer health insurance, possible options for Veterans, and COBRA coverage. The class will include information on prescription drug cost assistance programs, preventive coverage, and a review of related resources like www.Medicare.gov, the Minnesota Department of Commerce and www.MinnesotaHelp.info. Register by 4/24.

Instructor: Deade Johnson

Class Date: 5/1/19

Wednesday, 5:30 PM - 7:30 PM

THHS - Community Room

\$5.00

MEDICARE FRAUD AWARENESS

This class assists Medicare beneficiaries, their families and caregivers to protect, detect and report health care fraud, errors and abuse through outreach, counseling and education. Learn how to prevent Medicare and health care fraud, and protect against identity theft and scams and how to report suspicious activity. Learn about the new Medicare cards that are being mailed to all beneficiaries. Register by 5/1.

Instructor: Deade Johnson

Class Date: 5/15/19

Wednesday, 5:30 PM - 6:30 PM

THHS - Community Room

\$5.00

MUSIC & DANCE

BELLY DANCE, BEGINNING

No other exercise taps into the essence of female power like belly dance. Surrounded by terrific women of all shapes and sizes, you will be amazed how quickly you come to learn the proper form and technique of belly dance moves. The natural antidepressant and confidence boosting qualities of this low impact cardio workout will stretch and engage your body from head to toe! Please join us in comfortable clothing, and bring a hip scarf if you have one.

Instructor: Judie Sarff

Class Dates: 3/19/19 - 6/4/19

Tuesday, 6:00 PM - 7:00 PM

Minnehaha - Cafeteria

\$59.00



BELLY DANCE, BEYOND

For those who have completed one year of beginning belly dance. We will work to layer moves, increasing our flexibility and stamina. Advanced moves, choreography, and props will be introduced and practiced to further enhance belly dance skills. Let's keep the belly dance fire rolling!

Instructor, Judie Sarff

Class Dates: 3/19/19 - 6/4/19

Tuesday, 7:15 PM - 8:15 PM

Minnehaha - Cafeteria

\$59.00

INTRODUCTION TO THE UKULELE

Beginner's group ukulele lessons for ages 8 - 88. The first class will be an introduction to the instrument and you will receive information on what to look for when purchasing a ukulele, and where to shop. A limited number of scholarships are available; for further information call AI at 218-834-9526. The last class in the session will be a class recital on MONDAY, May 13th. Register by 3/20.

Instructor: Alan Anderson

Class Dates: 3/26/19 - 5/13/19

Tuesday, 6:00 PM - 7:00 PM

THHS - Choir Room 2410

\$40.00



UKULELE: THE NEXT STEP

This class will take up where the introductory class leaves off and will be open to anyone who has a basic knowledge of the ukulele (you know how to strum basic patterns and know a handful of the basic chords). If you would like to learn more about strum patterns, chord progressions, chord melodies, reading tablature and notation, and gain musical proficiency, knowledge and confidence in general, this is the class for you! Due to the more advanced nature of this class, registration will be limited to Grade 5-12 and adults. 8 class sessions, with the final session being a class recital on MONDAY, May 13th. Register by 3/20.

Instructor: Alan Anderson

Class Dates: 3/26/19 - 5/13/19

Tuesday, 7:15 PM - 8:15 PM

THHS - Choir Room 2410

\$40.00

POOL ACTIVITIES

AM LAP SWIM, MONDAY

Early morning lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled. A reminder to our lap swimmers: The pool is open to all registered adults and the lanes will be shared during lap swim. Class time will change to 5:30 - 6:30 AM beginning May 6th. Pool closed 5/27.

Lifeguard: Kathy Ronning

Class Dates: 3/11/19 - 6/3/19

Monday, 6:00 PM - 7:00 AM

THHS - Pool/Locker Rooms

\$60.00

AM LAP SWIM, WEDNESDAY

See description above. Class time will change to 5:30 - 6:30 AM beginning May 8th.

Lifeguard: Kathy Ronning

Class Dates: 3/20/19 - 6/5/19

Wednesday, 6:00 - 7:00 AM

THHS - Pool/Locker Rooms

\$60.00

AM LAP SWIM, THURSDAY

See description above. Class time will change to 5:30 - 6:30 AM beginning May 9th.

Lifeguard: Kathy Ronning

Class Dates: 3/21/19 - 6/6/19

Thursday, 6:00 PM - 7:00 AM

THHS - Pool/Locker Rooms

\$60.00

DEEP WATER AQUA FITNESS, MONDAYS

Intermediate level class offering non-impact, cardiovascular and strength training performed in deep water wearing a flotation belt. Must be comfortable in deep water. Equipment provided. Challenging and fun! No class 5/27.

Instructor: Patty Carter

Class Dates: 3/18/19 - 6/3/19

Monday, 5:30 PM - 6:30 PM

THHS - Pool/Locker Rooms

\$68.00



AQUA AEROBICS - WEDNESDAYS

An energizing workout done in both shallow and deep water that builds cardiovascular fitness, strength and endurance. The water's buoyancy provides cushioning and support, reducing the risk of muscle or joint injury. A fun and effective way to get or stay in shape for people of all ages and fitness levels. Flotation and resistance equipment provided. Park in the parking lot off Cedar Road and enter through door #14. No class 4/17.

Instructors: Betsy Hanson and Debbie Peterson

Class Dates: 3/20/19 - 6/5/19

Wednesday, 5:30 - 6:30 PM

THHS - Pool/Locker Rooms

\$68.00

LAP SWIM, EVENING - MONDAYS

Evening lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. A reminder to our lap swimmers: The pool is open to all registered adults and the lanes will be shared during lap swim. No class 5/27.

Lifeguards: Molly Negus and Marina Schreiner

Class Dates: 3/18/19 - 6/3/19

Monday, 6:30 PM - 7:30 PM

THHS - Pool/Locker Rooms

\$57.00

LAP SWIM, EVENING - WEDNESDAYS

See description above. No class 4/17.

Lifeguards: Lisa Hebl and Deanne Thomasen

Class Dates: 3/20/19 - 6/5/19

Wednesday, 6:30 PM - 7:30 PM

THHS - Pool/Locker Rooms

\$57.00

LIFEGUARDING CLASS (AMERICAN RED CROSS)

Are you interested in a great summer job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Pre-requisites: Must be at least 15 years old and pass certain swimming requirements — 2 year First Aid and CPR/AED certifications — 2 year Lifeguarding certification. CPR Pocket mask fee - \$14.00 and Lifeguard Training Text - \$34.95 (To be paid to instructors at 2nd class meeting date). Certification processing fee — \$38.00 (paid to Dave Blazevic upon course completion), includes LG, CPR/AED, First Aid, and Waterfront. Fridays and Saturdays, 9:00 AM - 3:00 PM Park in the Student Parking Lot on Cedar Road and enter door #14. Must register by 4/17.

Instructor: Dave Blazevic

Class Dates: 4/26/19 - 5/10/19

Friday & Saturday, 9:00 AM - 3:00 PM

THHS - Pool/Locker Rooms

\$100.00

SUMMER SESSION - AM LAP SWIM, MONDAYS

Early morning lap swim for ages 12-adult. Must bring cap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14.

Lifeguard: Kathy Ronning

Class Dates: 6/10/19 - 7/22/19

Monday, 5:30 AM - 6:30 AM

THHS - Pool/Locker Rooms

\$35.00

SUMMER SESSION - AM LAP SWIM, WEDNESDAYS

See description above.

Lifeguard: Kathy Ronning

Class Dates: 6/12/19 - 7/24/19

Wednesday, 5:30 - 6:30 AM

THHS - Pool/Locker Rooms

\$35.00

SUMMER SESSION - AM LAP SWIM, THURSDAYS

See description above. Pool closed 7/4.

Lifeguard: Kathy Ronning

Class Dates: 6/13/19 - 7/25/19

Thursday, 5:30 AM - 6:30 AM

THHS - Pool/Locker Rooms

\$30.00



SPORTS & EXERCISE

ARCHERY FOR FUN I, AGES 8 - ADULT

Students under 8 must be accompanied by a parent. Learn the basics of archery, shooting safety, and accuracy. NO CLASS 5/21.

Instructor: Kyle Olson
Class Dates: 4/2/19 - 5/28/19
Tuesday, 6:30 PM - 7:30 PM
Minnehaha - Gym
\$35.00

ARCHERY FOR FUN II, AGES 8 - ADULT

Students under 8 must be accompanied by a parent. Learn the basics of archery, shooting safety, and accuracy. NO CLASS 5/21.

Instructor: Kyle Olson
Class Dates: 4/2/19 - 5/28/19
Tuesday, 7:30 PM - 8:30 PM
Minnehaha - Gym
\$35.00

BALANCED BODY

Balanced Body is a class suitable for all fitness levels. This is a class that will be done for the most part while standing. All muscle groups will be used to increase strength, balance and coordination through stretching, upper body, core, and lower body exercises. Weights will be incorporated into the workout but are not necessary as all exercises can be done without the use of weights. If you are looking for a full body workout this class is perfect for you. Bring your own mat, wear comfortable clothes and bring a water bottle. You can add light hand weights if you would like to increase the intensity.

Instructor: Jillian McCorsion
Class Dates: 3/20/19 - 5/22/19
Wednesday, 6:00 PM - 7:00 PM
Minnehaha - Cafeteria
\$66.00

RESTORATIVE YOGA

Restorative yoga is a practice that is all about slowing down and opening up your body through passive stretching. Unlike a typical yoga class, where your muscles are used to hold different poses and postures, in restorative yoga the postures are held for a longer duration (3-5 minutes) using props such as blocks, bolsters and blankets. The use of props and the extended hold of the poses allows your body to deeply relax which will increase flexibility & balance. Restorative yoga also stills the mind, improves the bodies capacity to heal, boosts the immune system and improves your over all mood. This yoga class will be very relaxing and slow moving. What to bring: comfortable clothes, yoga mat, one or two blankets, yoga bolster or a firm pillow, yoga blocks, water bottle. Yoga blocks will be provided if needed.

Instructor: Jillian McCorsion
Class Dates: 3/18/19 - 5/20/19
Monday, 6:00 - 7:00 PM
Minnehaha - Gym
\$66.00



VOLLEYBALL, ADULT CO-ED

Everyone is welcome to play co-ed volleyball. All levels accepted; no jungle rules. Register before you play.

Supervisors: Amy Bergerson and Wendy Ruberg
Class Dates: 3/13/19 - 5/8/19
Wednesday, 7:00 PM - 9:00 PM
THHS - Gym
\$15.00

WALKING FOR YOUR HEALTH

See description page 10
\$3.00



WHOLE YOGA

For all levels. We will explore various yoga postures and movements, building strength and flexibility, while also releasing stress and tension. Learn healthy breath patterns, a little yoga philosophy, and practical off the mat tools for modern living. Class will end with a deep relaxation practice and a 5 minute meditation. Bring a small pillow or blanket, a water bottle, and a yoga mat. There will be a few extra mats available for student use. No class 4/11, 4/25, 5/2, 5/23.

Instructor: Hilary Buckwalter Kesti
Class Dates: 3/21/19 - 6/6/19
Thursday, 6:00 PM - 7:15 PM
Minnehaha - Gym
\$72.00



YOUTH CLASSES/ACTIVITIES

AGATE YOUTH FOOTBALL CAMP

For boys and girls entering grades K-6 this fall. Learn the fundamentals of football while having fun and improving your skills. You will receive instruction from Coach Nelson and the Agate Football Staff and Varsity Football Players. Equipment needed: shorts/sweats, t-shirt/sweatshirt, football cleats, water bottle and tennis shoes. In case of bad weather, meet in the THHS gym. Register by 6/6 to receive a camp T-shirt and to allow for proper planning. Fee includes T-shirt. All campers will need medical insurance coverage-no exceptions (forms available when you register online or in the Community Ed. office).

Coach: Tom Nelson
Class Dates: 7/22/19 - 7/25/19
Mon, Tues, Wed, Thurs, 4:00 PM - 5:30 PM
THHS - Practice Field
\$40.00

BABYSITTER CLINIC

For youth grades 5 & up. This class will provide participants with basic safety/babysitting skills that will prepare them to stay home alone and to be a dependable, capable babysitter when the time comes. Participants will receive a certificate upon completion of class. Bring a snack. You must register before you attend this class; class numbers are limited.

Instructor: Michelle Libby
Class Dates: 4/1/19 & 4/2/19
Monday & Tuesday, 3:40 PM - 6:30 PM
Minnehaha - Library
\$20.00



COMPETITIVE SWIMMING FOR GIRLS AND BOYS, GRADES 4-6

FOR GRADES 4-6 ONLY. This is an excellent opportunity for you to learn and develop the basic skills needed to compete in swimming. Bring a suit, swim cap, goggles and towel. Park in the parking lot off Cedar Road and enter through door #14.

Coach: Heather Mayfield
Class Dates: 3/11/19 - 3/21/19
Mon, Tues, Wed, Thurs, 4:00 PM - 5:00 PM
THHS - Pool/Locker Rooms
\$40.00

DRIVER EDUCATION PARENT MEETING

The parent night for driver education is meant to educate parents on the laws regarding teen drivers, the risks involved related to driving and teens, and to equip parents with tools and strategies for a successful driving experience for them and their teens. Teens are required to attend this meeting with their parent; it does not count towards their required 30 hours of class time. Parent participation reduces required practice driving time from 50 to 40 hours. Certificates are awarded for completion of the Parent Session. Registration is required.

Teacher: George Olson
Meeting Date: 6/11/19
Tuesday, 6:00 PM - 7:30 PM
THHS - Cafeteria
No Fee

DRIVER EDUCATION, THHS SUMMER CLASS

We appreciate that our students have busy schedules, but attendance in Driver's Education must be a priority. One make-up day is scheduled for an unavoidable conflict. Any further missed lessons will be made up at an additional charge of \$90 per lesson; no allowances will be made. The program features 30 hours of classroom instruction and 6 hours of behind the wheel instruction. Classes are open to students 14 1/2 years of age or older who reside or attend public school within Lake Superior School District #381 and have their parent/guardians permission if under 18. Make-up Day, Monday, June 24, 8:00 AM - 11:00 AM

Teacher: George Olson
Class Dates: 6/10/19 - 6/24/19
Monday - Friday, 8:00 AM - 11:00 AM
THHS - Room 2313
\$410.00

FLAG FOOTBALL, GRADES K-4

Flag Football is for all boys and girls entering grades K-4 this fall (3rd and 4th graders have the option to play "Pony" or "Flag" Football). A t-shirt is included in the registration fee. You can register online through the Community Education website, or registration forms can be picked up at the Community Education office at THHS. Please contact Coach Nelson 834-8221 ext. 8407(w) or 830-8083 (c) with any questions. Register by 6/6 to allow time to order proper equipment. All players need medical insurance coverage - no exceptions. GO AGATES!!

Class Dates: 9/10/19 - 10/16/19
Tuesday & Wednesday, 4:00 PM - 5:30 PM
Odegard Park
\$50.00

GARDENING WITH KIDS

See description on page 18.

Instructor: Jadedell Cavallin
Class Date: 4/9/19
Tuesday, 5:30 - 7:00 PM
THHS - Cafeteria
\$15 for 1 adult & 1 child and \$8 for each additional child



INTRODUCTION TO THE UKULELE

See description on page 19.

Instructor: Alan Anderson
Class Dates: 3/26/19 - 5/13/19
Tuesday, 6:00 - 7:00 PM
THHS - Choir Room 2410
\$40.00

PONY FOOTBALL

For students entering grades 3-6 in the fall; 3rd & 4th grade students can play Pony instead of Flag Football if the student and parent(s) request it. Practice will begin Monday, Aug. 19, with a parent meeting and equipment handout. Games will be on Saturday mornings; a schedule will be available at a later date. Parents are responsible for transportation to and from games. The \$70 fee includes ALL equipment with the exception of football cleats, which you must supply. All players need medical insurance coverage - no exceptions. GO AGATES!! Register by 6/6 to allow for planning and equipment purchases. Forms available when you register online or in the Community Ed. office. Call Coach Nelson @ 834-8221, ext. 8407 or cell # 830-8083 with any questions. GO AGATES!!

Class Dates: 8/19/19 - 10/17/19
Mon, Tues, Wed, Thurs, 4:00 PM - 5:45 PM
Odegard Park
\$70.00

SUMMERBLUE ARTS

See description on page 10.

Director: Lon Church
Class Dates: 7/8/19 - 7/26/19
Monday - Friday,
9:00 AM - 3:30 PM
Lon Church Site at Flood Bay
\$360 (Siblings \$180)



WHAT'S IT LIKE TO BE A RADIO SHOW HOST?

See description on page 18.

Instructor: Katya Gordon
Class Date: 4/9/19
Tuesday, 6:30 PM - 8:00 PM
THHS - Community Room
No Fee

WHO'S WHO IN THE ZOO (A VIRTUAL FIELD TRIP)

See description on page 18.

Instructor: Kris Lee
Class Date: 4/3/19
Wednesday, 3:45 PM - 4:45 PM
THHS - Room 2203
No Fee

AFTER SCHOOL ART FOR KIDS AT MINNEHAHA, GRADES K-5

Enjoy a variety of arts and crafts workshops that will excite and stimulate your elementary school boy or girl. Register for each week individually. Make it a family event by coming with your child to help them along, or sign up and you can make the project too! Please register early so the instructor has time to prepare the projects for everyone. Instructor: Stamping To See You; Mondays, 3:30 - 5:00 PM; Minnehaha - Cafeteria

PLANES, TRAINS & AUTOMOBILES II

Paint and build a wood car, boat, plane or train. A different wood project each workshop.
Class Date: 3/18/19
\$15.00

MINI GARDEN CANVAS

Create a spring garden on a mini canvas using inks, crayons and embellishments.
Class Date: 3/25/19
\$15.00

PAINT A SNAKE

These snakes and lizards are fun to paint and embellish with neon and glow in the dark paints.

Class Date: 4/1/19
\$15.00

SPRING WREATH

Create a wreath full of spring flowers and ribbon to hang on a door or hook.

Class Date: 4/8/19
\$15.00

EGG DECORATING

We will have all the fixin's to color and decorate eggs for the kids' spring baskets.

4/15/19
\$15.00

CREATE A COLORBOOK

Build and bind your very own custom color book for travel or just coloring fun.

Class Date: 4/22/19
\$15.00

FAIRY VILLAGE

Create a small fairy village terrarium complete with plants and embellishments.

Class Date: 4/29/19
\$15.00

MOTHER'S DAY TREAT

Build a set of toaster tongs and embellish a 3-piece set of glass containers for Mother's Day.

Class Date: 5/6/19
\$15.00

PLANES, TRAINS & AUTOMOBILES III

Paint and build a wood car, boat, plane or train. A different wood project each workshop.

Class Date: 5/13/19
\$15.00

SUMMER SKETCHBOOK

Create a sketchbook to journal and draw all the wonderful summer adventures that are ahead.

Class Date: 5/20/19
\$15.00

ADULT WORKOUT NIGHT

This is a great chance to vary your workout and have fun!! You can choose the gyms for basketball, volleyball, pickle ball and badminton; or use the pool or fitness center. All three spaces are available for your workout and are included in your registration fee.

**THHS, 7:00 - 9:00 PM
Tuesday and Thursday,
March 12 - May 30.**

\$40 - REGISTER AND PAY AT CITY HALL

FINLAND COMMUNITY EDUCATION

MIXED MEDIA FIBER SCARVES

Bright, vibrant and lightweight for summer, these no-sew mixed media scarves are just perfect to add to your summer wardrobe. Yarns, fibers, beads all mix together to create a distinctive accessory.

Instructor: Stamping To See You

Class Date: 3/20/19

Wednesday, 6:00 PM - 8:00 PM

Clair Nelson Community Center - Finland

\$25.00

TUESDAY MORNING SOMAYOGA FLOW YOGA

A blend of a blend of hatha yoga: (mind awareness, body alignment, breath practices and meditation) and somatics (which works with voluntary muscles and brain reeducation.)

Class concentrates on breath awareness and breath practices, uses Mudras and Mantras, asana, relaxation, and meditation to dive into all layers of mind, body and soul. Students flow from one posture into the next, focusing on their energy flow through the body and their breath letting this be their teacher. Water bottle recommended. FOCUS: Increase flexibility, strength & stability This class incorporates breath work and postures to increase the body's alignment, strength and flexibility. Emphasis on the inner core, building awareness, and finding ease in the body. 9 sessions.

Instructor: Kim Josephson

Class Dates: 4/2/19 - 5/28/19

Tuesdays, 9:00 AM - 10:00 AM

Clair Nelson Community Center - Finland

\$117.00

STAMPENDOUS CARD CREATIONS

Stampendous is a leader in the papercraft industry with a full line of stamps, papers, stencils, pastes, and embellishments used to make fun, elegant, fancy and quirky cards and papercraft projects.

Instructor: Stamping To See You

Class Date: 4/7/19

Sunday, 12:00 PM - 4:00 PM

Clair Nelson Community Center - Finland

\$25.00

FINLAND FARMING & GARDENING SERIES: SOILS

This class is about the amazing world of SOILS, how to test, evaluate, nurture and grow your soils using various composting techniques, soil amendments, plantings, and cover crops. Learn about the soil community that makes the whole thing work. There is a good reason we say soil, and not dirt. Come find out why. This class is taught by David and Lise Abazs, Round River Farm. David also works with Extension and Lise is a trained Master Gardener. This class is a part of the Finland Food Chain project.

Instructors: Lise Abazs and David Abazs

Class Date: 4/18/19

Thursday, 6:00 PM - 8:00 PM

Baptism River Community Church - Finland

\$5.00

FINLAND FARMING & GARDENING SERIES: GARDEN & FARM PLANNING

Garden & Farm Planning will cover issues like plant variety selection, seed and seedling planting timing, scheduling, record keeping and mapping of your garden and fields. Learn how to make the whole thing work. David and Lise Abazs, Round River Farm. David also works with Extension and Lise is a trained Master Gardener. This class is a part of the Finland Food Chain project.

Instructors: Lise Abazs and David Abazs

Class Date: 4/25/19

Thursday, 6:00 PM - 8:00 PM

Baptism River Community Church - Finland

\$5.00

FINLAND FARMING & GARDENING SERIES: FARM FINANCES & TAXES

Garden & Farm Planning will cover issues like plant variety selection, seed and seedling planting timing, scheduling, record keeping and mapping of your garden and fields. Learn how to make the whole thing work. David and Lise Abazs, Round River Farm. David also works with Extension and Lise is a trained Master Gardener. This class is a part of the Finland Food Chain project.

Instructors: Lise Abazs and David Abazs

Class Date: 5/2/19

Thursday, 6:30 PM - 8:00 PM

Baptism River Community Church - Finland

\$5.00

FAST & FUN JEWELRY MAKING

Want to make some handmade jewelry, but don't want to invest in all the tools and beads? This workshop was designed just for you. We will create several pieces that are fast and fun for the person who has limited time. We will create a drop-a-bead necklace, an infinity scarf charm and an interchangeable pin. If you have beads or bead project left-overs bring them along and you can see how easy it is to incorporate these jewelry designs into your wardrobe or gift giving.

Instructor: Stamping To See You

Class Date: 5/8/19

Wednesday, 6:00 PM - 8:00 PM

Clair Nelson Community Center - Finland

\$25.00

IMPRESSION OBSESSION CARD MAKING

We will peek into Mitra's designer mind when we begin to incorporate her stamps, die cuts, embossing folders, papers and embellishments into our cardmaking and art projects. This is a fun afternoon of cardmaking and experimenting with various papercraft techniques.

Instructor: Stamping To See You

Class Date: 5/12/19

Sunday, 12:00 PM - 4:00 PM

Clair Nelson Community Center - Finland

\$25.00



FUSED AND DICHROIC GLASS PENDANTS

We will learn how to get started making glass pendants with COE and dichroic glass. Choosing glass, layering, adhering and kiln bonding are all parts of this workshop. Each student will create 4 pieces of finished glass. If you have taken this workshop in the past, register to create 4 additional pieces to add to your collection.

Instructor: Stamping To See You

Class Date: 4/24/19

Wednesday, 6:00 PM - 8:00 PM

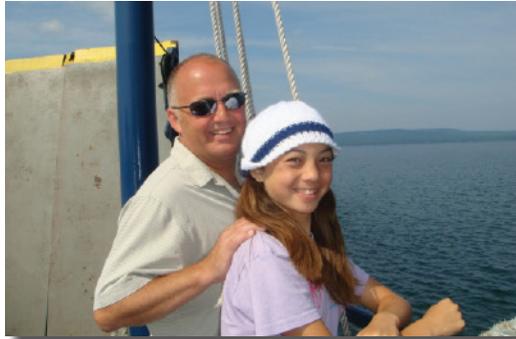
Clair Nelson Community Center - Finland

\$25.00

Alumni

HIGHLIGHT - LON CHURCH

1979 THHS graduate Lon Church approaches a milestone in his career this coming summer: Summerblue Arts' 23rd season will see his 100th directed and/or choreographed theatre production. It all started on top of the hill in the old high school auditorium. "I remember many wonderful teachers like Greg Michel and Dave Rossiter, and coaches like Ozzie Hattlested and R. L. Johnson, but it was singing in Darryl Johnson's choir, madrigals, and barber-shop quartet; and being in several plays that obviously directed me toward my passion for the arts, and I am eternally grateful for the opportunities I continue to receive here."



THHS Alumni Lon Church with daughter Chloe on Lake Superior.

Now a director at two separate theatres in the Twin Cities, he is also currently adapting a nationally recognized novel

for the stage. His professional career as an actor and dancer has included leads with the Michigan Shakespeare Festival, the Annex Theatre in Seattle, and touring with Brosseau Danceworks in the Carolinas. In addition to his degree in Performing Arts from Beloit College, he studied and performed with the Jamaica School of Dance.

"Highlights for me have been directing several Shakespeare plays, especially Macbeth with

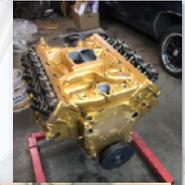
a Maine Shakespeare festival company, and A Midsummer Night's Dream and Romeo and Juliet more than once, but I also love teaching students of all ages and always look forward to returning to my home on the North Shore each summer to create new works with the kids of Summerblue.

GEARHEAD CLUB

By Jake Vankekerix

Last October, a few local gearheads who attend Two Harbors High School decided we need our own club. THHS has many extra-curricular clubs, but one that exercised our interests was non-existent. The goal of our club is to ensure that the gearhead enthusiasm gets carried into the next generation. We currently have 29 active members and four officers. These include President Jake Wilmot, Vice President Andrew Elmquist, Secretary Jake Van Kekerix, and Treasurer Carson Wenger. We'd like to thank teacher, Mike Fitzpatrick, and our principal, Jay Belcastro, for their help and support in getting our club started.

So far, we have had meetings once a week, watched educational videos, and educated those who were interested about anything with a motor to the best of our knowledge. A couple of us even got the opportunity to help rebuild a v8 with Cody Smith for his Oldsmobile. We are hoping to work with the car club and snowmobile club. We are working on visiting the local car collectors and restorers as well. Hopefully we can possibly compete with some of our projects in the near future!





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