

2019 SUMMER RECREATION PROGRAMS

The 2019 programs will run for 6 weeks from June 10th to July 25th

Age groups are for the current school year (2019)

There will be no activities on the week of the 4th of July

Cost is \$20.00 per activity \$30.00 after May 31st. Checks should be made out to

The City of Two Harbors

Activities

Arts and Crafts: Ages 5-k Boys and Girls.

Tuesday and Thursday 10:00-10:45. Two Harbors High School ,
Health room 2034. (Enter through door 14 and use back of school staircase)

Golf: Grades 5-10, Boys and Girls

Tuesdays June 11-July 30

5th & 6th grade-----9:00-11:00

7th & 8th grade-----10:00-12:00

9th & 10th grade-----10:00-12:00

Tennis: Grades 4-8, Boys and Girls.

Tuesday and Thursday

12:00-1:00 at TH High School Tennis Courts

Volleyball: Grades 3-8, boys & girls

Tuesday and Thursday 1:30-2:30, THHS gym

Weight Training: Grades 7-12, boys and girls,

June 10th -July 26th Monday, Wednesday, & Friday 6:00-7:30 AM.

THHS Fitness Center

Girls Basketball: Grades 3-6

Monday and Tuesday, 9:00-10:00 AM., **THHS gym**

Boys Basketball: Grades 4-12

Monday, Tuesday, Wednesday, 3:30-6:30 **THHS gym**

This REGISTRATION FORM will be collected at any school Principal's office BEFORE May 31 or mailed to

TIM REPPE
532 8th Avenue
Two Harbors, MN 55616

PLEASE NOTE:

The City of Two Harbors is not responsible for any personal injuries resulting from participation in Summer Recreation Programs.

****When entering THHS use the Student parking Lot off the Cedar Rd. and use DOOR #14 ONLY for Entering and Exiting****

Detach here - - - - -

Activities Registering for :

FIRST NAME _____ LAST NAME _____

GRADE: ___ AGE: ___ PHONE: (___) ___ - _____

ADDRESS _____

AMOUNT ENCLOSED \$ _____ CHECK _____ CASH _____

cash or check only

North Shore Hockey Camp

“North Shore Hockey Camp” will focus on overall physical training, stickhandling and shooting. Physical training goals include increasing strength, endurance, quickness, agility and flexibility through a variety of training methods. The goal of physical training is to develop core and leg muscles necessary to prevent injury and to properly skate. Skills training will be done in a fun group environment to help increase engagement with fundamental shooting and stickhandling drills. Information regarding nutrition, mental health and wellness also provided throughout sessions. Athletes will be grouped by age.

Where: Lake County Arena, Two Harbors

When: Tuesdays and Thursdays

Time: 5:30-7pm

Starting June 11th and ending July 30th (13 sessions)

Who: any person ages 9-18 looking for a fun work out

Cost: \$30

What to bring: workout clothes, quality shoes, water bottle, sticks, gloves

Coaches: Dan Thewis and Andy Fellows

Contact: Dan Thewis dthewis@isd381.org 651-621-0858