

THE Ripple

FALL 2022

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***Registrations open
September 1st @ 8am!***

Find us on facebook 

Lake Superior School District Community Education

UPCOMING EVENTS

LAKE SUPERIOR SCHOOL DISTRICT

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Nurses Corner:

School Nurse Office Numbers:

Sarah Kuevi-Akoe, THHS
 Phone: 218-834-8201 x 8212
 Email: skueviakoe@isd381.org

Molly Gadsby, William Kelley
 Phone: 218-226-4437 x 8108
 Email: mgadsby@isd381.org

Sherri Hobbs, Minnehaha
 Phone: 218-834-8221 x 8434
 Email: shobbs@isd381.org

Counselor Corner:

Jo Martinez, William Kelley
 Email: jmartinez@isd381.org
 Phone: 218-226-4437 ext. 8134

Rachel Howard, Minnehaha
 Phone: 218-834-8221 ext. 8421

Callie Lindmeyer, THHS
 Email: clindmeyer@isd381.org
 Phone: 218-834-8201 ext. 8206

Katrina Thompson, THHS
 kthompson@isd381.org
 Phone: 218-834-8201 ext. 8310

AUGUST

- 30 MINN Open House 5pm-7pm
- 31 WKS/THHS Open House 5pm-7pm

SEPTEMBER

- 6 First day of school
- 9 School is in Session this Friday
- 9 THHS Driver Education Class Begins
- 12 WKS PTO Meeting 4pm
- 12-13 THHS Picture Day
- 13 School Board Mtg 6pm @ WKS
- 19 SB Driver Education Class Begins
- 19 WKS High School Picture Day
- 20 WKS Elementary School Picture Day
- 27-28 MINN Picture Day

OCTOBER

- 1 2022 in 2022 Healthy Community Walk-a-thon in Silver Bay & Two Harbors
- 10 WKS PTO Meeting 4pm
- 11 School Board Mtg 6pm @ THHS
- 15 Chanhassen Dinner Theatre Trip (register by 9/15)
- 20 MEA - NO SCHOOL
- 26 WKS - College/Trades Fair

NOVEMBER

- 9 WKS/THHS/MINN Evening conferences 5pm-7pm
- 10 WKS/THHS/MINN All day conferences - NO SCHOOL
- 14 WKS PTO Meeting 4pm
- 15 School Board Mtg 6pm @ WKS
- 24 NO SCHOOL - Thanksgiving

DECEMBER

- 3 Holiday Shopping Trip (register by 11/23)
- 12 WKS PTO Meeting 4pm
- 13 School Board Mtg 6pm @ THHS



For the most up to date information on important dates please see the ISD 381 District Events Calendar.



Photo needed!

We're looking for a photo for the front cover of the Winter 2022 issue of *The Ripple*. It should be Winter themed. The picture can be from a student, community member, or staff. It should be from somewhere within our district and photo credit will be given. If you are willing, send electronically to agoutermont@isd381.org. Must submit by November 15th. If your photo is chosen you will receive a \$20 voucher toward a future Comm. Ed. class!



MESSAGE FROM THE SUPERINTENDENT FOR LAKE SUPERIOR SCHOOL DISTRICT

It is with great excitement that I write this Back to School letter for the Ripple. I hope you and your family are doing well and enjoying a great summer. Although the summer is coming to an end, we have the fall to look forward to. Fall is my favorite season of the year. Great weather, fishing and hunting, no mosquitoes, and of course the return of our students to our schools.

The 2022-2023 school year begins my 28 years in public education. Each start to a new year has been exciting but this one is even more exciting. At this time last year, we were preparing for students with a lot of COVID concerns. Now, we are preparing for what feels like a much more traditional beginning.

Traditions have changed and although this feels much more familiar, we are definitely operating in new times. What we learned over the last 24 months has prepared us for a different learning experience. Blending the traditions of the past with opportunities of the present has created an exciting educational environment. A familiar and important asset is our professional staff serving all students in the district. The Lake Superior School District School Board members lead fearlessly through COVID with the best interest of our students and staff in mind, our transportation department ensures students are safely transported, our kitchen staff prepares meals, the custodians work to provide a clear and safe environment, the district staff works behind the scenes to ensure the financial viability of the Lake Superior School District, the paraprofessionals who assist students in a variety of different ways, the coaches/advisors who provide a different type of learning, the teachers who have refined their instructional strategies to ensure all learners are progressing, our amazing students who show up daily excited to learn, and our parents/guardians who support our schools. When everyone is moving in the right direction, great things happen. Remove anyone and the system's strength is in jeopardy. Parents/guardians play a critical role in your student's learning experience. What I know is you need support, what I would like to remind you is your students' teachers and support staff need support as well. If we all adopt the "Every Student Every Day" mantra great things happen.

To assist in the support, I am excited to share some new things with you. This summer has been all about school redesigns. Staff members have joined the district project management team to finalize plans to meet the goal of providing students and staff with 21st-century learning environments. I cannot wait for you to see the renderings that will be on display in each school at the open houses. Your support in passing the building bond referendum last November will transform our schools. Classroom functionality, teacher collaboration, building security, and natural lighting will all happen because of the successful vote. Next summer the construction begins. The fall of 2024 is the target for the construction.

The district has also invested in curriculum with the hiring of a Curriculum Director. Former Two Harbors Assistant Principal Dan Johnson has taken on the challenge of ensuring all district students and teachers are supported and will work to ensure new curriculum purchases are implemented with fidelity. This new position will serve our teachers assisting in curriculum development and alignment through the use of student data. The new THHS Assistant Principal will be announced very soon.

Matt Joslyn has been hired in the Two Harbors as the new Transportation Dispatcher. Matt comes to the district with a lot of technical knowledge that will be put to good use as the district has implemented a digital transportation system. This system will assist with communication and bus driver support. As Matt continues to learn the program, more communication opportunities for parents will be implemented. Matt will also be a route driver in the Two Harbors Area.

We are very excited to welcome new staff to all schools and you and your students to the new school year. Please let me know if there is anything I can do to support you and your learner.

I close with optimism for our district and blessed I get to serve such a great district.

Jay Belcastro
Superintendent
Lake Superior School District

2022 IN 2022 HEALTHY COMMUNITY WALK-A-THON

Healthy Communities are both physically active as well as connected and engaged. The LSSD Community Education 2022 in 2022 Healthy Community Walkathon is designed to promote both physical wellness and community engagement. It's 2022, and we are challenging our communities to walk 2022 laps on our school track! That is collectively over 500 miles of healthy activity while engaging with family, neighbors and friends. Thank you for choosing to participate in this event and building our community!

Participants are free to complete their designated laps any time between 7am-12pm. Participants must check in at the registration desk and must sign out when they have completed their laps. T-shirt pick up will also take place at the registration table (sizes may be limited).

Saturday October 1st, 2022 - 7am-12pm

William Kelley School Track - Football Field - Two Harbors - HS Track

\$22

Little

MARINERS

Preschool

Little

AGATES

Preschool

PRESCHOOL 2022-2023

Our preschool program provides a fun, educational and welcoming learning environment. We focus on building social emotional skills, literacy and language, physical and emotional wellness as well as preparing them to be part of our K-12 learning path. OUR school based program provides the accommodations of the school building such as the gym, cafeteria, playground and other facilities letting children feel comfortable learning in the school they could attend as a Kindergartner.

Our objectives utilize developmentally appropriate activities which enhance a child's social development (particularly play and getting along with other children, relating to other adults, interacting as a group member, and learning to follow directions, etc.); To enhance a child's creativity through art projects, music experiences, dramatic play, story time, etc.; To stimulate a child intellectually by exposing the child to concepts and ideas and letting the child interalize on his/her own; not direct teaching or measuring accomplishments. To have fun!

We are a 4-star parent aware rated program, which is the highest rating awarded. We provide high quality education that nurtures the whole child. Children must be toilet trained to attend our preschool programs.

SILVER BAY PRESCHOOL

Little Mariners 4's Preschool - William Kelley School

Children must be 4 by September 1, 2022

Monday, Wednesday, Thursday

7:45 AM - 11:45 AM

Teacher: Mckenzie Blood

Tuition: sliding fee scale with maximum tuition of \$252.00 per month + \$40.00 registration fee.

CURRENTLY FULL - Please register on the **WAITLIST**

TWO HARBORS PRESCHOOL

Little Agates 4's Preschool - Minnehaha School

Children must be 4 by September 1, 2022

MORNING SESSION

Monday - Thursday

7:50 AM - 11:00 AM

Teacher: Ann Carlson

Tuition: sliding fee scale with maximum tuition of \$252.00 per month + \$40.00 registration fee.

CURRENTLY FULL - Please register on the **WAITLIST*

AFTERNOON SESSION

Monday - Thursday

12:05 PM - 3:10 PM

Teacher: Ann Carlson

Tuition: sliding fee scale with maximum tuition of \$252.00 per month + \$40.00 registration fee.

Little Agates 3's Preschool - Minnehaha School

Children must be 3 by September 1, 2022

Monday, Tuesday, Thursday

7:50 AM - 11:00 AM

Teacher: Jenn Koehler

Tuition: sliding fee scale with maximum tuition of \$190.00 per month + \$40.00 registration fee.

Scholarships are available. If your family qualifies for free or reduced lunch, you may qualify for a Pathway Early Learning Scholarship. For more information about scholarships, contact: 218-226-4437 ext. 8158 or klenski@isd381.org

Pathway 1 Early Learning Scholarship application: www.northlandfnd.org



THE FUTURE IS IN OUR HANDS



Little **MARINERS** Childcare

What makes Little Mariners Child Care different from other childcare options in our area?

- All food, formula, diapers, and wipes included!
- We are part of William Kelley School!
- We use a dynamic curriculum to promote the social, emotional, physical and cognitive development of our students.



Hours

Monday - Friday
6:30am - 6:00pm

Location

William Kelley School
137 Banks Blvd.
Silver Bay, MN 55614



Contact

Kerissa Graden
Child Care
Coordinator
218-226-4437
ext. 8453
kgraden@isd381.org



Like and Follow us
on Facebook

Little Mariners Child Care is a 4 Star Parent Aware Rated Program!



ECFE

Early Childhood Family Education Play ♦ Learn ♦ Grow



ECFE is a program for parents and children ages birth to pre-kindergarten five. Weekly sessions include many fun learning activities for children as well as parent education for adults.

Come for your child; stay for yourself!

Sessions will begin September 26. Full year registration opens on September 6, the first day of K-12 school, at 6 AM.

Please see <https://lakesuperiorcomed.ce.eleyo.com/> for fees and to register.

MIXED AGE SESSIONS SILVER BAY SESSIONS

WKS room 104

Play & Learn (no separation at this time)

Mondays 6:00-7:00 PM

Tuesdays 9:00-10:30 AM

Tuesdays 11:00-12:30 PM

TWO HARBORS SESSIONS

Minnehaha room 116

Tuesdays 6:00-7:30 PM

Wednesdays 8:30-10:00 AM

Wednesdays 10:30 AM-Noon

Gym Night will begin in January.

EARLY CHILDHOOD SCREENING

Early Childhood Screening is a free and simple check of how your child is growing, developing and learning. Screening at 3 is preferred, but a child may be screened between the ages of 3 and the start of kindergarten as required by law.

At a screening appointment trained professionals will check:

- Vision and hearing
- Height and weight
- Immunizations (shots)
- Large and small muscles
- Thinking, language and communication skills
- Social and emotional development

Fall screening dates in Two Harbors:

September 12

October 17

November 14

December 5

Please see Eleyo for Silver Bay screening dates.

<https://lakesuperiorcomed.ce.eleyo.com/>

To register for ECFE or Screening scan here: →



Kids & Co.

It's the place to go!

Do you need childcare before or after or care for your Kindergarten or Elementary-aged children? Kids & Co. is dedicated to providing enriching out-of-school education in a safe and welcoming environment where children are inspired, personal growth is nurtured and families are supported. We provide a supportive, fun school-age education experience. Every aspect of what we do has your child in mind. Whether your child craves challenge and adventure, connection and friendships or just wants to chill, we offer engaging opportunities as unique as your child.

- Safe, Supervised Care
- Indoor/Outdoor Play
- Activities
- Arts and Crafts
- Snacks
- Field Trips

PROGRAMS

Before School Care

After School Care

Full Day Preschool Care

Summer Day Camp Programs



LOCATIONS

Minnehaha School

421 7th Street
Two Harbors, MN 55616

William Kelley Schools

137 Banks Blvd
Silver Bay MN 55614

FOR MORE INFORMATION

Please contact Bruce Remme, Community Ed. Director at bremme@isd381.org or (218) 834-8221 ext. 8227. Silver Bay Kids & Co. @ silverbaykids@isd381.org

TO REGISTER

Visit lakesuperiorcomed.ce.eleyo.com



That's Community Ed!

COMMUNITY EDUCATION ADVISORY COUNCIL

The Community Education Advisory Board meets four times a year. We welcome your ideas, suggestions, concerns and questions. Our meetings are open to the public. Please call **Angie at 226-4437, ext. 8137** if you would like to attend a meeting.

Current Council Members

Maria VanSanten	Karen Tucker
Mary Aijala	Karen Updegraff
Tom Clifford	Steve VanHouse
Harriet Hagedorn	Marlys Wisch
Dick Sigel	

The Advisory Council provides input and advice to the Community Education Department. Community Education offerings include: after school programs, adult education, youth activities, community use of school facilities, early childhood family education, preschool and more. If you are interested in becoming a council member or would like more information, please contact **Bruce Remme, Community Education Director at 218-834-8201, ext. 8227.**

NEED TO USE A SCHOOL FACILITY FOR A MEETING OR EVENT?

Facility Scheduling is now paperless! Requests should be made online.

To become a requester:
<https://lakesuperiorcomed.ce.eleyo.com/>

School activities take precedence over other events. For example: THHS gyms and auditorium are reserved for school use, 3:30 PM - 6:00 PM, for sports practices, rehearsals, etc.

New change in facility policy. For clients that are not exempted there is a minimal reservation charge. **Call for the Community Education office for details: 218-834-8201, ext. 8230 or 218-226-4437, ext. 8137.**

TWO HARBORS

ADULT POOL ACTIVITIES

ADULT AM LAP SWIM

Early morning lap swim. Must bring a swim cap, suit and towel.

Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled.

Lifeguards, Deanne Thomasen, Lisa Hebl & Molly Negus

Mondays: 9/12/22-12/19/22

Tuesdays: 9/13/22-12/20/22

Thursdays: 9/15/22-12/22/22

No Classes: 10/20/22 and 11/24/22

6am-7am for all days

THHS Pool

Mondays: \$60

Tuesdays: \$60

Thursdays: \$52



WATER AEROBICS - WEDNESDAY



An energizing workout done in both shallow and deep water that builds cardiovascular fitness, strength, and aerobic endurance. Creating an enjoyable atmosphere with music. The water's buoyancy provides cushioning and support, reducing the risk of muscle or joint injury. A fun and effective way to get or stay in shape for people of all ages and fitness levels. Flotation and resistance equipment is provided. Park in the parking lot off Cedar Road and enter through door #14.

Instructor, Debbie Peterson

9/14/22 - 12/7/22

No class: 10/19 & 11/23

6:30 - 7:30 PM *when the swim season ends the time will change to 5:30

- 6:30 PM*

THHS Pool

\$91

DEEP WATER AQUA FITNESS - MONDAY

Intermediate level class offering non-impact, cardiovascular and strength training ALL performed in the deep end of the pool wearing a flotation belt. Must be comfortable in deep water. Equipment provided. Challenging and fun! Park in the parking lot off Cedar Road and enter through door #14.

Instructor, Meghan Cavallin

9/12/22 - 12/19/22

6:30 - 7:30 PM *when the swim season ends the time will change to 5:30

- 6:30 PM*

THHS Pool

\$91

SPORTS & EXERCISE

WALKING FOR YOUR HEALTH

Is it too cold or icy to walk outside? Walkers are welcome to use the THHS for exercise Monday through Thursday from 4:00 - 7:00 PM. The buildings will not be open on school holidays. Clean walking shoes and an ID badge are required. Your \$3 fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office or online). If you purchased a badge in the past, please bring it in to get a new free pass card. You can pick up your pass in the Community Ed. office.

Location: Two Harbors High School

Dates: November 1 - March 9, 2023 (except when facility is closed)

Times: 4:00pm-7:00pm

Fee: \$3

BELLY DANCE, BEGINNING

BELLY DANCE

No other exercise taps into the essence of female power like belly dance. Surrounded by terrific women of all shapes and sizes, you will be amazed how quickly you come to learn the proper form and technique of belly dance moves. The natural antidepressant and confidence boosting qualities of this low impact cardio workout will stretch and engage your body from head to toe! Please join us in comfortable clothing, and bring a hip scarf if you have one.

Instructor, Judie Sarff

Minnehaha Cafeteria

Date: Tuesdays, September 13 - December 6, 2022

Time: 6:00 - 7:00 PM

Fee: \$65

Two Harbors Quilters

Do you love quilting? Two Harbors Quilters is a quilt group that meets once a month to share ideas and techniques while having FUN! This group is not a quilt guild. There are no dues, no rules, and no quilt police. We will be under the umbrella of the Two Harbors Community Education Program. A typical meeting will consist of a brief welcome and introduction, a game and prize drawing, demonstration, show and tell, question and answer session, idea sharing, and special activities and projects. Ideas for group activities and meetings content will be up to all members. New ideas welcome! Activities could include swap events, challenges, guest speakers, quilt alongs, charity work, trash to cash events, block lotto, trunk shows, quilt shows and more! This group is open to everyone interested in quilting. All skill levels are welcome.

Dates for meetings will be the second Thursday of each month at 6:30 p.m. at T.H.H.S. in the Community Room. Two Harbors Quilters meet year round. Cost is \$20.00.

Questions? Call Luanne Ellingsen at 218-834-4794.

GENERAL INTEREST

WILL TAXES AFFECT YOUR RETIREMENT?

When you retire, you leave behind many things - the daily grind, the commute to work, and maybe even your precious home. However, one thing that will always remain is a tax bill. When you understand how investments are taxed and set strategies accordingly, you can make decisions that help keep income taxes in check.

Instructor, Financial Consultant, Jeff Hakala

Tuesday, October 4, 2022

6:00 - 7:00 PM

THHS Community Room

\$7

ESTATE STRATEGY ESSENTIALS



No matter your wealth or status, you have an estate. And all estates have something in common - you can't take it with you when you die. Join us for this workshop, Prepare Wisely: Estate Strategy Essentials.

Instructor, Financial Consultant, Jeff Hakala

Tuesday, Nov 22, 2022

6:00 - 7:00 PM

THHS Community Room

\$7

DATES:

September 15, 2022

October 13, 2022

November 10, 2022

December 8, 2022

January 12, 2023

February 9, 2023

March 9, 2023

April 13, 2023

May 11, 2023

June 8, 2023

July 20, 2023 (Third

Thursday of the month)

August 10, 2023

TINY HABITS® THAT WILL CHANGE YOUR LIFE! ONLINE VIA ZOOM

Tiny Habits® is a research-based way to create habits in your life. This method is a breakthrough because once you learn the Tiny Habits® method you can succeed without relying on willpower or motivation. The most powerful aspect of the Tiny Habits® method is the "success momentum" that develops from the use of Tiny Habits®. The Tiny Habits® method is developed by Stanford University Behavioral Scientist, Dr. BJ Fogg and all facets of the course will focus on his research-based approach to behavior change. The instructor Ann Dolence is a Certified Tiny Habits® Coach and has trained 100's of people in the Tiny Habits® method.

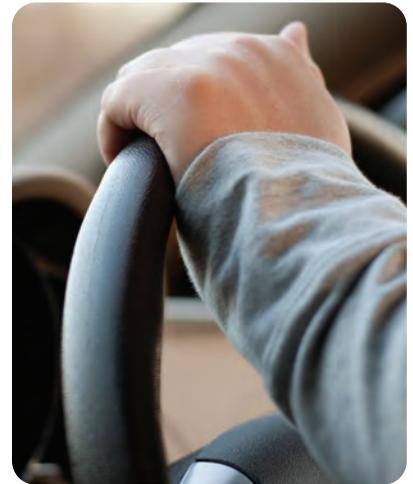
Tuesdays: October 11th, 18th, 25th and November 1st

Time: 7:00 pm to 8:00 pm

Online via Zoom, you will receive an emailed link from your instructor before the first day of class.

\$36

DRIVER IMPROVEMENT, 4HR REFRESHER



This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor, Dean Skalicky

Monday October 5th, 2022 5pm-9pm

THHS - Community Room

\$24

TWO HARBORS COMMUNITY EDUCATION

DRIVER IMPROVEMENT, 8 HOUR

This driver improvement course is the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor, Dean Skalicky

Tues & Wed - October 11th & 12th, 2022

5pm-9pm

You must attend all 8 Hrs.

THHS - Room TBD

\$28

AMERICAN SIGN LANGUAGE FOR BEGINNERS



Have you always wanted to learn American Sign Language? Now is your chance! Taught by an enthusiastic local deaf woman and teacher, you will learn many ASL signs such as finger spelling, everyday greetings and phrases, food, animals, colors, numbers and more! You will also learn about Deaf Culture and the Deaf Community.

Each class will be 90 minutes in duration. Each class will meet one day per week (Wednesdays) for 10 weeks. Class is open to ages 12 and up; maximum of 18 participants in each class.

Instructor: Joyce Atchison

Dates: Wednesdays 9/14/22 - 11/16/22

Session I: 4:00 - 5:30 PM

Session II: 6:30 - 8:00 PM

Location: THHS Community Room

Fee: \$100 per participant.

WINTER DRIVER SAFETY

Winter is coming...to our roads! Consider attending this session on safe winter driving with the Minnesota State Patrol in collaboration with Minnesota Department of Transportation.

While summer months are the deadliest on Minnesota roads, wintertime leads to the most crashes and poses unique safety risks and hazards. This session will deliver real world scenarios, tips, techniques and some insider information on what goes into the planning and implementation for safe roads. Most importantly, what you can do to get home safe, help everyone else get home safe and what to expect if you are in an emergency. We are all in this together!

Instructor: TBA

Date: TBA... Please watch future details on the Community Education online registration site

Time: TBA

Location: Two Harbors High School Community Room

Fee: TBA

INTRODUCTION TO MEDITATION

This is an introduction to sitting meditation that will be presented in a secular tradition. We will cover guided, mantra and breath meditation techniques. Meditation has been shown to help with concentration, relaxation, lower stress and blood pressure and assist with chronic pain management.

There will be a limited class size of four. Comfortable chairs provided.

Bring mats or towels if you wish to floor sit.

We will practice social distancing. Masks are optional.

Instructor: Richmond Scharf

Date: Sept 12, Sept 19, Sept 26, Oct 3

Time: 6:00pm-7:00pm

Location: Two Harbors High School Community Room

Fee: \$40.00

SONGWRITING WORKSHOP

Have you ever wanted to write a song and you are not sure where to begin?

Join us for a collaboration based songwriting experience where we will explore basic to intermediate techniques of song structure, melody and the writing of lyrics, composing in the genres of folk, rock, blues, country and alternative music.

Bring an instrument and your voice. There will be a maximum class size of four.

We will practice social distancing. Masks are optional.

Instructor: Richmond Scharf

Date: Sept 13, Sept 20, Sept 27, Oct 4

Time: 6:00pm-7:00pm

Location: Two Harbors High School Community Room

Fee: \$40.00

HONEY BEEKEEPING 1



Are you interested in becoming a honey beekeeper? This introductory course will help you decide if this amazing hobby is right for you. Class includes presentation as well as hands on opportunities to view and handle necessary equipment.

Wed October 5th 6-8

\$35 (includes Comm Ed fee)

THHS

HONEY BEEKEEPING 2

Must have taken Beekeeping 1 to attend.

Course will continue on from Honey Beekeeping 1 to discuss management strategies for overwintering, pest and diseases, and honey/wax extraction and production.

Wed Oct 19th 6-8

\$20 (includes Comm Ed fee)

THHS

PLANTING FOR POLLINATORS

Are you interested in adding plants to your property or landscapes to encourage pollinator interactions? This course will cover a variety of options for planting pollinator habitats including monarchs and other butterflies, hummingbirds, and native bees.

Thursday Oct 14th 6-7:30

\$15 (includes Comm Ed fee)

THHS

FALL GARDEN MAINTENANCE

Fall is a great time to prepare and strategize your planting plans for next season. This course will cover important management practices to help your future growing seasons be successful. We will also discuss fall planting options for our region.

Wed Sept 28th 6-7:30

\$15 (includes Comm Ed fee)

THHS

TWO HARBORS COMMUNITY EDUCATION

COMMUNITY HEALTHY MENTAL BALANCE

This class is designed to provide participants the opportunity to learn more about the importance of healthy mental balance. Instructor Pat Van Den Heuvel has spent years working in the military and for organizations such as the Red Cross dealing with trauma, mental health, and mental illness. Participants can learn from Pat about the signs, symptoms and techniques that can help bring mental balance for themselves and/or their loved ones. Each session is an open discussion generated by the needs of the participants. Class limited to 10 participants.

Instructor: Patty Van Den Heuvel

Date: Wednesdays Oct 5, Oct 12, Oct 19, Oct 25

Time: 12pm-1:00pm

Location: TBA

Fee: \$12

YOUTH ACTIVITIES

DRIVER EDUCATION - TWO HARBORS

This program features

30 hours of classroom

instruction, the permit

test, and 6 hours of Behind-

the-Wheel instruction. Students must attend 30 hours

of classroom instruction. Please include the student's

full legal name (first, middle and last) and birthdate

when registering. Payment plans are available through

Eleyo (our online software program). Scholarships may

be available to qualifying families thanks to a grant

from the North Shore Collaborative. No refunds will

be given two (2) days before class begins. If you have

any questions, please contact Community Education

with questions, 218-834-8201 ext. 8230. *Community

Education follows all ISD #381 policies.

There will also be an Informational Parent Meeting/

State Trooper Night. If a parent and student attend this

meeting together, supervised driving hours will be

reduced from 50 to 40 hours. Parents will receive a

certificate from the meeting which they will have to

provide when their student applies for their license.

There is no additional cost, but you must register

separately for the parent meeting. Students must be

at least 14 ½ years of age to enroll.

Instructor, George Olson

9/9/22 - 12/9/22

Location: THHS - Room 2313

Class Dates:

September 9, 16, 23, 30,

October 7, 28,

November 11, 18,

December 2, & 9

Time: 8:00 AM - 11:00 AM;

unless noted otherwise.

September 9th: 5:00 PM - 8:00 PM

as school is in session.



INFORMATIONAL PARENT MEETING/ STATE TROOPER NIGHT: TBD

Make-up Session: Friday, December 16, 2022

Permit Test Dates: TBD

Tuition, \$455.00

AGATE FLAG FOOTBALL PROGRAM

Attention all students entering Kindergarten, 1st and 2nd grade in the Fall of 2022

Date: Tuesday, September 13th -

Wednesday, October 12th

Time: Tuesday and Wednesday, 4:00 - 5:15 PM

Location: Odegard Fields

Fee: \$50 (includes t-shirt)

YOUTH VOLLEYBALL CLINIC

Ages: K-6th grade

Come and have fun learning about volleyball and how to play. The clinic focuses on learning the basic fundamentals of volleyball and developing your skills.

Instructors: Angel Poe-Johnson, Carley

Challender, Ashley Paulson

Date: Sept. 17th, 24th, Oct. 1, 8th & 15th

Time: 9am-10:30am

Location: THHS Gym (enter door 14 which is located off the Cedar Road parking lot)

Fee: Free

JUNIORS CURLING CLASS

Open to students in 6 th to 12 th grade. Middle

school and high school students that are interested

in curling this winter will enjoy this class. This class

will be taught by our club's best curlers. Instruction

will include everything from the very first steps to advanced strategy for all levels of experience.

Youth in this class should consider participating in THCC leagues. Attend the Learn to Curl class and/or an

Open House night to find out more.

Location: Two Harbors Curling Club

Fridays, Nov. 11, Nov. 18, Nov. 25, and Dec. 2

Time: 10 am to 12 pm

Class Fee: \$20

KIDS CURL

Open to grades 3-5 with any level of curling experience. Kids will meet for five weeks to have fun as they learn the sport of curling with an emphasis on respect and good sportsmanship.

The cost includes instruction and use of equipment.

Kids should wear loose fitting clothing and bring a clean pair of rubber-soled shoes with them. One

parent must attend the KidsCurl sessions with their child and sign a release form.

Location: Two Harbors Curling Club

Sundays, Nov. 13, Nov. 20, Nov. 27, and Dec. 4, and Dec. 11

Time: 3:00pm-5:00 pm

Maximum class size: 20 students

Class Fee: \$25

LEARN TO CURL

Ages 12 to Adult. Come join one of the fastest growing

Winter Olympic sports. Learn to Curl

classes include instruction of the game and etiquette,

and use of equipment. Wear loose fitting clothing and

bring a clean pair of rubber-soled shoes with you. Class

is two nights with the

option of continuing on in our THCC leagues. You are welcome to continue learning and attend.

Open Houses on November 4, November 5, and November 6.

Location: Two Harbors Curling Club

Wednesday and Thursday, November 2 and 3.

Time: 7:00 - 9:00 PM

Class Fee: \$15

TWO HARBORS HOOPS CLUB YOUTH BASKETBALL GRADES K-6

K-3 basketball begins December

2nd through February 17th, except

December 22 and December 30.

8:30 am to 9:45 am at the Two

Harbors high school gym. No fee.

T-shirts will be provided. Players are

to have good tennis shoes and a water bottle. Parents

are asked to volunteer to assist coaching during the

practice time. Contact April Emison 218-340-8153 to

schedule volunteer time. Ball handling fundamentals

and general game concepts to be taught. Enter the

school through door 14 off the Cedar road parking lot.

Registration Required

Location: Two Harbors High School

Saturdays December 3, 2022 through February 18, 2023. (no class Dec 24 and Dec 31)

Time: 8:30am-9:45am

Fee: no fee (registration required)



TWO HARBORS HOOPS CLUB 4TH - 6TH GRADE BOYS AND GIRLS BASKETBALL:

Begins October 17th at the Minnehaha gyms after

school and Two Harbors high school gyms, 6:30 pm to

8:00 pm. Future practice information to be posted on

the Two Harbors Hoops club Facebook page and Sports

Engine after that. \$20 player fee to be paid through

Community Education with registration. Financial

assistance available, please contact April Emison,

218-340-8153. Ball handling fundamentals, shooting

technique and game rules to be taught; Saturday

games. Players are to have basketball shoes or good

tennis shoes and a water bottle. Enter the school

through door 14 off Cedar Road parking lot.

Location: Minnehaha Elementary and Two Harbors High School

Fee: \$20 (registration required)

Community Education Fall Trips!



A minimum # of people are needed for each trip, sign up now!

CHANHASSEN DINNER THEATRE TRIP SATURDAY, OCTOBER 15TH, 2022

The deadline to register online is September 15th

\$125 per person. Includes the motor coach transportation and ticket to the performance.

Coach bus trip to Chanhassen Dinner Theatre to see a Saturday matinee performance of **The Tony Award-nominated musical FOOTLOOSE!** Our trip includes the full Chanhassen Dinner Theater experience including priority seating, choice of entrée, coffee/tea/milk, and the full length show.

The bus will leave William Kelley School parking lot in **Silver Bay** at **7am** and travel to Two Harbors, departing the **Two Harbors High School parking lot** at **7:45am**. We will travel straight to Chanhassen Dinner Theatre, and will return immediately following the show, arriving back in Two Harbors at approximately 7:00pm. This trip is open to all ages. Children 18 and under must be accompanied by a responsible adult.

HOLIDAY SHOPPING TRIP SATURDAY, DECEMBER 3RD, 2022

The deadline to register online is November 23rd

\$50 per person. Includes the motor coach transportation. Any food or entertainment is at your own expense. Choose your shopping area, either the Rosedale shopping center or the Mall of America.

Agenda:

- 6:00 AM** - Depart Two Harbors (THHS parking lot on Cedar Road)
- 7:40 AM** - Breakfast at Tobie's in Hinckley (approx. 45 minutes)
- 10:00 AM** - Drop off at Rosedale
- 10:30 AM** - Drop off at Mall of America
- 5:30 PM** - Leave Mall of America for Rosedale
- 6:00 PM** - Leave Rosedale

Return to Two Harbors at approx. 9:00 PM

The bus will not transport between Mall of America and Rosedale in the middle of the day. Registration deadline is November 23rd. No refunds will be made unless the trip is canceled.



SILVER BAY COMMUNITY EDUCATION

POOL ACTIVITIES

AM LAP SWIM

~MONDAYS & WEDNESDAYS~
09/12/22 - 12/14/22
6:15am-7:00am (45 Min. long class)
Enter in the HS gym/fitness center entrance.
Doors will unlock at 6:00 AM.
28 sessions
\$140

PM LAP SWIM

~MONDAYS & WEDNESDAYS~
09/12/22 - 12/14/22
5:00pm-5:45pm (45 Min. long class)
Enter in the HS gym/fitness center entrance.
Doors will unlock at 4:45pm.
28 sessions
\$140

WATER AEROBICS ~ FALL SESSION #1 MONDAY & WEDNESDAYS



Water Aerobics is an excellent cardio workout but also low impact and easy on the joints. This class will consist of both cardio and toning exercises that will work the whole body. There will be a combination of shallow and deep water exercises.

Monday & Wednesdays
09/12/22-10/19/22 (12 Sessions)
6:00pm-6:45pm (45 minute class)
Enter in the HS gym/fitness center entrance.
Doors will unlock at 5:45pm.
\$60

WATER AEROBICS ~ FALL SESSION #2 MONDAY & WEDNESDAYS

Monday & Wednesdays
11/07/22-12/14/22 (12 Sessions)
6:00pm-6:45pm (45 minute class)
Enter in the HS gym/fitness center entrance.
Doors will unlock at 5:45pm.
\$60

FITNESS/HEALTH & WELLNESS

TINY HABITS® THAT WILL CHANGE YOUR LIFE!

Online via Zoom
Tiny Habits® is a research-based way to create habits in your life. This method is a breakthrough because once you learn the Tiny Habits® method you can succeed without relying on willpower or motivation. The most powerful aspect of the Tiny Habits® method is the "success momentum" that develops from the use of Tiny Habits®. The Tiny Habits® method is developed by Stanford University Behavioral Scientist, Dr. BJ Fogg and all facets of the course will focus on his research-based approach to behavior change. Instructor Ann Dolence is a Certified Tiny Habits® Coach and has trained 100's of people in the Tiny Habits® method.

Tuesdays
October 11th, 18th, 25th & November 1st
7:00pm to 8:00pm
Online via Zoom, you will receive an emailed link from your instructor before the first day of class.
\$36

ART ACTIVITIES **- ADULT & YOUTH**

POTTERY BURN PAINT YOUR OWN POTTERY SECRETS AGES 16+



Have you wanted to make something polished, yet one of a kind? Join us and try some of our fun supplies that make any piece look unique and beautiful - choose from a variety of home decor items and try our specialty glazes, silk screens, and other tools and techniques. No experience needed! Pieces need to be fired and will be taken back to The Pottery Burn Studio & returned within 2-3 weeks.
Must sign up by October 10th!

October 17th, 5:30pm-7:00pm
Enter through the ELEMENTARY doors and meet instructor in the ART room #205.
\$25

POTTERY BURN ORNAMENTS ALL AGES



Choose from a variety of bisque ornaments. Holiday and non-holiday themed, flat or 3D. Pieces need to be fired and will be taken back to The Pottery Burn Studio and returned within 2-3 weeks. Must sign up by November 7th!

November 14th 3:30pm-5:00pm
Meet the instructor in the cafeteria.
Pick up students at Elementary doors at 5pm.
\$5 - K-12 Students
\$15 - Adults

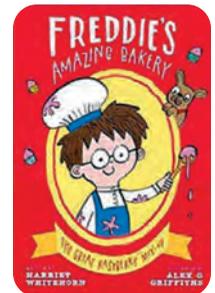
YOUTH ACTIVITIES

FREDDIE'S AMAZING BAKERY: THE GREAT RASPBERRY MIX-UP

K4 Week book club ending with baking!
Friendly and helpful Freddie Bonbon runs the most amazing bakery in Belville in this tasty series flavored with a bit of mystery. The Belville Cake competition is just around the corner and Freddie's friends have persuaded him to enter - but rival baker Bernard will stop at nothing to sabotage Freddie at every turn. Enjoy this read aloud to find out how Freddie solves this mystery and create and enjoy Freddie's Raspberry Cupcakes at the end! Ideal for Grades 1st & 2nd

This course will be 3 weeks of reading the above title book and the last week we will be baking....so a 4 week course!

Must sign up by: Sept 28th
Instructor: Michelle Ketola
Wednesdays
October 5th, 12th, 19th, & 26th
3:30pm - 5:00pm
Meet the instructor in the cafeteria.
\$5



SILVER BAY COMMUNITY EDUCATION

A TIME TO DANCE! - YOUTH BALLET

Class is geared toward those in Grades 1-4.

A classical ballet opportunity has come to Silver Bay! Join us for a chance to learn beginner classical ballet. We will be learning Level 1 positions & put them together in a classical piece, as well as from a Broadway tune.



Necessary attire: Search Amazon "girls ballet leotard with skirt" under \$20 & "girls ballet shoes" under \$10. Girls: ballet shoes, midhigh ballet skirt, and leotard. Hair out of your face.

Boys: black ballet shoes, plain dark loose-fitting pants, plain white T-shirt.

Optional attire:

Girls: pink tights, black midhigh leggings. A showcase of what they have learned will be on Oct 24th 4:30-5:00.

"Dance is a superpower: everybody has it, but only a few are brave enough to unleash it."

Meet the instructor in the cafeteria.

Mondays: September 12 - October 24
3:30pm - 5:00pm
\$10

CHEER CLUB GRADES 2ND-6TH

Class will be divided into 2 groups but will practice at the same time.

Mini Mariners Grades 2-3
Jr. Cheer Grades 4-6

Students will learn:

Mariner Crowd Chants and Cheers. Students will have 1 or 2 performances at a halftime basketball game.



Supplies Fee: \$45.00 Per Student (Due 1st day of Class) Checks made payable to Instructor.

Supply Fee is for: Mini Mariner or Jr. Cheer Shirt- Poms-Bow (Supplies will be delivered during class on the last day) - They will be used on Performance Day(s).

Performance Dates: TBD

Instructor: Stacy Breden

Mondays: October 3, 10, 17, 24 (No Class on Halloween) and November 7, 14
Time: 3:30-5:00

Meet instructor in the Cafeteria
\$15.00 per student + supply fee

POTTERY BURN WOODLAND CREATURES



Ages 5+

Paint a ceramic figurine like those we see in our backyard! Use ceramic glazes on a wildlife piece of your choice. Pieces need to be fired and will be taken back to The Pottery Burn Studio and returned within 2-3 weeks.

Must sign up by September 14th!

September 19th 3:30pm-5:00pm

Meet the instructor in the cafeteria.

Pick up students at Elementary doors at 5pm.

\$5

K - 4TH GRADE VOLLEYBALL

Come have fun with the high school volleyball players before their Friday practices this Fall! Bring a water bottle, sneakers, and knee pads if you have them. All K-4 players will be honored at a Mariner Volleyball Varsity match this season.

Coach: Alicia Nopola

Fridays: 9:00am - 10:00am

September 23rd & 30th

October 7th & 14th

WKES Gym

\$25.00



5TH - 6TH GRADE VOLLEYBALL

Players will have an informational meeting immediately after school Tuesday 9/6/22 Please meet the coach in the Elementary gym.

An organized team with their own coach. 2-3 practices each week in the elementary gym. Scheduled games (TBD) with other area schools this Fall. All 5th and 6th grade players will also be honored at a Mariner Volleyball Varsity match this season.

Days & Times: TBD

Coaches: Tracy Blood & Cora Blood

WKES Gym

\$75 (includes t-shirt)

K - 3RD GRADE YOUTH BASKETBALL

This fun, skill-intensive program is designed for the beginner player. Practices consist of passing, shooting, dribbling, rebounding, and learning basic game skills.

We will practice twice a week; one scheduled day during the week from 3:45pm - 4:30pm and every Saturday morning 9:00am - 10:15am.

Schedules to TBD.

At the end of the season we will try to show off our skills by playing a game vs. another local school. All players will also be scheduled to play at half-time of a varsity game once a month during the season. Players should wear appropriate activewear clothing, have gym shoes and a water bottle.

Saturdays: 9:00am - 10:15am AND

One day a week: 3:45pm - 4:30pm (TBD)

Sat. Dec 3 - Sat. Feb 18th

Schedule will be provided at first practice.

WKES Gym

\$40.00

4TH - 6TH GRADE YOUTH BASKETBALL



An organized team with their own coach. 2-3 practices each week in the elementary gym. Scheduled games (TBD) with other area school teams. Players should wear appropriate activewear clothing, have gym shoes and a water bottle.

Coach: TBD

Days & Times: after school 3:45pm-4:30pm

Exact dates: are TBD

Schedule will be handed out at first practice.

Tuesday Nov. 29th - First Practice

3:45pm-4:30pm

WKES Gym

\$60.00

CAKE DECORATING KIDS GRADES 3RD - 5TH.

Kids will have a fun time decorating a cake with pretty swirls and flowers. Each decorator will be provided with their own 6" white cake, frosting in a variety of colors, and simple instructions for using a few easy decorating tips. A cake carrier will also be provided to bring their masterpiece home!

Please let us know if you have food allergies. Some accommodations can be provided upon request.

SILVER BAY COMMUNITY EDUCATION

Please contact the Community Ed office.
Must sign up by October 5th!

Instructor: Becky Goutermont
October 11th 3:30pm - 5:00pm
Meet the instructor in the cafeteria.
Please pick your child at 5:00 at the Elementary
doors.
\$5

CAKE DECORATING TEENS (6TH GRADE & UP)

Teens will have a fun time decorating a cake with pretty swirls and flowers. Each decorator will be provided with their own white cake, frosting in a variety of colors, and simple instructions for using a few easy decorating tips. A cake carrier will also be provided to bring their masterpiece home!

Please let us know if you have food allergies. Some accommodations can be provided upon request. Please contact the Community Ed office.

Must sign up by October 12th!

Instructor: Becky Goutermont
October 18th 3:45pm - 5:00pm
Meet the instructor in Rm#115
\$5

GENERAL INTEREST

FINANCIAL FOUNDATIONS: YOUR BLUEPRINT TO THRIVE

Discover key concepts to help be prepared for three important days. First, you will learn how to protect your final wishes on your last day. Next, you will learn how to build a financial foundation that will keep you moving forward when faced with setbacks from the day you didn't see coming. Then, you'll learn what you need to do today—to keep your strategy on track to achieve financial clarity and accomplish your goals.

Instructor: Chad Wilson - Thrivent
October 4th, 2022
Time: 6:00pm - 7:15pm
WKS - Library
Enter Anchor door starting at 5:45pm
\$5

5 KEYS TO RETIRING FEARLESSLY

Discover five keys for creating a fearless retirement including tax-advantaged ways to save, and strategies for protecting yourself and the people you love from the "what ifs" in life.

Instructor: Chad Wilson - Thrivent
October 11th, 2022
Time: 6:00pm - 7:15pm
WKS - Library
Enter Anchor door starting at 5:45pm
\$5

DRIVER IMPROVEMENT, 8 HOUR

This driver improvement course is the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention, and provide you with easy-to-use defensive driving tips. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor, Dean Skalicky
Wednesday & Thursday
September 28th & 29th, 2022
5pm-9pm (You must attend all 8 Hrs)
WKS - Library
Enter the Anchor door starting at 4:45pm
\$28

DRIVER IMPROVEMENT, 4HR REFRESHER

This driver improvement refresher course is for anyone who has already taken the 8 hour, first time class. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor, Dean Skalicky
Monday April 4th, 2022 5pm-9pm
WKS - Library
Enter the Anchor door starting at 4:45pm
\$24

DRIVERS EDUCATION

DRIVER EDUCATION - SILVER BAY

This program features 30 hours of classroom instruction, the permit test, and 6 hours of Behind-the-Wheel instruction for students 15 and up. Students that are 15 by Sept 30th will be given precedents over younger students, if the class fills up.



Students must attend 30 hours of classroom instruction. Class will begin September 19th, 2022 - November 9th, 2022 and will run 8th period. Please include the student's full legal name (first, middle and last) and birthdate when registering. You must provide your certified birth certificate and your social security card when you take the written test with Mr. Belanger. Payment plans are available through Eleyo. No refunds will be given two (2) days before class begins. If you have any questions, please contact Community Education, 218-226-4437 ext. 8137.

There will also be an Informational Parent Meeting/ State Trooper Night. If a parent and student attend this meeting together, supervised driving hours will be reduced from 50 hours to 40 hours. Parents will receive a certificate from the meeting which they will have to provide when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. Parent Meeting date TBD at a later date.

*Community Education follows all ISD #381 policies.

Instructor, Chris Belanger
September 19th, 2022 - November 9th, 2022
(Payment plans are available during the registration process)
\$455.00

Wm. Kelley Mariners

Silver Bay PTO

Parent Teacher Organization

Meetings the 2nd Monday of the month
4pm in the WK Library
ALL are Welcome!

COMMUNITY EDUCATION



LAKE SUPERIOR ISD 381

1640 HWY 2, SUITE 2001
TWO HARBORS, MN 55616

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Community Education's Mission:

Lifelong learning is a right of all Lake Superior School District citizens so that they may enjoy the laughter of childhood, the acceptance of youth, the fulfillment of adult life, and the compassion of old age.

Lake Superior School District
www.isd381.k12.mn.us

Two Harbors High School

Grades 6 - 12
1640 Hwy 2
Two Harbors, MN 55616
(218) 834-8201

Two Harbors Community Education

(218) 834-8201 #8230

Minnehaha Elementary School

Grades PreK - 5
421 7th Street
Two Harbors, MN 55616
(218) 834-8221

William Kelley School

Grades PreK - 12
137 Banks Blvd.
Silver Bay, MN 55614
(218) 226-4437

Silver Bay Community Education

(218) 226-4437 #8137

facebook

We would Love for you to "LIKE" us.
For the latest happenings for Community Education, check out our Facebook page!
We encourage you to post, comment, like & share our site.
<https://www.facebook.com/#!/LSSDCE>
Make us your resource for information!

It is the policy of the Lake Superior School District No. 381 not to discriminate on the basis of disability, sex, race, color or national origin in its educational programs, activities, or employment policies.

Want to keep up to date on all of the LSSD Community Education offerings?

 lakesuperiorcomed.ce.eleyo.com

Interested in becoming a Community Ed Instructor?

 bremme@isd381.org

 218.834.8201 x 8227



SEEKING COMMUNITY EDUCATION INSTRUCTORS

Do you have a talent you would enjoy sharing with others? Community Education classes are taught by members of our community who are willing to share what they are passionate about. You may volunteer or be paid to teach the class, plus you will introduce new hobbies to your friends and neighbors. Please call Two Harbors at 218-834-8201, ext. 8227, or Angie in Silver Bay at 218-226-4437, ext. 8137.