

# THE SPRING/SUMMER 2024

### IN THIS ISSUE:

Message from the Superintendent.....3 Silver Bay Classes.....8-11 Two Harbors Classes..... 11-17 **Community Ed** Bus Trips ...... 18-19



Registration opens April 8th @ 8am!

Find us on facebook

**Lake Superior School District Community Education** 

Spring 24 Cover Photo Credit: Walt Huss

#### **INDEX**

Message from

the Superintendent 3
Little Mariners Preschool 4
Little Agates Preschool 4
Little Mariners Childcare 5
ECFE
Kids & Co
Silver Bay Classes 8-10
Two Harbors Classes 11-17
Community Ed Winter Trips! 18-19

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## UPCOMING EVENTS LAKE SUPERIOR SCHOOL DISTRICT

#### **APRIL**

- 1 No School
- 8 WKS PTO Meeting 4pm
- 9 School Board Meeting THHS 6pm
- **10** WKS Kindergarten Registration
- **11** Minnehaha Variety Show at 6pm
- **15** WKS Coffee House 6pm

### MAY

- 3 WKS Prom
- 6 THHS Senior Band/Choir Concert
- **8** Community Ed Advisory Council Mtg
- **13** WKS PTO Meeting 4pm
- 13 THHS Junior High Band/Choir Concert
- 13 WKS Band Concert
- **14** School Board Meeting WKS 6pm
- 18 THHS Prom
- **24-25** THHS Spring Play

(Alice in Wonderland)

### MAY (CONT.)

- **27** No School
- **31** WKS Graduation at 5pm
- **31** THHS Graduation at 7:30pm
- 31 School IN SESSION

### JUNE

**11** School Board Meeting THHS 6pm

#### JULY

**16** School Board Meeting WKS 6pm



For the most up to date information on important dates please see the ISD 381
District Events Calendar.

### **PHOTO NEEDED!**

We're looking for a photo for the front cover of the Fall 2024 issue of The Ripple. It should be Fall themed. It should be from somewhere within our district and photo credit will be given. If you are willing, send electronically to agoutermont@isd381.org.

Must submit by August 12th, 2024. If your photo is chosen, you will receive a \$20 voucher toward a future Comm. Ed. class!





## MESSAGE FROM THE SUPERINTENDENT FOR LAKE SUPERIOR SCHOOL DISTRICT

As I write this article I watch the grass go from brown to white as a spring storm impacts the northland. What has also impacted the school year is the improvements being made to our facilities. As you recall from previous articles, the district went through the first of two years of extensive renovations. Between the start of the school year to spring break, work continues at the Minnehaha Elementary in Two Harbors and at the William Kelley School in Silver Bay.

As the spring storm canceled school, the plan remains to return from spring break with students and staff transitioning into the new cafeteria at the Minnehaha. This new space will provide students with a makerspace and performing arts area for more opportunities. As the transition happens into the new space, the old cafeteria demolition has begun. When completed, this will be the newly renovated kindergarten suite. As that work commences, plans are finalized for the second summer of classroom renovations. When the doors open for the 2024-2025 school year, the renovation will be complete.

Contractors have been hard at work throughout the school year at the William Kelley School. Principal Johnson has worked closely with the staff and contractors to keep the improvements moving. This hopefully will take some pressure off of the summer work schedule as a lot of the projects are under

construction. This includes tile work throughout the school. In addition, work has begun in the boys and girls locker rooms. The new school office is ready and Principal Johnson has moved into the new space. There still remains a lot of exterior work that is needed to be completed before students and guests use the new entrance.

The winter or lack thereof has provided work on the new music wing to continue. A decision was made last fall to save funds by not paying for winter conditions costs but as the winter provided contractors the ability to continue has put an opening date for later this fall.

As spring arrives, so does the state MCA testing. The staff continues to work hard to prepare students for the tests. There will be further information provided as we get closer to the start of testing.

If you have not had the opportunity to see the improvements in our facilities please feel free to reach out to the building principals or myself to arrange a tour time. We are very excited to ensure our students learn and staff teach out of 21st century learning environments.

Jay Belcastro
Superintendent
Lake Superior School District







**REGISTRATION FOR THE 2024/2025 SCHOOL YEAR IS OPEN!** 

#### **PRESCHOOL 2024-2025**

Our preschool program provides a fun, educational and welcoming learning environment. We focus on building social emotional skills, literacy and language, physical and emotional wellness as well as preparing them to be part of our K-12 learning path. Our school based program provides the accommodations of the school building such as the gym, cafeteria, playground and other facilities letting children feel comfortable learning in the school they could attend as a Kindergartner.

Our objectives utilize developmentally appropriate activities which enhance a child's social development (particularly play and getting along with other children, relating to other adults, interacting as a group member, and learning to follow directions, etc.); To enhance a child's creativity through art projects, music experiences, dramatic play, story time, etc.; To stimulate a child intellectually by exposing the child to concepts and ideas and letting the child interalize on his/her own; not direct teaching or measuring accomplishments. To have fun!

We are a 4-star parent aware rated program, which is the highest rating awarded. We provide high quality education that nurtures the whole child. Children must be toilet trained to attend our preschool programs.



#### SILVER BAY PRESCHOOL

**Little Mariners 4's Preschool - William Kelley School** Children must be 4 by September 1, 2024 Monday, Wednesday, Thursday

#### TWO HARBORS PRESCHOOL

**Little Agates 4's Preschool - Minnehaha School** Children must be 4 by September 1, 2024

#### **MORNING SESSION**

Monday - Thursday| Teacher: Jenn Koehler

#### **AFTERNOON SESSION**

Monday - Thursday Teacher: Jenn Koehler

### Little Agates 3's Preschool - Minnehaha School

Children must be 3 by September 1, 2024 Monday, Tuesday, Thursday

Scholarships are available. If your family qualifies for free or reduced lunch, you may qualify for a Pathway Early Learning Scholarship. For more information about scholarships, contact: 218-226-4437 ext. 8158 or klenski@isd381.org Pathway 1 Early Learning Scholarship application: www.northlandfnd.org

Register at lakesuperiorcomed.ce.eleyo.com









Little Mariners Child Care Center is licensed for infants 6 weeks and up to your child's first day of Kindergarten. Set your child up for school success by getting them started at LMCC!

Registration for the 2024-2025 school year opens soon!

Call now to save your spot!

Phone 218-226-4437 ext. 8453

Email
LittleMarinersChildCare@isd381.org



**Early Childhood Family Education** 

Play + Learn + Grow

### **BIG WHEELS**

ECFE Big Wheels will take place May 15 from 6-7 PM in the William Kelley parking lot. Everyone is welcome & all children must be supervised by a responsible adult.

### **ECFE CLASSES**

Watch for ECFE Mixed Age Session registration information in The Ripple, ECFE Newsletter and Lake Superior School District ECFE Facebook page. We are looking forward to sharing our new parent spaces in the Minnehaha & William Kelley Schools.





## **SCREEN AT 3**EARLY CHILDHOOD SCREENING:

The early childhood years from birth to the start of kindergarten are an important time of rapid learning and growth.

Early Childhood Screening is required before kindergarten and preferred at age 3. Screening is a brief, simple procedure used to identify potential health or developmental problems. Screening does not determine kindergarten readiness. Screening includes vision and hearing, height and weight, immunization review, large and small muscles, thinking, language and communication skills, as well as social and emotional development.

You may now register for Early Childhood Screening online. https://lakesuperiorcomed.ce.eloyo.com/

If you prefer, you may schedule a screening at 218-834-8201 ext. 8230 or cmcmillan@isd381.org in Two Harbors or 218-226-4437 ext. 8158 or klenski@isd381.org in Silver Bay.

Limited screening appointments are available in May. Additional dates will be available in the fall. Please use the QR code to see future dates and to register.



Please make sure to book your appointment at a time you and your child can attend and make every effort to keep your schedule time.



Two Harbors Kids & Co. Offers before and after school care for children in preschool up to age 12! Kids & Co. is a certified child care program focused on keeping kids safe and engaged in enriching out-of-school activities.

Join us for art projects, science experiments, indoor and outdoor adventures, and so much more!

- Safe, supervised care
- Indoor and outdoor play
- Fun, Educational activities
- Snacks provided



Contact: KidsCo@isd381.org 218-834-8201 ext. 8453

Need a little help paying for child care? We accept CCAP! Contact your county worker for more information!

### **SILVER BAY COMMUNITY EDUCATION**

### **POOL ACTIVITIES**

#### **PARENT & TOT SWIM CLASS**



Fun and inclusive class, to help your little one get more comfortable in the water. Parent(s) and tots join together in the pool for this course. I will help teach the fundamentals of swimming and get your child more comfortable with being in the water, by playing games and singing songs. This is a self paced course designed for the instructor to be there to guide you and give you skills to practice.

Instructor: Emma Johnson, UMD Student 9:00am - 9:30am

Session #1: 6 classes

Fridays 06/07 - 07/19 (no class 07/5)

\$54

Session #2: 5 classes

Fridays 07/26 - 08/23 \$45

### PRIVATE SWIM LESSONS - SILVER BAY

Ages 3+ Our private swim lessons allow your swimmer to have 20 minutes of one-on-one time with their teacher. With this approach, we are able to tailor



lessons to your child's individual needs to help them learn even quicker than ever! This session will include ELEVEN - 20 minute class times. Our program runs from levels 1-12 and swimmers are able to progress at their own pace. Please review the attached level structure to determine your swimmers level before registering. For more pool time, please check out our open swim option as well.

Please arrive on time and be ready to enter the pool at your scheduled time. We are expecting to have a full schedule and will not be able to extend your lesson past your specific 20 minute time frame.

All swimmers must be able to follow instructions and behave appropriately. If they are not potty trained, a swim diaper is required.

#### **SUMMER 2024 DATES:**

20 min. time slots between approx. 9am - 4pm
There will be two instructors, so two students can
be scheduled for each time slot.
Fridays: June 7th - August 23rd
No Class July 5th
\$165 for ELEVEN - 20 min. private lessons.
Payment plan available during registration.
Partial scholarship may be available for qualifying
families. Please register using payment plan and
then email agoutermont@isd381.org.



### AM LAP SWIM SUMMER 24 SESSION #1

~Mondays & Wednesdays ~ 04/15/24 - 06/26/24 NO CLASS 05/27 & 06/19 6:30am-7:15am 20 Sessions \$100

### AM LAP SWIM SUMMER 24 SESSION #2

~Mondays & Wednesdays ~ 07/15/24 - 08/28/24 6:30am-7:15am 14 Sessions \$70

### PM LAP SWIM SUMMER 24 SESSION #1

~Mondays & Wednesdays ~ 04/22/24 - 06/26/24 NO CLASS 05/27 & 06/19 5:00pm - 5:45pm 18 Sessions

### PM LAP SWIM SUMMER 24 SESSION #2

~Mondays & Wednesdays~ 07/08/24 - 08/28/24 6:30am-7:15am 16 Sessions \$80

#### **WATER AEROBICS ~ MON & WED**



Water Aerobics is an excellent cardio workout but also low impact and easy on the joints. This class will consist of both cardio and toning exercises that will work the whole body. There will be a combination of shallow and deep water exercises, including aqua jogging!

Mondays & Wednesdays 04/15/24 - 05/22/24 (12 Sessions) 6:00pm-6:45pm \$60

## ART ACTIVITIES - ADULT & YOUTH

### POTTERY BURN PAINT-YOUR-OWN-POTTERY:

**Earth Day Planters** 

All ages: parents are encouraged to join younger kids.



Youth - Glaze a ceramic planter & jumpstart the gardening season! Choose from a variety of small (2"-3") planters and plenty of colorful glazes! Adult - Glaze a ceramic planter & jump start the gardening season! Choose from a variety of medium (4"-6") planters, our specialty, pottery glazes and a variety of stencils! All supplies provided. Pieces need to be fired and will be taken back to The Pottery Burn Studio and returned within 2-3 weeks.

### Must sign up by April 17th

Monday April 22nd \$5 Youth ~ 3:30pm - 5:00pm \$18 Adults ~ 5:30pm - 7:00pm

### **SILVER BAY COMMUNITY EDUCATION**

#### **POUR PAINTING FOR KIDS!**



Lake Superior Wood Art Paint Pouring. 2nd Grade and up. Come paint pour a wooden Lake Superior where you can paint the colors of the lake! **This paint can stain, please bring painting clothes.** 

Instructor: Ms. Bredeson Two Dates to choose from: Tuesday April 16th OR Tuesday May 7th 3:45pm - 5:00pm

Cost: \$5 each session (All Supplies included)

#### **CROCHET FOR KIDS!**



3rd Grade and up. Did you ever want to learn to crochet? How about making your own stuffed animal? Join Ms. Armstrong's beginning crochet

class! The first class you will learn the basics. The last 2 classes you will make a stuffed animal! Hope to see you there!

Instructor: Ms. Armstrong Mondays April 15th, 22nd, & 29th 3:45pm - 5:00pm Cost: \$5 (All Supplies included)

### CAKE DECORATING FOR KIDS -GRADES 4TH - 6TH

Kids will have a fun time decorating a cake with pretty swirls and flowers. Each decorator will be provided with their own 6" white cake, frosting in a variety of colors, and simple instructions for



using a few easy decorating tips. A cake carrier will also be provided to bring their masterpiece home! Please let us know if you have food allergies. Some accommodations can be provided upon request. Please contact the Community Ed office.

#### Must sign up by May 1st!

Instructor: Becky Goutermont Thursday May 9th 3:45m - 5:00pm \$5

### **YOUTH ACTIVITIES**

#### ELEMENTARY FOOTBALL FUN CAMP 2024

Kids going into 1st - 6th Grade (School year 2024-2025) will learn football skills and have fun practicing in football activities during this 1 day, 1 hour camp. It is



"non-contact" and no equipment is required. Workout clothes and cleats are recommended.

Instructor: Ward Kaiser Wednesday, August 14th 12:00pm - 1:00pm

**Free** - but **PLEASE REGISTER** to sign liability waiver.

#### MARINER BASKETBALL CAMP

Boys and Girls entering **1st-3rd** grade in the 24-25 school year. Instructor: Kelly Ollila

Email kollila@isd381.org with questions. Monday - Wednesday June 24th, 25th, & 26th 5:30pm - 7:00pm \$60



### A TIME TO DANCE! - YOUTH BALLET



Class limit is 16! Join us for a chance to learn beginner classical ballet. We will be learning Level 1 positions & put them together in a classical piece, as well as from a Broadway tune. Classes are geared for elementary aged students, but others are welcome.

**Necessary attire:** Search Amazon "girls ballet leotard with skirt" under \$20 & "girls ballet shoes" under \$10. **Girls:** ballet-pink ballet shoes, midthigh ballet skirt, and plain-colored leotard. Hair out of your face.

**Boys:** black ballet shoes, plain dark loose-fitting pants, plain white T-shirt.

#### Optional attire:

**Girls:** ballet-pink tights, black midthigh leggings. "Dance is a superpower: everybody has it, but only a few are brave enough to unleash it."

A mini showcase of what they have learned will be on May 13th @ 4:45pm!

Instructor: Haley and Hanna Searls Mondays 3:30pm-5:00pm April 8, 15, 22 May 6, 13 \$10

### BABYSITTING CLINIC - HOME ALONE SAFETY

### Babysitting Clinic Home Alone Safety

Class is limited to 12 students. This is a 6 hour class for Boys and Girls in 5th grade or above. Learn basic safety/babysitting skills that will prepare you to stay home alone and be a dependable, capable babysitter when the time comes. You must attend all day to receive Certificate of Completion. Please bring a bag lunch, pen/pencils, & a highlighter.

UP Church, 17 Horn Blvd. Please enter the church through the lower level door at the back of the building. **Must sign up by April 17th** 

Friday April 19th 8:00am-2:00pm \$10

#### 5TH - 6TH GRADE VOLLEYBALL - FALL 2024

2-3 practices /weekTBD. 4 Playdate Tournaments: (Sept 14th & 22nd Oct 5th & 12th). 5-6th grade will be a combined team and all tournaments will be played @ the 6th Grade level.



TBD add'l games mid-week (2-4)will be scheduled with area elementary programs. Jersey's are provided.

\*\*Players that are signed up will have an informational meeting the 1st week of school to handout practice & tournament schedules.

Coaches: Heidi Ernest, Tina Goutermont, & Liz Eckstrom WKS \$75

### **SILVER BAY COMMUNITY EDUCATION**

### **GENERAL INTEREST**

#### **WOODS WALKS - SILVER BAY**

Ever wanted to explore local trails but don't want to do it alone? This offering is to just get us started. Walk some short local trails—only 1 to 3



miles. Build community and meet others that maybe you'll want to hike with in the future. These trails can be done after work and with your children. Wear tennis shoes or trail shoes. Dress for the weather (layers, rain jacket), bring a water bottle. All trails are dog friendly but for the sake of the class and others, please leave your pooch at home. Dogs add another dimension to hiking and multiple dogs will complicate our time together. If people like these hikes we can plan longer ones for the fall or next summer. The 4th Wednesday of each month.

#### May 22nd: In town. School Forest

Time 1 hour. This easy one-mile loop has other trails too. We'll do the outer loop and enjoy the overlook. If time and interest permits, we'll also go do the in-town overlook trail (behind the Credit Union). Parking: Meet at the SHT/ATV parking lot on Penn Blvd.

#### June 26th: Tettegouche

Time 1 hour. Another easy 1.3 mile walk to the very end of shovel point in Tettegouche. Easy trail with one long staircase. We'll enjoy the waves at the point before turning around and hiking back the way we came. If time and interest permits, we'll also hike the Cascade trail just over the bridge in Tettegouche. Parking: Main Tettegouche parking lot by visitor center

#### July 24th: Gooseberry Falls

Gitchi Gummi Trail loop. Time: 1 hour. This easy 2.0 mile loop is over the river, on the East side. Not as busy and well worth it! Another walk that is easy to do with your family or friends. Parking: Gooseberry Falls main parking lot by visitor center.

#### **August 28th: Gooseberry Falls Five Falls**

Loop. Time: 1.5 hours. Walk up river, past the falls and there is more beauty and quiet to be found. This trail goes up one side, and back down the other. Parking: Gooseberry Falls main parking lot by visitor center.

Start time: 6 p.m. for all hikes. Instructor: Susan Frericks

#### DRIVER EDUCATION - SILVER BAY



This program features 30 hours of classroom instruction, the permit test, and 6 hours of Behind-the-Wheel instruction for students 15 and up. Students that are 15 by Sept 30th will be given precedents over younger students, if the class fills up. Students must attend 30 hours of classroom instruction. Please include the student's full legal name (first, middle and last) and birthdate when registering. You must provide your certified birth certificate and your social security card when you take the written test with Mr. Belanger. Payment plans are available through Eleyo. No refunds will be given two (2) days before class begins.

If you have any questions, please contact Community Education, 218-226-4437 ext. 8137. There will also be an Informational Parent Meeting/State Trooper Night. If a parent and student attend this meeting together, supervised driving hours will be reduced from 50 hours to 40 hours. Parents will receive a certificate from the meeting which they will have to provide when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. Parent Meeting date TBD at a later date. \*Community Education follows all ISD #381 policies.

Fall Class will being September 2024 Watch Eleyo & FB for Registration dates. (Payment plans are available during the registration process) \$455.00

### **Lake Superior Salmon Classic**

July 20th & 21st, 2024 Saturday 4am - 6pm | Sunday 4am - 2pm

\*\* Volunteers are needed for this important yearly fundraiser\*\* Please contact the PTO to sign up to help! salmon.coordinator@gmail.com or connect with us on FB - Silver Bay PTO

#### FINANCIAL FITNESS

This interactive seminar will explore the importance of creating and maintaining a budget, examine the difference between wants and needs, and set goals for personal spending, savings and debt repayment.

Lauren Farden

AAMS Financial Advisor | Edward Jones Monday April 22nd

5:30pm - 6:30pm

WKS

\$5

#### THE ENTREPRENEURIAL EQUATION

This class is designed to help small-business owners understand the financial strategies and tools available to help run their business more effectively. Topics include: Various banking, retirement plan and insurance options. Valuable strategies that can help you create value outside your business. Strategies for building and preserving your business.

Lauren Farden

AAMS Financial Advisor | Edward Jones

Monday June 3rd

5:30pm - 6:30pm

WKS

\$5

### **WOMEN PLANNING FOR YOUR** FINANCIAL FUTURE

Living out the life you envision for the years ahead calls for education and action. Take the next step and join us as we explore. Planning challenges and opportunities unique to women. The importance of defining our goals and priorities. Actions you can take today to help prepare for a more secure tomorrow.

Lauren Farden AAMS Financial Advisor | Edward Jones Monday May 20th 5:30pm - 6:30pm WKS

\$5



### **ADULT POOL ACTIVITIES**

### SPRING/SUMMER ADULT AM LAP SWIM - MONDAYS



Early morning lap swim. Must bring a swimcap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled.

DATES:

**Spring Session:** 4/15/24-5/20/24 **Summer Session:** 6/3/24-8/26/24

Time: 6:00 - 7:00 AM **Spring Fee:** \$24 **Summer Fee:** \$52

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Michelle Thewis, & Emma

Johnson

### SPRING/SUMMER ADULT AM LAP SWIM - TUESDAYS

Early morning lap swim. Must bring a swimcap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled.

DATES:

**Spring Session:** 4/16/24-5/28/24 **Summer Session:** 6/4/24-8/27/24

Time: 6:00 - 7:00 AM **Spring Fee:** \$28 **Summer Fee:** \$52

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Emma Johnson, & Michelle

**Thewis** 

### SPRING/SUMMER ADULT AM LAP SWIM - WEDNESDAYS

Early morning lap swim. Must bring a swimcap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled.

DATES:

**Spring Session:** 4/17/24-5/29/24 **Summer Session:** 6/5/24-8/28/24 (No

Class: 6/19/24) Time: 6:00 - 7:00 AM **Spring Fee:** \$28 **Summer Fee:** \$48

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Emma Johnson, & Michelle

hewis

### SPRING/SUMMER ADULT AM LAP SWIM - THURSDAYS

Early morning lap swim. Must bring a swimcap, suit and towel. Park in the parking lot off Cedar Road and enter through door #14. There will be no early morning swim if school has a late start or is canceled.

DATES:

**Spring Session:** 4/18/24-5/30/24 **Summer Session:** 6/6/24-8/29/24

(No Class: 7/4/24) Time: 6:00 - 7:00 AM **Spring Fee:** \$28 **Summer Fee:** \$48

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Emma Johnson & Michelle Thewis

### SPRING ADULT PM LAP SWIM - MONDAYS

Adult Monday Evening Lap Swim. Must bring a swim cap, suit, and towel. Park in the parking lot off Cedar Road and enter through Door #14.

Dates: 4/15-5/20 Time: 6:30pm-7:30pm

Fee: \$28

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Emma Johnson & Michelle

Thewis

### SPRING ADULT PM LAP SWIM - WEDNESDAYS



Adult Wednesday Evening Lap Swim. Must bring a swim cap, suit, and towel. Park in the parking lot off Cedar Road and enter through Door #14.

Dates: 4/17-5/29 Time: 6:30pm-7:30pm

Fee: \$28

Lifeguards, Deanne Thomasen, Lisa Hebl, Molly Negus, Emma Johnson, & Michelle Thewis

### **WATER AEROBICS - WEDNESDAYS**



An energizing workout done in both shallow and deep water that builds cardiovascular fitness, strength and aerobic endurance. Creating an enjoyable atmosphere with music. The water's buoyancy provides

cushioning and support, reducing the risk of muscle or joint injury. A fun and effective way to get or stay in shape for people of all ages and fitness levels. Flotation and resistance equipment is provided. Park in the parking lot off Cedar Road and enter through door #14.

Instructor, Debbie Peterson DATES: 4/17/24-5/15/24

(No instructor on 4/24. Feel free to come do a selfquided workout. Lifequard will be available).

Time: 5:30 PM - 6:30 PM Location: THHS Pool

Fee: \$35

### SELF GUIDED DEEP WATER AQUA **FITNESS- MONDAY**

Self-guided deep water agua fitness is a self guided class where you can do non-impact cardiovascular and strength training in the pool. You will have access to aqua belts for deep water exercise, pool noodles, aqua dumbbells, kick boards, and aqua gloves. There will be no instructor or music and you will be able to set your own pace and workout regimine. A lifeguard will be on site for supervision.

Mondays: 4/15/24-5/20/24 5:30 PM-6:30 PM

THHS Pool \*Lifequard on Duty\*

Fee: \$42

### **SPORTS & EXERCISE**

#### **BEYOND BELLY DANCE**



Get dressed up to work out, learning choreography to exercise both your mind and body. While we will review each step in detail, a basic knowledge of belly dance moves will increase your ability to both retain and enjoy the movements only belly dance can provide. Come ioin our tribe!!

Instructor, Judie Sarff

Date: Tuesdays: 4/16/24-5/21/24 Time: 6:00 - 7:00 PM

Locations: Minnehaha Cafeteria

Fee: \$42

#### STRETCH AND TONE



This class is designed to increase muscle strength, endurance, and flexibility; increase core stability and bone density by combining light weight lifting with weight bearing exercise and stretching. This class is open to all levels and can be modified for each individual. Dress in comfortable clothing. If you have an exercise mat and 3 or 5 pound weights, please bring them with you. This class will continue on a month to month basis throughout the school year. Instructor could adjust the start time based on feedback from participants. Please contact the instructor or the Community Ed office to share any input.

Instructor: Melanie Mojkowski Date: Mondays and Wednesdays

Time: 4:30pm-5:30pm

Location: Minnehaha Gym for spring and

THHS for summer

Fee: based on the number of sessions each month

#### ADULT OPEN WEIGHT ROOM

Whether you are looking to learn about weight lifting, or want to get back into weightlifting, or simply expand on your current routine, then Adult Open Weight Room is for you! There will not be



a certified instructor or coach. This is an open session for you to use the equipment and workout at your own pace. A supervisor is present to answer questions and provide safety advice with the equipment. Personal training references are also available, ask the supervisor!

Instructor, Dan Thewis

**Thursdays** 

**Spring Session:** 4/19/24-5/31/24

**Summer Session Dates: TBD** 

Time: 5:00pm-6:00pm Location: THHS Weight Room

Fee: \$5

#### RESTORATIVE YOGA



Restorative yoga is a practice that is all about slowing down and opening up your body through passive stretching. Unlike a typical yoga class, where

your muscles are used to hold different poses and postures, in restorative yoga the postures are held for alonger duration (3-5 minutes) using prop such as blocks, bolsters, and blankets. The use of props and the extended hold of the pose sallows your body to deeply relax which will increase flexibility & balance. Restorative yoga also stills the mind, improves the body's capacity to heal, boosts the immune system and improves your overall mood. This yoga class will be very relaxing and slow moving. What to bring: comfortable clothes, yoga mat, one or two blankets, yoga bolster or a firm pillow, yoga blocks, water bottle. Yoga blocks will be provided if needed.

Instructor: Jillian McCorrison Dates: Monday, 4/15-5/20

6:45-7:30pm

Location: Minnehaha Gym

Fee: \$42

#### PILATES FIT FUSION



A workout class that will combine Pilates with other forms of fitness! Every other week will be a Pilates inspired workout that will focus on core strength and elongating your muscles. The other weeks, we will incorporate different styles of workouts such as circuit training, HIIT, stations and yoga. We will use exercise sliders, resistance bands, yoga blocks, Pilate balls, weights, and dynamic resistance to increase our strength. The instructor will provide exercise sliders, resistance bands, yoga blocks, and Pilate balls that can be used for the duration of this session. If you don't own weights and would rather not purchase any, you can do this class using your body weight and still get a great workout! Please bring your own mat, wear comfortable clothes and tennis shoes. Bring a water bottle and weights (optional).

Instructor: Jillian McCorrison Dates: Monday, 4/15-5/20

5:30-6:30pm

Location: Minnehaha Gym

Fee: \$42

## **GENERAL INTEREST**TWO HARBORS OUILTERS



Do you love quilting? Two Harbors Quilters is a quilt group that meets once a month to share ideas and techniques while having FUN! This group is not a guilt guild. There are no dues, no rules, and no guilt police. We will be under the umbrella of the Two Harbors Community Education Program. A typical meeting will consist of a brief welcome and introduction, a game and prize drawing, demonstration, show and tell, question and answer session, idea sharing, and special activities and projects. Ideas for group activities and meetings content will be up to all members. New ideas welcome! Activities could include swap events, challenges, guest speakers, quilt alongs, charity work, trash to cash events, block lotto, trunk shows, quilt shows and more! This group is open to everyone interested in quilting. All skill levels welcome.

Dates: usually the second Thursday of each month Time: 6:30 p.m. at THHS in the Community Room. Two Harbors Quilters meet year round.

Fee: \$10

Questions? Call Luanne Ellingsen at 218-834-4794.

### **ESTATE PLANNING BASICS**



No matter your wealth or status, you have an estate. And all estates have something in common - you can't take it with you when you die.

Instructor, Financial Consultant, Jeff Hakala and

**Paul Spindler** 

Date: Tuesday, April 16, 2024

Time: 6:00 - 7:00 PM

Location: THHS Flex Room 1125

Fee: \$7

### FINANCIAL FITNESS: POWER OF BUDGETING



This interactive seminar will explore the importance of creating and maintaining a budget, examine the difference between wants and needs, and set goals for personal spending, savings and debt repayment.

Instructor, Lauren Farden, AAMS Financial Advisor

with Edward Jones

Date: Thursday, April 25th Time: 5:30pm-6:30pm

**Location THHS Community Room** 

Fee: \$5

### WOMEN PLANNING FOR YOUR FINANCIAL FUTURE



Living out the life you envision for the years ahead calls for education and action. Take the next step and join us as we explore:

- Planning challenges and opportunities unique to women.
- The importance of defining our goals and priorities.
- Actions you can take today to help prepare for a more secure tomorrow.

Instructor, Lauren Farden, AAMS Financial Advisor with Edward Jones

Date: Thursday, May 23rd

Time: 5:30pm-6:30pm

**Location THHS Community Room** 

Fee: \$5

#### THE ENTREPRENEURIAL EQUATION

This class is designed to help small-business owners understand the financial strategies and tools available to help run their business more effectively. Topics include:



- Various banking, retirement plan and insurance options
- Valuable strategies that can help you create value outside your business
- Strategies for building and preserving your business Instructor, Lauren Farden, AAMS Financial Advisor with Edward Jones

Date: Thursday, June 6th

Time: 5:30pm-6:30pm

**Location THHS Community Room** 

Fee: \$5

### COLLEGE: GETTING THERE FROM HERE



This presentation covers questions about education savings like:

- Questions to consider as you establish a college savings goal
- · Savings strategies to help you reach your goal
- Features and benefits of 529 college savings plans Instructor, Lauren Farden, AAMS Financial Advisor with Edward Jones

Date: Thursday, August 8th

Time: 5:30pm-6:30pm

Location THHS Library/Media Center

Fee: \$5

### FOOD PRESERVATION: WATER-BATH CANNING, PICKING, JAMS, & JELLIES, AND FREEZING



Water-bath Canning, Pickling, Jams & Jellies and Freezing. Be prepared to preserve your harvest, whether it's from your own garden, CSA, or local farmers. Learn proven safe and easy methods to enjoy your fruits and vegetables year round.

Instructors: Lake County Master Gardener Jill Paron and Pat Berger

Date: April 30th Times: 6-8 pm

Location: THHS Community Room

Fee: \$7

### INTRODUCTION TO HONEY BEEKEEPING



Have you thought about becoming a beekeeper or just pondered having a beehive on your property? Beekeeping is a fascinating hobby, and there are some key concepts to understand on caring for them through our changing seasons. This session will focus on introductory honey beekeeping and help you to decide if this is the right hobby for you.

Instructor: Jadell Cavallin
Date: Thursday April 18, 2024

Time: 6:00-8:00pm

Location: THHS Community Room

Fee: \$35

### GARDENING FOR WATER CONSERVATION

Now is a great time to rethink how you manage your landscapes. Learn methods to help reduce the water usage and labor hours necessary while keeping your plants healthy and happy.

Instructor: Jadell Cavallin Date: Thursday April 25, 2024

Time: 6:00-7:30pm

Location: THHS Facs Room 2305

Fee: \$10

### DESIGNING A DEER RESISTANT GARDEN



Learn the how to's on plants that are less palatable or able to stand up to hungry deer. We'll go over several varieties and types of plants that work well in heavy deer trafficked areas. We'll also discuss some methods

that can help keep deer away from those plants that you know they love. Bring home a deer resistant plant variety of your choice to test your new found knowledge.

Instructor: Jadell Cavallin

Date: Wednesday, May 1, 2024

Time: 6:00-7:30pm

Location: THHS Community Room

Fee: \$25

#### ALL ABOUT TOMATOES

Learn tomato growing details from seed selection through post harvest. We'll discuss the different types, varieties, and methods that make us successful northern Minnesota



tomato growers. Bring home a tomato variety of your choice to test your new found knowledge.

Instructor: Jadell Cavallin

Date: Wednesday, May 8, 2024

Time: 6:00-7:30pm

Locaiton: THHS Community Room

Fee: \$25

### COMMUNITY THEATER FALL MUSICAL



We can't share the title just yet, but we can give you these hints: You will need to gounder the sea to participate, someone will lose her voice, and a prince will have to kiss the girl! Ages 5 to senior citizens are encouraged to get involved as roles will be available in all age groups. Rehearsals begin August 19, public performances November 15 and 16. All who sign up will be in the show. Must sign up by May 15.

Minimum 25, Maximum 60 (Ages 5-11, 20 kids, Ages 12 through adult, 40 people)

Location: THHS Auditorium

Fee: \$50/individual, \$90/ family max

August 19-November 15

On Monday, Tuesday, and Thursday evenings

6:30-9:00pm

(kids under 11 dismissed at 7:30pm)

#### Not everyone is needed for every rehearsal

Most cast will attend 1-2 nights per week, large rolls will attend 2-3 nights per week

All cast is needed at all rehearsals the final 2 weeks prior to performance.

Contact thctinfo@gmail.com for more information

#### **AMERICAN MAHJONG**

If you enjoy playing classic card games such as Gin Rummy, the game of American Mahjong may be for you! It's not the matching game of phone app fame. More like Rummy, but played with 152 tiles instead of 52 cards. In each session we will cover and build on the basics about the tiles, game set up, game flow and rules. The best way to learn is 'hands-on' by playing, so we will also play rounds together in an open atmosphere. NOTE: A universal (mock) playing card will be provided; you will not need to purchase a National Mahjong League card for the class

Instructor: Denise Bohrer & the Two Harbors

Mahjong League

Dates: 4/17, 4/24/, and 5/1 (participants attend all

three sessions)
Time: 4:45-6:15pm

Location: Minnehaha Library Annex (Enter

South-Lakeside-by Pavilion door)

Fee: \$5

## YOUTH ACTIVITIES DRIVER EDUCATION - TWO HARBORS



This program features 30 hours of classroom instruction, the permit test, and 6 hours of Behindthe-Wheel instruction. Students must attend 30 hours of classroom instruction. Please include the student's full legal name(first, middle and last) and birthdate when registering. Payment plans are available through Eleyo (our online software program). Scholarships may be available to qualifying families thanks to a grant from the NorthShore Collaborative. No refunds will be given two (2) days before class begins. If you have any questions, please contact Community Education with questions, 218-834-8201 ext.8230. \*Community Education follows all ISD#381 policies. There will also be an Informational Parent Meeting/State Trooper Night. If a parent and student attend this meeting together, supervised driving hours will be reduced from 50 to 40 hours. Parents will receive a certificate from the meeting which they will have to provide when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. Students must be at least 14 ½ years of age to enroll.

Instructor: Brad Thompson

Location: THHS Room 2310

Classes: June 11-14, June 17-21, and June 24,

& 25. From 8am-11am, No class on 6/19

Make Up Day: June 26, 2024 from

8:00am-11:00am

Informational Parent Meeting/State Trooper

Night: June 17th, 6:00-7:30pm

Permit Test Dates: TBD Tuition: \$455

## TWO HARBORS HOOPS CLUB "DRILLS FOR SKILLS" SUMMER BASKETBALL CAMP

Drills for Skills is a 3-day skill development camp that



focuses on drills for improving a player's overall ballhandling skills through dribbling, passing, athleticism, footwork, and confidence to take their game to the next level. This is a FUN fast-paced camp for committed players. Space is limited.

Ages: Girls & Boys going into 4th, 5th, & 6th grade Instructors: Shavna Bott & Sarah Kuevi-Akoe

Dates: July 15th-17th (Monday, Tuesday, &

Wednesday)

Time: 8:30am-10:30am Location: THHS Gym Fee: \$60 (includes a t-shirt)

### MACDONALD BASKETBALL SKILLS CAMP COURSE

Drills & Skills development for Boys & Girls, Grades 4-12

Instructor: THHS Alum & Hall of Fame Coach Jim MacDonald and Family

Location: THHS Gym Dates: July 15-17 Time: Boys & Girls

Grades 7-9, 11:00am-12:30pm Grades 10-12, 1:00pm-2:30pm

Cost: \$30 (Includes camp t-shirt)

### TWO HARBORS BASKETBALL SUMMER OPEN GYM



Need some gym time to get up some shots? These sessions are open to boys and girls grades 4-12. All participants must register in advance.

Location: THHS Gym

Dates: June 10-12, July 8-10, July 15-17,

and July 22-24 Time: 4:00pm-5:30pm

Fee: Free



#### AGATE FLAG FOOTBALL

\*Open to all students entering Kindergarten,1st and 2nd grade in the Fall of 2024\*

Agate Flag football is a great introduction to the game. Flag football takes place two days a week (Tuesday and Wednesday). Participants will have the opportunity to play at halftime of a varsity Agate game.

Date: Tuesday and Wednesday

9/10/24-10/9/24

Time: 4:00pm-5:15pm Location: Odegard Fields

Fee: \$50 (Includes t-shirt)

#### AGATE YOUTH FOOTBALL CAMP



\*Attention any student (boy or girl) who will be entering K-6 grade in the Fall of 2024. Why participate in the Agate Youth Football Camp? You will learn the fundamentals of the game of football while having fun and improving yourself as a football player with your friends. You will need shorts/sweats, t-shirt/sweatshirt, football cleats, and a water bottle. Coach Andy Morsette as well as members from the Varsity Staff, Jr. High, Pony Football Coaching Staff, and various Varsity Agate players will serve as instructors.

Date: Monday: 7/22/24-7/25/24

Time: 3:00-4:30pm

Location: THHS Practice Field

Fee: \$40 (Includes t-shirt)

GATE VOLITH FOOTRALL SPR

### AGATE YOUTH FOOTBALL SPRING SKILLS CAMP

Come kickoff 2024 Agate Football with a fun, skill improvement camp instructed by the Agate Football staff and varsity student athletes. This camp will focus on basic football skills, speed, and agility. Spring camp is a great opportunity for kids to continue to improve their football skills, and for anyone that would like to give football a try. This camp will be held at THHS gymnasium during the times listed below for each age group.

Saturday: April 13th Grades K-2: 9-10am

Grades 3-5: 10-11:30am Grades: 6-7: 12:30-2pm

Location: THHS Gym

Fee: Free

#### TWO HARBORS PONY FOOTBALL



Two Harbors Agates Pony Football is for students in grades 3-6. Numbers permitting, there will be a 3rd/4th grade team and a 5th/6th grade team. Practices held Mon-Thurs at Odegard Park. The game schedule will come out in the summer (parents will be responsible for transportation to and from games). Games will be played primarily on Saturday mornings.

Informational Parent Meeting and Equipment: Monday, 8/12/24

Time: Monday-Thursday,8/12/24-10/17/24

(No Practice on 9/2/24)

4:00-5:30pm

Location: Odegard Park

Fee: \$100 and this includes All equipment (with the exception of football cleats)

### INDIVIDUAL BAND LESSONS FOR EXPERIENCED MUSICIANS



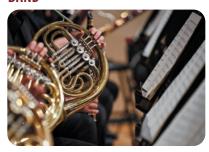
Here's your chance to build on your band instrumental talent! THHS band director Max Kelley is providing one-one lessons to anyone of any age. Mr. Kelley will help

build on your current skill level, whatever that maybe, and grow your talent. This is a great opportunity for students passionate about improving musically, or for adults who might be looking to get back into playing their chosen instrument. Provide your own instrument, or rent one through the district (additional rental fee applies).

Instructor, Max Kelley, THHS band instructor Date: Thursday, 6/13/24-8/8/24 (No Class on 7/4/24)

Time: 45 minutes per week, exact time to be arranged between instructor and participant. Location Two Harbors High School Fee: \$160 (8 total sessions included)

### INTRODUCTION TO INSTRUMENTAL BAND



Are you interested in learning how to play a musical band instrument? Are you planning to join the band at Two Harbors High School? Get a jumpstart on an instrument of your choice with a one-on-one weekly lesson! THHS Band Director Max Kelley is offering students incoming 5th graders-12 this unique opportunity to learn an instrument this summer. Provide your own instrument, or rent one through the district (additional rental fee applies).

Instructor, Max Kelley, THHS band instructor Date: Tuesday, 6/11/24-8/6/24 (No Class on 7/2/24).

Time: 30 minutes per week, exact time to be arranged between instructor and participant. Location Two Harbors High School Fee: \$120 (8 total sessions included)

### BABYSITTER CLINIC- HOME ALONE SAFETY



This is a 6 hour class for Boys and Girls in 5th grade or above. Learn basic safety/babysittingskills that will prepare you to stay home alone and be a dependable, capable babysitter when the time comes. You must attend all day to receive a Certificate of Completion. Please bring a bag lunch, pen/pencils, & a highlighter.

Instructor: Sharon Searls Must sign up by May 8th Class is limited to 12 students Friday: May 10th, 8:00am - 2:00pm \$20

### YOUTH MUSICAL THEATER PERFORMANCE



Students will prepare and perform a humorous musical rendition of Robert Louis Stevenson's "Treasure Island." Join young Jim Hawkins and his friends for an adventure on the high seas seeking a buried treasure on Skull Island, encountering Long John Silver, a band of pirates and some zany inhabitants of a deserted island. Each student will have a speaking role.

Instructor: Joelle Murray

Ages: 12-18. Minimum 15, Maximum 30

Location: THHS Auditorium

Dates: June 10-13, June 17, 18, 20

Time: 8am-Noon (please bring your own

snacks if desired)

Performance: June 20 at 7:00pm

Fee: \$25

### SUMMBERBLUE LIGHT "ANIMALS IN MOTION"



The tradition Summerblue Arts is back in a new format! Summerblue Light "Animals in Motion" is a Visual and Performing Arts Program. Paintings on canvas Batik Banners

July 8 - 12, & 13, ages 7 - 12

Aesop's Fables on stage

Instructor: Lon Church

Tuition: \$140

Monday - Friday, 9:00am - 3:00pm

Showings/Performances - Friday, July 12 at 3,

Saturday, July 13 at noon

Location: Lon Church's Flood Bay Site

### SUMMERBLUE LIGHT "FOUR SEASONS"



August 5 - 9, & 10, ages 12 - 17

The tradition Summerblue Arts is back in a new formt! Summerblue Light "FourSeasons" is a Visual and Performing Arts Program.

Paintings on canvas

Shoji Screen Designs

Shakespeare on stage

Instructor: Lon Church

Tuition: \$140

Monday - Friday, 9:00am - 3:00pm

Showings/Performances - Friday, August 9 at

3, Saturday, August 10 at noon

Location: Lon Church's Flood Bay Site

### Registering at Two Harbors High School

When you come to register for classes, please park in the parking lot off Cedar Rd. and walk to door 12. When you get to door 12, you will need to be buzzed in to the school and have your driver's license with you. The school has implemented a new security policy where they need to scan your driver's license so they know who is in the building. Once you have been buzzed in, you can either walk up the stairs or take the elevator. Community Education is located in the main high school office.

Thanks for your understanding! Community Education

## COMMUNITY EDUCATION SPRING/SUMMER TRIPS



## Minnesota Twins game at Target Field ~ June 15, 2024

The deadline to register online is May 23rd, 2024

\$55 per person. Includes the motor coach transportation **and** ticket to the game.

Travel with us to Target Field to see the exciting Minnesota Twins! The Twins take on the Oakland Athletics on Saturday June 15, 2024. First pitch is at 1:10 p.m.

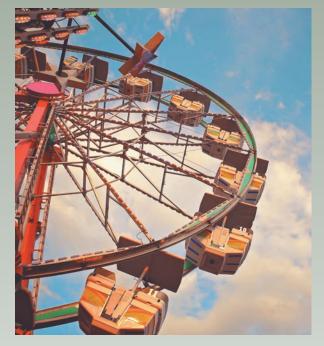
The bus will leave William Kelley School parking lot in Silver Bay at 7:30am and travel to Two Harbors, departing the THHS parking lot at 8:15am. The bus will travel straight to Target Field, and will return immediately following the game. This trip is open to all ages. Children 18 and under must be accompanied by a responsible adult.

## Minnesota State Fair ~ August 26, 2024

The deadline to register online is August 8th, 2024

The cost is \$40 per person. Includes the motor coach **transportation** only. State Fair tickets can be purchased at the gate or ahead of time through the state fair.

Community Education is again taking a trip to the Minnesota State Fair! Monday, August 26th is a designated "Seniors Day", with special activities and deals at the fair for those 65 and older. The bus will leave William Kelley School parking lot in Silver Bay at 7:30am and travel to Two Harbors. The bus will depart the Two Harbors High School parking lot at 8:15am. The bus will travel straight to the fair, arriving about 11am. The bus will load again at 4:30pm, returning to Two Harbors at approximately 7:30pm, and then on to Silver Bay. This trip is open to all ages. Children 18 and under must be accompanied by a responsible adult.





### Minnesota Renaissance Festival ~ September 21, 2024

The deadline to register online is September 6th, 2024

The cost is \$35 per person. Includes the motor coach transportation only. Renaissance tickets can be purchased at the gate or ahead of time through the Minnesota Renaissance website.

Community Education is taking a trip to the Minnesota Renaissance Festival in Shakopee MN! A long time Minnesota tradition, the festival is a gathering of the finest crafters and artisans, a cornucopia of food, challenging and adventurous games, music, and stages full of acts of comedy and skill from this historic time period. On Saturday September 21st the bus will leave William Kelley School parking lot in Silver Bay at 7:30am and travel to Two Harbors. The bus will depart the Two Harbors High School Cedar Road parking lot at 8:15am. The bus will travel straight to the Renaissance, arriving about 11:30am. The bus will load again at 4:30pm, returning to Two Harbors at approximately 7:30pm, and then on to Silver Bay. This trip is open to all ages. Children 18 and under must be accompanied by a responsible adult.

#### SEEKING COMMUNITY EDUCATION INSTRUCTORS

Do you have a talent you would enjoy sharing with others? Community Education classes are taught by members of our community who are willing to share what they are passionate about. You may volunteer or be paid to teach the class, plus you will introduce new hobbies to your friends and neighbors.

Please call Colleen in Two Harbors at 218-834-8201, ext. 8230 or Angie in Silver Bay at 218-226-4437, ext. 8137.

### ISD 381 Employment Opportunity

The Lake Superior School District is actively seeking school bus drivers for:

- Activities and Sports
- Substitute Route Drivers
- 2023-24 School Year Routes

We will help you earn your school bus driver endorsement!

Contact Matt Joslyn at mjoslyn@isd381.org
or 218-834-8201 ext. 8240





