

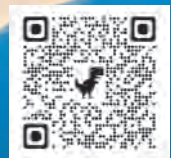


THE Ripple

WINTER 2024-25

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**Registration opens
November 25th @ 8am!**

Find us on facebook 

Lake Superior School District Community Education

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UPCOMING EVENTS

LAKE SUPERIOR SCHOOL DISTRICT

DECEMBER

- 4** WK Santa’s Workshop (PTO event)
- 9** WKS PTO Meeting 4pm
- 9** THHS Senior High Band & Choir Concert
- 10** School Board Meeting THHS 6pm
- 16** WKS Winter Wonderband & Choir Concert
- 16** THHS Junior High Band & Choir Concert

Dec 23 - Jan 1st
 DIST-No School-Winter Break

JANUARY

- 1** DIST-No School-Winter Break
- 13** WKS PTO Meeting 4pm
- 15** School Board Meeting THHS 6pm
- 15** Community Ed Advisory Council Mtg WK
- 20** DIST-No School-MLK Day

FEBRUARY

- 17** DIST-No School - Presidents Day
- 24** THHS Choir Concert

MARCH

- 3** THHS Band Concert
- 6** THHS Spring Conferences (Evening)
- 12** Community Ed Advisory Council Mtg THHS
- 17-21** Dist-No School-Spring Break



For the most up to date information on important dates please see the ISD 381 District Events Calendar.



PHOTO NEEDED!

We’re looking for a photo for the front cover of the Spring/Summer 2025 issue of *The Ripple*. It should be Spring/Summer themed. The picture can be from a student, community member, or staff. It should be from somewhere within our district and photo credit will be given. If you are willing, send electronically to agoutermont@isd381.org. Must submit by March 3rd. If your photo is chosen you will receive a \$20 voucher toward a future Comm. Ed. class!

The Ripple: Your Community, Your Connection

WINTER 2024-2025

Discover a World of Possibilities

Welcome to the Winter 2024-2025 edition of *The Ripple*, your guide to a vibrant winter season filled with learning, fun, and community. From fitness classes to creative workshops, from youth programs to adult enrichment, our Community Education program offers something for everyone.

Your Community, Your Connection

Community Education is more than just a program; it's a movement that brings people together. It's a place where you can learn new skills, explore your passions, and connect with others who share your interests.

Whether you're a seasoned expert looking to share your knowledge or a curious beginner eager to explore new horizons, we invite you to participate.

A Winter of Learning and Growth

This winter, we've curated a diverse range of offerings to inspire and engage you. From water aerobics to belly dancing, from gardening workshops to financial planning seminars, there's something for everyone.

Silver Bay Highlights

While the William Kelley pool is currently undergoing repairs, we're excited to announce its anticipated reopening in January. Stay tuned for updates on our website and social media channels. In the meantime, explore our exciting lineup of land-based classes, including:

- **Adult Co-Ed Volleyball:** Join us for a fun and friendly game of volleyball.
- **Outdoor Holiday Planter:** Get creative and make your own festive holiday planter.
- **Youth Enrichment:** Cookie Decorating, Cup Weaving, Fleece Tying, Dessert Making, Knitting, Lego Club!
- **Driver Improvement Course:** Stay safe on the road and potentially save on insurance costs.

Two Harbors Highlights

Two Harbors offers a wide array of classes and activities to enrich your winter experience. From fitness classes to creative workshops, there's something for everyone.

- **Pool Activities:** Dive into our pool programs, including lap swim and water aerobics.
- **Fitness and Wellness:** Stay active with our fitness classes like belly dance and stretch and tone.
- **Creative Pursuits:** Explore your artistic side with classes in painting and more.
- **Community Engagement:** Connect with others through our community-focused programs and events.

Join us this winter and discover the power of lifelong learning.

Together, we can create a vibrant and thriving community.

For more information and to register for classes, visit our website or contact our Community Education office.

Let's make this winter a memorable one!



OUR PRESCHOOL PROGRAMS ARE THRIVING IN THE LAKE SUPERIOR SCHOOL DISTRICT.

Little Agates & Little Mariners preschool programs provide a fun, educational and welcoming learning environment. We focus on building social emotional skills, literacy and language, physical and emotional wellness as well as appropriate preparation for beginning our K-12 learning path. Our school based programs provide the accommodations of the school building such as the gym, cafeteria, playground and other facilities allowing children to feel comfortable in their current and future learning environment.

If you are interested in Preschool for the 2025-26 school year, please watch for registration information later this winter.

Follow Community Ed on Facebook <https://www.facebook.com/LSSDCE> and watch Eleyo <https://lakesuperiorcomed.ce.eleyo.com>

Two Harbors - Minnehaha School

Little Agates Preschool 4's

Children must be 4 by September 1, 2025 & toilet trained.

Monday, Tuesday, Wednesday and Thursday mornings or afternoons

Teacher: Jennifer Koehler

Little Agates Preschool 3's

Children must be 3 by September 1, 2025 & toilet trained.

Monday, Tuesday and Thursday mornings

Teacher: Heidi Selvog

Silver Bay - William Kelley School

Little Mariners Preschool 4's

Children must be 4 by September 1, 2025 & toilet trained

Monday, Wednesday & Thursday mornings.

Teacher: Paula Holden

Please see **Little Mariners Childcare** for preschool opportunities for 3 year olds in Silver Bay.



Little Agates & Little Mariners are proud to be Parent Aware 4 star rated programs. We provide high quality education that nurtures the whole child.

Our preschool programs offer before and after school care through Kids & Co and Little Mariners Childcare.

Financial assistance is offered through Early Learning Scholarships and a sliding fee scale.

You can find more information about preschool and financial assistance for Preschool at www.lakesuperiorcomed.ce.eleyo.com



Little
MARINERS
Childcare



We are proud to be a
4 Star Parent Aware Rated Program!

Join Us in 2025!



Infants

Ages 6 weeks - 20 months



Toddlers

Ages 20 months - 36 months



**3's Preschool &
4's Wrap Care**

Little Mariners Child Care Center is licensed for infants 6 weeks and up to your child's first day of Kindergarten. Set your child up for school success by getting them started at LMCC!

Registration for the 2024-2025 school year is open NOW!



Register on Eleyo or call:

Phone

218-226-4437 ext. 8453

Email

LittleMarinersChildCare@isd381.org



SCAN ME



ECFE

Early Childhood Family Education Play ♦ Learn ♦ Grow

ECFE Gym Night is beginning soon! Gym Night is held at the Minnehaha & William Kelley Schools from 6-7 PM. Registration is required. The fee is \$10 and can be waived if needed.

January 8, 15, 22, 29

February 5, 12, 19, 26

March 5 & 12

A few **ECFE Mixed Age Sessions** have space available for new families. New families are welcome to join us!

Silver Bay

Tuesdays 9 AM & 11 AM

Two Harbors

Tuesday 6 PM

Early Childhood Screening is a free program that checks how a child is developing and growing. Early Childhood Screening is a brief, simple process used to identify potential health or developmental problems in young children. Screening in early childhood promotes positive child health and developmental outcomes through referrals to early learning opportunities and needed health, mental health, or medical evaluations. Screening is recommended at age 3 and required before kindergarten. Early screening can identify the need for further potential hearing and vision screenings well as connect to resources such as preschool, Head Start and ECSE.

The following screening dates are available at the Minnehaha School:
February 13, March 6, April 10, May 8

Register & find more information at www.lakesuperiorcomed.ce.eleyo.com →

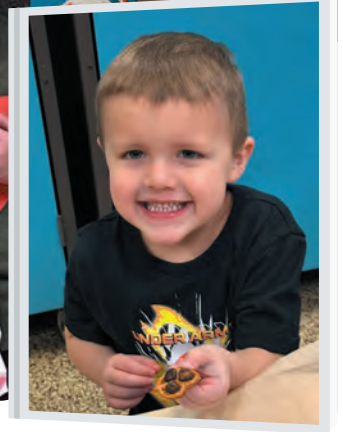


If you have questions about Early Childhood Screening or ECFE please contact Kim at klenski@isd381.org or 218-226-4437 ext 8158.



Kids & Co.

It's the place to go!



Two Harbors Kids & Co. offers before and after school care for children in preschool up to age 12! Kids & Co. is a certified child care program focused on keeping kids safe and engaged in enriching out-of-school activities. Join us for art projects, science experiments, indoor and outdoor adventures, and so much more!

- Safe, supervised care
- Fun, educational activities
- Indoor and outdoor play
- Snacks provided

Contact: KidsCo@isd381.org 218-834-8201 ext. 8453

Need a little help paying for child care? We accept CCAP! Contact your county worker for more information!

SILVER BAY COMMUNITY EDUCATION

POOL ACTIVITIES

The William Kelley pool in Silver Bay is currently closed for repair. Please watch <https://lakesuperiorcomed.ce.eleyo.com> and facebook.com/LSSDCE for updates.

It is estimated the pool will be available for use starting in January! All pool classes/registration will be closed until we have a reopening date.



AM LAP SWIM WINTER 24/25

~Mondays & Wednesdays~
Dates TBD when pool opens

PM LAP SWIM WINTER 24/25

~Mondays & Wednesdays~
Dates TBD when pool opens

WATER AEROBICS ~ MON & WED



Water Aerobics is an excellent cardio workout but also low impact and easy on the joints. This class will consist of both cardio and toning exercises that will work the whole body. There will be a combination of shallow and deep water exercises, including aqua jogging!

Dates TBD when pool opens



Are you a lifeguard? We need you!
We would love to offer family OPEN swim but are required to have a lifeguard present to have youth in the pool! Contact: agoutermont@isd381.org

SPORTS & EXERCISE

ADULT CO-ED VOLLEYBALL

7th Grade and up.



Whether you are a student or an adult, if you know how to play or not, come spend your Wednesday evening playing this fabulous lifetime sport!

Must Pre-Register. A certain number of registrations are required for the class to be held.

Sundays
November 10th - December 29th
(8 sessions)
5:30pm - 7:00pm
\$32/player

ADULT CO-ED VOLLEYBALL SESSION #2

7th Grade and up.

Whether you are a student or an adult, if you know how to play or not, come spend your Sunday evening playing this fabulous lifetime sport!

Must Pre-Register. A certain number of registrations are required for the class to be held.

Sundays
January 5th - March 2nd (9 sessions)
6:00pm - 7:30pm
\$32/player

ADULT CO-ED BASKETBALL

11th Grade and up.

Full court basketball games. Please only come if you plan to play games - we will not just be shooting hoops. Bring a water bottle and good basketball playing shoes!

Must Pre-Register. A certain number of registrations are required for the class to be held.

Sundays
January 5th - March 2nd (9 sessions)
6:30pm - 8:00pm
\$32/player

GENERAL INTEREST - ADULT & YOUTH

OUTDOOR HOLIDAY PLANTER - MAKE AND TAKE!

Bring your ideas and creativity to make your own festive holiday planter. Pots, soil, different types of boughs, red dogwood, berry sprigs, birch logs and other embellishments will be supplied and are included in the fee. Class will be held in the KHS Galley with holiday music and refreshments added to make it one fun evening! Come and create a holiday front porch piece that will last all season long!



Please bring your own handheld shears and gloves if you have them! One pot per registered participant.

Supply fee to be paid to instructor night of class.

Instructor: Kelly Ollila
Thursday, December 5th, 2024
6:00pm - 8:00pm
WKS - Galley
\$15.00 + Supply fee \$30.00
(paid to instructor night of class)

VOICE OVERS... NOW IS YOUR TIME!

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.



Instructor: Lisa Foster
February 26th, 2025
Online class via Zoom
6:00pm - 8:00pm
\$40

SILVER BAY COMMUNITY EDUCATION

DRIVER IMPROVEMENT 55+ Driver Discount Program



This registration is for both initial people and those needing the refresher. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor, Dean Skalicky

Four class dates to choose from:

You only need to attend one.

Wednesday, December 11th

Wednesday, January 8th

Tuesday, February 11th

Monday, March 3rd

5:00pm - 9:00pm

WK Library

\$24

AMERICAN HEART ASSOCIATION CPR/AED/FIRSTAID CERTIFICATION

Gain the knowledge and skills to be certified in First Aid and/or CPR/AED. CPR/AED covers the AHA steps and process for Adult, Child, and Infant CPR and AED use. Students will learn the necessary skills to perform high-quality CPR and provide proper use of an AED as expected by the American Heart Association guidelines. This class adds FirstAid certification as well. FirstAid covers topics in stopping the bleeding, use of a tourniquet, finding the problem with an unresponsive patient, providing an epi-pen, and safely removing gloves.

Instructor: Mike Sinderman

Must sign up by February 3rd

DATE: Thursday, February 6th

5:00pm - 9:00pm

WK School

\$66



American Heart Association

THE FOUR PILLARS OF NEW RETIREMENT

Provides an in-depth look at "The Four Pillars of the New Retirement" (health, family, purpose and finances). Attendees will be empowered to think through their own circumstances, goals and challenges so that they can take action today that impacts their quality of life in retirement.



MAKING SENSE OF INVESTING

Lauren Farden AAMS Financial Advisor | Edward Jones

Wednesday, December 18th

5:30pm - 6:30pm

WK School Library

\$6

HEALTH CARE AND YOUR RETIREMENT

Health Care and Your Retirement is an educational program that addresses what steps investors should take to prepare for health care costs to help ensure their retirement savings stay healthy.

Lauren Farden AAMS Financial Advisor | Edward Jones

Monday, January 6th

5:30pm - 6:30pm

WK School Library

\$6

SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

Social Security: Your Questions Answered is an educational program for people who are nearing retirement, ages 55 and up who have questions about social security. During this 15-minute seminar we'll help answer these questions:

How does Social Security fit into my retirement income plan?

When should I start taking benefits?

What about taxes?

Lauren Farden AAMS Financial Advisor | Edward Jones

Monday, February 3rd

5:30pm - 6:30pm

WK School Library

\$6

RETIREMENT BY DESIGN

Retirement by Design illustrates how you can help translate one's vision for retirement into tangible goals. Whether someone is 10 or 40 years from retirement, attendees will learn investment strategies to help design the retirement they want. You'll also discuss how you can add flexibility to their strategy to help them handle unexpected events and how you can keep their strategy on track.

Lauren Farden AAMS Financial Advisor | Edward Jones

Tuesday, March 4th

5:30 - 6:30 pm

WK School Library

\$6

TWINING



While often mistaken for weaving, the process and materials used are different. Using strips of fabric, items as small as a placemat up to a small rug can be made. This class will be primarily to show you what twining is exactly, how it is accomplished, and to see if there would be interest for a future twining class/group.

Instructor: Cara Curry

Monday, February 24th

4:30pm - 5:30pm

WKS Library

\$5

LEGO CLUB! - WINTER 24-25

2nd - 5th Grade

Life is like a box of Legos! Come join the Mariners Lego Club! We will provide students in 2nd through 5th grades a STEM-focused after school program that gives students



a place to foster independence, social connections, and hands-on critical thinking skills through biweekly Lego challenges. All Legos will be provided (they stay at school for future club meetings).

Instructor: Jo Martinez

Wednesdays

December 11th

January 8th, 22nd, 29th

February 12th, 26th

March 12th

3:45pm - 5:00pm

\$10

Wm. Kelley Mariners

Silver Bay PTO

Meetings the 2nd Monday of the month • 4pm in the WK Library

ALL are Welcome!

SILVER BAY COMMUNITY EDUCATION

ICEBOX DESSERT MAKING - FOR KIDS!

Kindergarten - 5th Grade

Make an ice cream style cake dessert to bring home to share!

Instructor: Megan Bredeson

4 sessions to choose from:

December 9th

January 13th

February 3rd

February 10th

3:45pm - 5:00pm

\$5 EACH Session



COOKIE DECORATING - FOR KIDS!

3th Grade and up



Get into the Christmas spirit and make something delicious as well. Join in the time-honored holiday tradition of cookie decorating! All materials will be provided.

Instructor: Patty Armstrong

Thursday, December 19th

3:45pm - 5:00pm

\$5

FLEECE TIE PILLOW COVER - FOR KIDS!!

3th Grade and up



With winter fast approaching, how about making a cozy fleece lap blanket or pillow cover? Come learn the way and fun craft of fleece tying.

All materials provided. However, if you want to make a pillow cover, bring a pillow!

Instructor: Patty Armstrong

Tuesday, February 4th

3:45pm - 5:00pm

\$5

LEARN TO KNIT

Would you like to learn how to knit? Then this workshop is designed just for you! Learn how to cast on stitches, the knit stitch, and the purl stitch. These are the basic stitches of knitting that lead to all other designs. We'll start out with a simple bookmark and see where it takes us!

Instructor: Lisa Malcomb

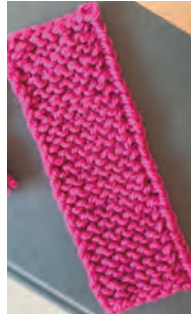
Tuesdays

Dec 3rd, 10th, & 17

January 7th

3:45pm - 5:00pm

Cost: \$10 (All Supplies included)



CUP WEAVING

Kindergarten and up.



Let's take a cup and some yarn and make a beautiful, colorful woven cup to use as a holder!

Instructor: Emily Linn

January 14th & 16th

3:45pm - 5:00pm

Cost: \$10 (All Supplies included)

DRIVER EDUCATION - SILVER BAY

Winter 2025 - Classroom and BTW



This program features 30 hours of classroom instruction, the permit test, and 6 hours of Behind-the-Wheel instruction.

Students must attend 30 hours of classroom instruction. Please include the student's full legal name (first, middle and last) and birthdate when registering. You must provide your certified birth certificate and your social security card when you take the written test with Mr. Belanger. Payment plans are available through Eleyo. No refunds will be given two (2) days before class begins. If you have any questions, please contact Community Education.

An informational parent meeting with a State Trooper will be held. If a parent and student attend this meeting together, supervised driving hours will be reduced from 50 hours to 40 hours. Parents will receive a certificate from the meeting which they will have to provide when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. Parent Meeting date TBD at a later date.

Community Education follows all ISD #381 policies.

Jan 10, 17, 20, 24, 31

February 7, 14, 17, 21

March 7

8:00am - 11:00am

WK School, Computer Rm 3

Instructor, Chris Belanger

\$455.00 (Payment plans are available during the registration process)

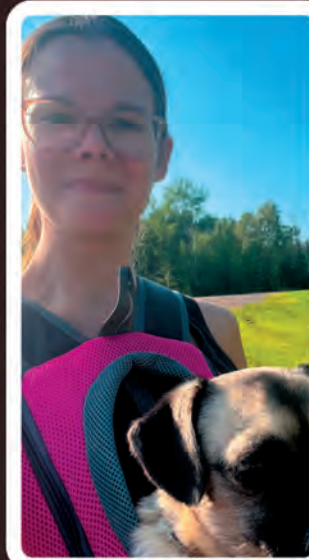
New Staff Spotlight

Julie Smith
Community Ed./THHS
Admin Assistant

Education: I received my Bachelor of Science in Biology at UWS and an Associates degree at LSC.

About Me: I am a lifelong resident of Two Harbors. I love it here, besides the fact that I am pretty much always cold;) So as you can guess summer is my favorite season and I look forward to travelling to warmer places once in awhile. I live with my husband Eric, 10 year old daughter Isla and 6 year old son Bryson. We have a sassy chihuahua/pug named Rosi, a cat named Raya, a goldfish named Goldie, and a crayfish named Cray. I love animals and the outdoors and enjoy going to concerts.

Why Did You Choose Two Harbors High School: I chose Two Harbors High School because it is an inviting space and I am looking forward to working with the kids and the community!



IMPORTANT!

Late Starts Due to Weather

Parents:

Please be aware that we utilize a calling system to notify you of school closings and other important information. If the early morning weather is questionable we may announce a two (2) hour late start. Please plan accordingly with your day care providers and family caretakers. Notification will take place between 5:00 and 5:45 AM. We also report to local media.

In addition, it is important to know that as a parent, if at any time you feel the weather situation would put your child at risk, you can keep them home without an absence deduct.

If you have any questions, feel free to call to discuss them with your child's building principal.



TWO HARBORS COMMUNITY EDUCATION

ADULT POOL ACTIVITIES

WINTER ADULT AM LAP SWIM -



Early morning lap swim. Must bring a swim cap, suit and towel.

Park in the parking lot off Cedar Road and enter through door #14.

There will be no early morning swim if school has a late start or is canceled.

We are trying something new this winter session to accommodate more swimmers. There are now two time slots offered. **For a shorter session choose one session or to swim the whole time sign up for both sessions.**

Lifeguards: Deanne Thomasen, Lisa Hebl, Molly Negus, & Michelle Thewis

Mondays:

January 6th - April 7th

No class: 1/20, 2/17, 3/17

Session #1 5:40 - 6:20 am - \$27.50

Session #2 6:20 - 7:00 am - \$27.50

Wednesdays:

January 8th - April 9th

No class: 3/19

Session #1 5:40 - 6:20 am - \$32.50

Session #2 6:20 - 7:00 am - \$32.50

Thursdays:

January 2nd - April 10th

No class 3/20

Session #1 5:40 - 6:20 am - \$35

Session #2 6:20 - 7:00 am - \$35

PM LAP SWIM - MONDAYS

Adult Monday Evening Lap Swim. Must bring a swim cap, suit and towel.

Park in the parking lot off Cedar Road and enter through door #14.

Lifeguards: Deanne Thomasen, Lisa Hebl, Michelle Thewis, & Molly Negus

January 6 - April 7

No class 1/20, 2/17, & 3/17

6:30 - 7:30 pm

\$55

PM LAP SWIM - WEDNESDAYS

Adult Wednesday Evening Lap Swim. Must bring a swim cap, suit and towel.

Park in the parking lot off Cedar Road and enter through door #14.

Lifeguards: Deanne Thomasen, Lisa Hebl, Michelle Thewis, & Molly Negus

January 8 - April 9

No class 3/19

6:30 - 7:30 pm

\$65

WATER AEROBICS - WEDNESDAYS



An energizing workout done in both shallow and deep water that builds cardiovascular fitness, strength and aerobic endurance. Creating an enjoyable atmosphere with music. The water's buoyancy provides cushioning and support, reducing the risk of muscle or joint injury. A fun and effective way to get or stay in shape for people of all ages and fitness levels. Flotation and resistance equipment is provided. Park in the parking lot off Cedar Road and enter through door #14.

Instructor: Debbie Peterson

January 8 - April 9

No Class 3/19

5:30 - 6:30 pm

THHS Pool

\$108.00

DEEP WATER AQUA FITNESS - MONDAYS

This intermediate level class offers non-impact, cardiovascular and strength training performed in the pool! Warm up and cool down will be conducted in the shallow end. Workout includes exercise in the deep end wearing a flotation belt. Water shoes aren't provided but are recommended if you have any. Must be comfortable in deep water. Equipment provided. Challenging and fun! Park in the parking lot off Cedar Road and enter through door #14.

Instructor: Meghan Cavallin

THHS Pool Lifeguard on Duty

January 6th - April 7th

No class 1/20, 2/17, 3/17

5:30 - 6:30 pm

\$90

SPORTS & EXERCISE

VOLLEYBALL, ADULT CO-ED - WEDNESDAYS

Everyone is welcome to play co-ed volleyball. All levels accepted; no jungle rules. Register before you play.

Instructor: Amy Bergerson

January 8th - March 12th

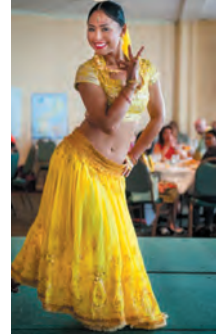
THHS

7:00 - 9:00 pm

\$20

BEYOND BELLY DANCE - TUESDAYS

Bring some color back into the winter blues and join us for belly dance! Get dressed up to work out, learning choreography to exercise both your mind and body. While we will review each step in detail, a basic knowledge of belly dance moves will increase your ability to both retain and enjoy the movements only belly dance can provide. Come join our tribe!!



Instructor: Judie Sarff

January 7th - March 25

No class 3/18

6:00 - 7:00 pm

Minnehaha Cafeteria

\$88

STRETCH AND TONE

This class is designed to increase muscle strength, endurance, and flexibility; increase core stability and bone density by combining light weight lifting with weight bearing exercise and stretching. This class is open to all levels and can be modified for each individual. Men and women are welcome. Dress in comfortable clothing. If you have an exercise mat and 3 or 5 pound weights, please bring them with you. This class will continue on a month to month basis throughout the school year. Instructor could adjust the start time based on feedback from participants. Please contact the instructor or the Community Ed office to share any input.

Instructor: Melanie Mojkowski

Mondays and Wednesdays

4:30 - 5:30 pm

Fee based on the number of sessions each month.

TWO HARBORS COMMUNITY EDUCATION

ADULT OPEN WEIGHT ROOM - MONDAYS



Whether you are looking to learn about weight lifting, want to get back into weight lifting, or simply expand on your current routine, then Adult Open Weight Room is for you! There will not be a certified instructor or coach. This is an open session for you to use the equipment and workout at your own pace. A supervisor is present to answer questions and provide safety advice with the equipment. Personal training references are also available, ask the supervisor!

Supervisor: Dan Thewis

January 6 - April 7

No Class 1/20, 2/17, & 3/17

6:00 - 7:00 pm

THHS Weight Room

\$5

WALKING FOR YOUR HEALTH

Is it too cold or icy to walk outside? Walkers are welcome to use the THHS for exercise Monday through Thursday 4:00 - 7:00 PM. Strollers are allowed, but for safety reasons, running or jogging behind strollers is not allowed. At THHS, in the upper lot you can enter at Door #1 (main door); park in any space that is not numbered. If you come in the lower level, enter through door #12; park in the spaces at the Western side of the lower lot. Clean walking shoes and an ID badge are required. Your \$3 fee covers the cost of the walker ID badge and lanyard (payable in the Community Education office). If you purchased a badge in the past, please bring it in to get a new free pass card. You can pick up your pass in the Community Education office. The building will not be open on school holidays and breaks or during inclement weather.

Mon, Tues, Wed, Thurs

November 4 - April 10

4:00 - 7:00 pm

THHS

\$3

GENERAL INTEREST

TWO HARBORS QUILTERS

Do you love quilting? Two Harbors Quilters is a quilt group that meets once a month to share ideas and techniques while having FUN! This group is not a quilt guild. There are no dues, no rules, and no quilt police. We will be under the umbrella of the Two Harbors Community Education Program. A typical meeting will consist of a brief welcome and introduction, a game and prize drawing, demonstration, show and tell, question and answer session, idea sharing, and special activities and projects. Ideas for group activities and meetings content will be up to all members. New ideas welcome! Activities could include swap events, challenges, guest speakers, quilt alongs, charity work, trash to cash events, block lotto, trunk shows, quilt shows and more! This group is open to everyone interested in quilting. All skill levels welcome.

Usually the second Thursday of each month

6:30 pm

THHS in the Community Room. Two Harbors

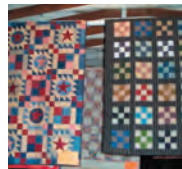
Quilters meet year round.

\$20

Questions? Call Luanne Ellingsen at 218-834-4794.

BARN QUILT WORKSHOP

Painting barn quilts is a popular, lively and rewarding 4 hour class of guided instruction which will take you through the process of barn quilt painting from beginning to completion. You will learn how to create a barn quilt that looks professional. You will leave with your own masterpiece, ready for hanging and unequivocal admiration. Materials included for class: ~ 2' x 2' Aluminum Composite. It is a premium grade material that professional sign makers use. It will never rust or rot. It is lightweight and easy to hang but very sturdy and great to work on. ~60 plus fabulous paint colors to choose from. I use highest quality Behr Marquee exterior paint ~Purple 3M tape, rulers, pencils, aprons, hair dryers and yardsticks ~Many quilt block patterns to choose from that have been previously drawn out to scale. ~Pictures of Barn Quilts from previous classes (to get ideas) can be found on my FB, Instagram or Pinterest. Bitter Sweet Barn Quilt Company Website Contact: bittersweetbarnquiltco@gmail.com with questions.



Instructor: Cynthia Buchholz

February 18

THHS Art Room 1305

5:30 - 9:30 pm

Materials/Supplies fee \$60.00. Paid to the instructor the night of the class.

Fee: \$42

DRIVER IMPROVEMENT



55+ Driver Discount Program

This registration is for both initial people and those needing the refresher. Taught by a MN Hwy Safety Center trained instructor, it will explore changes in traffic laws, the latest vehicle technology, traffic safety, and accident prevention. Completion of this class qualifies for a 10% reduction on automobile insurance premiums in MN for those ages 55 and over. Please bring a pen or pencil. Also, feel free to bring a drink and snack to enjoy during class.

Instructor: Dean Skalicky

Four class dates to choose from:

You only need to attend one.

Monday, December 9th

Monday, January 13th

Monday, February 10th

Tuesday, March 4th

5:00 - 9:00 pm

THHS Community Room

\$24

ESTATE PLANNING BASICS

No matter your wealth or status, you have an estate. And all estates have something in common - you can't take it with you when you die.

Instructors: Financial Consultants, Jeff Hakala and Paul Spindler

Tuesday, Dec 17 OR Tuesday, Feb 18

6:00 - 7:00 pm

THHS Community Room

\$8

WILL TAXES AFFECT YOUR RETIREMENT?

When you retire, you leave behind many things- the daily grind, the commute to work, and maybe even your precious home. However, one thing that will always remain is a tax bill. When you understand how investments are taxed and set strategies accordingly, you can make decisions that help keep income taxes in check.



Instructor: Financial Consultant, Paul Spindler

Tuesday, Jan 21st OR Tuesday, Mar 25th

6:00 - 7:00 pm

THHS Community Room

\$8

TWO HARBORS COMMUNITY EDUCATION

WEIGHT LOSS/HEALTHY LIVING SUPPORT GROUP



This class is open to everyone who is looking for support in his or her own weight loss journey. Leader Julie Benson has had a lifetime of personal weight challenges, been a member and leader of Weight Watchers, and also a member and leader of Take Off Pounds Sensibly. This class will center on discussion and sharing and features:

- Support group for those who struggle with maintaining a healthy weight/lifestyle
- No specific program endorsed
- Weekly weigh ins (optional), sharing experiences, and discussions around a variety of weight loss and healthy living topics
- Supportive and inspirational activities

Weekly meetings on Wednesdays starting at 5:30 for those opting to weigh in and main meeting at 6:00-6:45

Instructor: Julie Benson

January 8 - April 30

No class March 19th

THHS

\$40

VOICE OVERS... NOW IS YOUR TIME!

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how



you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

Instructor: Lisa Foster

Wednesday, February 26th

6:00 - 8:00 pm

\$40

THE FOUR PILLARS OF NEW RETIREMENT

Provides an in-depth look at "The Four Pillars of the New Retirement" (health, family, purpose and finances). Attendees will be empowered to think through their own circumstances, goals and challenges so that they can take action today that impacts their quality of life in retirement.



Instructor: Lauren Farden, AAMS Financial Advisor
Edward Jones

Monday, December 16th

5:30 - 6:30 pm

THHS Community Room

\$6

SOCIAL SECURITY: YOUR QUESTIONS ANSWERED

An educational program for people who are nearing retirement, ages 55 and up who have questions about social security. We will cover questions such as:

- How does Social Security fit into my retirement income plan?
- When should I start taking benefits?
- What about taxes?

Instructor: Lauren Farden, AAMS Financial Advisor
Edward Jones

Tuesday, February 4th

5:30 - 6:30 pm

THHS Community Room

\$6

HEALTH CARE AND YOUR RETIREMENT

Health Care and Your Retirement is an educational program that addresses what steps investors should take to prepare for health care costs to help ensure their retirement savings stay healthy.

Instructor: Lauren Farden AAMS Financial Advisor
| Edward Jones

Tuesday, January 7th

5:30 - 6:30 pm

THHS Community Room

\$6

RETIREMENT BY DESIGN

Retirement by Design illustrates how you can help translate one's vision for retirement into tangible goals. Whether someone is 10 or 40 years from retirement, attendees will learn investment strategies to help design the retirement they want. You'll also discuss how you can add flexibility to their strategy to help them handle unexpected events and how you can keep their strategy on track.

Instructor: Lauren Farden AAMS Financial Advisor
| Edward Jones
Monday, March 3rd
5:30 - 6:30 pm
THHS Community Room
\$6

WINTER SOWING

Winter sowing is a great way to garden from start to harvest. We will discuss methods of early seed starting, also known as winter sowing and all the benefits to utilizing this method. Learn different varieties and methods to extend the quantities and quality of your home-grown harvests. Bring home your own winter-sowed mini greenhouse. All materials provided.

Instructor: Jadell Cavallin

Wednesday, January 8th

6:00 - 7:30 pm

THHS FACS Room 2305

\$25

GROWING FRUIT IN NORTHERN MINNESOTA

Would you love to have your own fresh fruits growing right in your backyard?

Did you know there are over a dozen fruits we can grow here besides apples and blueberries?

Join me in learning the different fruit varieties, and all you need to know on how to grow them.

Instructor: Jadell Cavallin

Wednesday, January 15th

6:00 - 7:30 pm

THHS FACS Room 2305

\$20

INTRO TO HONEY BEEKEEPING 1

Have you thought about becoming a beekeeper, or pondered about having a beehive on your property? This class is a two part series on honeybees and their care in the Northland. Honey beekeeping is a fascinating hobby, but there are some key concepts to caring for them throughout our changing seasons. If you are interested in learning the basics of beekeeping, the first session will focus on introductory beekeeping, helping you to decide if this hobby is right for you. Intro to Honey Beekeeping II will focus on the more in-depth details of honey production, swarming, and over-wintering. You must take Intro to Honey Beekeeping I to register for the second session.

Instructor: Jadell Cavallin

Wednesday, January 22

6:00 - 8:00 pm

THHS Community Room

\$35

TWO HARBORS COMMUNITY EDUCATION

INTRO TO HONEY BEEKEEPING 2

Have you thought about becoming a beekeeper, or pondered about having a beehive on your property? This class is a two part series on honeybees and their care in the Northland. Honey beekeeping is a fascinating hobby, but there are some key concepts to caring for them throughout our changing seasons. If you are interested in learning the basics of beekeeping, the first session will focus on introductory beekeeping, helping you to decide if this hobby is right for you. Intro to Honey Beekeeping II will focus on the more in-depth details of honey production, swarming, and over-wintering. You must take Intro to Honey Beekeeping I to register for the second session.

Instructor: Jadell Cavallin
Thursday, January 23
6:00 - 8:00 pm
THHS Community Room
\$25

GARDENING WITH NATIVES WITH SPECIAL FOCUS ON POLLINATORS AND WILDLIFE

Are you interested in adding native plants to your landscape? Do you enjoy watching wildlife, bees or birds but have trouble with rabbits or deer munching your precious ornamentals? This class will focus on plants that attract a variety of wildlife and beneficial insects, but help to keep the deer and rabbits from destroying plants you appreciate most.

Instructor: Jadell Cavallin
Wednesday, February 5
6:00 - 7:30 pm
THHS FACS Room 2305
\$20

PLANTING AN HERB GARDEN

Have you wanted to have a specific garden space for growing your favorite herbs? Did you know many herbs can be grown as perennials here in the Northland? Herbs can be easy to grow and you don't need a lot of space to have fresh herbs for cooking or crafting. Learn how to grow many of the herbs used in common everyday meals, salves and crafts, and take home your own herb starting kit for spring planting.

Instructor: Jadell Cavallin
Wednesday, February 12
6:00 - 7:30 pm
THHS FACS Room 2305
\$25

THEMED GARDENING: THE PRESERVING GARDEN

Have you wanted to learn how to preserve, can and freeze your garden harvests? In this class you'll learn which vegetables, fruits and herbs make the best ingredients for preserving your favorite garden flavors all winter. We'll talk design, how to grow, and timing of those ingredients you'll need to fill your pantry for the winter as well as basic preserving methods.

Instructor: Jadell Cavallin
Wednesday, February 19
6:00 - 7:30 pm
THHS FACS Room 2305
\$20



GEAR UP FOR GROWING SEASON WITH INDOOR SEED STARTING

Do you have an interest in gardening, and you're looking to take your skills to a new level? Have you considered starting your own plants, but weren't sure what varieties and when to start them? In this class we'll discuss seed selection, timing, and methods on starting several common vegetable and flower varieties, as well as pre and post-transplant care. Class includes a hands-on seed starting demonstration to take home.

Instructor: Jadell Cavallin
Wednesday, March 5
6:00 - 7:30 pm
THHS FACS Room 2305
\$25

COMPANION PLANTING FOR HOME AND CONTAINER GARDENS

Do you know which plants enjoy each other's company? Incorporating flowers with your veggies, herbs, with your flowers, and all of the like together can benefit all of your growing spaces in ways you may not be aware of. This class will help you decide which plants you can incorporate in your planting routines to help benefit health and yields.

Instructor: Jadell Cavallin
Wednesday, March 12
6:00 - 7:30 pm
THHS FACS Room 2305
\$25

YOUTH ACTIVITIES

AGATE CHEER CLINIC, GRADES K-6

Your athlete will learn some crowd cheers, sidelines, and a cheer to perform at the game. If Minnehaha students need to ride the bus over to the high school, the varsity cheerleaders will meet them when they get off the bus. Pick up should be at the main doors, as we will wait for parents as a group. The performance will be at the boys' basketball game, January 31st. T-shirts are optional (Instructor will have price of shirt). Bring your own snack.

Coach, Mazzandra Difranco
January 27th - January 30th
4:00 - 5:30 pm
THHS
\$28



DRIVER EDUCATION - TWO HARBORS

This program features 30 hours of classroom instruction, the permit test, and 6 hours of Behind-the-Wheel instruction. Students must attend 30 hours of classroom instruction. Please include the student's full legal name (first, middle and last) and birthdate when registering. Payment plans are available through Eleyo (our online software program). No refunds will be given two (2) days before class begins. If you have any questions, please contact Community Education with questions, 218-834-8201 ext. 8227. *Community Education follows all ISD #381 policies.

There will also be an Informational Parent Meeting/ State Trooper Night. If a parent and student attend this meeting together, supervised driving hours will be reduced from 50 to 40 hours. Parents will receive a certificate from the meeting which they will have to provide when their student applies for their license. There is no additional cost, but you must register separately for the parent meeting. Students must be at least 14 ½ years of age to enroll.

THHS, Room 2313
Classes from 5:00 - 8:00 pm: January 13, 27, February 3, 10, & 24.
Classes from 8:00 - 11:00 am: January 17, 31, February 7, 14, & 21.
Make-Up Day: Monday, March 10, 2025 from 5:00 - 8:00 pm
Informational Parent Meeting/State Trooper Night: Date TBD 6:00-7:30 pm in THHS Cafeteria
Permit Test Dates: TBD
Tuition: \$455 (Payment plans are available during the registration process)



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Community Education's Mission:

Lifelong learning is a right of all Lake Superior School District citizens so that they may enjoy the laughter of childhood, the acceptance of youth, the fulfillment of adult life, and the compassion of old age.

Lake Superior School District
www.isd381.k12.mn.us

Two Harbors High School

Grades 6 – 12
1640 Hwy 2
Two Harbors, MN 55616
(218) 834-8201

Two Harbors Community Education

(218) 834-8201 #8227

Minnehaha Elementary School

Grades PreK – 5
421 7th Street
Two Harbors, MN 55616
(218) 834-8221

William Kelley School

Grades PreK – 12
137 Banks Blvd.
Silver Bay, MN 55614
(218) 226-4437

Silver Bay Community Education

(218) 226-4437 #8137

facebook



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For the latest happenings for Community Education, check out our Facebook page!

We encourage you to post, comment, like & share our site. <https://www.facebook.com/#!/LSSDCE>

Make us your resource for information!

SEEKING COMMUNITY EDUCATION INSTRUCTORS

Do you have a talent you would enjoy sharing with others? Community Education classes are taught by members of our community who are willing to share what they are passionate about.

You may volunteer or be paid to teach the class, plus you will introduce new hobbies to your friends and neighbors.

In Two Harbors at 218-834-8201, ext. 8227 or
in Silver Bay at 218-226-4437, ext. 8137.